

Betty C. Jung's Web site

<http://www.bettyjung.net/Wn2013.htm>



What Was New

[Home Page](#)[Site Index](#)[Site Map](#)[What's New](#)[Blog](#)[Resume](#)

Site Search Engine

Google™ Custom Search

Site Info

bettyjung.net
Jan 19, 2015

Traffic Rank:
1,934,487

Links in:
109

Powered by
 Alexa

[Follow @bettyjung](#)[Tweet](#) 0

January - March 2013

New Pages

- [Christmas 2012](#)
- [PHENOM Listings](#) Sorted listings by job title, geographic location and work setting

Updated Pages

All statistics to be updated can be found on all the [Site Map Pages](#), the [Web Site Statistics](#)

Page, and the Web Polls Stats Page. This is done monthly, usually near the beginning of each month.

- **Academic Resources** Plag Tracker;
- **Annotated Health Education Methods Bibliography** Royse, Thyer & Padgett's Program Evaluation: An Introduction, 5th Ed.;
- **Annotated Medical Bibliography** Melnyk & Fineout's Evidence-Based Practice in Nursing and Healthcare: A Guide to Best Practice; Burns, Bradley & Weiner's Shortell & Kaluzny's Health Care Management: Organization Design & Behavior, 6th Edition; Ehrlich & Schroeder's Medical Terminology for Health Professions (6th Edition);
- **Annotated Public Health Practice Bibliography** American Geological Institute's Environmental Science: Understanding our Changing Earth;
- **Annotated Research Bibliography** Jackson's Research Methods and Statistics: A Critical Thinking Approach. 4th Edition;
- **Annotated Public Health Skills Bibliography** Burns, Bradley & Weiner's Shortell & Kaluzny's Health Care Management: Organization Design & Behavior, 6th Edition; Parvanta, Nelson, Parvanta, & Harner's Essentials of Public Health Communication;
- **Annotated Statistics Bibliography** Jackson's Research Methods and Statistics: A Critical Thinking Approach. 4th Edition;
- **CANCER RESOURCES ON THE INTERNET** Lung Cancer and Hispanics: Know the Facts; Lung Cancer and African Americans: Know the Facts; Evaluating Cancer Information on the Internet; Cancer Rates by Race and Ethnicity; Cancer Rates by State; Racial or Ethnic Variations; Geographic Variations; Beauty Products and Cancer: Know the Facts; Invasive Cancer Incidence — United States, 2009;
- **CARDIOVASCULAR & CHRONIC DISEASE INDEX** Chronic Conditions among Medicare Beneficiaries Chartbooks; Chronic Condition Data Warehouse; Chronic Conditions;
- **CARDIOVASCULAR DISEASE** WHO's Global Atlas on Cardiovascular Disease Prevention and Control; About Heart Disease & Stroke - Risk Factors; CHARGE Consortium - The Cohorts for Heart and Aging Research in Genomic Epidemiology (CHARGE) Consortium; Global Risk of Coronary Heart Disease: Assessment and Application; Expenditures for Heart Disease among Adults Age 18 and Older: Estimates for the U.S. Civilian Noninstitutionalized Population, 2009; How the Heart Works; Picture of the Heart; Top 5 lifestyle changes to reduce cholesterol; Self-Measured Blood Pressure Monitoring;
- **HEART AND STROKE RESOURCES ON THE INTERNET** People having stroke should get therapy within 60 minutes of hospital arrival; What Is Heart Valve Disease?; What Is a Coronary Calcium Scan?; What is Cardiac CT?;
- **Chinese Culture** Diabetes Resources Catalog With Special Resources for Asian Americans, Native Hawaiians, and Pacific Islanders; China Meteorological Administration; Chinadaily US Edition; Globaltimes; Life Expectancy - Asian Americans; Life Expectancy Asian American;
- **CONNECTICUT PUBLIC HEALTH RESOURCES** CTcapitolreport.com; Connecticut Conference of Municipalities; Open Connecticut (State budget information, all in one place); Connecticut Adolescent Physical Health Facts;

- [Cool Sites A- L](#) Freebook Sifter; Bookshouldbefree.com;
- [Cool Sites M - Z](#) Open Library;
- [DIABETES RESOURCES ON THE INTERNET](#) Geography of Diabetes in US: A conditioned map; Patient Education from NDEI.org; Awareness of Prediabetes — United States, 2005–2010; Clinical Guideline for Adults with Diabetes;
- [Epidemiology M - Z](#) NYC.gov's Improving Cause of Death Reporting: Update 2012;
- [Evaluation Resources & Report Cards](#) Ready or Not 2012; A Process Evaluation of the Reproductive Health Assessment (RHA) Toolkit for Conflict-Affected Women; Breastfeeding Report Card — United States, 2012; Adolescent Physical Health Facts; Program fidelity and adaptation: Meeting local needs without compromising program effectiveness; Find Health Rankings for Your State and County;
- [Everything You Ever Wanted to Know about...](#) Impact Earth!; What Happened in my Birth Year; Wind Map of the US; Meteoritesize; Ancientweb.org;
- [Evidence-Based Practice National Guideline Clearinghouse](#); AHRQ's Innovations & Quality Tools; Annotated Bibliographies; New section: Health Issues - Finding Answers Intervention Research (FAIR) Database; Summary of recommendations for clinical preventive services American Academy of Family Physicians; American Diabetes Association 2013 Guidelines; Research Summaries for Consumers, Clinicians, and Policymakers; American Academy of Pediatrics (AAP) Recommendations for Managing Newly Diagnosed Type 2 Diabetes in Children and Adolescents; Effective Health Care Program; Evidence-Based Practice; Guide to Clinical Preventive Services, 2012; Recommendations of the U.S. Preventive Services Task Force; Clinical Practice Recommendations for Diabetes;
- [Favorite Movie Sites](#) Listen to a Movie.com; British Council Film Collection;
- [Favorite Music Sites](#) DJ Earworm Mashup Videos; Musicnoteslib.com; Musopen.org; Bach Organ Works;
- [Fitness](#) More People Walk to Better Health; How much physical activity do adults need?; CDC's Fitness Videos; Take Action for My Workplace; How much physical activity do you need?; Activity Cards; Desk Exercises Guide – Keep Active and Healthy While at Work; Youth Physical Activity Recommendations; Physical Activity Guidelines for Americans Midcourse Report: Strategies to Increase Physical Activity Among Youth; Physical Activity and Health; Diet and Lifestyle Changes;
- [Free Software](#) Pdffinder; Tor; Inkscape; Microsoft Baseline Security Analyzer; Should I remove it?;
- [Graphing](#) Best Templates 4 free;
- [Health Care Information](#) Talking about Complementary and Alternative Medicine with Health Care Providers: A Workbook and Tips; drugsdb.com;
- [Healthcare Quality Standards](#) Desirable Attributes of a Quality Measure; Selecting Health Outcome Measures for Clinical Quality Measurement; Selecting Process Measures for Clinical Quality Measurement; Selecting Structure Measures for Clinical Quality Measurement;
- [Healthcare Quality Issues](#) Examples of Health Disparities;
- [!\[\]\(746d018fdf6ab02bf5fb7681133e8b29_img.jpg\)](#) Healthy People Statistical Publications - from NCHS; Closer Look: Healthy People 2020;

- **Kids Health** A Kid's Guide to the Effects of Alcohol;
- **Maternal Child Health** CDC immunization schedules; World Family Map 2013;
- **Nutrition Resources** Sugar: The Bitter Truth; Skinny Sipping Slideshow: The Best and Worst Beverages for Weight Loss; USDA's Recipe Finder Cookbook; Nutrition Facts Label: 20 and Evolving; FDA: Foods Must Contain What Label Says; 10 tips got your diary today?; Brominated Vegetable Oil Q&A; FDA Food Section;
- **OBESITY RESOURCES ON THE INTERNET** The Skinny on Obesity youtube series; Obesity Prevalence Among Low-Income, Preschool-Aged Children — New York City and Los Angeles County, 2003–2011; NHLBI Obesity Research; Brown Fat, White Fat, Good Fat, Bad Fat;
- **PCH 201 Wellness Resources Page** College Students Speak: A Survey Report on Mental Health; Lifespan Calculator;
- **Public Health Continuing Education** Online Training - We Can!® Energize Our Families: Parent Program; Domestic Violence: Understanding the Basics; SurroundHealth;
- **Public Health Data** Chronic Obstructive Pulmonary Disease Among Adults — United States, 2011; New HIV Infections in the United States; Human Immunodeficiency Virus (HIV) Disease Death Rates* Among Men Aged 25–54 Years, by Race and Age Group — National Vital Statistics System, United States, 2000–2010; GBD 2010 change in leading causes and risks between 1990 and 2010; A Healthier America 2013; Interactive Health, United States, 2011, In Brief; Diagnoses of HIV Infection in the United States and Dependent Areas, 2011 - HIV Surveillance Report, Volume 23; Human Immunodeficiency Virus (HIV) Disease Death Rates* Among Women Aged 25–54 Years, by Race and Age Group — National Vital Statistics System, United States, 2000–2010; HIV Infection Among Heterosexuals at Increased Risk — United States, 2010;
- **Public Health Data** 2011 Sexually Transmitted Diseases Surveillance; STD Trends in the United States 2011 National Data for Chlamydia, Gonorrhea, and Syphilis; Calories Consumed From Alcoholic Beverages by U.S. Adults, 2007–2010; Binge Drinking Among Women and High School Girls — United States, 2011; Average Percentage of Daily Calories from Alcoholic Beverages* Among Adults Aged ≥20 Years, by Age Group — National Health and Nutrition Examination Survey, United States, 2007–2010; Costs for Hospital Stays in the United States, 2010; United States Adolescent Substance Abuse Facts; Most Frequent Conditions in U.S. Hospitals, 2010; Syphilis Profiles, 2011; Monitoring the Future 2012 Survey Results; NHANES National Youth Fitness Survey; Insufficient Sleep Is a Public Health Epidemic; National Survey of Substance Abuse Treatment Services (N-SSATS): 2011 Data on Substance Abuse Treatment Facilities; Substance Abuse and Mental Health (SAMHSA) Data Archive - Analyze Online; Adolescent Physical Health Facts; The Revolving Door: A Report on U.S. Hospital Readmissions; Caloric Intake From Fast Food Among Adults: United States, 2007–2010; Trends in Intake of Energy and Macronutrients in Children and Adolescents From 1999–2000 Through 2009–2010; Physical Activity Guidelines for Americans Midcourse Report Strategies to Increase Physical Activity Among Youth; Trends in Potentially Preventable Hospital Admissions among Adults and Children, 2005–2010; Incidence, Prevalence, and Cost of Sexually Transmitted Infections in the United States;
- **Public Health Data** Drowsy Driving — 19 States and the District of Columbia, 2009–2010; Injury Prevention in the US: Interactive Map; Family Well-Being Around the

World: The World Family Map; Percentage of Adults Aged ≥ 18 Years Who Often Felt Depressed,* by Sex and Age Group — National Health Interview Survey, United States, 2010–2011†; Number of Deaths from 10 Leading Causes — National Vital Statistics System, United States, 2010; Number of Deaths From Poisoning,* Drug Poisoning,† and Drug Poisoning Involving Opioid Analgesics§ — United States, 1999–2010;

- **[Public Health E-News Table of Contents](#)** January - February, 2013;
- **[Public Health Sites A - C](#)** What is an Alcoholic?; Mental Health Disorders; Positive Mental Health: Resilience; Access to Mental Health Care; High-Impact HIV Prevention - CDC's Approach to Reducing HIV Infections in the United States;
- **[Public Health Sites D-G](#)** NOAA 2012 Arctic Report Card; Drugs + Your Body: It Isn't Pretty (Teaching Guide) Poster; Minimal Risk Levels (MRLs) for Hazardous Substances; New section: Salvia (Divinorum) - DrugFacts: Salvia; Salvia divinorum; Salvia FAQ; New section: Synthetic Marijuana: Acute Kidney Injury Linked With Synthetic Marijuana; DrugFacts: Spice (Synthetic Marijuana); Effects of Synthetic Marijuana or 'Fake Weed' Unknown; New section: Marijuana - The Dangers of Driving Under the Influence of Marijuana; Search Your Environment by ZIP Code;
- **[Public Health Sites H-L](#)** National Surveillance of Asthma: United States, 2001–2010; Injury Prevention - new section: Brain Injury: Severe Traumatic Brain Injury; Traumatic Brain Injury; Traumatic Brain Injury (Moderate to Severe); Advisory Committee on Immunization Practices (ACIP) Recommended Immunization Schedules for Persons Aged 0 Through 18 Years and Adults Aged 19 Years and Older — United States, 2013; Occupational Injury and Illness Classification System; New section: Driving Risk; What are some known solutions to risky driving?; Driving Risk Overview; Chronic lower respiratory diseases; New section: Chronic Obstructive Pulmonary Disease: Chronic Obstructive Pulmonary Disease Among Adults Aged 18 and Over in the United States, 1998–2009; Chronic Obstructive Pulmonary Disease (COPD) Fact Sheet; When COPD Symptoms Get Worse; Chronic Obstructive Pulmonary Disease (COPD) NYC.gov; COPD Exercise and Activity Guidelines; What You Can Do About Lung Disease Called COPD; When COPD Symptoms Get Worse; Temporary Tattoos May Put You at Risk; Trends in Tuberculosis — United States, 2012; TB in the United States: A Snapshot, 2012;
- **[Public Health Sites M - N](#)** Eagle Books Toolkit; Liebowitz Social Anxiety Scale Test; National Eye Institute Statistics and Data;
- **[Public Health Sites O-Z](#)** Ask Suicide Screening Questions; CDC's LeanWorks; Human Papillomavirus (HPV);
- **[Public Health Software](#)** CoCASA(Comprehensive Clinic Assessment Software Application);
- **[Statistical Software Sites](#)** Self-directed and STD-focused SAS Instruction (SASSI);
- **[TOBACCO RESOURCES ON THE INTERNET](#)** Federal Policy and Legislation; Current Cigarette Smoking Among Adults Aged ≥ 18 Years with Mental Illness — United States, 2009–2011; Tobacco Statistics Snapshot; Smoked Tobacco Products; Electronic Cigarettes; Gaining Freedom From Tobacco Use;
- **[US Government & Other National Statistics Sites](#)** USA Homicide; Institute for Health Metrics and Evaluation - Visualizations; US Violent Crime Statistics;
- **[Useful Sites](#)** ManualsOnline - the User Manual Site; Hostelworld Free Pocket Guides; Earth911.com; The Woes Of Airport Lost And Found;

- **Web Resources** **A Map of the Internet; Windows History Youtube video; Learn the Basics; Digital Literacy - Educator Tools; United States Computer Emergency Readiness Team (US-CERT); Jiwire; Wi-Fi-FreeSpot™ Directory; CableWifi;**
- **Wellness Resources Part II (6 - 11)** **Sugar: The Bitter Truth; What is an Alcoholic?; What Is a Standard Drink?;**
- **Wellness Resources Part III (12 - 17)** **Texting video;How the Heart Works Animation;**
- **Women's Health** **What health issues or conditions are specific to women only?; Women's Health USA 2012; Australia's Women's health;**
- **Women's Health - Life Cycle** **Increased Risk of Rare Cancer as DES Daughters Age; New section: Preconception Care: Preconception Health and Health Care; Free Resources; Your menstrual cycle;**
- **Women's Health Issues** **Straight talk about alcohol; National Intimate Partner and Sexual Violence Survey: Special Reports; HIV among Pregnant Women, Infants, and Children in the United States; HIV Surveillance in Women; Womenshealth.gov's Health Resources Page;**
- **Women's Health - Breast and Other Female Cancers** **Black Women Have Higher Death Rates from Breast Cancer Than Other Women; Cervical Cancer Screening Among Women Aged 18–30 Years — United States, 2000–2010; Cervical Cancer Screening Guidelines for Average-Risk Women; Cervical Cancer; Which Chemicals Are Linked to Breast Cancer?;**
- **Women's Health - Heart Disease and Stroke** **AHRQ's Cardiovascular Disease and Other Chronic Conditions in Women: Recent Findings; How Does Heart Disease Affect Women?; Cardiovascular Disease (CVD) and Risk Factors for CVD among Women of Reproductive Age (18-44 years); Women and Heart Health Awareness; Heart disease in women: Understand symptoms and risk factors; Heart Health and Stroke; Menopause and Heart Disease;**
- **Writing** **TheSage English Dictionary and Thesaurus;**

April - June 2013

Updated Pages

All statistics to be updated can be found on all the Site Map Pages, the Web Site Statistics Page, and the Web Polls Stats Page. This is done monthly, usually near the beginning of each month.

- **Academic Resources** **With Gorgeous Dorms But Little Cash, Colleges Must Adapt;**
- **Annotated Academe Bibliography** **Jonathan Kozol's Letters to a Young Teacher;**
- **Annotated Great Books Bibliography** **Rob Lowe's Stories I Only Tell My Friends; Julie Salamon's Hospital; K. Washburn, & J.F. Thornton's Dumbing Down. Essays on the Strip Mining of American Culture; D. Shenk's The Genius in All of Us;**

- [Annotated Medical Bibliography](#) Julie Salamon's Hospital;
 - [Academic Info](#) The Role of Higher Education in Career Development: Employer Perceptions December, 2012; Database of Accredited Post-Secondary Institutions and Programs;
 - [CANCER RESOURCES ON THE INTERNET](#) Dynamics of Cancer: Incidence, Inheritance and Evolution; Tumor Grade; Childhood Cancer - Coping With the Diagnosis;
 - [CARDIOVASCULAR DISEASE](#) Taking Dietary Supplements With Heart, Blood Pressure, or Cholesterol Medicines: A Review of the Research for Adults;
 - [HEART AND STROKE RESOURCES ON THE INTERNET](#) New section: Deep Vein Thrombosis - Slideshow: A Visual Guide to Deep Vein Thrombosis;
 - [Chinese Culture](#) Minority Women's Health - Asian-Americans; Asian American Populations; Capacity Building for Diabetes Outreach A Comprehensive Tool Kit for Organizations Serving Asian and Pacific Islander Communities 2008;
 - [Consumer Health](#) Lifespan Calculator; New York City Health Department's Fact Sheets;
 - [DIABETES RESOURCES ON THE INTERNET](#) What Causes Diabetic Heart Disease? ; 20 Reasons for Blood Sugar Swings; Gargano Mortality Risk Score;
 - [Everything You Ever Wanted to Know about...](#) WorldWide Telescope; Sky-map.org;
 - [Evidence-Based Practice](#) Clinical Quality Measures; Effective Health Care Program;
 - [Favorite Movie Sites](#) Descent into Madness movies;
 - [Favorite Music Sites](#) They're Singing What?;
 - [Fitness](#) Brisk Walking May Equal Running for Heart Health;
 - [Free Software](#) Scribus;
 - [Graphing](#) Dashboard Series: Creating Combination Charts In Excel;
 - [Health Care Information](#) Preventive Services Covered Under the Affordable Care Act;
 - [Healthcare Quality Data](#) 2013 ICD-10 PCS and GEMs; About ICD-10; International Classification of Diseases, Tenth Revision, Clinical Modification (ICD-10-CM); SNOMED CT to ICD-10-CM Map; Information for Cancer Registrars; Regional Health eDecisions: A Guide to Connecting Health Information Exchange in Primary Care;
 - [Healthcare Quality Issues](#) CDC's Health Literacy Resources; Cultural Competence Training for Healthcare Providers;
 - [Health Education Resources](#) Ready-To-Use STD Curriculum - Human Papillomavirus (HPV);
- ## HEALTHY PEOPLE 2020
- [HEALTHY PEOPLE 2020](#) 2020 Topics & Objectives – Objectives Search;
 - [Kids Health](#) New section: Health: Kids & Mental Health - Suicide Prevention For Children;
 - [Maternal Child Health](#) Top Baby Names;
 - [Nutrition Resources](#) DASH Diet for Heart Health; The Truth About Vitamin D; 5 Strange-but-True Food Facts; 14 Foods You Should Never Eat; Do Fats Do in the Body?; 7 Surprising Reasons to Give Up Sugar; Dangerous supplements - What you don't know about these 12 ingredients could hurt you; PulseNet;
 - [OBESITY RESOURCES ON THE INTERNET](#) Basics About Childhood Obesity;
 - [Publications](#) The Program Proposal Writing Project: Introducing College Students to Public Health Program Planning with the Use of the Community Guide”;

- **Public Health Continuing Education Opportunities** Healthy People eLearning; Self-Study STD Modules for Clinicians: Genital Human Papillomavirus (HPV) Infection; Natural Disasters: Resources for EH Practitioners; Public Health Nurse Ready (PHN Ready);
- **Public Health Data** Self-Reported Hypertension and Use of Antihypertensive Medication Among Adults — United States, 2005–2009; Percentage of Adults Who Often Felt Very Tired or Exhausted in the Past 3 Months,* by Sex and Age Group - National Health Interview Survey, United States, 2010–2011†; Incidence and Trends of Infection with Pathogens Transmitted Commonly Through Food — Foodborne Diseases Active Surveillance Network, 10 U.S. Sites, 1996–2012; Percentage of Adults Ever Told They Have Some Form of Arthritis or a Related Condition,* by Sex, Race/Ethnicity, and Hispanic† Subpopulation — National Health Interview Survey, United States, 2011§; Number of Deaths From Poisoning,* Drug Poisoning,† and Drug Poisoning Involving Opioid Analgesics§ — United States, 1999–2010; Consumption of Added Sugars Among U.S. Adults, 2005–2010; Percentage of Daily Calories Consumed from Fast Food* Among Adults Aged ≥20 Years, by Age Group† — National Health and Nutrition Examination Survey, United States, 2003–2006 and 2007–2010; Adult Participation in Aerobic and Muscle-Strengthening Physical Activities — United States, 2011; Surveillance for Certain Health Behaviors Among States and Selected Local Areas — United States, 2010;
- **Public Health Data** Annual Age-Adjusted Death Rates*† for Suicide and Homicide, by Black or White Race — United States,§ 1999–2010; National Survey of Service Providers on Police Response to Immigrant Crime Victims, U Visa Certification and Language Access; Motor Vehicle Traffic-Related Pedestrian Deaths — United States, 2001–2010; Unintentional Poisoning; Mental Health Surveillance Among Children — United States, 2005–2011; Racial/Ethnic Disparities in the Awareness, Treatment, and Control of Hypertension — United States, 2003–2010; Suicide Among Adults Aged 35–64 Years — United States, 1999–2010; U.S. Selected Practice Recommendations (US SPR) for Contraceptive Use, 2013;
- **Public Health E-News Table of Contents** March - June;
- **Public Health Program Development Toolkit** “The Program Proposal Writing Project: Introducing College Students to Public Health Program Planning with the Use of the Community Guide”;
- **Public Health Practice** The Basics of Public Health;
- **Public Health Sites A - C** Screening for HIV; HIV Among Black/African American Gay, Bisexual, and Other Men Who Have Sex With Men; HIV/AIDS Fact Sheets; StopAlcoholAbuse.Gov;
- **Public Health Sites D-G** Resources Available for Local and State Public Health Officials: Preparing for and Responding to Bombing Events; Policy Impact: Prescription Painkiller Overdoses; NASA's Tornado!; Ready.gov's Tornadoes; CDC's Volcanoes;
- **Public Health Sites H-L** Emergence of Avian Influenza A(H7N9) Virus Causing Severe Human Illness — China, February–April 2013; Prevention of Measles, Rubella, Congenital Rubella Syndrome, and Mumps, 2013: Summary Recommendations of the Advisory Committee on Immunization Practices (ACIP);
- **Public Health Sites M - N** OUR CULTURES ARE OUR SOURCE OF HEALTH; Native Diabetes Wellness Program; MentalHealth.gov; Man Up.; New section: Health Screenings: 18-39;40-64; 65 and Up;

- **Public Health Sites O-Z** O*NET Database and Occupational Exposures in Construction; A Visual Guide to Sleep Disorders; Sleep Paralysis;
- **Senior Health** Deciding The Right Time To Claim Social Security; Social Security Administration's Retirement Estimator; Top 10 Ways to Prepare for Retirement;
- **Statistical Software Sites** New section: PSPP (Free version ~ SPSS)- PSPP Main site, PSPP Overview, PSPP CCHMC.org, PSPP4Windows Sourceforge.net; PSPP - All versions; Deducer Manual; LazStats;
- **TOBACCO RESOURCES ON THE INTERNET** Antismoking Messages and Intention to Quit — 17 Countries, 2008–2011;
- **US Government & Other National Statistics Sites** U.S. Census Data Visualization Gallery;
- **Useful Sites** Flightcaster.com - flight delay prediction;
- **Webmastering Tools** RAW therapee;
- **Web Resources** Autoruns for Windows v11.5; Untangling the Web; Obscure Web Browsers: Seamonkey;K-Meleon, Pale Moon; Lunascape,NetSurf; 20 historic tech sounds you may have forgotten; Five web-based network troubleshooting tools;
- **Web site Search Engines** Blekko.com; Duckduckgo.com; Wolframalpha.com; Yippy.com;
- **Women's Health** Women and the Affordable Care Act;
- **Women's Health - Heart Disease and Stroke** FDA Helps Women Get Heart Smart;
- **Writing** Coauthorship and Publication Credit.

July - September 2013

New Pages

Public Health Resources Public Health Site Index

Deleted/Changed Pages

Spring 2013 Wellness Syllabus

Updated Pages

All statistics to be updated can be found on all the Site Map Pages, the Web Site Statistics

Page, and the Web Polls Stats Page. This is done monthly, usually near the beginning of each month.

- **Academic Resources** **FACT SHEET on the President's Plan to Make College More Affordable: A Better Bargain for the Middle Class; Collegiate Learning Assessment Plus (CLA+) - Not enough to graduate college: Now there's an exit exam;**
- **Annotated Great Books Bibliography** **Dan Brown's Inferno; Daniel Gardner's The Science of Fear, How the Culture of Fear Manipulates Your Brain;**
- **Academic Info** **FACT SHEET on the President's Plan to Make College More Affordable: A Better Bargain for the Middle Class; What is it Worth? The Economic Value of College Majors;**
- **CANCER RESOURCES ON THE INTERNET** **Symptoms of Basal Cell and Squamous Cell Skin Cancers; Types of Skin Cancer; Skin Cancer Prevention; Alcohol and Cancer Risk; Common Cancer Types; Trends in Cancer Care Near the End of Life A Dartmouth Atlas of Health Care Brief; How Cancer Registries Work; Young People with Cancer: A Handbook for Parents; Childhood Cancers; Human papillomavirus (HPV) and Oropharyngeal Cancer - Fact Sheet; Investigating Suspected Cancer Clusters and Responding to Community Concerns: Guidelines from CDC and the Council of State and Territorial Epidemiologists;**
- **CARDIOVASCULAR & CHRONIC DISEASE INDEX** **A Life Course Approach to Health;**
- **CARDIOVASCULAR DISEASE** **12 Possible Heart Symptoms Never to Ignore; Avoidable Deaths from Heart Disease, Stroke, and Hypertensive Disease — United States, 2001–2010; High Blood Pressure Medications and You: Infographic;**
- **Children with Special Health Care Needs** **National Survey of Children with Special Health Care Needs (NS-CSHCN) Chartbook 2009-2010;**
- **Chinese Culture** **101 Flash Mob Chorus in Taipei 101, Taiwan; Comparison of Potentially Preventable Hospitalizations Related to Diabetes Among Native Hawaiian, Chinese, Filipino, and Japanese Elderly Compared with Whites, Hawai'i, December 2006–December 2010; Baby Pandas playing; Pandas on a slide videos;**
- **CONNECTICUT PUBLIC HEALTH RESOURCES** **CT Health Intern Academy health policy resources; Women's Health in Connecticut; Women's Health and Mortality;**
- **Consumer Health** **Stay Focused: Don't Text & Drive; Beat the Heat Infographic; Patient Education materials;**
- **Cool Sites A- L** **160 Free Textbooks: A Meta Collection; 525 Free Audio Books: Download Great Books for Free; Free Science Fiction Classics on the Web: Huxley, Orwell, Asimov, Gaiman & Beyond; 425 Free eBooks: Download to Kindle, iPad/iPhone & Nook; The Harvard Classics: A Free, Digital Collection; NASA e-books; What Do All The Letters, Acronyms, and Numbers on My Camera Lens Stand For?;**
- **Cool Sites M - Z** **Free mortgage widgets;**
- **DIABETES RESOURCES ON THE INTERNET** **2013 AACE Comprehensive Diabetes Management; Blood Sugar Control and Insulin; IDF's Diabetes Atlas; Diabetes and Weight Loss: Finding the Right Path; Counting Carbs When You Use Insulin; A Compendium: Effective Public Health Strategies to Prevent and Control Diabetes; Diabetes Public**

Health Resource; Insulin Resistance and Prediabetes; Foster-Powell Table - International table of glycemic index (GI) and glycemic load (GL) values: 2002 University of Sydney's Glycemic Index Search; Women at High Risk for Diabetes: Physical Activity, Healthy Eating, and Weight Loss; Did You Have Gestational Diabetes When You Were Pregnant? What You Need to Know;

- [Epidemiology M - Z](#) Surveillance for Travel-Related Disease - GeoSentinel Surveillance System, United States, 1997-2011; Viral Hepatitis Statistics & Surveillance;
- [Evaluation Resources & Report Cards](#) Women's Health Status, by state; Women's Health and Mortality, by state; MCH Library's Evaluation Toolkit;
- [Everything You Ever Wanted to Know about...](#) Openculture.com; Chronicling America - Historic American Newspapers;
- [Evidence-Based Practice](#) AHRQ's Meaningful Use Measures;
- [Favorite Movie Sites](#) 10 All-time Greatest Movies; 25 Greatest Westerns of All Time; 25 Free Charlie Chaplin Films Online; 535 Free Movies Online: Great Classics, Indies, Noir, Westerns, etc.; 33 Free Oscar Winning Films Available on the Web;
- [Favorite Music Sites](#) Billboard's Weekly Hot 100; Nick Gilder;
- [Fitness](#) Exercise Standards for Testing and Training: A Scientific Statement From the American Heart Association; Youth Physical Activity Guidelines Toolkit;
- [Free Software](#) Prezi.com presentation software; AbiWord word processing software; Jarte word processor; Five Apps for disk defragmentation; Free project management software: 2-plan Project Management Software; Ganttproject.biz; Open Workbench; Project Libre; TodoList; Best Free Office Suites; Kingsoft; FreeOffice; SSuite Office; Five free DVD authoring tools; Art/drawing/painting: MyPaint; Project Dogwaffle 1.2; Tux Paint; 10 free tools that deserve a price tag; Five free Microsoft Project alternatives; Five mostly free apps for compressing archive files in Windows; Five free disaster recovery tools;
- [Graphing](#) 8 great sites for one-stop data visualization; Tableau Software; CartoDB; Create a Chart Online; Constructing Visuals — Tables, Graphs, and Visualizations; An Extensive Glossary of Big Data Terminology; Elissa Schloesser on 5 Steps for Translating Evaluation Findings into Infographics; A Periodic Table of Visualization Methods; Five flow charting applications;
- [Health Care Information](#) CDC's Transplant Safety; The Youtoons Get Ready for Obamacare; What is the Marketplace in my state?; KFF's Subsidy Calculator;
- [Healthcare Quality Data](#) Proposed Changes for Calendar Year 2014 Physician Quality Programs And The Value Based Payment Modifier;
- [Healthcare Quality Standards](#) 2012 National Healthcare Quality and Disparities Reports;
- [Healthcare Quality Issues](#) Patient Safety Primers; Diagnostic Errors; Frequently Asked Questions: Transitional Care Management;
- [Health Education Resources](#) National Council on Teacher Quality; Kidshealth in the Classroom; The Association Between School-Based Physical Activity, Including Physical Education, and Academic Performance; Strategies to Improve the Quality of Physical Education; School Health Guidelines to Promote Healthy Eating and Physical Activity; Physical Education Curriculum Analysis Tool (PECAT);

HEALTHY PEOPLE 2020

- [A Crosswalk Between Objectives From Healthy](#)

People 2010 to Healthy People 2020; New section - Healthy People 2020 in Action: Healthy People in Action; Sharing Library: Map View; Evidence-Based Resources; DATA2020 Search;

- **Kids Health** New section - Nature: The State of Lions; International Space Station Live!; Arounder.com's Moon; GRIN (Great Images in NASA); New Science section: Waves - Anatomy of an Electromagnetic Wave; Shock Waves; Water on the Move: Wind and Waves; Kids' Medical Dictionary;
- **Maternal Child Health** A Brief Guide to Genomics; Parents Projected to Spend \$241,080 to Raise a Child Born in 2012, According to USDA Report; Birth Defects: Research and Tracking;
- **Nutrition Resources** Surveillance for Foodborne Disease Outbreaks - United States, 1998-2008; 25 Super Snacks With 100 Calories or Less; Justlabelit.org; Food Additive Glossary; FDA's Gluten-Free Food Labeling Final Rule (Questions and Answers); New section: Genetically Modified Organisms (GMOs). A brief history of genetic modification; Facts about Genetically Engineered (GE) Foods also called GMO foods; Foods Derived from Genetically Engineered Plants; Genetically engineered foods; Genetically Modified Food - GM Foods List and Information; GMO Compass; GMO Education; GMOinside.org; GMO Myths and Truths; Justlabelit.org; Look who's squealing now: GMO lovers freak over new study of sick pigs; Research Shows that Monsanto's Big Claims for GMO Food Are Probably Wrong; Safety Assessment of Genetically Engineered Foods: US Policy & Current Science; Support Organic, non-GMO farming; Tips for Avoiding GMOs; What is GMO? Agricultural Crops That Have a Risk of Being GMO; 'Monsanto wants total control, covers up grave GMO dangers' - Researcher
- **OBESITY RESOURCES ON THE INTERNET** New section: Other causes of obesity: Prescription Medications & Weight Gain - What You Need to Know; 10 Tips for Losing 100 Pounds; Childhood Obesity Prevention Programs: Comparative Effectiveness Review and Meta-Analysis; Body Weight Simulator; Obesity Among Low-Income, Preschool-Aged Children — United States, 2008–2011; Progress on Childhood Obesity; What counts as a cup?;
- **PCH 201 Wellness Resources Page** Top Concentration Killers slide show;
- **PHENOM Program Description** New section: PUBLIC HEALTH WORKFORCE RESOURCES - The Public Health Workforce: An Agenda for the 21st Century
- **Public Health Continuing Education Opportunities** A Toolkit for Collaboration - public health topics for doctors and nurses; NIAAA Clinician's Guide Online Training; SPRC - Suicide Prevention Resource Center Several courses, from 1 to 15 CECHs; Self-Study STD Modules for Clinicians - Syphilis; Hepatitis C Online Course; Ready-To-Use STD Curriculum - Syphilis; Public Health and Health Care Collaboration Resources;
- **Public Health Data** The State of Aging and Health in America 2013; State-Specific Healthy Life Expectancy at Age 65 Years United States, 2007-2009; BRFSS 2012 Survey Data and Documentation; Human Papillomavirus Vaccination Coverage Among Adolescent Girls, 2007–2012, and Postlicensure Vaccine Safety Monitoring, 2006–2013 — United States; New section: Adolescent & School Health - Adolescent and School Health, School Health Policies and Practices Study (SHPPS), Youth Online: High School YRBS, Youth Risk Behavior Surveillance System (YRBSS); HIV Infection among Asians in the United States and Dependent Areas; HIV/AIDS slide sets; Estimated Percentages and

Characteristics of Men Who Have Sex with Men and Use Injection Drugs — United States, 1999–2011;

- **Public Health Data** Overdoses of Prescription Opioid Pain Relievers and Other Drugs Among Women - United States, 1999-2010; 30-day Readmission Rates to U.S. Hospitals; Readmissions to U.S. Hospitals by Diagnosis, 2010; Steroid use in teens; Heat Illness and Deaths — New York City, 2000–2011; Percentage of Adults Aged ≥18 Years Who Met the Aerobic Activity and Muscle Strengthening Guidelines,* by Sex and Selected Race/Ethnicity — National Health Interview Survey, United States, 2009–2011; Update on Emergency Department Visits Involving Energy Drinks: A Continuing Public Health Concern; State Costs of Excessive Alcohol Consumption, 2006; The High Cost of Excessive Drinking to States; Sleep Duration* Among Adults Aged ≥20 Years, by Race/Ethnicity — National Health and Nutrition Examination Survey, United States, 2007–2010; Statutory Rape: Sex Between Young Teens and Older Individuals; Percentage of Adults Aged ≥20 Years Who Used Prescription Sleep Aids* in the Past 30 Days,† by Age Group and Sex — National Health and Nutrition Examination Survey, United States, 2005–2010;
- **Public Health Data** Homicide Rates Among Persons Aged 10-24 Years - United States, 1981-2010; Number of Deaths* from Lightning Among Males and Females - National Vital Statistics System, United States 1968-2010; Firearm Homicides and Suicides in Major Metropolitan Areas — United States, 2006–2007 and 2009–2010; How Did Cause of Death Contribute to Racial Differences in Life Expectancy in the United States in 2010?; CDC's Infant Mortality; State-Specific Healthy Life Expectancy at Age 65 Years — United States, 2007–2009; Expenditures on Children by Families, 2012 from United States Department of Agriculture Center; Viral Hepatitis Statistics & Surveillance; Rate* of Emergency Department Visits for Alcohol-Related Diagnoses,† by Sex — National Hospital Ambulatory Medical Care Survey, United States, 2001–2002 to 2009–2010; Deaths and Severe Adverse Events Associated with Anesthesia-Assisted Rapid Opioid Detoxification — New York City, 2012;
- **Public Health E-News Table of Contents** January - September;
- **Public Health Practice** Policy Search Tool;
- **Public Health Sites A - C** NISVS: An Overview of 2010 Findings on Victimization by Sexual Orientation; Alcohol and Public Health;
- **Public Health Sites D-G** Federal Guidelines for Opioid Treatment; Improving Health for LGBT Americans; Lesbian and bisexual health fact sheet; MDMA (Ecstasy or Molly); Sexual Violence in Lesbian, Gay, Bisexual, Transgender, Intersex, or Queer (LGBTIQ) Communities; Preventing and Responding to Domestic Violence in Lesbian, Gay, Bisexual, Transgender, or Queer (LGBTQ) Communities; CDC's Act Against AIDS; Substance Abuse in the Military; Teens Mix Prescription Opioids with Other Substances; Abuse of Prescription (Rx) Drugs Affects Young Adults Most; Synthetic Marijuana Lands Thousands of Young People in the ER, Especially Young Males; Drugs of Abuse: What Clinicians Need to Know Now; Adolescent Health Highlight: Use of Illicit Drugs; USGS - 3 Volcano Monitoring videos;
- **Public Health Sites H-L** Locations and Reasons for Initial Testing for Hepatitis C Infection — Chronic Hepatitis Cohort Study, United States, 2006–2010;
- **Public Health Sites M - N** Blissong Out: 10 Relaxation Techniques To Reduce Stress On-the-Spot; Older Adults and Depression; Myths and Facts About Therapy; Dealing With

- Anxiety and Phobias; Slideshow: A Visual Guide to Generalized Anxiety Disorder;
- [Public Health Sites O-Z](#) A Visual Guide to Psoriasis; Dreams Decoded; Management Guidelines for Blood Lead Levels in Adults; 9 Surprising Reasons to Get More Sleep;
- [Research Resources on the Net](#) The Do's and Don'ts of Survey Design; 10 Distinctive Qualities of Qualitative Research; Improbable Research - New Hip, Safe Sex Motion Study;
- [Resources for Health Professionals](#) Alcohol Screening and Brief Intervention for Youth: A Practitioner's Guide; Helping Patients Who Drink Too Much: A Clinician's Guide;
- [Senior Health](#) Fraud Target: Senior Citizens;
- [Statistical Functions](#) 12 predictive analytics screw-ups;
- [Statistical Software Sites](#) Gigra LLC;
- [TOBACCO RESOURCES ON THE INTERNET](#) How to Regulate E-Cigarettes and Other Electronic Smoking Devices in Your Community; Environmental Tobacco Smoke Exposure in Children Aged 3-19 Years With and Without Asthma in the United States, 1999-2010; Primary Care Interventions to Prevent Tobacco Use in Children and Adolescents from U.S. Preventive Services Task Force Recommendation Statement; Electronic Cigarette Use Among Middle and High School Students — United States, 2011–2012; Pediatric Nicotine Abuse; Recommendations Regarding Tobacco Use and Secondhand Smoke Exposure from the Community Preventive Services Task Force; Impact of a National Tobacco Education Campaign on Weekly Numbers of Quitline Calls and Website Visitors — United States, March 4–June 23, 2013;
- [US Government & Other National Statistics Sites](#) Claritas - Basic Demographics Report Bundle;
- [Useful Sites](#) ree Printable Worksheets, Invitations, Cards, and More! New section under Destinations - Fuel: Gasoline and Diesel Fuel Update; Gas Mileage Tips; Gasoline Prices; Gas Prices, By State; Multnomah Falls, OR; Areavibes.com; protectyourmove.gov;
- [Webmastering Tools](#) Rgbstock.com; Five handy web development tools; Fotor.com;
- [Web Resources](#) Microsoft Office Training Manuals - free downloads; Debunking Battery Life Myths for Mobile Phones, Tablets, and Laptops; 12 blogging mistakes made by researchers and evaluators; How to Increase Your Windows Laptop's Battery Life; How Attackers Actually "Hack Accounts" Online and How to Protect Yourself; 16 Blogging styles for researchers and evaluators; Five Apps: Audit your PCs information for free; Five free apps that collect PC information; 10 cabling tips to keep your data center manageable; Connectify.me; Maildrop; New section: Video Editors - Avidemux, Lightworks, Virtualdub; 22 bloggers with advice for researchers and evaluators, illustrated; Five free alternative web browsers for Windows; Wireless Network Watcher;
- [Wellness Resources Part I \(1 - 5\)](#) HHS announces first guidance implementing Supreme Court's decision on the Defense of Marriage Act; An Overview of Federal Rights and Protections Granted to Married Couples; Gay Marriages in All States Get Recognition From the I.R.S. NY Times (8/29/2013); Married gay couples win U.S. marriage tax benefits nationwide Same-Sex Married Couples To Get Federal Tax Recognition; CT DOMA Memo 7/9/2013;
- [Wellness Resources Part II \(6 - 11\)](#) 20 Habits That Make You Fat; What counts as a cup?; Food Additive Glossary; 25 Best Nutrition Secrets; How Alcohol Affects the Adolescent Brain; What's In Your Food?; New section: Same-sex Relationships - An Overview of Federal Rights and Protections Granted to Married Couples, Gay

Marriages in All States Get Recognition From the I.R.S. NY Times (8/29/2013), Married gay couples win U.S. marriage tax benefits nationwide, Same-Sex Married Couples To Get Federal Tax Recognition Regardless Of State Huffingtonpost.com, CT DOMA Memo 7/9/2013; Having fun and staying safe;

- **Women's Health Women's Health and Mortality Chartbook; Health Disparities Profiles;**
- **Women's Health - Breast and Other Female Cancers Breast Cancer: What You Need to Know; Invasive Breast Cancer: Symptoms, Treatments, Prognosis; Your Care Choices for Advanced Breast Cancer; What You Need To Know About™ Cancer of the Uterus; Checking for Breast Cancer Recurrence; Percentage of Women Aged 50–64 Years Who Reported Receiving a Mammogram in the Past 2 Years, by Health Insurance Status*† — National Health Interview Survey,§ United States, 1993–2010; Young Survival Coalition; Endometrial Cancer;**

October - December 2013

New Pages

- **2013 Christmas Newsletter**
- **PCH 201 Fall Syllabus**

Deleted/Changed Pages

- **PCH 201 Fall Syllabus**

Updated Pages

All statistics to be updated can be found on all the Site Map Pages, the Web Site Statistics Page, and the Web Polls Stats Page. This is done monthly, usually near the beginning of each month.

- **Annotated Epidemiology Bibliography Epi Info 7 User Manual;**
- **Academic Info New section: The Value of Education; Digest of Education Statistics: 2011; Earnings and Unemployment Rates by Educational Attainment; Educational Attainment; OECD Skills Outlook 2013 First Results From the Survey OF Adult Skills; Pursuing the American Dream; The Middle Class Gets Wise; The Role of Higher Education in Career Development: Employer Perceptions; The Undereducated American; While you are in college, keep these ideas in mind...;**

- [Biostatistics/Statistics Sites](#) What is your favorite “data analysis” cartoon?;
- [Blog Index](#) 2014 Blog;
- [CANCER RESOURCES ON THE INTERNET](#) Brain Cancer; Chemotherapy: What to Expect; Colorectal Cancer Screening Test Use — United States, 2012; Colorectal Cancer Screening Tests; National Cancer Institute; North American Association of Central Cancer Registries Fast Stats; 2010* State Cancer Facts; Colorectal Cancer Incidence and Screening — United States, 2008 and 2010; Understanding Cancer -- the Basics; Hereditary Cancer Infographic;
- [CARDIOVASCULAR & CHRONIC DISEASE INDEX](#) Prevention and Chronic Care; Expected Years of Life Free of Chronic Condition–Induced Activity Limitations — United States, 1999–2008;
- [CARDIOVASCULAR DISEASE](#) 2013 Prevention Guideline Tools - CV Risk Calculator AHA.org; 2013 ACC/AHA Guideline on the Assessment of Cardiovascular Risk A Report of the American College of Cardiology/American Heart Association Task Force on Practice Guidelines; 2013 ACC/AHA Guideline on the Assessment of Cardiovascular Risk A Report of the American College of Cardiology/American Heart Association Task Force on Practice Guidelines; 2013 AHA/ACC Guideline on Lifestyle Management to Reduce Cardiovascular Risk A Report of the American College of Cardiology/American Heart Association Task Force on Practice Guidelines; 2013 ACC/AHA Guideline on the Treatment of Blood Cholesterol to Reduce Atherosclerotic Cardiovascular Risk in Adults A Report of the American College of Cardiology/American Heart Association Task Force on Practice Guidelines; 2013 AHA/ACC/TOS Guideline for the Management of Overweight and Obesity in Adults; Coronary Heart Disease and Stroke Deaths — United States, 2009; >A Health Healthy Toolbox Resource Center; AHA Statistical Update Heart Disease and Stroke Statistics—2014 Update;
- [HEART AND STROKE RESOURCES ON THE INTERNET](#) Questions and Answers About Stroke; 2013 Prevention Guideline Tools - CV Risk Calculator; Pulmonary atresia; Transposition of Greater Arteries (TGA); Understand Your Risk for Congenital Heart Defects; Ventricular Septal Defect (VSD);
- [Chinese Culture](#) Cancer Health Briefs, by State, by Ethnicity; Testing Asian Americans and Pacific Islanders for Hepatitis B;
- [CONNECTICUT PUBLIC HEALTH RESOURCES](#) Greater New Haven Community Index 2013;
- [Cool Sites Index Page](#) Digital Public Library of America; Library of Congress e-books;
- [Cool Sites A- L](#) Tracing Family History: Canada Immigration and Citizenship Genealogy Guide;
- [DIABETES RESOURCES ON THE INTERNET](#) Essential Tips to Manage Diabetes; National Diabetes Prevention Program; Diabetes Public Health Resource - National Diabetes Education Program (NDEP); Diabetes Public Health Resource; Prediabetes; Prevent Diabetes; Manage Your Diabetes; Self-report of Diabetes and Claims-based Identification of Diabetes Among Medicare Beneficiaries; Managing Complications of Diabetes in Later Life; Diabetes and Pregnancy: Erin’s Story; Diabetes — United States, 2006 and 2010; Prediabetes: Am I at risk?; 6 Things To Know About Type 2 Diabetes and Dietary Supplements;
- [Epidemiology A- L](#) Old Drugs That Are Still Good Drugs;
- [Evidence-Based Practice](#) AIDS Clinical Guidelines Portal;

- **Favorite Movie Sites** Gravity Trailer ;
- **Favorite Music Sites** Nick Gilder; Music Paper; MuseScore; Everyoneepiano.com; I Love the '80s; Fleetwood Mac and The Cars videos;
- **Fitness** Stretching and Flexibility: 7 Tips; Muscle Spasms, Cramps, and Charley Horse; How to Stop Runners' Cramps;
- **Free Software** Five free cataloging applications; Five free tools to aid in graphic design; Celestia; How to Reduce PDF File Size; compress smallpdf.com;
- **Health Care Information** Don't mix your meds with these foods; Some fruits, vegetables, and even some drinks can cause dangerous interactions;
- **Healthcare Quality Data** The ICD-10 Transition: An Introduction; FAQs: ICD-10 Transition Basics; ICD-10 Basics for Medical Practices; ICD-10 Resources;
- **Healthcare Quality Standards** Working for Quality: National Quality Strategy Stakeholder Toolkit; Working for Quality: Slide Set: National Quality Strategy Overview; New section: Behavioral health care services; Atlas of Integrated Behavioral Health Care Quality Measures; Health-Related Quality of Life — United States, 2006 and 2010;
- **Healthcare Quality Issues** Introduction: CDC Health Disparities and Inequalities Report — United States, 2013; Conclusion and Future Directions: CDC Health Disparities and Inequalities Report — United States, 2013; CDC Health Disparities and Inequalities Report — United States, 2013;
- **Health Education Resources** 25 Things Successful Educators Do Differently; Educational Psychology: 20 Things Educators Need To Know About How Students Learn; Doing what works; In the Know: Social Media for Public Health; The Patient Education Materials Assessment Tool (PEMAT) and User's Guide; The Patient Education Materials Assessment Tool (PEMAT) and User's Guide Table of Content; PEMAT Auto-Scoring Form Excel Spread Sheet; Development, Reliability and Validity of the Patient Education Materials Assessment Tool (PEMAT): An Instrument to Assess the Understandability and Actionability of Print and Audiovisual Patient Education Materials;
- **Kids Health** The HotelsCheap Scholarship Program ; Flea Bites Guide;
- **Maternal Child Health** Immunizations and Developmental Milestones for Your Child from Birth Through 6 Years Old;
- **Nutrition Resources** FDA Ready to Approve Frankenfish Despite Fishy Science; GE Salmon; Tell the FDA: No Frankenfish; Acute Hepatitis and Liver Failure Following the Use of a Dietary Supplement Intended for Weight Loss or Muscle Building; 6 Rules of Good Nutrition; Cancer row over GM foods as study says it did THIS to rats... and can cause organ damage and early death in humans; Scientists issue GM crops safety warning; Scientists Declare No Consensus on GMO Safety; FDA Targets Trans Fat in Processed Foods; Talking About Trans Fat: What You Need to Know; Trans Fat Now Listed With Saturated Fat and Cholesterol; Dictionary of Nutrition; Food Safety and Security: What Consumers Need to Know; 12 Reasons to Love the Mediterranean Diet;
- **OBESITY RESOURCES ON THE INTERNET** Food Frauds That Can Wreck Your Diet; 7 Habits of Highly Obese People; Prevalence of Obesity Among Adults: United States, 2011–2012; How to Practice Mindful Eating; Practice Essentials; Childhood Obesity Toolkit; 2013 AHA/ACC/TOS Guideline for the Management of Overweight and Obesity in Adults - A Report of the American College of Cardiology/American Heart Association Task Force

on Practice Guidelines and The Obesity Society; New section: International resource: Obesity and the environment: increasing physical activity and active travel; Obesity and the environment: regulating the growth of fast food outlets; Obesity — United States, 1999–2010;

- [**PCH 201 Wellness Resources Page**](#) How Do I Take a Screenshot?;
- [**Personality - MBTI**](#) Career Tests, Personality Tests and Aptitude Tests; Can Your Personality Type Determine Your Salary Potential? [infographic];
- [**Public Health Continuing Education Opportunities**](#) Dialysis Safety;
- [**Public Health Data**](#) Residential Proximity to Major Highways — United States, 2010; HIV Infection — United States, 2008 and 2010; Tuberculosis — United States, 1993–2010; Number of Deaths Among Centenarians and Percentage Among All Deaths, by Sex — United States, 1980–2010; HIV Testing and Risk Behaviors Among Gay, Bisexual, and Other Men Who Have Sex with Men — United States; Differences Between HIV-Infected Men and Women in Antiretroviral Therapy Outcomes — Six African Countries, 2004–2012; Age-Adjusted Death Rates* from Tuberculosis,† by Race and Sex — National Vital Statistics System, United States, 1999–2010;
- [**Public Health Data**](#) Dartmouth Atlas of Medicare Prescription Drug Use; Total and High-density Lipoprotein Cholesterol in Adults: National Health and Nutrition Examination Survey, 2011–2012; Hypertension Among Adults in the United States: National Health and Nutrition Examination Survey, 2011–2012; Access to Healthier Food Retailers — United States, 2011; Health Insurance Coverage — United States, 2008 and 2010; Binge Drinking — United States, 2011; Potentially Preventable Hospitalizations — United States, 2001–2009; Prevalence of Hypertension and Controlled Hypertension — United States, 2007–2010; Suicides — United States, 2005–2009; Homicides — United States, 2007 and 2009; Drug-Induced Deaths — United States, 1999–2010; Psychotropic Medication Use Among Adolescents: United States, 2005–2010;
- [**Public Health Data**](#) European health report 2012; Nonfatal Injury Data; Nonfatal Work-Related Injuries and Illnesses — United States, 2010; Pregnancy and Childbirth Among Females Aged 10–19 Years — United States, 2007–2010; Motor Vehicle-Related Deaths — United States, 2005 and 2009; Infant Deaths — United States, 2005–2008; Assisted Reproductive Technology Surveillance — United States, 2010; Abortion Surveillance — United States, 2010; WISQARSTM (Web-based Injury Statistics Query and Reporting System);
- [**Public Health E-News Table of Contents**](#) October-December;
- [**Public Health Practice**](#) Policy Search Tool; Social Determinants of Health; new section: Winnable Battles; Winnable Battles; Winnable Battles Progress Report; Director's Briefing Videos;
- [**Public Health Sites A - C**](#) Prevalence of Doctor-Diagnosed Arthritis and Arthritis-Attributable Activity Limitation — United States, 2010–2012; Guidelines for the Prevention and Treatment of Opportunistic Infections Among HIV-Exposed and HIV-Infected Children;
- [**Public Health Sites D-G**](#) SAMHSA's Opioid Overdose Prevention Toolkit; Summary of psychoactive substance effects;
- [**Public Health Sites H-L**](#) Get Smart for Healthcare; Know When Antibiotics Work widget; A Visual Guide to Hepatitis slide show; Asthma Attacks Among Persons with

Current Asthma — United States, 2001–2010; Rubella and Congenital Rubella Syndrome Control and Elimination — Global Progress, 2000–2012; Malaria Surveillance — United States, 2011; Know Hepatitis B; National Chronic Kidney Disease Fact Sheet, 2014;

- **Public Health Sites M - N** Total Knee Replacement video; A Visual Guide to Knee Replacement slide show; Cancer Health Briefs, by State, by Ethnicity; What Do You Want to Know About Multiple Sclerosis?; Bipolar Disorder in Children and Teens (Easy to Read); Bipolar Disorder in Adults; Bipolar Disorder Fact Sheet;
- **Public Health Sites O-Z** 19 Best Kept Hair Secrets; Women's Hair Loss Slideshow: Thinning Hair Causes and Solutions; Top 10 Foods for Healthy Hair; School Health Profiles; Preventing Sexually Transmitted Infections; Very High Blood Lead Levels Among Adults — United States, 2002–2011; Reference Blood Lead Levels for Adults in the U.S.;
- **Public Health Software** CoCASA (Comprehensive Clinic Assessment Software Application); Epi Info 7 download page; Synthetic Population Viewer;
- **Search Engines - H - Z** Churnalism; Factcheck; Mediabugs; Snopes;
- **Senior Health** Eat Healthy, Stay Fit, and Live Well Over 50; Safe Driving Tips for Seniors; HIV Among Older Americans;
- **Statistical Functions** A Data Primer for Inter-Professional Education;
- **Statistical Software Sites** Top 9 Predictive Analytics Freeware Software;
- **TOBACCO RESOURCES ON THE INTERNET** Percentage of Adults Aged 18–24 Years Who Had Never Smoked Cigarettes,* by Sex — National Health Interview Survey, United States, 1999–2001 Through 2011–2012†; Electronic Cigarettes - An Overview; Trends in Smoking Before, During, and After Pregnancy — Pregnancy Risk Assessment Monitoring System, United States, 40 Sites, 2000–2010; Health Effects; Tobacco Product Use Among Middle and High School Students — United States, 2011 and 2012; Cigarette Smoking — United States, 2006–2008 and 2009–2010; Interactive Tobacco Map Provides Latest Data on State Smoking Laws; Trends in Smoking Before, During, and After Pregnancy — Pregnancy Risk Assessment Monitoring System, United States, 40 Sites, 2000–2010; Broken Promises to Our Children - The 1998 Tobacco State Settlement 15 Years Later;
- **US Government & Other National Statistics Sites** Claritas - Basic Demographics Report Bundle; Challenger, Gray & Christmas press releases; NFIB Small Business Jobs Report; US Department of Labor; SHRM Leading Indicators of National Employment® (LINE®); The Conference Board Help Wanted OnLine® (HWOL); ADP National Employment Trends; Gallup Economy; ISM - Manufacturing ISM Report On Business®; ISM - Non-Manufacturing ISM Report On Business®; Education and Income — United States, 2009 and 2011; Unemployment — United States, 2006 and 2010; National Center for Health Statistics; Program for International Student Assessment (PISA); U.S. Health Workforce Chartbook;
- **Useful Sites** Bureau of Communication fill-in forms; Replacing Your Important Papers;
- **Webmastering Tools** Site2Pic – Online Screenshot Generator; Free HTML to PDF Converter; Shrink the Web; Web2PDFconvert; Five apps for screen capture in Windows;
- **Web Resources** A. Rathbone's Windows 8 for Dummies ; What to Do When Windows Won't Boot; How to Identify Which Hardware Component is Failing in Your Computer;

How to Tell a Hardware Problem From a Software Problem; 10 IT relics I really miss; Dinosaur Sightings: Computers from the 1970s; Dinosaur Sightings: Computers from 1980-1983; Dinosaur Sightings: Computers from 1984-1989; Photo memories of 18 first computers; Five free disaster recovery tools; Five free apps for encrypting email; Five data recovery utilities; How Can I Check the Age of My Windows Installation?; Five more apps for screen capture in Windows; Haveibeenpwned; houldichangemypassword.com;

- **Wellness Resources Part II (6 - 11)** Summary of psychoactive substance effects;
- **Wellness Resources Part III (12 - 17)** Guide to Sexually Transmitted Diseases; Sex Ed Boot Camp - Websites That Can Help; Safer Sex - The Basics; Know when antibiotics work widget;
- **Women's Health** Teens4safety.com; Women's Health USA 2013;
- **Women's Health Issues** Bone Densitometry; Comprehensive Guide to Domestic Abuse;
- **Women's Health - Breast and Other Female Cancers** 10 Mammogram Myths and Facts; When Breast Cancer Spreads; Hereditary Breast and Ovarian Cancer; Daily Walk May Cut Your Breast Cancer Risk; Inflammatory Breast Cancer;
- **Women's Health - Heart Disease and Stroke** Do You Know Which Symptoms Signal a Heart Attack in Women?;



Links



[Back to Top](#)

Published on the Web: December 25, 2009

UPDATED: January 19 R1,460

Comments, suggestions, dead link reports:

BETTY C. JUNG, WEBMASTER

**© Copyright 1999 - 2015 Betty C. Jung
All rights reserved.**