

Betty C. Jung's Web site

<http://www.bettycjung.net/Wn2012.htm>



What Was New

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Site Info

bettycjung.net
Jan 19, 2015

Traffic Rank:
1,934,487

Links in:
109

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January - March 2012

New Pages

- [Pch 201 Wellness Resources Page](#)
- [Spring 2012 Wellness Syllabus](#)

Deleted/Changed Pages

- [Fall 2011 Wellness Syllabus](#)

Updated Pages

All statistics to be updated can be found on all the [Site Map Pages](#), the [Web Site Statistics Page](#), and the [Web Polls Stats Page](#). This is done monthly, usually near the beginning of each month.

- [Biostatistics/Statistics Sites](#) Mathematics Dictionary & Glossary for students;
- [CANCER RESOURCES ON THE INTERNET](#) 8 Ways to Lower Your Cancer Risk; Cancer Screening — United States, 2010; World Health Organization Cancer Fact Sheet; GLOBOCAN 2008 Cancer Statistics; World Cancer Day; Lung Cancer; Nearly 800,000 deaths prevented due to declines in smoking; Cancer Intervention and Surveillance Modeling Network; Cancer Control & Population Sciences; Viruses, Bacteria, and Cancer, or It's Not All Smoke and Sunlight;
- [CARDIOVASCULAR & CHRONIC DISEASE INDEX](#) U.S. Department of Health and Human Services Inventory of Programs, Activities, and Initiatives Focused on Improving the Health of Individuals with Multiple Chronic Conditions;
- [CARDIOVASCULAR DISEASE](#) How to Lower Your Cholesterol Without a Prescription; HDL Cholesterol: The Good Cholesterol; Phytochemicals and Cardiovascular Disease; Adult Congenital Heart Association; Heart Disease Risk Factors; Heart Attack Symptoms; Love Your Heart, Take Steps To Reduce Heart Risks; Prevention: What You Can Do; Don't Take a Chance With a Heart Attack: Know the Facts and Act Fast; Learn What a Heart Attack Feels Like—It Could Save Your Life; Heart Attack Recovery FAQs; Every Step Counts; Heart Disease Risk Factors and Lifetime Risk of Cardiovascular Events; New section: Alcohol & Heart Disease; Alcohol & Cardiovascular Disease; What Do Fats Do in the Body?; Most Americans don't understand health effects of wine and sea salt, survey finds; Red Wine & Your Heart; Peripheral Artery Disease & Diabetes; Healthy Heart Quizzes; Red wine and resveratrol: Good for your heart?;
- [HEART AND STROKE RESOURCES ON THE INTERNET](#) Eisenmenger's Syndrome; Living with a Congenital Heart Defect; Factors Contributing to Congenital Heart Disease; AHRQ's Adjunctive Devices for Patients With Acute Coronary Syndrome Undergoing Percutaneous Coronary Intervention; Anomalous Coronary Artery (ACA); Adult Congenital Heart Fact Sheet; Congenital heart diseases fact sheets; Ventricular-Fibrillation; Doppler ultrasound: What is it used for?; Atrial Fibrillation Medications; Prinzmetal's Angina, Variant Angina and Angina Inversa; Carotid artery disease; Carotid Artery Disease: What is it?; New section: Transient Ischemic Attacks (TIA): NINDS Transient Ischemic Attack Information Page; Transient Ischemic Attack (TIA, Mini-Stroke); TIA-to-Stroke Risk Prediction Easy As A-B-C-D2; What is a TIA?; Who's at Risk for Stroke After TIA?; About Stroke; Common Tests for Heart Failure; hs-CRP; Five Facts about Congenital Heart Defects; Stroke Rehabilitation; Depression After Stroke; Aspirin; Unstable Angina; Atrial Flutter; Peripheral Arterial Disease (PAD);
- [Career Resources](#) What's Hiding Behind the Buzzwords in Job Ads?;

- **CONNECTICUT PUBLIC HEALTH RESOURCES**; Rates of Reportable STDs among Young People 15 - 24 Years of Age, Connecticut 2010;
- **Consumer Health Information** CDC 24/7 widget; carbon monoxide poisoning widget; National Health Observances; Health and Safety Quizzes and Tools; Snow and Ice; Healthfinder.gov's Health Calculators; New section: Immunization Information; Everything You Need to Know about Vaccines; Vaccines.gov; Where to Get Vaccinated; Who and When to Get Vaccinated; Identifying Bugs and Their Bites;
- **Cool Sites A- L** Coursecracker.com;
- **Cool Sites M - Z** CBS Radio Mystery Theater;
- **DIABETES RESOURCES ON THE INTERNET** A1C Test and Diabetes; High animal fat diet increases gestational diabetes risk; Fat and Diabetes; The significance of the kidney in diabetes; Diabetic ketoacidosis; Type 2 Diabetes; Best and Worst Meals for Diabetes-Savvy Dining; Diabetes Is Preventable;
- **Epidemiology M - Z** Data Security and Confidentiality Guidelines; Adult Blood Lead Epidemiology and Surveillance (ABLES);
- **Evaluation Resources & Report Cards** Performance Management Self-Assessment Tool; Designing Evaluations, 2012 Revision; Children Living in Areas of Concentrated Poverty; Evaluation Portal;
- **Everything You Ever Wanted to Know about...** Maya Tzolkin Explorer; Mayan Cosmology; USA.gov's American History Page; Brain's 'Cheat Sheet' Makes Moral Decisions Easier; Brain Confidence: How Our Neurons Make Decisions; Earth as the Big Blue Marble (Satellite Image Captures North American in 8,000 Pixels); The evolution of telephones; A Walk Through Time; Leap Year Rules; Daylight Time; Standards: Daylight Saving Time (DST); Standards: The Seasons; Interesting Fun Facts;
- **Favorite Movie Sites** Crackle.com; Big Five Glories; Internet Archive; Steven Spielberg Film and Video Archive; Youtube - Free Movies; Youtube - Openflix; Youtube - Screening Room; SOPA and the film industry; Filmon.com; New section: Oscar Trivia - Academy Awards Interesting Facts; Most Overrated Best Picture Winners; Oscar Trivia Awardsandshows.com Oscar Trivia Seeing-stars.com; Oscar Trivia Washingtonpost.com, Ranking Hosts of Past 20 Years; Which Oscar Winners Are Also Divorcees?; Ruin - Animated short;
- **Favorite Music Sites** 30 Greatest Britney Spears Songs; Ryan Paris - Dolce Vita video;
- **Fitness** Your Heart-Smart Fitness Routine;
- **Free Software** Free Opener;
- **Graphing** Presentation Bundle; Chartgo.com; New section: Data Visualization - Chart and image gallery: 30 free tools for data visualization and analysis; 8 cool tools for data analysis, visualization and presentation; 22 free tools for data visualization and analysis;
- **Health Care Information** Medicare Primer 2010; Recommended Adult Immunization Schedule UNITED STATES · 2011; A Visual Guide to Acupuncture;
- **Healthcare Quality Standards** AHRQ Quality Indicators™ Toolkit for Hospitals - Improving Performance on the AHRQ Quality Indicators; 2003 AHRQ Press Releases; 2010 National Healthcare Quality & Disparities Reports; U.S. Preventive Services Task Force; Counting Change Measuring Health Care Prices, Costs, and Spending;
- **Healthcare Quality Issues** A Framework for Patient-Centered Health Risk Assessments; Clear Communication: An NIH Health Literacy Initiative; Cultural and

Linguistic Competence Self-assessments;

- **Health Education Resources** National Sexuality Education Standards: Core Content and Skills, K-12; Education News;

HEALTHY PEOPLE 2020

- **HEALTHY PEOPLE 2020** > Betty C. Jung Web site is a Consortium Organization!; Healthy People Program Planning Tool; Healthy People 2020 Objective Topic Areas and Page Numbers; Healthy People 2010 Toolkit; Oral Health Toolkit; Measuring Progress of Healthy People Objectives; Access to Health Services; Injury and Violence Prevention;
- **Kids Health** Mathematics Dictionary & Glossary for students; Bullying; NASA video: The Evolution of the Moon;
- **Kids' Fun Sites** Create Your Own Comic; NASA Station Spacewalk Game: Play Online or, Download to your PC
- **Maternal Child Health** Genetics Education and Resources for Social Scientists; Identifying Emotional and Behavioral Problems in Children Aged 4–17 Years: United States, 2001–2007; Caring for Every Child's Mental Health; Genetic Testing Registry; Action Signs Project - A toolkit to help parents, educators and health professionals identify children at behavioral and emotional risk; Children's Mental Health;
- **Nutrition Resources** CDC's Rethink your drink widget; Facts About Folic Acid Webpage; Facts About Folic Acid Fact Sheet; Food and Nutrition Information Center; Dietary Supplements Fact Sheets; Persimon Fruit Nutrient Comparer Software Download; Caffeine Consumption and Sleep; The Most Nutritious Whole Foods; New section: High Fructose Corn Syrup (Corn Sugar): A sweet problem: Princeton researchers find that high-fructose corn syrup prompts considerably more weight gain; High fructose consumption by adolescents may put them at cardiovascular risk; How to Avoid High Fructose Corn Syrup; Study Finds High-Fructose Corn Syrup Contains Mercury; Sugar coated. We're drowning in high fructose corn syrup. Do the risks go beyond our waistline?; The Dangers of High Fructose Corn Syrup; What are the health concerns about high-fructose corn syrup?; NIH Study shows caffeine consumption linked to estrogen changes; Acrylamide in Food and Cancer Risk; Acrylamide Questions and Answers; Frequently asked questions - acrylamide in food; 15 Scariest Food Additives; New section: School Nutrition. Nutrition Assistance Programs, Nutrition Standards for School Meals, USDA Unveils Historic Improvements to Meals Served in America's Schools; Food Categories Contributing the Most to Sodium Consumption — United States, 2007–2008; Kickthecan.info; History of Chocolate Slideshow; Healthy Eating Index; How GMO foods alter organ function and pose a very real health threat to humans; New section: Food labeling - Nutrient Content Claim and Percentage; New section: Water; Food Safety, by Type of Food; Food Safety and Raw Milk; Spotlight on Eating Disorders; What is foodborne botulism or Clostridium botulinum?; Food Irradiation: What You Need to Know; Refrigerator Thermometers: Cold Facts about Food Safety; Tips to Prevent Illness from Clostridium Perfringens; Vitamin D Toxicity; Vitamin D and Healthy Bones; By Any Other Name It's Still Sweetener; 20 Food Poisoning Dangers, Common and Uncommon; Vitamin A and Carotenoids; Hidden Caffeine; Grape juice: Same heart benefits as wine?; World Salt Awareness Week Focuses on Link between Sodium and Stroke;

- **OBESITY RESOURCES ON THE INTERNET** CDC Help your children play widget; CDC National Childhood Obesity Awareness; Prevalence of Obesity in the United States, 2009–2010, NCHS Data Brief Number 82, January 2012; CDC's Tools and Resources for Overweight and Obesity; Community Guide - Obesity Prevention and Control; Consortium to Lower Obesity in Chicago Children; Virtual Scale; Recess Rocks Music Video; Prevalence of Obesity* Among Adults Aged ≥ 20 Years, by Race/Ethnicity and Sex — National Health and Nutrition Examination Survey, United States, 2009–2010; Prevalence of Obesity* Among Persons Aged 12–19 Years, by Race/Ethnicity and Sex — National Health and Nutrition Examination Survey, United States, 2009–2010; Dietary Guidelines; Obesity and Addiction; Assessing the Economics of Obesity and Obesity Interventions; You Are What You Eat: Fats and Carbohydrates;
- **Public Health Continuing Education Opportunities** Genetics Education and Resources for Social Scientists; Food Related Emergency Exercise Bundle (FREE-B); Smoking Cessation for Pregnancy and Beyond; MCH Navigator - A Training Portal for MCH professionals, etc.; Free Violence Prevention Course; Learning Products on TB;
- **Public Health Data** Thomson Reuters-NPR Health Poll - New Year Resolutions; Thomson Reuters-NPR Health Poll - Archives; Diagnoses of HIV Infection and AIDS among Adolescents and Young Adults in the United States and 5 U.S. Dependent Areas, 2006–2009; HIV Risk-Related Behaviors in the United States Household Population Aged 15–44 Years: Data from the National Survey of Family Growth, 2002 and 2006–2010; Data Across States; HIV Infection and HIV-Associated Behaviors Among Injecting Drug Users — 20 Cities, United States, 2009; Global Health and Aging; Growing Older in America: The Health and Retirement Study;
- **Public Health Data** Your Hospital Can Affect Your Longevity; Utilization of antihypertensive drug classes among Medicare beneficiaries with hypertension, 2007 to 2009; National Intimate Partner and Sexual Violence Survey (NISVS); Drug Poisoning Deaths in the United States, 1980–2008; Binge Drinking Prevalence, Frequency, and Intensity Among Adults — United States, 2010; Death Rates from Suicide* for Persons Aged 45–64 Years, by Black or White Race and Sex — United States, 1999–2008; NCHHSTP Atlas; NCHHSTP Atlas; Drug Poisoning Death Rates,* by Intent — United States, 1999–2009; Syphilis Profiles, 2010; Monitoring the Future Study: Trends in Prevalence of Various Drugs; Reportable STDs in Young People 15–24 Years of Age, by State; STDs in Adolescents and Young Adults; STD Rates by Age; STD Rates by Race or Ethnicity; Gang Homicides — Five U.S. Cities, 2003–2008; Consumption of Added Sugar Among U.S. Children and Adolescents, 2005–2008; Statistics on Stimulant Use;
- **Public Health Data** Mental and Emotional Well-Being of Children, A Portrait of States and the Nation, 2007; Prevalence of Current Depression* Among Persons Aged ≥ 12 Years, by Age Group and Sex — United States, National Health and Nutrition Examination Survey, 2007–2010; Results from the 2010 National Survey on Drug Use and Health: Mental Health Findings; Cell Phone & Texting Accident Statistics; Prepregnancy Contraceptive Use Among Teens with Unintended Pregnancies Resulting in Live Births — Pregnancy Risk Assessment Monitoring System (PRAMS), 2004–2008; 75 Years of Mortality in the United States, 1935–2010; Consumer Product-Related Statistics; Age-Adjusted Motor Vehicle Accident Death Rates,* by Sex and Type of Locality† — United States, 2007–2009;



- **Public Health Documents** **Table of Contents** January - March, 2012;
- **Public Health Practice** CDC Community Tools widget; US Department of Health and Human Services Organizational Chart; State Legislative Search Guide; Self-Assessment Checklist for Personnel Providing Services and Supports to LGBTQ1 Youth and Their Families; Plain Language;
- **Public Health Sites A - C** CDC HIV Vital Signs widget; CDC alcohol-impaired driving widget; BingeDrinking; AIDS/HIV; Preventing HIV infection; MedlinePlus Teens' Page; Depression and AIDS; Accessing Key Teen Dating Violence Resources; loveisrespect.org; The Brain: Understanding Neurobiology Through the Study of Addiction; Teen Pregnancy; Prevent Teen Dating Violence; Teen Violence; Osteoarthritis and You; Take Charge. Take the Test.; Osteoarthritis of the Temporomandibular Joint; Road Map to Teen Health;
- **Public Health Sites D-G** CDC Prescription Painkiller Overdoses widget; Preventing Misuse of Prescription Opioid Drugs; Health Risks Among Sexual Minority Youth; Sexual Orientation and Gender Identity: Gender Identity; Lesbian Health; Sexual Attraction and Orientation; Seeking Drug Abuse Treatment: Know What To Ask; Notevenonce.com - Meth Addiction; MDMA (Ecstasy); Heroin; Prescription Painkiller Overdoses in the U.S.; Drugabuse.gov's InfoFacts; Inhalants; Narcotics; Fentanyl; Acid Reflux Diet - Food To Avoid to Control Acid Reflux; "Get the Facts" Prescription Drug Abuse on College Campuses; A Visual Guide to Inflammatory Bowel Disease (IBD); Tornadoes; Marijuana: Know the Facts; New section: Water - Drinking Water, Global Water, Sanitation, and Hygiene (GWASH), Global Water, Sanitation, & Hygiene (WASH), Global Water, Sanitation, & Hygiene (WASH) Health Burden, Healthy Swimming/Recreational Water, Healthy Water, Other Uses and Types of Water, Safe Water System, U.N. Water Day, Water-related Data and Statistics, Water-related Diseases, Contaminants, & Injuries, Water-Related Emergencies and Outbreaks, Water-related Hygiene, Water-Related Observances, World Water Day;
- **Public Health Sites H-L** Lung Diseases and Conditions; Quick-Relief Medications for Lung Diseases; Earbuds; Progress in Global Measles Control, 2000–2010; Facts about Measles, Mumps and Rubella for Adults; What is Hepatitis?; Mucormycosis (Zygomycosis); Fungal Diseases; Monkeypox; Meningococcal Infections; Headaches - Danger Signs; Cirrhosis; Managing migraines at home; Managing tension headaches at home; How Is Pulmonary Hypertension Diagnosed?; Types of Pulmonary Hypertension; Bat Flu; Canine Flu; Learning Products on TB; Taking medicines to treat tuberculosis;

Public Health E-News

Living With Pulmonary Hypertension; New section: Clostridium difficile Infections: Preventing Clostridium difficile Infections; Malaria Surveillance — United States, 2010; New section: Norovirus, Surveillance for Norovirus Outbreaks; Trends in Tuberculosis — United States, 2011;

- **Public Health Sites M - N** Carpal Tunnel Syndrome; Psychotherapies; Finding Help for Mental Illnesses; Avoidant Personality Disorder; Antisocial Personality Disorder; Borderline Personality Disorder; Stress in America; Coping With the Stigma of Mental Illness; Causes of Schizophrenia; Schizophrenia: An Overview; A Visual Guide to Schizophrenia; Fact Sheet on Stress; Job Stress; Erectile Dysfunction Also called: ED, Impotence; Antidepressants: A complicated picture; Schizophrenia; Brain Basics; Spine Basics; What is Bone?; Substance Use among Asian Adolescents; Substance Use among Hispanic Adolescents; Substance Use among Black Adolescents; Obsessive Compulsive Disorder Among Adults; New section: Mental Health - Hoarding - Hoarding and Housing; Medicines for the Treatment of Hoarding; Tests for Hoarding; Mental Health Parity and Addiction Equity Act; Indian Health Surveillance - STDs; Stressed in America; Stress in America: Our Health At Risk; Physical Symptoms of Depression; Neuroscience Core Concepts;
- **Public Health Sites O-Z** Eye Health Information; Glaucoma; Sleep Apnea; Type 2 Diabetes and Sleep; Sleep Habits in America; Caring for tattooed skin; Caring for Piercings and Tattoos; Lasers lighting the way for enhanced treatment of melasma and tattoo removal; Piercing, Tattooing - How They are Done; Risks from Piercing and Tattooing; New topic: Urological Health: A Visual Guide to Urinary Tract Infections; Syphilis; About Dental Amalgam Fillings; Sleep calculators; How Much Sleep Do We Really Need?; Eye-related videos; Sleep or Die Infographic; Understanding Your Vision: The "Imperfect Eye"; Leading Causes of Blindness; Take Steps to Keep Your Sight; Circadian Rhythms Fact Sheet; Visual impairment and blindness; What Are Sleep Deprivation and Deficiency?; GISP Profiles, 2010; Musicians at risk for common skin condition;
- **Public Health Software E2G**: Excel to Google Earth Thematic Mapping Tool; Free E2G Mapping Tool Upgrade; NNDB Mapper;
- **Research Resources on the Net** Library Research Report Team Blog; e-Source: Behavioral and Social Science Research;
- **Senior Health** Alzheimer's Disease Education and Referral Center; Nutrition and the Aging Eye;
- **Statistical Functions** StatLect - Lectures on Probability and Statistics;
- **Temperament Page** Does Birth Order Determine Who You Are?;
- **TOBACCO RESOURCES ON THE INTERNET** CDC's Smoking Cessation; CDC widgets: GTSS, Second Hand Smoke Triggers Heart Attacks, Invest in Tobacco Control, Encouraging Moms and Dads to Quit, Freedom from Addiction; Smoking Cessation for Pregnancy and Beyond; Light, Low, Mild or Similar Descriptors; Women and Smoking; Tobacco Warning Labels: Evidence of Effectiveness; We Can Make the Next Generation Tobacco-Free ;HHS Statement on Cigarette Health Warning Ruling; Preventing Tobacco Use Among Youth and Young Adults A Report of the Surgeon General Executive Summary; Preventing Tobacco Use Among Youth and Young Adults A Report of the Surgeon General Full Report; Some Smokers Diagnosed with Cancer Don't Quit; Smokefree Women.gov; Free resources; Tools to Help You Quit;

- **US Government Statistics Sites** HRSA's Statistics Portal; Hate Crime Statistics 2010; Data.gov/Education; College Completion;
- **Useful Sites** Patch.com; State Consumer Protection Offices;
- **Webmastering Tools** Codecademy.com;
- **Web Resources** Create RSS Feeds for Your Website; Feed43.com; How to Create an RSS 2.0 Feed; RSS Feed; Feed Validator.org; Make RSS Feeds; Page2rss.com; RSS 2.0 at Harvard Law; RSS Workshop - a Tutorial Set Up a Simple Syndication; W3C Markup Validation Service; Consumer Frauds and Scams; Tips for Using Public Wi-Fi Networks; CyberSafe Glossary; Talking to Kids and Teens About Social Media and Sexting; Video and Media; Internet Fraud; Understanding Mobile Apps; Risks of Peer-to-Peer Systems; Chat, E-Mail, Web, and Chat Room Slang and Acronyms; Tweetsmarter.com; What Happens on the Internet every 24 Hours [Infographic];
- **Wellness Resources Part I (1 - 5)** The Science of Love;
- **Wellness Resources Part II (6 - 11)** Notevenonce.com - Meth addiction; Crystal Meth Before & After and its Devastating Effects; Cost of Smoking Calculator; 15 Grossest Things You're Eating; 20 Scariest Food Facts; College Health: Alcohol and Drugs; Adderall; Adderall; Adderall and Smart Drugs – Common Study Aids on College Campuses; Adderall-abuse.com; Adderall; Nonmedical Use of Adderall® among Full-Time College Students; Adderall.net;
- **Wellness Resources Part III (12 - 17)** Condom Quiz;
- **Women's Health** 10 Cancer Symptoms Women Shouldn't Ignore; Women: Stay Healthy at Any Age;
- **Women's Health** Bleeding Disorders in Women; USA.gov's Pregnancy page; Medication Use During Pregnancy; Diethylstilbestrol; Drug Abuse among Pregnant Women in the U.S.; When You Are Pregnant Drinking Can Hurt Your Baby; Stricter Thinking on Alcohol During Pregnancy; Amenorrhea; Menstrual Cycle; Heavy Menstrual Bleeding; New section: Effects of Drugs on the Fetus: Marijuana as a Teratogen; Marijuana May Harm Fetus ; Using Illegal Street Drugs During Pregnancy; Smoking and pregnancy: Understand the risks;
- **Women's Health Issues** A Visual Guide to Uterine Fibroids; Effects of Alcohol on a Fetus; National Resource Center on Domestic Violence (NRC DV); Pain; National Women and Girls HIV/AIDS Awareness Day 2012; Women and Lung Cancer; Osteoporosis Risk Factors: Smoking & Alcohol; Alcohol and Osteoporosis; Smoking and Osteoporosis;
- **Women's Health - Breast and Other Female Cancers** Breast Cancer Incidence and Mortality Worldwide in 2008; Cervical cancer - screening and prevention; Screening for Cervical Cancer;
- **Women's Health - Heart Disease and Stroke** The Heart Truth®; About The Heart Truth®; National Wear Red Day; Ten Commandments for a Healthy Heart; Campaign Materials and Resources; Faith-Based Toolkit; Lower Heart Disease Risk; Media Room; National Wear Red Day Toolkit' Online Toolkit; Health Professional Materials; Speaker's Kit; Heart Disease in Women; Pregnancy-related complications predict CVD in middle age; 2011 Guidelines for CVD Prevention in Women (Effectiveness-Based Guidelines for the Prevention of Cardiovascular Disease in Women—2011 Update); Your Heart-Smart Fitness Routine;
- **Writing Resources** Newspaper Clipping Generator;

April - June 2012

New Pages

- PCH 201 Wellness Fall 2012 Syllabus
- [PCH 201 Wellness Resources](#)

Deleted/Changed Pages

- Spring 2012 PCH 201 Wellness Syllabus

Updated Pages

- [**CANCER RESOURCES ON THE INTERNET**](#) Report to the nation finds continuing declines in cancer death rates since the early 1990s; Second Expert Report; WCRF Global Network; A Snapshot of Adolescent and Young Adult Cancers; Toward a New Understanding of Cancers in Adolescents and Young Adults; Chemotherapy and Infection; Crunching Numbers: What Cancer Screening Statistics Really Tell Us; Organizations That Offer Support Services; Guidelines Address Diet, Exercise, and Weight Control for Cancer Survivors; Cancer and Women; Cancer among Men; Cancer among Women; Understanding Cancer Prognosis; What is Cancer Proteomics?; Percentage of Adults Who Receive Colorectal Cancer Screening as Appropriate; Diethylstilbestrol (DES) and Cancer;
- [**CARDIOVASCULAR & CHRONIC DISEASE INDEX**](#) Chronic Disease GIS Exchange;
- [**CARDIOVASCULAR DISEASE**](#) Hyperlipidemia; All About Heart Rate (Pulse); Hospital Stays with Cardiac Stents, 2009; AHA Statistical Update - Heart Disease and Stroke Statistics—2012 Update; A Roadmap for Managing Your Triglycerides and Protecting Your Heart; Heart Disease Risk Factors; Heart disease: Know your risk; Heart Attack or Sudden Cardiac Arrest: How Are They Different?; How to Prevent High Blood Pressure; Rate* of Hospitalization for Coronary Heart Disease, by Age Group — National Hospital Discharge Survey, United States, 2000–2010;
- [**HEART AND STROKE RESOURCES ON THE INTERNET**](#) Ventricular Septal Defect (VSD); Heart Transplant; Premature Contractions; Atrial Fibrillation in Children; Age-Adjusted Death Rates* from Stroke† for Persons Aged ≥18 Years — United States, 2007–2009; How Is Coronary Heart Disease Treated?; Stroke - risk factors; Hospitalization for Stroke in U.S.

Hospitals, 1989–2009; Prevalence of Stroke — United States, 2006–2010; How to Prevent Stroke; Ventricular Septal Defect; Atrial Septal Defect; Transposition of the Great Arteries; Hypoplastic Left Heart Syndrome; Silent Strokes Linked to Memory Loss; Venous Thromboembolism in Adult Hospitalizations — United States, 2007–2009; Let's Talk About the Stroke Family Caregiver; Let's Talk About Hemorrhagic Stroke; Let's Talk About Ischemic Stroke; What are the Symptoms of Atrial Fibrillation (AFib or AF)?;

- **Chinese Culture** Manchu, Tungusic and Mongol minorities in China; New York City Chinatown; What Asian Americans Should Know About Liver Cancer and Hepatitis B By the National Cancer Institute;
- **CONNECTICUT PUBLIC HEALTH RESOURCES** _Connecticut Health Disparities Profile; Connecticut Adolescent Mental Health Facts; Teacher Contract Database; CT Health Reform Dashboard;
- **Consumer Health Information** FEMA Be a force of nature widget; 9 Health Risks that Aren't Worth Taking; Quizzes health center;
- **Cool Sites A- L** Investor.gov; 1940 Census; Research of Ancestors and/or Descendants (Genealogy); Cool Reader; What speed do you read? (speed test); How to read Adobe PDF and Adobe ePub books; Adobe Digital Editions;
- **DIABETES RESOURCES ON THE INTERNET** Sexual health; Diabetes Health Concerns; County Health Calculator; Diabetes Health Concerns; Staying Healthy for Diabetes; Amputation and diabetes: How to protect your feet; Diabetic Eye Disease; Small Steps. Big Rewards. Your GAME PLAN to Prevent Type 2 Diabetes: Information for Patients; Fat and Calorie Counter; Guiding Principles for Diabetes Care for Health Professionals; Helping the Student with Diabetes Succeed; Treating Type 2 Diabetes in Youth; It's Never Too Early to Prevent Diabetes. A Lifetime of Small Steps for a Healthy Family; Diabetes and Pregnancy; Insulin Basics; Diabetic Retinopathy Treatment; Trends in Death Rates Among U.S. Adults With and Without Diabetes Between 1997 and 2006; Carbohydrate counting and diabetes: Looking beyond carbs; Snapshot of Diabetes; New section: Diabetic Heart Disease; National Diabetes Prevention Program Training Curriculum;
- **Epidemiology M - Z** 2010 Sexually Transmitted Diseases Surveillance; Comparison of Meningococcal Disease Surveillance Systems — United States, 2005–2008;
- **Evaluation Resources & Report Cards** Adolescent Mental Health Facts, by state; State-based HAI (Healthcare Associated Infections) prevention, by state; Scorecard on Local Health System Performance; Why Not the Best? Interactive hospital reports;
- **Everything You Ever Wanted to Know about...** Rhetological Fallacies; New York City Municipal Archives Gallery; Odd Ways the Mind Warps Time; Seven amazing domino creations; Baby names; Every Time Zone; Scale of the Universe 2; We come from the future;
- **Favorite Movie Sites** Bennyhillyourself.com; Prometheus - Happy Birthday David video;
- **Favorite Music Sites** The Pixies; Mutoxia Project: Free sheet music for everyone; Of Monsters and Men - Little Talks music video;
- **Fitness** Go4Life; Types of physical activity; Handout on Health: Sports Injuries; 4 Types of Exercise; Active Adults;
- **Graphing** 10 Awesome Free Tools To Make Infographics; Census Glossary; An introduction to medical statistics for health care professionals: Describing and presenting

data; Basic Statistics for Processing and Analysis of Data; Creating Good Charts; Describing Data: Statistical and Graphical Methods; Designing Tables; Designing the Presentation; Graphic Presentation of Data; Presentation Approaches; Presenting Data Graphically and Presenting Results; Presenting numerical data; Quantitative Analysis; Representing Data Graphically; Selecting the Right Chart Type for your Data; Statistical/Data Presentation Tools; Statistics and Data Presentation; Statistics: Power from Data!; Topics in Statistical Data Analysis: Revealing Facts From Data; Using Diagrams to Present Data; Using Graphs; Data and Metadata Reporting and Presentation Handbook; Making Data Meaningful, Part 2: A guide to presenting statistics;

- [Health Care Information](#) Pain Relievers; Pediatric Labeling Information Database;
- [Healthcare Quality Data](#) Health System Measurement Project;
- [Healthcare Quality Standards](#) All-Payer Claims Database (APCD); Measuring Patient Experience;
- [Healthcare Quality Issues](#) Race/Ethnicity Disparities; National Healthcare Safety Network (NHSN); CDC's National Healthcare Safety Network (NHSN) Healthcare-associated Infections Summary Data Reports Q and A; NHSN State HAI Reports; 2011 National Healthcare Quality & Disparities Reports; Healthcare-associated Infections (HAI); Guide to Privacy and Security of Health Information; Health Information Privacy, Security, and Your EHR; Health Information & The Law;
- [Health Education Resources](#) Teaching-Certification.com;

HEALTHY PEOPLE 2020

- [Maternal, Infant, and Child Health](#); Mental Health and Mental Disorders; Mental Health; Nutrition and Weight Status; Nutrition, Physical Activity, and Obesity; Reproductive and Sexual Health;
- [Kids Health](#) Stopbullying.gov; Stop bullying videos; Stopbullying.gov widgets - info and state law and policies, by state search; The Fiction to Reality Timeline; Volcanic and Geological Resources; Bullied Children at Greater Risk for Self-Harm, Study Finds; Youth Violence: Technology and Youth — Protecting Your Child from Electronic Aggression; Udacity.com; Helping Kids Learn to Make Healthy Food Choices...in Five Easy Steps; Stop Bullying on the Spot; GAO's Legal Protections for Vulnerable Youth Need to Be More Fully Assessed;
- [Kids' Fun Sites](#) Ball droppings; Scrabble 3D download; Z-type;
- [Maternal Child Health](#) Council on Foster Care, Adoption, and Kinship Care; Guardianship: A Web-based Primer; New section: Growth Charts: CDC Growth Charts, Child Growth Chart Calculator, Clinical Growth Charts, Growth Charts, Individual Growth Charts, Kids Growth Chart Percentiles Calculator, MedCalc: Interactive Growth Charts, WIC Growth Charts, Data Tables, The WHO Child Growth Standards, WHO Growth Charts; Childhood Anxiety Disorders; Baby Brain Map; Being Born in Winter Can Mess With Your Head;
- [Nutrition Resources](#) What Are Sulfites?; Too Much Fructose Takes A Toll on Adolescent Hearts; Storing Fresh Fruits and Vegetables for Best Flavor; Vitamin D Levels and Risk for Major Clinical Disease Events; How to eat for health; Fructose Boosts Insulin Production by Beta Cells; SuperTracker: My foods. My fitness. My health.; Calcium: Prostate Cancer, Now Heart Disease; Calcium Supplement Linked to Higher Heart Attack Risk; Calcium Supplements Linked to Significantly Increased Heart Attack Risk,

Study Suggests; Water; Herbal and Dietary Supplement Induced Hepatotoxicity; 6 Shocking Facts About Your Salad Dressing; Dietary Supplements: What You Need to Know; Nutrition Education; Make better beverage choices; <

- **OBESITY RESOURCES ON THE INTERNET** **What Is Obesity Hypoventilation Syndrome?; Obesity in America: Estimates for the U.S. Civilian Noninstitutionalized Population Age 20 and Older, 2009; Why is weight management important?; Normal weight obesity: A hidden health risk?; Stop the Cravings!; Pot Belly Boosts Risk of Sudden Cardiac Death: Study; 2010 Percent of Females Age 20+, Obese*, Age-Adjusted by State, Territory and US; Get America Fit.org; Percentage of Adults with a Healthy Weight; Percentage of Children with a Healthy Weight;**
- **PCH 201 Wellness Resources Page 40 Money Management Tips Every College Student Should Know; Ball Droppings;**
- **Public Health Continuing Education Opportunities An Introduction to GIS and Public Health; WHO Growth Chart Training; Michigan Public Health Training Center; CDC CECH offerings; CDC Diabetes at Work: What's Depression Got to Do with It?; CDC Road to Health Training;**
- **Public Health Data HIV, Other STD, and Pregnancy Prevention Education in Public Secondary Schools — 45 States, 2008–2010; Health Disparities Profiles; 2010 Census Urban and Rural Classification and Urban Area Criteria; Trends in Asthma Prevalence, Health Care Use, and Mortality in the United States, 2001–2010; Asthma* Death Rates, by Race and Age Group — United States, 2007–2009; Shades of Gray: A Cross-Country Study of Health and Well-Being of the Older Populations in SAGE Countries, 2007–2010; The HIV/AIDS Epidemic in the United States; Percentage of People Living with HIV Who Know They are Infected; Youth Risk Behavior Surveillance System (YRBSS);**
- **Public Health Data Selected STDs and Complications - Initial Visits to Physicians' Offices, National Disease and Therapeutic Index, United States, 1966-2010; Dartmouth Atlas Health Insurance Data Files; Sexual Experience and Contraceptive Use Among Female Teens — United States, 1995, 2002, and 2006–2010; Components of Cost Increases for Inpatient Hospital Procedures, 1997–2009; Drinking Statistics; Prevalence of Low Levels of High-Density Lipoprotein (HDL) Cholesterol* Among Adults Aged ≥20 Years, by Age Group and Sex — National Health and Nutrition Examination Survey, United States, 2009–2010; Percentage of Adults with High Cholesterol Whose LDL Cholesterol Levels are Adequately Controlled; New section: Oral Health: Selected Oral Health Indicators in the United States, 2005–2008; Age-Adjusted Homicide Rates,* by Sex and Type of Locality† — United States, 2007–2009; Youth Risk Behavior Surveillance — United States, 2011 Surveillance Summaries; Youth Risk Behavior Surveillance — United States, 2011; Sexual Risk Behavior: HIV, STD, & Teen Pregnancy Prevention; Prevalence of Low Levels of High-Density Lipoprotein (HDL) Cholesterol* Among Adults Aged ≥20 Years, by Age Group and Sex — National Health and Nutrition Examination Survey, United States, 2009–2010; Use of Selected Clinical Preventive Services Among Adults — United States, 2007–2010; New section: Interactive Hospital Comparison Data: Hospital Care Quality Information from the Consumer Perspective (HCAHPS); Comparing Care Providers; Healthgrades.com; Hospital Compare from CMS.gov; Leapfroggroup.org; Long-term Care Facilities; Medicare - Find and Compare; Medicare - Hospital Compare; Whynotthebest.org;**
- **Public Health Data Any Anxiety Disorder Among Adults; Unintentional Injury Deaths**

Among Persons Aged 0–19 Years — United States, 2000–2009; Mental Health, United States 2010;



- [Public Health Documents](#) [Public Health E-News](#)
[Table of Contents](#) April-June 2012;
- Public Health Fact Sheets: Bath Salts; Chicken pox, Cocaine, Congenital heart disease; Drowsy Driving; Electronic cigarettes; Headaches; Health Effects of Cell Phone Use; Hearing Loss; Hookah Lounges; Liver Cancer; Macular degeneration; Osteoarthritis; Personalized medicine; Robo-tripping; Testicular Cancer; Thyroid Disease;
- [Public Health Practice](#) Core Competencies for Public Health Professionals; Gateway for State, Tribal, Local, and Territorial Public Health Professionals; Countyhealthcalculator.org; CDC'S GUIDE TO Writing for Social Media; CDC Social Media Tools, Guidelines & Best Practices; Tools and Templates; Merck Veterinary Manual; Designing Effective Oral Presentations;
- [Public Health Sites A - C](#) HIV Surveillance - Epidemiology of HIV Infection (through 2010); April Is Alcohol Awareness Month; What Is Osteoarthritis?; Arthritis Data and Statistics; Neurological AIDS; Alcohol Use Disorders; Alcohol's Effects on the Body; Overview of Alcohol Consumption; Adolescent pregnancy; Moderate & Binge Drinking; Other Psychiatric Disorders; HIV/AIDS and Alcohol; Genetics of Alcohol Use Disorders; Underage Drinking; About Teen Pregnancy; Oral Sex and HIV Risk; CDC's Adolescent and School Health; HIV/AIDS Basics; State HIV/AIDS Hotlines; HIV/AIDS Clinical Trials;
- [Public Health Sites D-G](#) Understanding Climate ; Fourth National Report on Human Exposure to Environmental Chemicals; Cocaine Eats Up Brain Twice as Fast as Normal Aging; Erowid.org; Lesbian, Gay, Bisexual, and Transgender Populations In the 2011 National Healthcare Disparities Report; Transgender People; Supporting LGBT Kids; Gay and Lesbian Parents; Killer Summer Heat; HIV among Gay and Bisexual Men; UV Index; Health Concerns for Gay and Lesbian Teens; Health Effects of Low-level Lead Evaluation;
- [Public Health Sites H-L](#) Herpes Zoster Ophthalmicus; Herpes Zoster Ophthalmicus; Asthma and COPD: Differences and Similarities; Exercise and Asthma; Living with and Managing Asthma; What Are the Signs and Symptoms of Asthma?; Long-Term Control Medications for Lung Diseases; Interactive Lyme Disease Map; Mumps; CDC's Lyme Disease page; Medicinet's Lyme Disease page; Human Orf Virus Infection from Household Exposures — United States, 2009–2011; New section: Immunization Information - 2012 Adult Immunization Schedule (Anyone over 18 years old); Basics and

Common Questions; Chronic Kidney Disease-Mineral and Bone Disorder; Immunization Schedules; Recommendations and Guidelines; Vaccines and Immunizations; Vaccines & Preventable Diseases; New section: Scabies - info from CDC, emedicinet, kidshealth.org; Vaccines.gov - Who & When; Measles — United States, 2011; Global Malaria Action Plan; NIH.gov's Malaria; latex allergy; A Visual Guide to Urinary Tract Infections; A Visual Guide to Kidney Stones; Bipolar Disorder and Foods to Avoid; Are you at risk for viral hepatitis?; For Parents: Vaccines for Your Children; New section: Hepatitis C: Hepatitis C Information on Testing; Learn more about Hepatitis C; Hepatitis C Information on Getting Tested; Facts about Meningococcal Disease for Adults; Meningococcal Disease; Meningococcal Disease Risk Factors; Meningococcal Disease Symptoms; Meningococcal Disease Prevention; Meningococcal Disease Diagnosis and Treatment; Meningococcal Disease Glossary of Terms; Viral Meningitis and Bacterial Meningitis; Non-Infectious Meningitis; Parasitic Meningitis; Bacterial Meningitis; Fungal Meningitis; Viral Meningitis; Bloodborne pathogens; Necrotizing Fasciitis: A Rare Disease, Especially for the Healthy; New section: Healthcare-Associated Infections: CDC's Healthcare-associated Infections (HAI); Carbapenem-resistant Enterobacteriaceae (CRE); 2012 CRE Toolkit - Guidance for Control of Carbapenem-resistant Enterobacteriaceae (CRE);

- **Public Health Sites M - N** Genital injury; Mental Health Resources from USA.gov; Bipolar treatment: Are bipolar I and bipolar II treated differently?; Stress at work; Asian-Pacific American Heritage Month; The Six Enemies of Greatness (and Happiness); Depression - Medicines to Help You; Asian American, Native Hawaiian, & Pacific Islander Maternal Health Disparities; Maternal and Child Health of Asian Americans, Native Hawaiians, & Pacific Islanders; Five Ways Your Cells Deal With Stress; Penis health:Life Cycle of a Penis,Protect Your Erection: 11 Tips; Managing Stress; New section: Homeless Populations, Homeless Health Concerns; Latinos and HIV/AIDS; Black Americans and HIV/AIDS; Men: Stay Healthy at Any Age; Men's Health;
- **Public Health Sites O-Z** Moles: Who gets and types; April is STD Awareness Month; STD testing widget; CDC STD widgets; Maintaining Healthy Skin - Part I and Part II; Chlamydia Profiles, 2010; Reminding Loved Ones That Life is Precious: Suicide Prevention Resources; It's Your Sex Life - Check-up Chlamydia; How to Prevent Sexually Transmitted Diseases; Diagnostic Testing For Sexually Transmitted Infections; Short Sleep Duration Among Workers — United States, 2010; A T - A - G L A N C E : Healthy Sleep; Circadian Rhythm Sleep Disorders; Reporting on Suicide; Genital herpes fact sheet; Genital Herpes; Herpes simplex; Can't See Clearly? Get Your Eyes Checked; Vision Health Initiative (VHI); Thyroid Function Tests; What Your Nails Say About Your Health; HPV test; Glossary of Eye Conditions; Sun Damaged Skin; Hypothyroidism: Symptoms, Diagnosis & Treatment; The Thyroid and You: Coping with a Common Condition;
- **Public Health Software** AHRQ's Quality Indicators Software; An Introduction to GIS and Public Health; Chronic Disease GIS Exchange; GIS Resources; NOAA's Integrated Map Application; AHRQ software page; Wind Map;
- **Resources for Health Professionals** Urologic Diseases in America; Chronic Kidney Disease and Nutrition Educational Materials;
- **Senior Health** Workout to Go - Sample Exercises; Safe Sex for Seniors; Nutrition Unique to Older Adults; Global Age-friendly Cities: A Guide; Stroke, Unique to Older Adults;

Heart Failure Unique to Older Adults; High Blood Pressure (Hypertension) Unique to Older Adults; Cancer Unique to Older Adults; Prevention Basic Facts & Information; Falls Prevention Unique to Older Adults; COPD Unique to Older Adults; Joint Problems Basic Facts & Information; Potentially Inappropriate Medication Use in Older Adults; Medications Older Adults Should Avoid; Writing a Will; Taking The Mystery Out Of Retirement Planning; Know How Much to Eat; Older Adults and Alcohol; Sexuality in Older Adults; Administration on Aging; Seniors & HIV; Biology of Aging;

- **Statistical Functions** StatLect - Lectures on Probability and Statistics;
- **Statistical Programs** Easy Excel Tutorial;
- **TOBACCO RESOURCES ON THE INTERNET** State Cigarette Excise Taxes — United States, 2010–2011; GTSSData widget; Percentage of Adults Aged ≥ 18 Years Who Were Current Smokers,* by White or Black Race and Hispanic Subpopulation† — National Health Interview Survey, United States, 2010§; Women and Smoking - An epidemic of smoking-related cancer and disease in women; FAGERSTRÖM TEST FOR NICOTINE DEPENDENCE (ADULTS) and (Adolescents) & Smokeless Tobacco Dependence Scale; What to Tell Your Patients About Smoking; Assess Your Risk: Fagerstrom Test for Nicotine Dependence on Cigarettes Online Calculator; You Can Quit Smoking; R.J. REYNOLDS TOBACCO COMPANY, et al. vs. UNITED STATES FOOD AND DRUG ADMINISTRATION, et al. Case 1:11-cv-01482-RJL Document 35 Filed 10/21/11; Tobacco Control; World No Tobacco Day — May 31, 2012; Adult Awareness of Tobacco Advertising, Promotion, and Sponsorship — 14 Countries; State Tobacco Revenues Compared with Tobacco Control Appropriations — United States, 1998–2010; Percentage of U.S. High School Students Who Smoke Cigarettes; Tobacco Addiction (Nicotine); Fruits, Veggies May Help Smokers Quit;
- **US Government Statistics Sites** 1940 Census; US Census video widget; US Census news feed widget; Economic statistics mapping widget; Spot Crime mapping widget;
- **Useful Sites** Google Maps widget, under Destination/Travel section; Office for Victims of Crime;
- **Visitor Index** ;
- **Webmastering Tools** HTML Goodies; MorgueFile.com; PDFconverter.com;
- **Web Resources** Commoncraft.com; Map of Social Networks; Social Network widget; Portable Toolbox: ComboFix, Explorer Plus Portable, FileZilla Portable, Portable Mozilla Firefox, System Rescue CD; Social Networks Search Engines: Reputation.com, Whostalkin.com, Yasni.com;
- **Wellness Resources Part I (1 - 5)** The Science of Love; Healthy vs. Unhealthy Relationship;
- **Wellness Resources Part III (12 - 17)** Condom Quiz; Contagious Disease Quiz: Can You Catch It?; Rainn.org Rape. Abuse, Incest National Network; Child abuse awareness video;
- **Women's Health** Womenshealth.gov's widget; Women's Health and Mortality Chartbook 2011 Edition; Healthy Women's Action Kit Featured in "Dear Abby";
- **Women's Health** Menopause and sexuality; Placenta: How it works, what's normal; Menstruation and the menstrual cycle fact sheet; Pregnancy and obesity: Know the risks; Menopause and Cancer Risk and Treatment; Empower - Women's Health and Fitness widget; Placenta accreta; Early menopause (premature menopause); A Visual Guide to Premenstrual Syndrome (PMS);

- **Women's Health Issues** Genital injury; New section: Cysts - Ovarian Cysts; Pelvic Inflammatory Disease; Pelvic Inflammatory Disease (PID) - CDC Fact Sheet; How to help a friend who is being abused;`Safety planning for abusive situations; Mental health violence; Am I being abused?; Laws on violence against women; Help end violence against women; Types of violence against women; Intimate Partner Violence In The U.S. Offender Characteristics; Intimate Partner Violence In The U.S. Victim Characteristics; Sexual Assault Resources; New section: Psychological Health - Body Image; Mental Health; What Is Osteoporosis? Fast Facts: An Easy-to-Read Series of Publications for the Public; Minority Women's Health issues: Minority Women's Health, African American; Latinas; Native Hawaiians and other Pacific Islanders; American Indians/Alaska Natives; Immigrant and migrant issues; Good Mental Health; Reducing the Risk of Bone Fracture, A Review of the Research for Adults With Low Bone Density; Healthy Bones; Hormone Therapy for Women in 2012; Women and HIV/AIDS in the United States; Treatment To Prevent Fractures in Men and Women With Low Bone Density or Osteoporosis: An Update; Treatment To Prevent Fractures in Men and Women With Low Bone Density or Osteoporosis: Update of a 2007 Report;Effectiveness of Treatments for Noncyclic Chronic Pelvic Pain in Adult Women; Treating Chronic Pelvic Pain: A Review of the Research for Women;
- **Women's Health - Breast and Other Female Cancers** Food, Nutrition and Physical Activity and the Prevention of Breast Cancer; Breast Cancer - Latest Evidence; Breast Cancer - Full Report; Breast Cancer Summary Report; Overdiagnosis of Invasive Breast Cancer With Mammography Screening; Getting Your Mammogram Results; Regulation of mammography; Mammograms in special circumstances; Understanding Mammograms and Your Risk of Breast Cancer; What does the doctor look for on a mammogram?; Breast cancer risk factors and prevention; Human Papillomavirus–Associated Cancers — United States, 2004–2008;
- **Writing Resources** Pdftoword.com; CDC's Guide to Writing for Social Media;

July - September 2012

New Pages

- **Evidence-Based Practice in Nursing Resources on the Internet** In progress
- **Medical Bibliography**

Updated Pages

All statistics to be updated can be found on all the Site Map Pages, the Web Site Statistics Page, and the Web Polls Stats Page. This is done monthly, usually near the beginning of each

month.

- **Academic Resources** The Mindset List for Graduates of 2016; Viper, Plagiarism checker;
- **Annotated Great Books Bibliography** Nassim Nicholas Taleb's The Black Swan. The Impact of the Highly Improbable;
- **Annotated Medical Bibliography** Mary Jo Clark's Community Health Nursing. Caring for Populations 4th Edition; C. Newby's From Patient to Payment (4th ed.);
- **Annotated Public Health Practice Bibliography** The American Geological Institute. (2011). Environmental Science: Understanding our Changing Earth; MJ Schneider's Introduction to Public Health;
- **Annotated Public Health Skills Bibliography** MJ Schneider's Introduction to public health;
- **Biostatistics/Statistics Sites** Collecting and Reporting on Data;
- **Blog Index** U.S. News magazine feed;
- **CANCER RESOURCES ON THE INTERNET** Cancer in Children; Colorectal Cancer Screening; New section: Brain; Head and Neck Cancer: Symptoms and Signs; Anatomy of the Brain, Brain Tumor Diagnosis, Rehabilitation Options, Risk Factors, Spectrum of Care, Type of Tumors; Hyperthermia in Cancer Treatment; Leukemia--Chronic Lymphocytic; Choosing a Blood Cancer Specialist or Treatment Center; Large Granular Lymphocytic Leukemia; Understanding Clinical Trials for Blood Cancers; Understanding Lab and Imaging Tests; The CML Guide, Information for Patients and Caregivers, Chronic Myeloid Leukemia; Blood Cancers Fact 2012; A Visual Guide to Bladder Cancer; Leukemia; Understanding Grief and Loss; Examine Your Skin video; ALL Guide Information for Patients and Caregivers - Acute Lymphoblastic Leukemia; Updated Recommendations for Client-and Provider-Oriented Interventions to Increase Breast, Cervical, and Colorectal Cancer Screening Community Preventive Services Task Force; Health Disparities in Cancer; Malignant Mesothelioma: Mortality; Types of Mesothelioma; Lung Cancer Rates by Race and Ethnicity;
- **CARDIOVASCULAR & CHRONIC DISEASE INDEX** Multiple Chronic Conditions Among Adults Aged 45 and Over: Trends Over the Past 10 Years;
- **CARDIOVASCULAR DISEASE** Cannabinoids and Atherosclerotic Coronary Heart Disease; Interactive Atlas of Heart Disease and Stroke; Behavioral Counseling in Primary Care to Promote a Healthy Diet in Adults at Increased Risk for Cardiovascular Disease; Blood pressure measurement; New section: Cholesterol Treatment; Choosing a Statin to Lower Cholesterol; Preventing Heart Disease - At Any Age; Cholesterol Levels: What You Need to Know; All in the Family: When High Blood Cholesterol Occurs in Families; Understanding Cholesterol and Heart Health; The Big, Fat World of Lipids; Cardiovascular/Cerebrovascular Conditions and Procedures 2011 to 2012, Report # 2012-02; New section: Environment and Heart Disease; Air Pollution and Heart Disease, Stroke; Readmissions for Heart Attack, 2009; Getting Blood Pressure Under Control; Genomics and Heart Disease; High Blood Pressure and Vascular Disease; Vascular Disease Glossary;
- **HEART AND STROKE RESOURCES ON THE INTERNET** Heart Disease and Congestive Heart Failure; Deep Vein Thrombosis/Pulmonary Embolism (DVT/PE); A Look at Deep Vein Thrombosis and Pulmonary Embolism (CDC video); Clots and Travel; 1-year Target Vessel

Revascularization after PCI Risk Calculator; What Is Cardiac Catheterization?; Angina Tests; What Is Stress Testing?; New section: Myocardial ischemia; Myocardial ischemia; Who is at Risk for Atrial Fibrillation (AF or AFib)?; Rate* of Hospitalization for Stroke, by Sex and Age Group — National Hospital Discharge Survey, United States, 2010; Screening for Coronary Heart Disease With Electrocardiography; Angioplasty and Stent Procedure WebMD video; Kidney Failure and Vascular Disease; Critical Limb Ischemia (CLI); Cardiac Amyloidosis;

- **Chinese Culture** The Secret Tomb of China's 1st Emperor: Will We Ever See Inside?; Survivorship Support Groups and Resources; Community Solutions to Address Cancer Disparities;
- **CONNECTICUT PUBLIC HEALTH RESOURCES** Connecticut Health and Educational Facilities Authority; New section: Environmental Health Information: Connecticut Water Map; Connecticut Water Quality; USGS Current Water Data for Connecticut; ('11) Domestic Violence Counts; New section: Environmental Data; Connecticut Environmental Conditions Online; CT Kids Report Card;
- **Consumer Health Information** What To Do When the Heat Goes Out? Preparing For a Power Failure; Simple Tips for a Healthier Lifestyle; State Emergency Management Agencies; The Longevity Game; Home Fire Prevention; Mini Medical School for the Public;
- **Cool Sites Index Page** Free Microsoft eBooks and Resource Kits part 1 and 2;
- **Cool Sites A- L** Early Christian Writings;
- **Cool Sites M - Z** Filing for Bankruptcy; Bankruptcy Basics by The Federal Judiciary Youtube videos; American Association for the Advancement of Science; Biomedical Central; Cool Science; How Stuff Works; National Geographic: Science and Space Facts; National Public Radio - Science Page; New York Times Science Page; Nova; Public Library of Science; Proceedings of the National Academy of Sciences; Science.gov; Sciencedaily.com; Science Made Simple; Science News; Science News for Kids; Sciencestage.com; Understanding Science; Union of Concerned Scientists; Oldworldradio.com; the Real Damage - how much debt is costing you;
- **DIABETES RESOURCES ON THE INTERNET** Women and Diabetes: Frequently Asked Questions; Genetics of Diabetes; Diabetes Basics: Symptoms; New section: Microalbumin test - Microalbumin test; Help a Loved One with Diabetes; Have Diabetes. Will Travel.; Driving When You Have Diabetes; Diabetes: Five Ways to Be Active in Your Care at the Hospital; Waist Size Alone May Predict Diabetes Risk; Kidney Disease and Diabetes: What You Need to Know; Type 2 Diabetes Infographic; Glycemic Index; Diabetes in Children and Teens; Cardiac Catheterization; Diabetes: Medications Used to Treat Diabetes; Gestational Diabetes - FAQs; Help Your Child Manage Diabetes at School; Facts About Diabetes: A Leading Cause of Death in the U.S.; Anti-Inflammatory Drug, Used for Decades, Now Found to Lower Blood Glucose Levels in People with Type 2 Diabetes; Diabetes Rates Increase Significantly Among American Youth;
- **Epidemiology A- L** Age-Adjusted Rate; Historical perspective of the CDC; Ten Great Public Health Achievements -- United States, 1900-1999;
- **Epidemiology M - Z** Principles of Epidemiology in Public Health Practice, Third Edition, An Introduction to Applied Epidemiology and Biostatistics; CDC's Vision for Public Health Surveillance in the 21st Century; CDC's Vision for Public Health Surveillance in

the 21st Century;

- **Evaluation Resources & Report Cards** 2011 State Snapshots; Rising to the Challenge RESULTS FROM A SCORECARD ON LOCAL HEALTH SYSTEM PERFORMANCE 2012; Health Literacy Activities by State; 2011 Domestic Violence State Reports;
- **Everything You Ever Wanted to Know about...** HyperHistory Online - A timeline of world history; The Mindset List for Graduates of 2016; Space-related Infographics; David Rumsey Map Collection; 360 Aerial Panorama; BuildtheEnterprise.org;
- **Evidence-Based Practice** Evidence-Based Policy and Procedures; Barriers and bridges to evidence based clinical practice; Caring for Our Children: National Health and Safety Performance Standards; Guidelines for Early Care and Education Programs, Third Edition; Preventing Childhood Obesity in Early Care and Education Programs; Search for Research Summaries, Reviews, and Reports, Agency for Healthcare Research and Quality/Effective Health Care Program; Medicines for Treating Mental Health Conditions: A Review of the Research for Adults and Caregivers; A Guide To Evidence-Based Practices (EBP) on The Web: Interventions and Treatments for mental and substance use disorders; Evidence-based Practice Centers (EPCs) Reports; Evidence-based Practice Centers (EPCs) Topics in Progress; Interim Guidance for Clinicians Considering the Use of Preexposure Prophylaxis for the Prevention of HIV Infection in Heterosexually Active Adults;
- **Favorite Movie Sites** 23 Coolest Onscreen Spaceships; 22 Bleak Sci-fi Futures; 'The Star Wars That I Used To Know' - Gotye 'Somebody That I Used To Know' Parody; 14 Franchises That Traded Faces; The Amazing Spider-Man; 50 Best Movies You've Never Seen; Top 10 Websites To Watch Movies Online For Free; 50 Most Vile Movie Villains; 14 Best Movie Franchise Finales -- and 10 Worst!; 17 Surprisingly Scary Kids' Movie Moments;
- **Favorite Music Sites** Of Monsters and Men - Little Talks music video; Gotye "Somebody That I Used To Know" (feat. Kimbra) Lyrics video; How It's Made: Vinyl Records; How It's Made: Compact Disks;
- **Fitness** Exercise for Stress and Anxiety; The Role of STD Detection and Treatment in HIV Prevention - CDC Fact Sheet; Hip Conditioning Program; Rotator Cuff and Shoulder Conditioning Program; Foot and Ankle Conditioning Program; Knee Conditioning Program; Fitness news magazine feed;
- **Free Software** New section Desktop: Virtual Planetarium; Desktop Earth; Quackle; PrimoPDF; PDFill PDF Editor; Artweaver; Scribus; Touch Typing Tutor; BMW M3 Challenge; Mercedes CLC Dream Test Drive;
- **Graphing** Microsoft Templates; Top Ten Free Tools To Create Awesome Infographics; How to Create an Awesome Infographic; How Scattergraphs Can Be Your Best Friends; Useful and Creative Examples of Infographics; The World of Infographic Insights;
- **Health Care Information** New section: Affordable Care Act; Affordable Care Act and the Quick Guide to Healthy Living ; Health Insurance; Health Care Law & You; Publications for Medicare Beneficiaries; 'Expired' Medicines -- Are They Safe?; Prevention and Wellness; Preventive Services Covered Under the Affordable Care Act; Affordable Care Act and Immunization; Medicare Billing Terms Caregivers Should Know; Medications Can Make You More Sun and Heat Sensitive; Healthcare news magazine feed;

- **Healthcare Quality Data** New section: Electronic Medical Records An Interactive Preventive Care Record; A Handbook for Using Patient-Centered Personal Health Records To Promote Prevention; Patients Take a Bite of Prevention Apple with Web!based Interactive Personal Health Record; Free Online Searchable ICD-9; Avoid Medicare Fraud Claims by Coding Correctly;
- **Healthcare Quality Standards** Ten Criteria for Meaningful and Usable Measures of Performance;
- **Health Education Resources** Breaking Bad Habits: Why It's So Hard to Change; A Model for Overcoming Human Resistance to Change;

HEALTHY PEOPLE 2020

- **Clinical Preventive Services**; Find Indicators; CDC's Vision for Public Health Surveillance in the 21st Century; Oral Health;
- **Kids Health** Walk a Mile in Their Shoes: Bullying and Children with Special Needs; We Choose the Moon - Apollo 11 Mission interactive Web site; APHA Disaster Preparedness; I Had No Idea; Coping with Violence and Traumatic Events; National Resource Center for Health and Safety in Child Care and Early Education; Talking to Children About Disasters; Tips for Talking to Children about the Aurora Shooting; SpaceYourFace; Smithsonian Education; Federal Student Aid; Dog Intelligence Test;
- **Kids' Fun Sites** Virtual Lego; Futurepinball.com; Wonderopolis.org;
- **Maternal Child Health** Preventable Child Deaths video; Genome-Wide Association Studies;
- **Nutrition Resources** Fattening Foods of Summer Slideshow; How Much Do You Know About Fats and Oils?; calcium-rich foods; Brominated battle: Soda chemical has cloudy health history; Healthy Water; WHAT'S IN OUR FOOD: Understanding Common Food Ingredients; Nutrition news magazine feed; 9 Disturbing Side Effects of Soda;
- **OBESITY RESOURCES ON THE INTERNET** Screening for and Management of Obesity in Adults; All About Inches; Belly-Fattening Foods Men Can't Resist; Institute of Medicine's Childhood Obesity Infographic; Food Choice May Affect Ability to Keep Weight Off; Obesity in Children: Hospitalizations from 2000 to 2009; Obesity-Related Hospitalizations, 2004 versus 2009; New section: A Body Shape Index (ABSI); A Body Shape Index (ABSI) Calculator; A New Body Shape Index Predicts Mortality Hazard Independently of Body Mass Index; New Metric for Obesity Strongly Correlated to Premature Death; Youth Physical Activity Guidelines Toolkit; New section: Metabolic Syndrome - Metabolic Syndrome; Preventing Childhood Obesity in Early Care and Education Programs Second Edition; Adult Obesity Facts; Proven Weight Loss Methods; How to Use Fruits and Vegetables to Help Manage Your Weight; Prevalence of Overweight, Obesity, and Extreme Obesity Among Adults: United States, Trends 1960–1962 Through 2009–2010; Prevalence of Obesity Among Children and Adolescents: United States, Trends 1963–1965 Through 2009–2010; Prevalence of Obesity Among Children and Adolescents: United States, Trends 1963–1965 Through 2007–2008; F as in Fat: How Obesity Threatens America's Future, 2012; Aim for a Healthy Weight; Working Group Report on Future Research Directions in Childhood Obesity Prevention and Treatment;
- **PHENOM Reports** 2012-2013 Public Health Expertise Network of Mentors Logic Model; 2011-2012 Annual Report;

- **PHENOM Stats** Visitors to the PHENOM directory;
- **Public Health Alumni Chapter Statistics** July 1, 2011 - June 30, 2012;
- **Public Health Continuing Education Opportunities** Revamped - check it out; Self-Study STD Curriculum Modules for Clinicians; Medpage Today; Medscape.com; National Library of Medicine's Finding and Using Health Statistics: A Self-Study Course; Supercourse: Epidemiology, Internet & Global Health; MCH Navigator; Science of Sex and Gender in Human Health Online Course Web Site; NHLBI's Women's Heart Health Education Initiative - Continuing Education Opportunities; STD Overview for Non-Clinicians Online; New Mexico Environmental Public Health Tracking Program; HIV Today: What Everyone Needs to Know; Principles of Epidemiology in Public Health Practice, Third Edition, An Introduction to Applied Epidemiology and Biostatistics Self-Study Course SS1978; Health Literacy for Public Health Professionals; Social Marketing for Nutrition and Physical Activity; 2012 National STD Prevention Conference; Tuberculosis (TB);
- **Public Health Data** Viral Hepatitis Surveillance – United States, 2010; Trends in HIV-Related Risk Behaviors Among High School Students — United States, 1991–2011; HIV/AIDS: The State of the Epidemic After 3 Decades; Public Health Interventions Involving Travelers with Tuberculosis — U.S. Ports of Entry, 2007–2012; AIDSVU map; Public Health Interventions Involving Travelers with Tuberculosis — U.S. Ports of Entry, 2007–2012; HIV and AIDS in the United States by Geographic Distribution; MMWR, The first 30 years (1952 - 1982); CDC Stacks - CDC Repository; Health Data Tools and Statistics; School Health Index (SHI); Tuberculosis Genotyping — United States, 2004–2010; Health, United States, 2011, In Brief;
- **Public Health Data** Percentage of Adults with Selected Chronic Conditions Who Received Recommendations to Exercise or Engage in Physical Activity — National Health Interview Survey, United States, 2000 and 2010*; Previous HIV Testing Among Adults and Adolescents Newly Diagnosed with HIV Infection — National HIV Surveillance System, 18 Jurisdictions, United States, 2006–2009; Hospital Admission after Emergency Department (ED) Visits, by Type of Locality — United States, 2007–2009*; Relationship Violence Among Young Adult Couples; Risk for Overdose from Methadone Used for Pain Relief — United States, 1999–2010; Alcohol Use and Binge Drinking Among Women of Childbearing Age — United States, 2006–2010; Key Graphics on Trends Among High School Students from CDC's National Youth Risk Behavior Survey (YRBS), 1991-2011; Kids' Sexual Behavior Influenced by Movie Scenes: Study; Sex: Making the Right Decision; Walking Among Adults — United States, 2005 and 2010; More People Walk to Better Health; New section: Environmental Health Data, Consolidated Human Activity Database; Human Exposure Database System; Children and their Environment; 2005 Particulate Matter BOSC Review; Particulate Matter Scientific Reports; Lead in Drinking Water and Human Blood Lead Levels in the United States; Statistical Briefs on Hospitalizations; Prevalence and Timing of Oral Sex with Opposite-sex Partners Among Females and Males Aged 15–24 Years: United States, 2007–2010; Awareness and Treatment of Uncontrolled Hypertension Among Adults — United States, 2003–2010; Prevalence of Cholesterol Screening and High Blood Cholesterol Among Adults — United States, 2005, 2007, and 2009; Emergency Department Visits Involving Drug Misuse or Abuse by Children Aged 12 to 14;
- **Public Health Data** Estimated Pregnancy Rates and Rates of Pregnancy Outcomes for

the United States, 1990–2008; Suicide and Homicide Rates,* by Age Group — United States, 2009; Substance Abuse and Mental Health Data Archive (SAMHDA) Analyze online; Substance Abuse and Mental Health Data Archive (SAMHDA); Quick Tables; Treatment Episode Data Set - Admissions (TEDS-A); Tornado-Related Fatalities — Five States, Southeastern United States, April 25–28, 2011; Breastfeeding Report Card— United States, 2012; Intended and Unintended Births in the United States: 1982–2010; Results from the 2010 NSDUH: Mental Health Findings and Detailed Tables; Tattoo-Associated Nontuberculous Mycobacterial Skin Infections — Multiple States, 2011–2012; Surveillance for Violent Deaths — National Violent Death Reporting System, 16 States, 2009; Number of Heat-Related Deaths,* by Sex — National Vital Statistics System, United States,† 1999–2010§;

- [Public Health Continuing Education](#) >Public Health Nurse Ready Certificate;
- [Public Health E-News Table of Contents](#) April-September 2012;
- [Public Health Practice](#) How to Deliver a Bad Presentation; How to Design a Bad Presentation; Why Presentations Happen to Good Causes; National Commission For Certifying Agencies; Social Media Guidelines and Best Practices; Social Media as a Communications Strategy - video; A New Way to Talk About The Social Determinants of Health;
- [Public Health Sites A - C](#) Risky drinking - tips for cutting back; Health risks of alcohol use; What type of drinker are you?; Employment and Living with HIV/AIDS: A Resource Guide; HIV/AIDS Basics; Global HIV/AIDS Epidemic; HIV and Viral Hepatitis; HIV Transmission Risk; Key facts on global HIV epidemic and progress in 2010; Youth Risk Behavior Surveillance System (YRBSS) results; AIDS Clinical Guideline Portal; Rethinking Drinking; Screening Tests for Alcohol Problems; Alcohol Energy Drinks;
- [Public Health Sites D-G](#) Prescription Painkiller Overdoses: Methadone; Prescription Drug Abuse: Young People at Risk; Air and Health; Resource Guide for Disaster Medicine and Public Health; DisasterAssistance.gov; Hurricanes; APHA emergency preparedness video; HIV among Gay and Bisexual Men Fact Sheet; Counseling Issues for Gay Men and Lesbians Seeking Assisted Reproductive Technologies (ART); State of the Climate; National Oceanic and Atmospheric Administration National Climatic Data Center; Human Exposure and Atmospheric Sciences: Available Products/Tools; New section under Emergency Preparedness - Statistics: Household Preparedness for Public Health Emergencies — 14 States, 2006–2010; Be Ready! Hurricanes; Food and Water Needs: Preparing for a Disaster or Emergency; Hurricane CDC button;
- [Public Health Sites H-L](#) Hearing loss and music; Getting Through Tough Economic Times; New section: Rubella - Facts about Rubella for Adults; TB in Children in the United States; Tuberculosis In Blacks; New section: Influenza A (H3N2) Variant Viruses (“H3N2v”); New section: Ebola haemorrhagic fever; Mental Health Check-up; New section: Campylobacter Infections; Shingles; Section: Varicella, Evolution of Varicella Surveillance — Selected States, 2000–2010; Recommendations for the Identification of Chronic Hepatitis C Virus Infection Among Persons Born During 1945–1965; New section: Cryptosporidiosis: Cryptosporidiosis Surveillance — United States, 2009–2010; New section: Giardiasis -Giardiasis Surveillance — United States, 2009–2010; CDC's Hantavirus page; NIH's Hantavirus; Hantavirus pulmonary syndrome; Hemorrhagic fever with renal syndrome; MayoClinic's Hantavirus pulmonary syndrome;

- **Public Health Sites M - N** A Community of Contrasts: Asian Americans in the United States: 2011; Asian American Center for Advancing Justice; Medicines for Treating Depression: A Review of the Research for Adults; Behavioral Health Treatment Services Locator; Prevalence of Hypertension Among Mexican-American Adults Aged 20–74 Years, by Country of Birth — United States, 1982–1984 to 2007–2010*;
- **Public Health Sites O-Z** Tips for using condoms and dental dams; Bacterial Vaginosis – CDC Fact Sheet; Sexual Violence; Tips for Getting a Good Night's Sleep; The Importance of Sleep; Are You Sleep-Deprived? Learn More About Healthy Sleep; Diagnosing Sleep Disorders; Update to CDC's Sexually Transmitted Diseases Treatment Guidelines, 2010: Oral Cephalosporins No Longer a Recommended Treatment for Gonococcal Infections; Gonorrhea Resistant to All But One Antibiotic; National Strategy for Suicide Prevention: Goals and Objectives for Action - A Report of the U.S. Surgeon General and of the National Action Alliance for Suicide Prevention; Genital Herpes Also called: Herpes genitalis; Genital HPV - The Facts;
- **Public Health Software** AHRQ's Monahrq Software; David Rumsey Historical Map Collection; Online Maps: 50+ Tools and Resources; The Future of the Map; How You Can Use Data Visualization to Do Good;
- **Research Resources on the Net** That Sounds Familiar When is using some of the same data acceptable?; Understanding Risk: What Do Those Headlines Really Mean?; New section: Quantitative Research; Characteristics of Quantitative Research; Quantitative Research;
- **Resources for Health Professionals** An Internist's Practical Guide to Understanding Health System Reform; Caring for Our Children: National Health and Safety Performance Standards; Guidelines for Early Care and Education Programs, Third Edition;
- **Search Engines** Search.com;
- **Search Engines - Health** Directory of Open Access Journals; The National Academies Press; Highwire from Stanford U; Worldcat;
- **Senior Health** Understanding Grief Within a Cultural Context; Alzheimer's Caregiving Tips: Hallucinations, Delusions, and Paranoia; Alzheimer's Caregiving Tips: Managing Personality and Behavior Changes; Let's Ride Motorcycles video; Safersex4seniors.org; Sexuality and Aging Today Blog; Medicines and You: A Guide for Older Adults;
- **Site Information** New section: Social Media Search Engines; How Sociable; Keotag.com; Samepoint.com; Social Mention; Topsy.com; Twitter Streamgraphs;
- **Statistical Functions** Collecting and Reporting on Data; Future-gaze: Challenges to Collecting Social Science Data; Comparing series of values in Excel; New section: Quantitative Data; Analyse This!!! Learning to analyse quantitative data; Chapter 9- Data Analysis;
- **Statistical Programs** Data analysis is for everyone! A short intro to pivot tables; Excel Easy;
- **TOBACCO RESOURCES ON THE INTERNET** Surgeon General: How Tobacco Smoke Causes Disease: The Biology and Behavioral Basis for Smoking-Attributable Disease; Surgeon General: How Tobacco Smoke Causes Disease: The Biology and Behavioral Basis for Smoking-Attributable Disease - Executive Summary; Aptitude Tests; Consumption of Cigarettes and Combustible Tobacco — United States, 2000–2011; Protecting Your Children From Tobacco Use; Current Tobacco Use Among Middle and High School Students — United

States, 2011; Tobacco Retailer Licensing; Smokeless Tobacco; Tobacco Smokers Have High Probability of Transition to Dependence;

- **US Government Statistics Sites Fast Facts (education);>Profile America: Back to School 2012-2013;**
- **Useful Sites Beach ratings; Roadside America;**
- **Webmastering Tools PicMonkey; Convertpdfword.net; Ablaze;**
- **Web Resources Skyje.com; 21 Amazing Twitter Tools for Brand Visibility and Time Management; correct image sizes in Facebook, Twitter and Google+; 6 Awesome Twitter Tools for Brands; 6 Free Tools for Social Media Monitoring (plus 6 more); The Evolution of the Web Timeline; Electronic Frontier Foundation; Free Microsoft eBooks and Resource Kits - Parts 1 and 2; Defend: Recover From Identity Theft; DETER: Minimize Your Risk; Free Annual Credit Reports; Detect Identity Theft; Tools for Victims; Best Tools to Summarize Twitter Hashtags; Report: Social network demographics in 2012; 6 Ways to Improve Navigation; 14 Special Google Searches That Show Instant Answers;**
- **Wellness Resources Part II (6 - 11) Rethinking Drinking; NCADD's Self-Test for Teenagers;**
- **Wellness Resources Part III (12 - 17) Texting video;**
- **Women's Health Screening tests for women ; A Primer for Women's Health; Wiser Women Action Kit;**
- **Women's Health Problem periods; New section: Breast issues: Breast Lift; Alcohol Use in Pregnancy; Breastfeeding Resources Action Kit; Expecting Parents; Pregnancy; During Pregnancy; Preconception health; New section: Childbirth - Emergency Preparedness for Childbirth;**
- **Women's Health Issues Abnormal Uterine Bleeding;**
- **Women's Health - Breast and Other Female Cancers Breast Cancer Screening Among Adult Women — Behavioral Risk Factor Surveillance System, United States, 2010; What Breast Cancer Survivors Need to Know About Osteoporosis; Mammograms: Questions for the doctor; Cervical Cancer Risk Factors;**
- **Women's Health - Heart Disease and Stroke Heart Health and Stroke; How to Recognize and Prevent a Stroke;**
- **Writing Resources English Grammar – Grammar lessons, exercises, rules;**

October - December 2012

New Pages

- **Christmas 2012**
- **PHENOM Listings Sorted listings by job title, geographic location and work setting**

Updated Pages

All statistics to be updated can be found on all the Site Map Pages, the Web Site Statistics Page, and the Web Polls Stats Page. This is done monthly, usually near the beginning of each month.

- **Biostatistics/Statistics Sites** New section: Variables - 4 links about independent and dependent variables;
- **CANCER RESOURCES ON THE INTERNET** New sections: Childhood Cancers - STATISTICAL BRIEF #132 Pediatric Cancer Hospitalizations, 2009; Adolescent and Young Adult Cancer; Pancreatic cancer; Cancer Clusters in America; Are Your Kids Protected from HPV-related Cancers?; Lung Cancer Awareness; Percentage of Adults Aged 50–75 Years Who Received Colorectal Cancer Screening,* by Family Income Level† — National Health Interview Survey, United States, 2010§;
- **CARDIOVASCULAR & CHRONIC DISEASE INDEX** WCRF/AICR Second Expert Report Chronic Disease data graphics;



- **CARDIOVASCULAR DISEASE** High Cholesterol; **Patient Guide to the Assessment and Treatment of Hypertriglyceridemia (High Triglycerides); Facts About Cholesterol; Facts About Triglycerides; Blood Clots; Million Hearts: Strategies to Reduce the Prevalence of Leading Cardiovascular Disease Risk Factors --- United States, 2011;**
- **HEART AND STROKE RESOURCES ON THE INTERNET** Facts about Congenital Heart Defects; New section: Congestive Heart Failure: Hospitalization for Congestive Heart Failure: United States, 2000–2010; Newborn Screening for Critical Congenital Heart Disease: Potential Roles of



- Birth Defects Surveillance Programs — United States, 2010–2011; **A Visual Guide to Atrial Fibrillation; What Every Man Needs to Know About Strokes;**
- **Children with Special Health Care Needs** New section - Statistics; Children with Disabilities: State-Level Data From the American Community Survey;
 - **Chinese Culture** Alcohol and Breast Cancer Risk among Asian American Women in Los Angeles County;
 - **CONNECTICUT PUBLIC HEALTH RESOURCES** Women's Health Disparities in CT; New section: Latest Connecticut Weather Updates: Connecticut Weather Alerts; Hartford Courant Weather; NOAA's National Hurricane Center; NOAA's Weather.gov; Geoff Fox's Permanent Record; Ryan Hanrahan's Way Too Much Weather Blog; Weather.com's Hurricane Tracker; Diabetes Interactive Atlases for CT; CT HIV statistics; Children and Violence; Coping with Violence and Traumatic Events; Statement from U.S. Secretary of Education Arne Duncan on the Newtown, Connecticut, School Shootings; Disaster Distress Helpline; Talking to Adults About the Sandy Hook Shootings: Ways to Help; Talking with children about the recent school shooting in Sandy Hook 12/14/12;
 - **Consumer Health Information** Winter Safety Tips, A Comprehensive Resource; Google Crisis Response Map; Deciphering Medspeak Brochures; EPA's Frequent Questions

about during disasters about: Flooding, Mold, Drinking water and food, Disaster debris, Children's Health, Contacting my state; Texting While Driving;

DIABETES RESOURCES ON THE INTERNET

- **Women and Diabetes: Frequently Asked Questions; Genetics of Diabetes; Diabetes Basics: Symptoms; New section: Microalbumin test - Microalbumin test; Help a Loved One with Diabetes; Have Diabetes. Will Travel.; Driving When You Have Diabetes; Diabetes: Five Ways to Be Active in Your Care at the Hospital; Type 1 or Type 2 Diabetes and Pregnancy; Pre-Existing Diabetes and Pregnancy; National Diabetes Fact Sheet, 2011; Diabetes Death Rates Among Youths Aged ≤ 19 Years — United States, 1968–2009; Screening and Diagnosing Gestational Diabetes Mellitus; 20 Reasons for Blood Sugar Swings; Polycystic ovary syndrome (PCOS) fact sheet; Screening for Gestational Diabetes Mellitus Evidence Syntheses, No. 60; Facts About Diabetes: A Leading Cause of Death in the U.S.; Free Managing Diabetes Toolkit; Diabetes Risk Factors; Prevent Diabetes; Increasing Prevalence of Diagnosed Diabetes — United States and Puerto Rico, 1995–2010; Diabetes Interactive Atlases; 6 Ways to Wreck Your Blood Sugar Level; Diabetes Sick Days; National Diabetes Fact Sheet; Facts About Lifestyle Changes; Facts About Hypertension Awareness and Risk Factors; Diabetes Medicines: How They Work; Diabetes: A Continuous Disease; Type 2 Diabetes: The Heart Connection; Screening and Diagnosing Gestational Diabetes Mellitus; Screening and Diagnosing Gestational Diabetes Mellitus Evidence Report/Technology Assessment #210; Chronic Kidney Disease Initiative; Diabetes Public Health Resource; 2010 Percent of Women Ages 18+ who Reported Ever Having Diabetes*, by State, Age-Adjusted; Counting Carbs? Understanding Glycemic Index and Glycemic Load;**
- **Epidemiology A- L** CDC's Quick Learn Lessons; Descriptive Epidemiology: Person, Place and Time; Glossary of Epidemiology Terms; 10 Worst Outbreaks in U.S. History;
- **Epidemiology M - Z** Estimating the Number of Pregnant Women in a Geographic Area; How To Interpret Epidemiological Associations;
- **Evaluation Resources & Report Cards** Putting Men's Health Care Disparities on the Map: Examining Racial and Ethnic Disparities at the State Level; 2009-2010 NSDUH State Estimates of Substance Use and Mental Disorders; Ready or Not 2012; A Process Evaluation of the Reproductive Health Assessment (RHA) Toolkit for Conflict-Affected Women;
- **Everything You Ever Wanted to Know about...** Popular Mechanics - Know Your Stuff; Funny Forms; Timeanddate.com; Daylight saving time rules, exceptions and legislation; Cultural Institute; Impact Earth!;
- **Evidence-Based Practice** PubMed Health; Measures by National Quality Strategy; AHRQ Advanced Search; New section: Foreign Resources: UK's National Institute for Health and Clinical Excellence (NICE) Pathways;
- **Favorite Music Sites** Thin Lizzy and the Corrs' renditions of "Old Town"; Radio Time Machine; Classic Cat - free classical music downloads; DJ Earworm Mashup Videos;
- **Fitness** NIH study finds leisure-time physical activity extends life expectancy as much as 4.5 years; Ways to Be Active; Physical Activity for a Healthy Weight;
- **Health Care Information** Buying Medicines Online? Be Wary, FDA Says;
- **Healthcare Quality Issues** Self-Assessments from the National Center for Cultural Competence; Putting Men's Health Care Disparities on the Map: Examining Racial and Ethnic Disparities at the State Level; Putting Women's Health Care Disparities on the

Map: Examining Racial and Ethnic Disparities at the State Level; Factors That Contribute to Health Disparities in Cancer; Using Medical Resources Wisely;

- [Health Education Resources](#) E-learning Essentials Guide; Teach.org;

HEALTHY PEOPLE 2020

- [HEALTHY PEOPLE 2020](#) Leading indicator: Social Determinants; Frequently Asked Questions re: Healthy People 2020; Tobacco Use Objectives;
- [Information Quality](#) HOW TO EVALUATE HEALTH INFORMATION ON THE INTERNET: QUESTIONS AND ANSWERS;
- [Kids Health](#) Observing the Moon's Wonders Infographic; Educational quizzes; The Long-Term Health Consequences of Bullying Victimization; Victimization and Illegal Behavior; Hate Crimes; Educate About Bullying; Periodic Table of the Elements; Children and Violence; Coping with Violence and Traumatic Events; Statement from U.S. Secretary of Education Arne Duncan on the Newtown, Connecticut, School Shootings; NASA Johnson Style;
- [Koo Sar Net](#) ATSDR - 6. POTENTIAL FOR HUMAN EXPOSURE;
- [Maternal Child Health](#) Sudden Infant Death Syndrome (SIDS);
- [Nutrition Resources](#) Health Canada's Food Additives; Health Canada's Food Additive Dictionary; Omega-3 and Omega-6 Fatty Acids; What Are Phytochemicals?; Considering... The Nutrition Facts Label; What You Should Know About... Fats In Your Diet; Facts About Dietary Fats; Food Labeling Chaos;
- [OBESITY RESOURCES ON THE INTERNET](#) Prevalence of Obesity Among Older Adults in the United States, 2007–2010; Prevalence of Overweight, Obesity, and Extreme Obesity Among Adults: United States, Trends 1960–1962 Through 2009–2010; Considering... Childhood Obesity, A Parents' Guide to Prevention; What you should Know About... A Proven Weight-Loss Plan; Facts About Weight Control; Obesity Risk Calculator;
- [PCH 201 Wellness Resources Page](#) College Students Speak: A Survey Report on Mental Health;
- [Public Health Alumni Chapter Statistics](#) July 1, 2011 - June 30, 2012;
- [Public Health Continuing Education Opportunities](#) AHRQ's CME/CE Activities for Health Education Specialists;
- [Public Health Data](#) Maps Based on Data from 2010 HIV Surveillance Report; Life expectancy vs. healthy years; NIH's Data, Tools and Statistics; HIV Infection, Testing, and Risk Behaviors Among Youths — United States; HIV Among Youth in the US; HIV Infections Attributed to Male-to-Male Sexual Contact — Metropolitan Statistical Areas, United States and Puerto Rico, 2010; Estimated HIV Incidence in the United States, 2007–2010; Estimating the Number of Injection Drug Users in the United States to Calculate National Rates of HIV Infection;
- [Public Health Data](#) Visualizing Health Policy Infographic; Medicaid: Its Role Today and Under the Affordable Care Act Infographic; HIV/AIDS Data/Statistics; Drinking and Driving Among High School Students Aged ≥ 16 Years — United States, 1991–2011; Percentage of Hospitalizations Ending in Death, by Selected First-Listed Diagnoses* — National Hospital Discharge Survey, United States, 2000 and 2010; Hypertension Among Adults in the United States, 2009–2010; Consumption of Diet Drinks in the United States, 2009–2010; Teen Drinking and Driving, A Dangerous Mix; Leisure-Time Physical Activity* Among Men Aged 25–64 Years, by Age Group and Veteran Status† — National

- Health Interview Survey, United States, 2007–2010§; Unhealthy Sleep-Related Behaviors --- 12 States, 2009; Energy Drink Consumption and Its Association with Sleep Problems Among U.S. Service Members on a Combat Deployment — Afghanistan, 2010; Overview of Hospital Stays in the United States, 2010; Drug-Poisoning* Death Rates† — National Vital Statistics System, United States, 2010; Estimating the Population Size of Men Who Have Sex with Men in the United States to Obtain HIV and Syphilis Rates§;**
- **Public Health Data Putting Women's Health Care Disparities on the Map: Examining Racial and Ethnic Disparities at the State Level; Years of Potential Life Lost from Unintentional Injuries Among Persons Aged 0–19 Years — United States, 2000–2009; Abortion Surveillance — United States, 2009; U.S. Teen Pregnancy Rates by Outcome, Race, and Hispanic Ethnicity 2000–2011; About Teen Pregnancy;**
 - **Public Health E-News Table of Contents October - November 2012;**
 - **Public Health Practice Infographic: A Visualization into the World of Public Health; Community Health Information Resource Guide - tools; A Visualization into the World of Public Health; New section: U.S. Preventive Services Task Force; First Annual Report to Congress on High-Priority Evidence Gaps for Clinical Preventive Services;**
 - **Public Health Sites A - C FAQ: Alcohol and Your Health; HIV/AIDS: The State of the Epidemic After 3 Decades; Alcoholism, substance abuse, and addictive behavior; A Day in the Life of American Adolescents: Substance Use Facts Update; Calories Consumed From Alcoholic Beverages by U.S. Adults, 2007–2010; Adolescent Sexual Behavior and the Law; The Choking Game; HIV Among Youth in the US Fact Sheet; Alcohol Use Fact Sheet for Teens;**
 - **Public Health Sites D-G New section: Hallucinogens: Latest Designer Drug Called 'Smiles' Linked to Teen Deaths; Top 8 Drug Categories; Comprehensive Drug Information on Synthetic Cathinones - MDPV, Mephedrone & Methylone ("Bath Salts"); Anabolic Steroids; Is News Corp. Failing Science?; Facts about Measles for Adults; HIV among Gay and Bisexual Men; New section under Emergency Preparedness: Weather - National Forecast Maps; National Weather Service; National Weather Service - Information Center; Natural Disasters and Bad Weather; NOAA Watch; US Drought Monitor; Weather-Ready Nation; Weather Safety; World Weather Information Service; LiverTox - NIH's searchable database for liver toxicity of drugs; Marijuana's Lasting Effects on the Brain; Gather Emergency Supplies; Google Crisis Response Map; Reproductive Health Assessment After Disaster Toolkit (RHAD); Saving Lives and Protecting People: Preventing Prescription Painkiller Overdoses; Risky Business: Prescription Drug Abuse Among Teens; 2012 Almost Certain to Be Warmest on Record;**
 - **Public Health Sites H-L Multistate Outbreak of Fungal Infection Associated with Injection of Methylprednisolone Acetate Solution from a Single Compounding Pharmacy — United States, 2012; Global tuberculosis report 2012; Lyme Disease Diagnosis and Treatment; Lyme Disease Data; Chronic Obstructive Pulmonary Disease Among Adults — United States, 2011; Hantavirus Pulmonary Syndrome in Visitors to a National Park — Yosemite Valley, California, 2012; Chronic Obstructive Pulmonary Disease Among Adults — United States, 2011; Chronic Kidney Disease (CKD) in the United States;**
 - **Public Health Sites M - N Health Status Highlights - Men's Health Disparities; Racial and Ethnic Disparities Among Men at the State Level; Geographic Differences in HIV Infection Among Hispanics or Latinos — 46 States and Puerto Rico, 2010; College**

Students Speak: A Survey Report on Mental Health; Rare and Unusual Psychiatric Syndromes; Coping With Stress;

- **Public Health Sites O-Z** Pelvic Inflammatory Disease (PID) - CDC Fact Sheet; Ergonomics for the Prevention of Musculoskeletal Disorders - OSHA fact sheet; Integrated Prevention Services for HIV Infection, Viral Hepatitis, Sexually Transmitted Diseases, and Tuberculosis for Persons Who Use Drugs Illicitly: Summary Guidance from CDC and the U.S. Department of Health and Human Services; Commercial Truck Driver Fatigue, Alertness, and Countermeasures Survey; CDC Fact Sheets of Common STDs/STIs; GISP Profiles, 2011;
- **Public Health Software** Instructor's or Self Instructor's Manual for Computing with Epi Info Parts I and II;
- **Research Resources on the Net** Guidelines for writing a literature review; The Hawthorne, Pygmalion, Placebo and other effects of expectation: some notes; New section: Effects - Placebo Effect;
- **Senior Health** Aging Skin; Sexual Health; Healthy Aging; Basis for sense of trust in older people;
- **Statistical Functions** Using Excel to do Basic Statistical Tests; New section: Correlation: Interpretation of the Correlation Coefficient: A Basic Review; Interpreting the Product-Moment Correlation; Correlation; Understanding Correlation; AP Statistics Tutorial; Two Samples Tests; Correlation;
- **Statistical Software Sites** Guide to Microsoft Excel for calculations, statistics, and plotting data; Student Guide to SPSS;
- **TOBACCO RESOURCES ON THE INTERNET** Smoking in Top-Grossing US Movies, 2011; Current Tobacco Use and Secondhand Smoke Exposure Among Women of Reproductive Age — 14 Countries, 2008–2010; Current Cigarette Smoking Among Adults — United States, 2011; Comprehensive Smoke-Free Laws — 50 Largest U.S. Cities, 2000 and 2012; Current Smoking* Among Men Aged 25–64 Years, by Age Group and Veteran Status† — National Health Interview Survey (NHIS), United States, 2007–2010§; Indoor Air Quality at Nine Large-Hub Airports With and Without Designated Smoking Areas — United States, October–November 2012; Comprehensive Smoke-Free Laws — 50 Largest U.S. Cities, 2000 and 2012; Tobacco Use; Trends in Cigarette Use among Adults in New York City, 2002–2010;
- **US Government & Other National Statistics Sites** Education at a Glance 2012 - OECD Indicators (International educational data); National Assessment of Educational Progress (NAEP); National Center for Education Statistics; Profile of 2007-08 First-Time Bachelor's Degree Recipients in 2009; Culture of American Families; Crime Victims' Institute; Income, Poverty, and Health Insurance Coverage in the United States: 2011;
- **Webmastering Tools** Pixlr-o-matic;
- **Web Resources** 5 Twitter Tools for Better Social Networking; Nuance PDFreader; SlimPDF Reader; Sumatra PDF; Foxit Reader; Evince; TweetDeck; new section: e-Readers: Adobe Digital Editions; Blio; Calibre; EPUBReader; FBReader; Accountkiller.com; Softperfect WiFi Guard;
- **Women's Health** Racial and Ethnic Disparities Among Women at the State Level; Disparities in Health Care Quality Among Minority Women; Findings From the 2011 National Healthcare Quality and Disparities Reports;
- **Women's Health - Life Cycle** New section: Fertility - What Young Adults Know—and

Don't Know—About Women's Fertility Patterns: Implications for Reducing Unintended Pregnancies; Information for Pregnant Women - Fact Sheet; Reproductive Health in Crisis Situations;

- [Women's Health Issues](#) Resources by state on violence against women; Intimate Partner Violence, 1993–2010; HIV among Women; Female sexual dysfunction;
- [Women's Health - Breast and Other Female Cancers](#) Breast Cancer: Treatment by Stage; Breast Cancer Prevention; Cancer Screening and Treatment in Women: Recent Findings; Breast Cancer Surveillance Consortium; Gynecologic Cancer Symptoms;
- [Women's Health - Heart Disease and Stroke](#) Infographic: A Decade of Inspiring Women to Protect Their Hearts; The Healthy Heart Handbook for Women: Major Risk Factors for Heart Disease; Cardiovascular Disease and Other Chronic Conditions in Women: Recent Findings;
- [Writing](#) Writing numbers; TheSage English Dictionary and Thesaurus;



Links

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Comments, suggestions, dead link reports: [BETTY C. JUNG, WEBMASTER](#)

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