January - March 2005

New Pages

- 2004 Hits
- Evaluation Resources on the Internet
- PCH 202 - Introduction to Public Health - Spring, 2005 Syllabus
- PCH 202 - Introduction to Public Health - Fact Sheet Directory
- Public Health E-News January - June 2005 Contents

Deleted/Changed Pages

- 2001 PCH 594 Syllabus

Updated Pages

All statistics to be updated can be found on all the Site Map Pages, the Web Site Statistics Page, and the Web Polls Stats Page. This is done monthly, usually near the beginning of each month.


- **Kids' Fun Page** Caricature Zone; Happy Easter.com (consider me early); Cat's Gallery; The Toymaker; Timberfrog's Online Games you can play on this Web site: Javanoid, Lines, Reversi, Tail gunner, Tetris, Warp (may be temperamental); Take a picture of yourself online; Let Kitty Clean Your Screen; Don't Try This; U.S. Map Test - test your knowledge of U.S. geography; Artsology - Culture for Kids;
- **Maternal Child Health** Childrennow.org; Childadvocate.net; Directory for Child Welfare; MCH Policy; Children's Bureau Training and Technical Assistance Network; Screening and Assessing Mental Health and Substance Use Disorders Among Youth in the JuvenileJustice System: A Resource Guide for Practitioners; Educational Status of Foster Children; Mothers' Exposure to Air Pollutants Linked to Chromosome Damage in Babies; Tools for Life;
- **Nutrition Resources** CDC's FoodNet; Daily Calorie Counter from MayoClinic; Dietary Guidelines for Americans 2005;
- **Personality - MBTI** Type TV Show; Keirsey.Com's 16 types; MTR-i;
- **Public Health Continuing Education** Expanding Health Coverage to the Uninsured; Health Policy Tutorials; Guidelines for Effective Graphics; Public Opinion 101: Designing Public Opinion Surveys; Medicare 101; New Medicare Prescription Drug Benefit: An Overview; Preventive Services Educational Resource Web Guide;
- **Public Health Data** CDC Wonder; CDC Wonder's Information or Dataset Name; Cancer Mondial - international cancer stats; Monitoring the Future (youth data); Youth Risk Behavior Surveillance System; CDC State Health Profiles 2003 (Very good state-based data source); 2002 Youth Demographics: United States Cancer Statistics: 2001 Incidence and Mortality About the Incidence and Mortality Report; American Heart Association's Lung Disease Data in Culturally Diverse Communities; Progress in Reducing Measles Mortality - Worldwide, 1999--2003; Progress Toward Elimination of Measles and Prevention of Congenital Rubella Infection --- European Region, 1990--2004;
- **Public Health Data** Prevalence of Overweight* Among Children and Teenagers, by Age Group and Selected Period --- United States, 1963--2002;
- **Public Health Data** Childstats.gov;
- **Public Health Practice** Time & Project Management articles; Free Management Library; Reorganizing State Health Agencies To Meet Changing Needs State Restructuring Efforts In 2003; Management Map;
- **Public Health Sites A-C** Case Definitions for Chemical Poisoning; Portal Español de la Agencia de Protección Ambiental de los Estados Unidos (EPA in Spanish); Antiretroviral Postexposure Prophylaxis After Sexual, Injection-Drug Use, or Other Nonoccupational Exposure to HIV in the United States; Treating Opportunistic Infections Among HIV-Infected Adults and Adolescents; List of Cancer-Causing Agents Grows; Biological and chemical weapons: Arm yourself with information;
- **Public Health Sites D-G** New section under Emergency Preparedness - Tsunamis: 8 links: Tsunami; CDC's Tsunami Notice for Travelers; Tsunami Disaster: Health Information for Humanitarian Workers, Interim Vaccination and Malaria Prophylaxis Recommendations for Persons Traveling to Areas Affected by the Tsunami, Interim Health Recommendations for Workers Who Handle Human Remains, Health Effects of Tsunamis, Infectious Disease Concerns Associated with the Indian Ocean Tsunamis, WHO South Asia Earthquakes & Tsunamis Web Site; Chemical emergencies; Fact Sheet: Hazardous Substances Emergency Events Surveillance System New; Guidance for Americans Living in Areas Affected by Earthquakes and Tsunami; Food Safety after a Tsunami; Tsunami Mental Health Resources; General Information on Tsunami-Related Diseases and Health Concerns; Landslides and Mudslides; All funding sources have been moved to the Grants Page; Gay and Lesbian Medical Association; Gayhealth.com; EPA's Ground Water and Drinking Water Page; USDA's Water Quality Information Page; Groundwater.org; Worldbank.Org's New Ideas in Pollution Regulation (NIPR); EPA's Toxics Release Inventory (TRI) Program; ATSDR's Hazardous Substance Release and Health Effects Database (HazDat); NIDA Community Drug Alert Bulletin - Inhalants; Firstgov.gov's Indian Ocean Tsunami;
- **Public Health Sites H-L** New section - Lung Diseases: COPDprofessional.org; American Lung Association; Fluwatch.com (National Flu Surveillance Network); UN Refugee Agency; Refugee Republic; National Center for Injury Prevention and Control (NCIPC); Global School-based Student Health Survey;
- **Public Health Sites M-N** Health Policy Watch; Association of American Indian Physicians; National Mental Health Information Center; New Section: Immigrant Resource Guide, Bridging Refugee Youth and Children's Services (BRYCS), Health Disparities Experienced by Black or African Americans United States; Racial Disparities in Nationally Notifiable Diseases United States, 2002; PsyPlexus - Resources for Mental Health Professionals; Tolerance.org;
- **Public Health Sites O-Z** Department of Labor Poster Page; Living with Suicide; American Foundation for Suicide Prevention; American Association of Suicidology; National Center for Farmworker Health; AHRQ's Treating Tobacco Use and Dependence;
- **Public Health Software** Statsci.org's Statistical Packages: Free; Software by Gary King: Equating programs; NetEpi - Nice free resources; Febrl (Freely extensible biomedical record linkage); 4 mapping resources: NASA's World Wind 1.3; USDA Forest Service; Topozone.Com; TerraServer USA;
- **Research Resources on the Net** Healthcare.researcheasy.com; Public Opinion 101: Designing Public Opinion Surveys; Intellectual Property Policy; Program evaluation standards; Basics of program evaluation; Checklist for program...
evaluation planning; Are percents appropriate in program objectives?; Evaluation tipsheets (Excellent!); Margin of error, how to explain it; Questions for evaluating a conference; Designing a survey to increase response and reliability; Are percents appropriate in program objectives?; Passing an Exam: A program objective?; What kind of question is good for evaluating awareness?; How to Use Evaluation Data to Write Different Types of Impact Statements; How to Conduct an Evaluation of My Newspaper Column; CDC's Framework of Program Evaluation, and Program Evaluation in Public Health; Introduction to Evidence Based Practice;

- Search Engines - Public Health ATSDR's Hazardous Substance Release and Health Effects Database (HazDat);
- Senior Health American Society on Aging; Center for Healthy Aging;
- Statistical Functions The formulas; From Penn State - Random samples: How and Why; Sampling a diverse audience; How to determine sample size; ANOVA; Descriptive statistics; Student's t-Tests; Kolmogorov-Smirnov test; chi-square distribution test; contingency tables; Fisher Exact Test; ANOVA: Analysis Of VAriance between groups; Ordinary Least Squares (Regression); Beyond Ordinary Least Squares; 4 new links for ANOVA; Durbin-Watson statistic;
- Statistical Programs OnlineConversion.com (Convert just about anything to anything else. Over 5,000 units, and 50,000 conversions); UCLA's SPSS Resource Page; Texas A & M SPSS page; What statistical analysis should I use? Statistical analyses using SPSS; CAQDAS - Computer-Assisted Qualitative Data Analysis Software; Software for News Analysis; Text analysis info; Univariate Analysis with SPSS; 3 links to FDR (false discovery rate); Analyzing Knowledge Gain Using Excel; Analyzing Before and After Data Using Excel; Index of On-line Stats Calculators (very good); 2 links to SPSS modeling;
- Temperament 3smartcubes.com personality tests page;
- US Government Statistics Sites US Vital Statistics; WISQARSTM (Web-based Injury Statistics Query and Reporting System); OSHA Statistics & Inspection Data; Bureau of Labor Statistics; Statistical Abstract of the United States (really good); Collegeresults.org (Edtrust) - college/university graduation rates;
- Useful Sites Travelaxe.com - compare hotels; Travelsmith.com - packing checklists; Allpages.com; eConsumer.gov; FTC's consumer protection; Forms.gov; Findlaw.com's Real Estate Center; Livedeal.com - your local marketplace;
- Web Development Resources Forms: Introduction;
- Web Resources Realistic Internet Simulator; Bugmenot.com; Windows Process Library - which files should and should not be running on your computer; Jiwire.com - search for wi-fi hotspots; Zdnet's Webbuyers Guide Search Engine; FTC's consumer protection, phishing alert, identity thief pages; National Consumer Protection Week - Identity Thief (very good collection of resources);
- Web site Medical Search Engines Healthopedia;
- Women's Health Yahoo! Directory of Women's Health; Institute for Women's Health Policy Research; The Status of Women in the States 2004; Women's top health threats: A surprising list;
- Women's Health Issues Office of Violence Against Women (US Department of Justice); A National Protocol for Sexual Assault Medical Forensic Examinations; Toolkit To End Violence Against Women; Bone Health and Osteoporosis: A Report of the Surgeon General (10/2004); Surgeon General's Advisory on Alcohol Use in Pregnancy (3/2005);
- Women's Health - Breast Cancer Cancermaster.com;
- Writing Resources Developing an outline; Microsoft Office's Business and Nonprofit Templates;

April - June 2005

New Pages

- In Memoriam: A. Kay Keiser, Sc.D., M.P.H.
- Professor Jung's Public Health Program Evaluation Template
- Site Index
- Web site Awards Index & Statistics

Updated Pages

All statistics to be updated can be found on all the Site Map Pages, the Web Site Statistics Page, and the Web Polls Stats Page. This is done monthly, usually near the beginning of each month.

- Annotated Public Health Practice Bibliography Why Things Bite Back. Technology and the Revenge of Unintended
Consequences;

- **APA Information Page** 8 new links from educational institutions - excellent resources, if you want to do it right;
- **Biostatistics/Statistics Sites** Statistics Education Links of Juha Puranan; Resources for Introductory Statistics; Java Applets for Statistical Instruction;
- **Cardiovascular Disease** QuickStats: Use of Stents* Among Hospitalized Patients Undergoing Coronary Angioplasty, by Race --- United States, 2003; May is High Blood Pressure Month; Seventh Report of the Joint National Committee on Prevention, Detection, Evaluation, and Treatment of High Blood Pressure (JNC 7); Heart Deaths - State Rankings
- **Cardiovascular Disease** National Stroke Awareness Month - May 2005; Disparities in Deaths from Stroke Among Persons Aged <75 Years --- United States, 2002; Regional and Racial Differences in Prevalence of Stroke - 23 States and District of Columbia, 2003; Naval Aerospace Medical Institute's Cardiology Page;
- **Connecticut Public Health Resources** Accuweather Hartford; Weathertoday Hartford; Wnbc Weather; Wtnh Weather Closings; CT DOT Regional Weather Reports; Yahoo! Connecticut Government Directory; State Sex Offender Registry Web Sites; A Consumer's Guide to Getting and Keeping Health Insurance in Connecticut;
- **Consumer Health Information - General** Physical Activity for Everyone: Trails for Health - Physical Activity: A Key Element of Good Health;
- **Cool Sites A - L** Incredible Edible Egg recipes; Consumer Report Automotive reviews; IRS - Get Refund Status; History of St. Patrick's Day; KQED: Jacques Pepin: Fast Food My Way; Airliners.Net's Aviation Photos;
- **Epidemiology M - Z** CDC's Public Health Surveillance Page;
- **Everything You Ever Wanted to Know...** Julian Day Numbers for dates on the Gregorian and Julian Calendars; Weather; Leetspeak; NameVoyager - Baby Names; Dumblaws.com; Yahoo!'s U.S. State Government Directory;
- **Favorite Movie Sites** Onmyoji, The Jacket, Downfall, Horror Movie & Science Fiction Database; Crash; Downfall; Kingdom of Heaven; Kung-Fu Hustle; Monster-in-Law; Sahara; The Hitchhiker's Guide to the Galaxy; The Interpreter; Unleashed;
- **Favorite Music Sites** Rock and Roll Hall of Fame Visual Timeline; Everclear Online.com;
- **Free Software** Microsoft PhotoStory 3; Stockmat.Com;
- **Grants Page** Australia Community Builders - Funding Sources;
- **Health Care Resources on the Net** Medicare's Prescription Drug and Other Assistance Programs; NCQA's Create a Report Card; QuickStats: Percentage of Adults Aged >18 Years Who Used Complementary and Alternative Medicine (CAM) During the Preceding 12 Months, by sex --- United States, 2002; New Preventive Services Under Medicare; USHHS Hospital Compare; HelpingPatients.Org; Questions and Answers About Using Magnets To Treat Pain; Steriod Use: Balancing Risks and Benefits; What You Should Know About Research Studies - Partnership for Human Research Protection Inc; Quick Facts about Medicare’s New Coverage for Prescription Drugs for people with limited income and resources; Quick Facts about Medicare’s New Coverage for Prescription Drugs If You Applied for Extra Help; Application for Help with Medicare Prescription Drug Plan Costs; Medicare Modernization Act Help For Those With Limited Income and Resources;
- **Health Education Resources on the Net** National Network of Libraries of Medicine (NN/LM)'s Planning Activities &
Strategies (health behavior theories);
- **Healthcare Quality Data & Standards** Clinical Performance Measures for Ambulatory Care - Recommended Starter Set from Ambulatory Care Quality Alliance;
- **Healthcare Quality Standards** Health Status Indicators - ASTHO links; AHRQ's Tools for Hospitals and Health Care Systems Fact Sheet;
- **Healthcare Quality Issues** AHRQ's Patient Safety Network; Assessing the National Electronic Injury Surveillance System -- Cooperative Adverse Drug Event Surveillance Project --- Six Sites, United States, January 1–June 15, 2004; NIH Launches First Center In Nationwide Chemical Genomics Network; Children in Hospitals Frequently Experience Medical Injuries; New Section - Health Care Fraud - GAO's Health Care Fraud and Abuse Control Program: Results of Review of Annual Reports for Fiscal Years 2002 and 2003; Joint Commission International Center for Patient Safety; New section: Clinical Trials: CISCRIPT - Center for Information & Study on Clinical Research Participation; Citizens For Responsible Care and Research (Circare); Partnership For Human Research Protection, Inc.; PHRP Standards for Accreditation; What You Should Know About Research Studies; Citizens For Responsible Care and Research (CIRCARE); AHRQ's Advances in Patient Safety: From Research to Implementation; Malpractice Law in the United States; HHS Is Taking Steps to Develop a National Strategy;
- **Healthy People 2020** Healthy Vision 2010 - Vision Rehabilitation;
- **Health Professional Information** MedlinePlus - Dermatitis; Mayo Clinic - Types of Dermatitis Slide Show; The Whole ECG - A Really Basic ECG Primer;
- **Information Quality** Web Research Evaluation Checklist from University of Louisville;
- **Kids' Health and Science Page** USDA Site for Kids; Learn Spanish with Pictures; My Hebrew Dictionary; Learning Vocabulary Can Be Fun; Autism info from Mayo Clinic and MedlinePlus; Powerful Bones, Powerful Girls. Your daughter's bones need your support; New section - Safety: Spotlight on Injuries from fireworks, drowning, supervision and drowning: Ear infections; Protecting our children from sexual predators;
- **Kids' Fun Page** NameVoyager - Baby names; NASCAR Game Room; Prognosticate.Com; My Hebrew Name; Grocery Store Wars; Let's Play Putt Putt (miniature golf) - this is cool!;
- **Maternal Child Health Foundation for Child Development**; Maternal Child Health Library's Knowledge Path: Locating Community-Based Services to Support Children and Families; Social costs: the effects of child maltreatment; A Road Map for Learning: Improving Educational Outcomes in Foster Care; Guidebook for Juvenile Justice and Child Welfare System Coordination and Integration: Framework for Improved Outcomes;Improving Public Child Welfare Agency Performance in the Context of the Federal Child and Family Services Reviews; Guardianship; State Ombudsman Programs; Fatherhood training curriculum; FosterLinks.org; National Institute for Health Care Management Research and Educational Foundation; Family Assessment Guidelines for Child Welfare from USHHS; Chapin Hall Publications - child welfare research reports;
- **Nutrition Resources** Your family's calcium needs; A Nation at Risk: Obesity in the United States - A Statistical Sourcebook; We Can!; Weight-Control Information Network; Milk Matters Education Campaign;
- **Public Health Continuing Education** National Medicare Training; SUNY Downstate Medical Center Evidence Based Medicine Course: Risk Communication Self-Instruction;
- **Public Health Data Tobacco Use, Access, and Exposure to Tobacco in Media Among Middle and High School Students --- United States, 2004; QuickStats: Average Length of Service Provided to U.S. Home Health-Care Patients, by Selected Period --- United States, 1991--2000;**
- **Public Health Documents Foundation for Child Development**; Connectforkids.org's Family Income;
- **Public Health Practice** State Plan Index: A Tool for Assessing the Quality of State Public Health Plans; Getting Organised; Understanding your community; Identifying needs and strengths; Create stronger communities; Public Health Competencies - End Program Template; What is Health Education?;
- **Public Health Sites A-C** National Cancer Institute's Tumor Grade: Questions and Answers, and Photodynamic Therapy for Cancer: Questions and Answers; Bladder cancer info from MedlinePlus and Mayo Clinic; Students Against Destructive Decisions - Statistics;
- **Public Health Sites D-G** Acute Radiation Syndrome: A Fact Sheet for Physicians; Facts About DTPA; Frequently Asked Questions (FAQs) About Dirty Bombs; Prenatal Radiation Exposure: A Fact Sheet for Physicians; MedlinePlus - Allergy, Asthma; Indoor Mold, Building Dampness Linked to Respiratory Problems and Require Better Prevention; Evidence Does Not Support Links to Wider Array of Illnesses; Mayo Clinic and MedlinePlus on Insect bites and stings; (under Environmental Health); Two links about molds; Environmental Science databases;
- **Public Health Sites H-L** Update: Notice to Travelers about Avian Influenza A (H5N1); Key Facts About Avian Influenza (Bird Flu) and Avian Influenza A (H5N1) Virus; Compendium of Animal Rabies Prevention and Control, 2005 – MMWR report; Brief Report: Outbreak of Marburg Virus Hemorrhagic Fever --- Angola, October 1, 2004—March 29, 2005; Compendium of Measures To Prevent Disease Associated with Animals in Public Settings, 2005; New section - H2N2 - 4
links; New section - 7 links re: Marburg Hemorrhagic Fever; Anthrax Q & A: Preventive Therapy; Recent Avian Flu Outbreaks in Asia; MedlinePlus - measles; New section - Malaria;

- Public Health Sites M-N Depression: Helping friends and family through tough times;
- Public Health Sites O-Z Tobacco-free Nurses; AHRQ's Helping Smokers Quit - A Guide for Nurses
- Public Health Software Emergency Preparedness Resource Inventory (EPRI)- A Tool for Local, Regional, and State Planners; Brixtonhealth.com; EpilInfo6.04dPlus download; New section: Environmental Science Resources - EPI Suite v3.12 from the EPA; Syracuse Research Corporation; Integrated Stochastic Exposure (ISE) Model software;
- Research Resources on the Net Resources for Survey Researchers; An Introduction to Qualitative Research; Different Trials, Different Results How to Explain Them?; Understanding Risk. What Does It Really Mean?; Understanding Risk. What Do Those Headlines Really Mean?; What You Should Know About Research Studies - Partnership for Human Research Protection Inc; SUNY Downstate Medical Center Evidence Based Medicine Course; Interpreting the results of observational research: chance is not such a fine thing;
- Search Engines - Public Health Environmental Science and Toxicology databases and virtual libraries;
- Senior Health New section on Advance Directives: MedlinePlus - Advance Directives, U.S. Living Will Registry; Monitoring Progress in Arthritis Management - United States and 25 States, 2003; National Arthritis Month;
- Statistical Functions Statistical significance; Correlation; Student's t-Test; Statistics.Com's Statistics Books, Manuals and Journals; Statsoft's Electronic Textbook; National Network of Libraries of Medicine (NN/LM)'s Gathering Data & Assessing Results; New section: Factor Analysis - 2 links; One Way Independent ANOVA By Hand; ANOVA vs. Posthoc; Planned comparisons = main effects; ANOVA planned comparisons;
- Statistical Programs Free Excel templates from Vertex42 - very good; Software for Measurement Error Methods; Some common statistical procedures; SAS online manual; Sample Size Calculations for Logistic Regression with Exposure Measurement Error; Case-Sib Sample Size Calculations; Kin-Cohort Power Calculations; Factor analysis using SPSS; Multiple Comparisons; Effective use of SPSS tables; Exceltoolkit (Excellent);
- Useful Sites USDA Forest Service Maps; My3cents.com; Discontinueditems.com; America's Most Livable Communities; FBI's State Sex Offender Registry Web Sites; National Association of Insurance Commissioner's Consumer Information Service to file complaints against insurance companies; Coalition Against Insurance Fraud;
- Web Development Resources A Comprehensive Strategy for Using Web Site Statistics;
- Web Resources National Institute of Open Schooling's Computer Applications Tutorials (very good); Consumer Webwatch Investigation Reports; Consumer Webwatch Search Engine Guidelines; Installing memory;
- Web site Medical Search Engines FlexFinder Medical Metasearch Engine;
- Women's Health First Annual Health Survey: Women Talk - 2 links; NWHRC Connects Women to Health Information They Can Trust;
- Women's Health - Life Cycles MedlinePlus - Breast Feeding;
- Women's Health - Breast Cancer Cancermaster.com;
- Women's Health - Heart Disease AHA - Role of Noninvasive Testing in the Clinical Evaluation of Women With Suspected Coronary Artery Disease
- Writing Resources Developing an outline; Microsoft Office's Business and Nonprofit Templates.

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July - September 2005

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New Pages

- Did I Write That? Student Bloopers
- PHENOM Archives Satellite Site
- Public Health E-News July - December 2005 Table of Contents
- Public Health Research and Writing

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Deleted/Changed Pages

- PCH 201 - Wellness, Spring 2004 Syllabus
- PCH 202 - Introduction to Public Health, Spring 2005 Syllabus
- PCH 202 - Introduction to Public Health, Spring 2005 Grading Grids
PCH 202 - Introduction to Public Health, Spring 2005 Guidelines & Resources for Grant Justification Writing Assignments

PCH 202 - Introduction to Public Health, Spring 2005 Guidelines & Resources for Grant Justification Writing Assignments

Updated Pages

All statistics to be updated can be found on all the Site Map Pages, the Web Site Statistics Page, and the Web Polls Stats Page. This is done monthly, usually near the beginning of each month.

- **Academic Resources** Syllabus Finder
  - Annotated Great Books Bibliography Why Things Bite Back. Technology and the Revenge of Unintended Consequences; Eats, Shoots & Leaves; Blink - The Power of Thinking Without Thinking; Coercion. Why We Listen To What "They" Say;
  - Annotated Research Practice A - L Bibliography Austin et al's Evaluating Your Agency's Programs;
  - Annotated Public Health Practice Bibliography Why Things Bite Back. Technology and the Revenge of Unintended Consequences; An Introduction to Community Health;
  - Annotated Skills Bibliography Eats, Shoots & Leaves;
- **APA Information Page** New section - APA Format templates (free Word templates; Requirements for PCH 202-04L; New section on tutorials - 5 links; 3 links to references;
- **Biostatistics/Statistics Sites** Statistics at Square One; Statistics Resources; British Medical Journal: Statistics Notes; Data and Story Library (DASL); Data sets sources: UCLA Statistics Data Sets, JSE Data Archives;
- **Cardiovascular Disease** Aging Hearts and Arteries: A Scientific Quest; About Heart Disease and Stroke; 3 statistical links; Hospitalizations for Heart Disease, by Diagnosis* and Percentage Distribution† --- United States, 2003; Heart attack: An emergency survival guide for the worst-case scenario; Percentage* of Persons Aged >20 Years with Hypertension,† by Race/Ethnicity --- United States, 1999--2002; Trends in Cholesterol Screening and Awareness of High Blood Cholesterol -- United States, 1991--2003;
- **Cardiovascular Disease** NHLBI's Heart & Vascular Diseases - NHLBI's Diseases & Conditions Index;
- **Career Resources** LifeWorks - info about health and medical science careers;
- **Chinese Culture** New section - China Statistics;
- **Connecticut Public Health Resources** Real-time Info - Natural Disaster Information Site; State Government Offices, Local US Government, City Government and Federal Government; Vitalrec.com; Sex Offender Registry Search;
- **Consumer Health Information** - General CDC's Traveler's Health: Yellow Book - Health Information for International Travel, 2005-2006 - Table of Contents - Condensed Edition & Outline Format; Your Fitness Program: Tips for Staying Motivated; Heat Illness; Fit Source;
- **Diabetes Resources on the Net** Two links to diagnosis and treatment of diabetes; Alternative Devices for Taking Insulin;
- **Epidemiology M - Z** Indicators for Chronic Disease Surveillance;
- **Evaluation Resources** Rankings & Estimates - Ranking of the States 2004 and Estimates of School Statistics 2005; Public Health Foundation's Performance Management in Action: Tools & Resources; 2005 Profile of local health agencies (in progress); NCQA Report Cards of Health Plans; Evaluations: The Art of Organizational Self-Examination; KIDS COUNT State-Level Data Online; The Performance Institute;
- **Favorite Movie Sites** Batman Begins; Layer Cake; Mr. & Mrs. Smith; The Complete War of the Worlds Website; War of the Worlds; Fantastic Four; March of the Penguins; Dark Water; Red Eye; The Great Raid; The Island; Wicker Park; Rottentomatoes.com's search engine;
- **Favorite Music Sites** Opus 1 Classical; Learning About Microphones; Furtternet.com;
- **Free Software** Metapad; Ghostscript, Ghostview and GSwiv; 4 anti-virus software; the page has been totally revamped, check it out;
- **Grants Page** Fundraising; Grantscript; How to writing winning proposals;
- **Graphing** New section - Online graphing and charting - 7 new links;
- **Healthcare Quality Data & Standards** Indicators for Chronic Disease Surveillance; The Value of Hospital Discharge Databases (AHRQ May 2005); Health Services Research and the HIPAA Privacy Rule; AHRQ/HCUP's Emergency Department Data Evaluation; HCUP Methods Series Reports; State Emergency Department Databases (SEDD); State Inpatient Databases (SID); State Ambulatory Surgery Databases (SASD); GAO's Data Quality: Improvements to Count
Correction Efforts Could Produce More Accurate Census Data;

- **Healthcare Quality Standards** MedQIC; Public Health Foundation's Performance Management in Action: Tools & Resources;
- **Healthcare Quality Issues**
- **Health Education Resources** Toolkits for Kids Issues;
- **Information Quality** Top 20 Health Information Sites; Heathratings.Org;
- **Kids' Health and Science Page** Fragile Fringe - Coastal Wetlands; Imagine the Universe; NOAA Ocean Explorer; National Gallery of Art Kids Page; Real-time Info - Natural Disaster Information Site; Rocks and Images; Soils Science Education; Solar System Education; Winners Don't Use Drugs; Math links - High School Math Resources; King's List of On-line Math Activities; Math & Science Resources; Middle School Math; Working with Graphs Online Activities; Toolkits for Kids Issues; Fit Source; New section - Online Safety - 5 links;
- **Kids' Fun Page** My Cat Annie;
- **Koo Sar Pills Investigation - Citations**
- **Maternal Child Health** GAO's Better Data and Evaluations Could Improve Processes and Programs for Adopting Children with Special Needs; Toolkits for Kids Issues; Rickets; Cleft Lip and Palate; Down Syndrome - 2 links; Genetics Home Reference; Addressing Aggression in Early Childhood; MCH Thesaurus; Mental Health in the United States: Prevalence of Diagnosis and Medication Treatment for Attention-Deficit/Hyperactivity Disorder United States, 2003; Children and Teens Told by Doctors That They Were Overweight United States, 1999--2002; Percentage of Children Aged 4--17 Years with Emotional or Behavioral Difficulties Who Used Mental Health Services, by Type of Service United States, 2003;
- **Nutrition Resources** MyPyramid.Gov; Effects of Omega-3 Fatty Acids on Mental Health; National Center for Complementary and Alternative Medicine; FDA's Medwatch; FDA's Center for Food Safety and Applied Nutrition; Sloan-Kettering's About Herbs, Botanicals, and other products;
- **Personality - MBTI** Personalitypathways.Com; The 16 Personality Types; Ibiblio is no longer around, but have managed to keep 12 renditions for each personality type. I have add Life Explore's 16 personality profiles;
- **Public Health Continuing Education Opportunities** Women's Health Care Competencies for Medical Students; Public Health Information and Data Tutorial; U.S. Legislative Process;
- **Public Health Data** NAIC and SIC codes;
- **Public Health Data** Annual Smoking-Attributable Mortality, Years of Potential Life Lost, and Productivity Losses --- United States, 1997--2001; HCUP's Hospitalization in the United States 2002; Average Length of Hospital Stay, by Diagnostics Category; --- United States, 2003;
- **Public Health Documents** Kids & Medicaid: A Primer;
- **Public Health Practice** Public Health Practice vs. Research; Toolkits for Kids Issues; Organizational Development Tools; How to run meetings; how to work with a board of directors; How to file IRS docs; New section - Communication Skills: Speak Up: Tips on Advocacy for Publicly Funded Nonprofits; Tool Kit for Communications and Advocacy (2 parts);
- **Public Health Sites** A-C: AIDS, the official journal of the International AIDS Society; Kidney Cancer; Combination Treatment Most Effective in Adolescents with Depression;
- **Public Health Sites** D-G: NRCS Soils; The LEAD Group Inc Fact Sheet Index;ASTHO's Publications Listings; ASTHO's Environmental Health Services; Cell Phone Radiation Levels; Latex Allergy; Floods; FDA Offers Information for Hurricane Aftermath; CDC Offers Advice for People to Protect Themselves after a Storm; Drug Abuse: What it is and how to quit;
- **Public Health Sites** H-L: CDC's Traveler's Health: Yellow Book - Health Information for International Travel, 2005-2006 - Table of Contents - Condensed Edition & Outline Format; New Infectious Disease subsection: Incubation and Contagious Periods - 5 links; Head and Brain Injuries; Helmets Could Help Head Off Injuries in Skaters;
- **Public Health Sites** M-N: Percentage of Adults Aged >18 Years Who Assessed Their Health as Excellent or Very Good, by Race --- United States, 1999--2003; Schizophrenia; The Role of Public Health in Mental Health Promotion;
- **Public Health Sites** O-Z: New section - Vision - 2 links;
- **Public Health Software** National Geographic's MapMachine (map anything online);
- **Research Resources on the Net** Public Health Practice vs. Research; What to Look for When Reading Medical Research; Finding the Latest Research; Understanding Medical Research;
- **Search Engines - Health** National Heart,Blood & Lung Institute's Diseases & Conditions Index - Fact Sheets; Firstgov.gov's Page for national, federal agency, and local libraries; online library databases; grants and benefits for libraries; CDC's Traveler's Health: Yellow Book - Health Information for International Travel, 2005-2006 - Table of Contents - Condensed Edition & Outline Format;
- **Search Engines - Public Health** CDC's Traveler's Health: Yellow Book - Health Information for International Travel, 2005-2006 - Table of Contents - Condensed Edition & Outline Format;
- **Senior Health** There’s No Place Like Home—For Growing Old Tips from the National Institute on Aging; Aging Hearts
Statistical Functions Calculate the Median from Group Data; Discriminant Function Analysis; Log-Linear, Logit, and Probit Models; New section on Likert scales - 5 links; Eta Squared from Multifactor ANOVA Designs; UCLA's Applied Longitudinal Data Analysis: Modeling Change and Event Occurrence; One and two sided tests of significance; Trmmed Mean Confidence Limits; Meta - Analysis: Methods of Accumulating Results Across Research Domains; Kaplan-Meier Survival Analysis; Chi Square;

Statistical Programs Perl script to extract SPSS data; SPSS Listserv Archives; Graphpad QuickCales; PCABC - Pennsylvania Cancer Alliance Bioinformatics Consortium; What statistical analysis should I use;

Temperament New Mood personality test - fun;

US Government Statistics Sites USDA Agriculture Fact Book;


Web Development Resources New section - Link Popularity tools - 6 links; Marketleap.com - online Link Popularity check;

Website Search Engines Public Library Locator from ED.Gov;

Women's Health - General Resources Women's Health Care in the United States 2004 Fact Sheet; Women and Health Care: A National Profile; New section - Statistics - 10 links, including HRSA's Women Health USA 2005;

Women's Health Issues Alcohol - An important women's health issue;

Women's Health - Breast Cancer new U.S. Preventive Services Task Force Breast Cancer Screening;

Writing Resources Review of English Punctuation: Spaces, Quotations, and Parentheses; Brief Guide to Writing Argumentative Essays; A Brief Guide to Writing Philosophy Papers; What is a brief?; Preparing a Policy Issues Brief; Writing a Case Brief; Writing appellate briefs;

October - December 2005

Deleted/Changed Pages

- Old Camp Web site;
- Pch 201 Film Review Grading Grid;
- Pch 201 Film Review Resource Page;
- Pch 201 Research Project Grading Grid;
- Pch 201 Research Project Sample Sections & Directions for HealthQuest 4.2 Extra Credit Assignments

Updated Pages

All statistics to be updated can be found on all the Site Map Pages, the Web Site Statistics Page, and the Web Polls Stats Page. This is done monthly, usually near the beginning of each month.

- Annotated Epidemiology Bibliography
- Annotated Statistics Bibliography Levitt & S.J. Dubner's Freakonomics;
- APA Information Page 16 new links, new sections - Help, Samples, Templates;
- Biostatistics/Statistics Sites Jason Newsom's Stats Notes; New section - Fun statistical sites (it is possible to have fun with statistics);
- Blog Index Word of the day; Article of the Day; This day in history, Today's birthday; Quotation of the Day; Matchup;
- Cardiovascular Disease Index Page New Section - Chronic Disease Resources - 9 new links
- Cardiovascular Disease CDC’s The Burden of Chronic Diseases and Their Risk Factors; CDC Cardiovascular Program's Interactive Maps, Statistical Information Page; NHBLI/NIH's 2004 NHLBI Morbidity and Mortality Chartbook; MedlinePlus - Thrombophlebitis; Five things you should ask your doctor about stroke; New section - Organizations - 10 links; Combined effects of systolic blood pressure and serum cholesterol on cardiovascular mortality in young (<55 years) men and women; Cholesterol levels: What numbers should you aim for?; Cardiovascular Disease in Hispanic Women;

National Institutes of Health, National Heart, Lung, and Blood Institute, Latino Community Cardiovascular Disease Prevention and Outreach Initiative, Backround Report, 1996;

- **Cardiovascular Disease** First Guidelines to Focus on Postoperative Atrial Fibrillation; MedlinePlus - Heart Surgery; Pulmonary Hypertension Surveillance --- United States, 1980–2002;

- **Chinese Culture** New section - Health information in Chinese - 2 general links and 17 links to diabetes information; National Zoo Giant Panda Cam; New section - health information - Addressing Cardiovascular Health in Asian American and Pacific IslandersBackground Report; Census Profiles of Asian Americans in NYC; Asian American Research; Famous Chinese Americans, Famous Chinese American directors; Yellow Bridge;

- **Connecticut Public Health Resources** Databook: Preventable Hospitalizations in CT: Assessing Access to Community Health Services 2000 - 2004 (OCHA); The State of Your Health: CT; CT at a glance; National Survey of Children’s Health, 2003 Connecticut State Profile; CT Diabetes Surveillance System; Connecticut Acute Care Hospital Fiscal Year 2004 Statewide Financial Analysis; Annual Accident & Health Ranking of 2004 Calendar Year; Connecticut Medicaid Fact Sheet; Connecticut Medicare Profile; Kaiser Family Foundation Connecticut Reports;

- **Consumer Health Information - General** WHO's Diet, Physical Activity and Health; Life Expectancy Calculator;

- **Cool Sites A - L** Bartleby.com;

- **Diabetes Resources on the Net** Metabolic syndrome: new guidance for prevention and treatment; CDC’s National Diabetes Fact Sheet; Incidence of End-Stage Renal Disease Among Persons With Diabetes --- United States, 1990–2002; National Diabetes Awareness Month; Prevalence of Receiving Multiple Preventive-Care Services Among Adults with Diabetes --- United States, 2002–2004;

- **Evaluation Resources** How Healthy is Your State?: Statehealthfacts.org (this is really good); State & Regional Profiles for Selected Child Health Measures; Refinement - State Report Cards - 2 sections: Government and Nongovernment; 50 state comparisons, State health profiles; Program Evaluation: OMB'S PART Reviews Increased Agencies' Attention to Improving Evidence of Program Results; 50-State Analysis of Medicaid Benefit Coverage for Children without EPSDT; HRSA Geospatial Data Warehouse; Cancer Control PLANET;

- **Everything You Ever Wanted to Know...** Wordsmith's A word a day; The Other Hawaii; Public Papers of the Presidents of the United States; Ideal age to marry;

- **Favorite Movie Sites** Movie Villains Smoke More Than Heroes; Kung Fu Cinema; North Country; Increasing Evidence Points to Link Between Youth Smoking and Exposure to Smoking in Movies; Wong Fei Hung: The Man & the Legend; Aeon Flux; A History of Violence; Casanova; Derailed; Flight Plan; King Kong 2005; The New World; The Skeleton Key; The King is King Net; Movies: An International Directory;

- **Favorite Music Sites** Virtual Studio; videos.antville.org: Remember the Eighties;

- **Free Software** tinySpell - spell checker; Word Web - thesaurus; CCleaner.com; Magical Jelly Bean Keyfinder; PC Mag's Free Software: Good, for Nothing; New section - office productivity - 2 links; Free Software;

- **Grants Page** AHRQ's Preparing a Grant Application: Steps to Success - html and powerpoint;

- **Graphing** Graph Paper!: Graph Paper Printer Program; New section - graphing abuse - 1 link, problems with using Excel for statistics;

- **Health Care Resources on the Net** What You Should Know About Research Studies; AHRQ's Next Steps After Your Diagnosis Finding Information and Support; HHS - My Family Health Portrait; Centers for Medicare and Medicaid Services;

- **Healthcare Quality Data & Standards** AHRQ's Quality Indicators Home Page; Industry Codes crosswalks;

- **Healthcare Quality** AHRQ's Guide to Health Care Quality - How to Know It When You See It, Disaster Response Tools and Resources, Effective Health Care; CMS - HEDIS Data; Combining HEDIS Indicators; Public Health Data Standards Consortium; Health-related Quality of Life Surveillance --- United States, 1993–2002;


- **Information Quality** How to Find Reliable HIV/AIDS Treatment Information on the Internet;

- **Kids' Health and Science Page** Directory Kids.com; Bully-Off; Ed.gov's Helping Your Child Series; iSerenity - Choose a sound and image experience to relax or work by;

- **Kids' Fun Page** Dog house puzzle; Store Wars (this is cool!); Carve a pumpkin; Lil Fingers storybooks for toddlers; Origami Models; From Gieson.com - Space Shuttle Game, Orb Game, Flash Flight Simulator, Tangram Game, Checkpoint Delta (all real good); Snowfun - build a snowman;

- **Maternal Child Health** Adoption Assistance by State; Prediction of Adult Height; Central Nervous System Abnormalities Associated with Fetal Alcohol Syndrome (FAS); Guidelines for Identifying and Referring Persons with Fetal Alcohol Syndrome; Maternity Wise;

- **Nutrition Resources** Overweight and Obesity: Clearing the Confusion (CDC); Center for Science in the Public Interest (CPSI)'s Food Safety Site, and Outbreak Alert! Foods Most Frequently Linked to Food-borne Outbreaks Report; Guide to Food Additives; Choosing Safer Beef to Eat; Annual Bibliographies of Significant Advances in Dietary Supplement Research; New section - Food & Cancer - 23 links covering acrylamide, nitrosamines, Polycyclic aromatic hydrocarbons (PAHs) and heterocyclic amines (HAs); Advanced Glycation End Products (AGEs); DASH Eating Plan; Public Health Strategies for Preventing and Controlling Overweight and Obesity in School and Worksite Settings;

- **Public Health Continuing Education Opportunities** Kaiser Family Foundation's tutorials: Health Systems, Medicaid,
Medicare, Uninsured, Prescription Drugs, Race, Minority Health; CDC's Workplans: A Program Management Tool; Women's Health Policy Issues;

- **Public Health Data** NCHS - Health Data for all Ages; Summary of Selected Healthcare Industry Data Sets; Childhealthdata.org - Data Resource Center for Child and Adolescent Health

- **Public Health Data** AHRQ's Hospitalizations in the United States, 2002; Cigarette Smoking Among Adults United States, 2004; State-Specific Prevalence of Cigarette Smoking and Quitting Among Adults United States, 2004; Percentage of Young Adults Aged 18--24 Years Who Never Smoked Cigarettes United States, 1998--2004; State Medicaid fact sheets; Medicaid Benefits Online Database; Contraceptive Use --- United States and Territories, Behavioral Risk Factor Surveillance System, 2002; Adult Participation in Recommended Levels of Physical Activity --- United States, 2001 and 2003; Surveillance for Certain Health Behaviors Among States and Selected Local Areas --- Behavioral Risk Factor Surveillance System, United States, 2003; Trends in Leisure-Time Physical Inactivity by Age, Sex, and Race/Ethnicity --- United States, 1994--2004;

- **Public Health Data** Abortion Surveillance, 2002; Rate* of Very Low Birthweight,* by Age of Mother and Multiple-Birth Status --- United States, 2003; Total Fertility Rates, by State --- United States, 2003;

- **Public Health Documents** CDC’s The Burden of Chronic Diseases and Their Risk Factors; Health, United States, 2004; Freeze-Frame: A Snapshot of American Teens;


- **Public Health Sites** A-C Disaster Mental Health Resources; Carbon Monoxide Poisoning After a Disaster; Hurricanes;

- **Public Health Sites** D-G SAMHSA's Methamphetamine Resource List: Methamphetamine and its Impact on Women, Children and Families; Centers for Public Health Preparedness | Public Health Preparedness Resource Center; Environmental and Occupational Causes of Cancer; CDC and EPA Mold information; National Clearinghouse for Worker Safety & Health Training;

- **Public Health Sites** H-L MedlinePlus - Staphylococcal Infections; Globalhealthreporting.org; Pandemic Influenza; Avian Influenza - Resources for Health Professionals – New Web Page for Clinicians; Key Facts About Avian Influenza (Bird Flu) and Avian Influenza A (H5N1) Virus; Questions and Answers About Avian Influenza (Bird Flu) and Avian Influenza A (H5N1) Virus; Worldwide Preparedness; Flu Activity;

- **Public Health Sites** M-N Self-esteem Games; Mental Health in the United States: Health Care and Well Being of Children with Chronic Emotional, Behavioral, or Developmental Problems United States, 2001; Mental Health in the United States: Health Risk Behaviors and Conditions Among Persons with Depression New Mexico, 2003;

- **Public Health Sites** O-Z Herpeshelper.com;

- **Public Health Software** AHRQ's Mental Health and Substance Abuse Clinical Classification Software (CCS-MHSA); AHRQ's Clinical Classifications Software (CCS) for ICD-9-CM; AHRQ's Tools and Software Page; New section - Healthcare Software Resources: Homeostasis Model Assessment (HOMA) Calculator; UKPDS Risk Engine Calculates heart disease and stroke estimates for those with diabetes;

- **Research Resources** on the Net Survey Research Tutorials; Test Scoring - A Brief Guide to Questionnaire Development by Dr. Robert Frary; Survey Monkey;

- **Statistical Functions** Nonparametric Effect Size Indexes; Mean and standard deviation; random numbers generator; New section: Ranking - rank score tests, Mann-Whitney; Effect Sizes; New section - Meta Analysis: Averaging dependent effect sizes in meta-analysis; Proportional Odds Ratio Model for Comparison of Diagnostic Tests in Meta Analysis; Derivation versus validation; Conditional logit regression; 5 new links about percentages;

- **Statistical Programs** Vertex 42's free Excel templates; Microsoft Calculator Plus; 2 links to the SPSS Developer's Guide; Excel link; SPSS Programming and Data Management: A Guide for SPSS and SAS® Users; Excel add-ons: DE Histograms and SSC-Stat; Determining the Number of Components and Factors Using Parallel Analysis and Velicer's MAP Test; Metric-conversions.org; metric conversion tables; SPSS v10.0; Getting Started with SPSS for Windows; Medical Statistics Using SPSS: an Introductory Course; SPSS for Windows Tutorials, by U.T. Austin - Getting Started, Statistics Tutorial, Displaying Data Tutorial, Data Manipulation and Advanced Topics Tutorial;

- **Temperament** New Mood personality test - fun;

- **US Government Statistics Sites** The Condition of Education; GAO's Status of Federal Data Programs That Support Ecological Indicators; Employment Cost Index; Crime statistics definitions;

- **Useful Sites for Every Day Living** Firstgov.gov's Hurricane Katrina Recovery; New section: Translation services: 3 links - BabelFish, Google's Language Tools, Wordlingo;

- **Web Development Resources** Animation Playhouse; Clubunlimited.com; Creating a Web site; Colors and Web design; Online Psychology Research UK; Rapidcounter.com; Domain Popularity; Lexi's Animation Attic;

- **Web Resources** Microsoft Tips and Fixes; New section - blogging: Ballofdirt.com; New section - Spam control: Mailinator.com, Sneakemail.com, Spamgourmet.com;

- **Web site Medical Search Engines** State Report Cards;

- **Web site Search Engines** Truveo Video Search; Update of Online Dictionary lookup - more sources;

- **Women's Health - General Resources**

- **Women's Health - Life Cycles** NHBLI's Facts About Menopausal Hormone Therapy; Emergency Contraception fact sheet; New section - Toxic Shock Syndrome;
Women's Health Issues

- GAO's State Approaches to Screening for Domestic Violence Could Benefit from HHS Guidance; Severe Clostridium difficile–Associated Disease in Populations Previously at Low Risk --- Four States, 2005;
- Women's Health - Breast Cancer Breast Cancer Screening and Socioeconomic Status --- 35 Metropolitan Areas, 2000 and 2002;
- Writing Resources Three new grammar links;

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January - March 2006

New Pages

- 2006 E-News January - June Table of Contents
- 2006 E-News July - December Table of Contents
- Hits 2005
- PHENOM - Comments from those who have used the program

Updated Pages

All statistics to be updated can be found on all the Site Map Pages, the Web Site Statistics Page, and the Web Polls Stats Page. This is done monthly, usually near the beginning of each month.

- Annotated Epidemiology Bibliography RC Browson & DB Petitti's Applied Epidemiology - Theory to Practice;
- Annotated Great Books Bibliography B. Goldberg's Bias; J. Epstein's Snobbery, the American Version;
- Biostatistics/Statistics Sites Collection of Biostatistics Research Archive (COBRA)
- Brief Intro to Epi Lectures XIV: Critiquing Internet Information
- Cardiovascular Disease - General Heart Disease and Stroke Prevention Practitioners Institute 2005 - great Public Health practice resources!; CDC's Cardiovascular Disease Page; Building and Enhancing Public Health Capacity - 2005 CDC Cardiovascular Practitioners Training Institute; NCEP ATP III Treatment Guidelines - Summary; Hypertension-Related Mortality Among Hispanic Subpopulations --- United States, 1995--2002;
- Cardiovascular Disease - Specific New section: Cardiovascular Risk Calculators - 11 links; Identify Stroke Email - Three Simple Questions;
- Chinese Culture Timetable of Chinese History; China Taishan Timeline; Hanzi Smatter; Danwei.org; 20 new links to Chinese New Year, Chinese culture and holidays;
- Connecticut Public Health Resources Ctdatahaven.org (great data source); Health Savings Accounts: Avoiding the Consumer Traps; Consumer-directed Health Plans Policy BriefWhere Does the Money Come From and Where Does It Go?; Health and Well-Being of Children;
- Consumer Health Information - General MedlinePlus - Sports Safety; Physical Activity Log;
- Diabetes Resources on the Net Diabetes Management: Tests and Treatments among the 18 and Older U.S. Noninstitutionalized Population in 2003; Clinical Performance Measures for Adult Diabetes; Connecticut-specific performance measure data for HbA1c, eye exams, foot exams (9 Qualidigm links);
- Epidemiology A-L Epidemiology Central;
- Everything You Ever Wanted to Know... Earthcam.com - "where the world watches the world"; New York's Time Square; Facts about the USA;
- Favorite Movie Sites Brokeback Mountain; Good Luck, and Good Night; King Kong; Memoirs of a Geisha; The Chronicles of Narnia; The White Countess; New section - Genres - Definitions (13 links); Introduction - The Greatest Films; Yahoo's Coming Soon;
- Grants Page Ten Simple Rules to Getting Grants;
- Graphing Strategies for Figures and Tables in MSWord Theses;
• Health Care Resources on the Net Centers for Medicare and Medicaid Services; 2006 editions of Federal Health Information Centers and Clearinghouses and Toll-free Numbers for Health Information; Having Surgery? What You Need to Know - Questions To Ask Your Doctor and Your Surgeon; What Medicare Prescription Drug Coverage Means to You - A Guide to Getting Started - Introducing MedicareRX Prescription Drug Coverage; Coping with Chronic Illness; Coping with a Major Illness; Top 100 Hospitals - Annual 2004; Medication Log; FDA's Qualified Health Claims;

• Healthcare Quality Data & Standards Nemesis.org - 2 links - emergency medical services;

• Healthcare Quality New section - Minimally Clinically Important Difference (MCID) - 9 links; New Zealand Guidelines Group -2 links; A Toolkit for Redesign in Health Care Final Report; Health-related Quality of Life; Health-related Quality of Life - Prevalence Data; Health-related Quality of Life - Resources; National Healthcare Disparities Reports; National Healthcare Quality Reports; Healthcare Benchmarking; QualityNet Exchange; Quality Measures;

• Healthcare Quality Issues Assessment of Literacy in Primary Care: The Newest Vital Sign (3 links - abstract, in English, in Spanish); GAO's report on nursing homes; Rapid Estimate of Adult Literacy, & Grading Sheet;

• Healthcare Resources on the Net GSA.gov's The New Medicare Prescription Drug Coverage - What You Need to Know; The New Medicare Prescription Drug Coverage: Extra Help for People with Limited Incomes; Your Pharmacy Benefit: Make it Work for You!; Chemoangels.com;

• Health Education Resources Theory at a Glance - A Guide to Health Promotion Practice;

• Healthy People 2020 Healthy People Reviews;

• Health Professional Information New section - Anatomy resources; 7 links (very good info);

• Information Quality HealthRatings.Org; ABCs of Web site_Evaluation; Critical Evaluation Information; Cyberguide Ratings for Content Evaluation; Cyberguide Ratings for Web site Design; How to Evaluate a Web site; Rating Web sites Checklist; Ten Cs for Evaluating Internet Sources; Web page Evaluation Checklist;

• Kids' Health and Science Page FEMA for kids; Just for Youth (Utah); ElectriKids;

• Kids' Fun Page Noah's Ark; Cuteoverload.com;

• Maternal Child Health The Child Welfare Resource Center on Legal and Judicial Issues - Education Issues; Higher Education Opportunities for Foster Youth: A Primer for Policy Makers; Ehlers-Danlos syndrome (Mayoclinic and MedlinePlus); MedlinePlus - Genetic Brain Disorders; Recommended Childhood and Adolescent Immunization Schedule - United States 2006;

• Nutrition Resources USDA's Seasonal Food Safety Fact Sheets; MedlinePlus - Weight control; Mayoclinic - MAOI diet: Restrict foods high in tyramine; Serve it up safe: 8 ways to prevent food-borne illness; New section - Caffeine: 8 links; Nutrition Log; Making Healthy Choices; Partnership for Healthy Weight Management; Setting Goals for Weight Loss; Finding a Weight Loss Program That Works for You; New sections: Omega 3 fatty acids - 6 links; Triglycerides - 5 links;

• PCH 201 - Wellness Index Page Most Behaviors Preceding Major Causes of Preventable Death Have Begun By Young Adulthood;

• Public Health Continuing Education Opportunities New section - Free CHES programs: SAMHSA's CSAP Prevention Pathways, University of Albany's T2B2 broadcasts;

• Public Health Data Kaiser Statefactsonline; American Lung Association's Trends in Lung Cancer Morbidity and Mortality; Globalhealthfacts.org; AIDS - basic statistics page;

• Public Health Data HCUP-US databases;

• Public Health Data National Survey of Children's Health Data Resource Center; Health and Well-Being of Children; National Survey of Children's Health;

• Public Health E-News, January - June 2006 January; February; March;

• Public Health Practice Rethinking Prevention;

• Public Health Sites A-C National Cancer Institute's Lasers in Cancer Treatment: Questions and Answers; Lung Cancer Alliance;

• Public Health Sites D-G MedlinePlus - Disaster Preparation and Recovery, Heat Illness; Preventing Drug Use Among Children and Adolescents; Risk and Protective Factors in Drug Abuse Prevention;

• Public Health Sites H-L Surveillance for Fatal and Nonfatal Injuries --- United States, 2001 (2004); MedlinePlus - Injuries;

• Public Health Sites M-N Holiday Depression & Stress; Seasonal Affective Disorder; NIH's Medical Tests for Prostate Problems; New section: Stress - Emotion, Stress, and Coping; The Effect of Stress on Illness in Adulthood: Recent Research; Stress and Illness; Stress Can Become a Serious Illness; An Introduction to Mental Illness; Creativity and Mental Illness; The Immune Power Personality: 7 Traits You Can Develop to Stay Healthy; National Empowerment Center; People Can Recover from Mental Illness; Researchers find link between creative genius and mental illness; What is Emotion?; Mental Illness, an Overview; Racial/Ethnic Disparities in Diagnoses of HIV/AIDS --- 33 States, 2001--2004; Medical Basis of Stress, Depression, Anxiety, Sleep Problems, and Drug Use; Stress at work; Beck Depression Inventory;

• Public Health Sites O-Z Smokeless Tobacco Blog;

• Public Health Software AHRQ's Clinical Classifications Software (CCS) for ICD-9-CM; Tools & Software page; Chronic Condition Indicator; CDC's Epi Info site; Bioestadistica, Central Indiana ASA software downloads; Episcope 2.0; Meta-DiSc: EpiDat; EasyMA; RevMan; Cochrane Collaboration's IMS Page; Health Outcomes Software Downloads; Healthcare Freeware; Mapmaker.com;

• Research Resources on the Net Sample Forms Collection (super collection of various types of forms); MedlinePlus - Understanding Medical Research; UCLA's Online Seminar & Classes for many programs and statistical procedures;
Model Needs Assessment; Needs Assessment Matrix;
- Senior Health FDIC's Fiscal Fitness for Older Americans: Stretching Your Savings and Shaping Up Your Financial Strategies;
- Statistical Functions PS: Power & Sample Size Calculations; Bootstrap Methods & Permutation Tests; Microarray sample size calculator; Animal carcinogen sample size calculator;
- Statistical Programs Strategically using General Purpose Statistics Packages: A Look at Stata, SAS and SPSS; Bioestadistica; Central Indiana ASA software downloads; NCSS Jr; MacAnova; IDAMS statistical software; Instat; ViSta visual statistics system; Smith's Statistical Package; Openstat4; MorePower; Bill Graham's Math Pages; EpiCalc2000; PORS; Sila; PCalc; STATable; StatCalc; StatPac; Chris Rorden's Stats Page; Excel Add-ins: StatCat, SISA, Poptools, Joachim Werner's Page; R Project for statistical computing; Mx; MLE; Van Tilburg University's statistical software; Statistics Software for Meta-Analysis; Meta-Stat; Epidata; EasyStat; Ibiblio software download site; Software for multiple imputation; University of Texas MC Anderson Department of Biostatistics & Applied Mathematics Software Download Site; ITALASSI; IRRIStat; Microarray sample size calculator; Animal carcinogen sample size calculator; SPSS - Logistic Regression; UCLA's Online Seminar & Classes; for many programs and statistical procedures; Genova Programs;
- Useful Sites for Every Day Living Paul English's IVR Cheat Sheet - bypass those annoying automated answering machines; Product recalls; New section: Pets - Pets and Pet Health; National Sex Offender Registry;
- Web Development Resources PBWiki.COM: A message to clueless website authors; Developing with Web Standards; Guidelines for Preparing Documents to be Distributed Via the World Wide Web; Guide to Web Style; The Benefits of a Fixed Width Design; Using the Web for Presentations; Web Development Mistakes; Web Page Design for Designers; Google Sitemap Generator; Google Sitemaps; Webstyleguide.com; Google Sitemaps;
- Web Resources Computerhope.com; New section - Technical Assistance: 4 links; Avast antivirus program; Hobbes' Internet Timeline v8.1; Internet Etiquette (Netiquette); Caedes Desktop Wallpaper; Pbwiki.com;
- Web site Polls Statistics Archives All of 2005 is now here, with earlier years
- Useful Sites for Everyday Living New Section - Cell phones - 10 links; Yahoo! Farechase;
- Web site Search Engines Update of Online
- Women's Health - General Resources Solving the Mystery of Mother-Daughter Speak;
- Women's Health - Life Cycles MayoClinic's Depression in Pregnancy; Premature babies;
- Women's Health Issues New section - Chronic Conditions: Fibromyalgia - 2 links; Lung Cancer Alliance;
- Women's Health - Breast Cancer National Cancer Institute's The Study of Tamoxifen and Raloxifene (STAR): Questions and Answers;
- Writing Resources Heyer's Slang and Cant; Ten Simple Rules to Getting Grants; Ten Simple Rules to Getting Published;

April - June 2006

New Pages

- 1999 - 2005 Web site Awards

Deleted/Changed Pages

- Frequently Asked Questions, Page 2
- Job Ads Page
- Job Posting Rules
- PCH 202 Fall 2005 Syllabus
- PCH 593 Fall 2005 Syllabus
- PCH 594 Spring 2006 Syllabus
- SCSU Public Health Alumni Mentor Program
- Old Resume
- Thesis and Special Project Resource Page

Updated Pages
All statistics to be updated can be found on all the Site Map Pages, the Web Site Statistics Page, and the Web Polls Stats Page. This is done monthly, usually near the beginning of each month.

- **Academic Resources** Calculating your GPA - 4 online calculating sites;
- **Annotated Great Books Bibliography** Dan Brown's Angels & Demons; Thomas L. Friedman's The World is Flat - A Brief History of the 21st Century; John Abramson's Overdo$ed America. The Broken Promise of American Medicine;
- **Biostatistics/Statistics Sites** Using Data;
- **Brief Intro to Epi Lectures XIV** Critiquing Internet Information
- **Cardiovascular Disease Index Page** New section: Chronic Care Model - Improving Chronic Care; Chronic care model; Chronic Care Model Presentations; Overview of Chronic Care Model; Expanded Model; Chronic Disease Web sites; The Burden of Chronic Diseases and Their Risk Factors;
- **Cardiovascular Disease - General** New section: Cough-CPR Hoax - 4 links; New cholesterol guidelines for converting healthy people into patients; National High Blood Pressure Education Month; CDC's Division of Heart Disease and Stroke Prevention, CDC Heart Disease page; HeartAge Calculator; NHLBI Heart Healthy Recipes; DASH Recipes; Fact sheets about high blood pressure and healthy eating; Cholesterol: Managing its Effects on Cardiovascular Disease Risk; NCEP ATP III Treatment Guidelines; Clinical Performance Measures - Hypertension; JNC VII Express New Zealand Cardiovascular Risk Calculator; Ten-year Risk Calculator: Factoids and Health Messages about High Blood Pressure; High Blood Pressure Fact Sheets; National High Blood Pressure Month; Performance Measures;
- **Cardiovascular Disease - Specific** Seattle Heart Failure Model; Awareness of Stroke Warning Signs --- 17 States and the U.S. Virgin Islands, 2001; National Stroke Awareness Month --- May 2006; Place of Death After Stroke --- United States, 1999–2002; Stroke; Women’s Stroke Symptoms Differ from Men’s; Study Finds Women’s Stroke Symptoms Differ from Men’s; Clinical Performance Measures - Heart Failure;
- **Chinese Culture** Cancer Information in Chinese; Asian Pacific Islander Cancer Education Materials Tool;
- **Connecticut Public Health Resources** 2003 Registration Report Tables; CT mortality statistics and other reports; Hospitals Performance Comparisons; American Community Survey; The Real Cost of Living and Getting Health Care in CT; Free Wi-Fi Spots; Diabetes information in Chinese; Asian American Diabetes Page;
- **Cool Sites A - L** Safecar.gov - car ratings;
- **Cool Sites M - Z** 7 links to determining the value of donated goods;
- **Connecticut Public Health Resources** New section - Connecticut Economic Data (6 links); Connecticut Town Profiles (9 links); Map of the Month; Public Health Code (DPH): Employment Change 1980-2004, by Town map; 2005 Connecticut Snapshot 2005; American Community Survey; Annual Registration Reports & Resident Hospitalization Reports; Behavioral Risk Factor Surveillance System; Census 2000 for CT Counties and Towns; CT School Health Survey; Health Disabilities; Mortality/Deaths in Connecticut; Population Estimates for CT Counties and Towns;
- **Copyright Page** Why Plagiarists Do It
- **Diabetes Resources on the Net** Taking on Diabetes; Diabetes is Epidemic; America's Diabetes Health Guide; Bilingual diabetes information in 38 different languages; Diabetes Tools; Women's Health, Diabetes and Physical Activity; National Glycohemoglobin Standardization Program (NGSP; Fructosamine;2000 Quick Reference Guide to the American Diabetes Association's Standards of Care; Clinical Practice Guidelines for Diabetes; Diabetes Quick Reference Guide; Clinical Practice Guidelines for Diabetes; Standards of Medical Care in Diabetes - 2006; Closing the Quality Gap: Critical Analysis of Quality Improvement Strategies: Diabetes Mellitus; Diabetes: Heart Disease and Stroke American Diabetes Association; Diabetes Prevention: Type 2 Diabetes; Combat Diabetes Risk Factors; MedlinePlus - Diabetes Risk Factors; CDC's FAQs about Diabetes; Prevention or Delay of Type 2 Diabetes; Canadian Government's Risk Factors for Diabetes; Pre-Diabetes; Hyperosmolar Hyperglycemic Nonketotic Syndrome (HHNS);
- **Epidemiology A - L** Definition of Epidemiology; New section: Age Adjustment - 10 links;
- **Evaluation Resources** Statemaster.com; New section - State economic report cards (5 links); State efforts to control obesity and childhood obesity; New sections for non-government report cards (health, socio-demographics, health behaviors) from United Health Foundation - America's Health Rankings - All States Comparison 2005; Children in Poverty; High School Graduation, by State; Lack of Health Insurance, by State; Infant Mortality, by State; Premature Death, by State; Total Mortality, by State; Cancer Deaths, by State; Cancer Deaths, by State; Combined Measures of Risk Factors & Outcomes; Prevalence of Smoking, by State; Prevalence of Violent Crime, by State; 2005 NHQR/NHDR State Snapshots;
- **Everything You Ever Wanted to Know... GAO's Facts about Insurance**; World War II Military Situation Maps; Hotchkiss Map Collection; Colonial America; American Indians and the Pacific Northwest; Calendars Through the Ages;
- **Favorite Movie Sites** Criticker.com; 16 Blocks; An American Haunting; Eight Below; Lucky Number Slevin; Mission Impossible 3; Poseidon; Silent Hill; Thank You for Smoking: The DaVinci Code; The Promise; Transamerica; V for Vendetta; X-Men; The Last Stand; Movie List - 4 movie trailer links;
- **Free Software** New section - Text Analysis Software - 3 links;
- **Grants Page** Ten Simple Rules to Getting Grants; Searching for grants on Grants.gov; How to find grant opportunities;
- **Graphing Control Charts**; Flowcharts; Pareto Charts; Run and Control Charts; Defect Concentration Diagram; Microsoft Powerpoint Tutorial; Powerpoint - Shambles.net; Powerpoint Resources; Brainy Betty's Powerpoint templates; Powerbacks.com; Powerpoint Background Templates - 2 links; Watermarking your presentations;
- **Health Care Resources on the Net** Free Medical Symptom Diagnosis Without An Office Visit; Alijor.com; Talking About
Medicare: Your Guide to Understanding the Program; Healthfinder;

- **Healthcare Quality Data & Standards** AFCARS Toolkit; Healthcare Cost and Utilization Project (HCUP); Medical Expenditure Panel Survey (MEPS); The Guide to Medicare Preventive Services; Medicare Hospital Payment information (very good); HCUP Statistical Briefs; HCUP Reports;

- **Healthcare Quality** AHRQ Quality Indicators Page; New section: Health Care Quality Reports - 8 links, including 2005 NHQR/NHDR State Snapshots; 2005 National Healthcare Disparities Report (NHDR); 2005 National Healthcare Quality Report (NHQR); Quality Assurance Methods and Tools; Basic Concepts of Quality; Quality Tools; What is Performance Improvement?; National Voluntary Consensus Standards for Ambulatory Care: An Initial Focus Performance Measure Set; Key Measurement Issues in Screening, Referral, and Follow-Up Care for Young Children's Social and Emotional Development;

- **Healthcare Quality Issues** Cultural Competency Organizational Self-Assessment Toolkit; New section: Pay for Performance - 1 link; HRSA's Cultural Competence Resources for Health Care Providers; Quick Guide to Health Literacy; Office of Communications; Cultural Competency and the Communication, Quality and Safety of Hospital Care: Paper and Toolkit on Assessing and Addressing Hospital Care for Children;

- **Healthcare Resources on the Net** Healthfinder.gov;

- **Health Education Resources** Teaching Tips Index; What's Your Learning Style?;

- **Health Professional Information** A AFP - FPM Toolbox - spreadsheets for medical practice;

- **Kids' Health and Science Page** The Structures of Life; CUNY Hunter's child safety resources; Finaidfacts.org; NASA's 21st Century Explorer; Way to go, Einstein!: Healthfinder for kids;

- **Kids' Fun Page** Mariko Takahashi's Poodle Power Workout Party; Computerworks; Icebreakers and Introductions; Warmups and Energizers; On line Friend; Matchpractice.com's Golf Game; Bugging You;

- **Maternal Child Health** Child Maltreatment 2004; NIH's Genetics Basics; Genetic Science Learning Center; New section: Genetics Education: Genetics Education Center; Genetics Education Modules for Teachers; Genetics Education Network; Genetics Education Partnerships; Genetics Home Reference; National Coalition for Health Professional Education in Genetics;

- **Nutrition Resources** Trans Fats Judged Major Villain in Cardiovascular Disease; Food Studies Institute; How to Understand and Use the Nutrition Facts Label; Prevention of Pediatric Overweight and Obesity; Screening for Obesity in Adults; Dietary Guidelines For Americans, 2005; Encyclopedia of Children's Health;

- **PCH 201 - Wellness Index Page** 5 plagiarism tutorials, 2 plagiarism resource links;

- **Personality - MBTI** Can Your Personality Get You Hired or Fired?

- **Public Health Continuing Education Opportunities** Ed.gov's Digital Workshops; Science of Sex and Gender in Human Health Online Course Web Site;

- **Public Health Data** Prevention of Hepatitis A Through Active or Passive Immunization;


- **Public Health Data** Data Resource Center for Child and Adolescent Health;

- **Public Health Documents** Health Care Costs 101; U.S. Health Care Spending - Quick Reference;

- **Public Health E-News** January - June 2006 Tables of Content for January, February, March, April, May now posted;

- **Public Health Practice** Family to Family Tools; Public Health Foundation - Public Health Infrastructure Resource Center, Performance Management Self-Assessment Tool; National Standards and Initiatives; Activities for Members of Religious Congregations; Activities for Priority Groups and Settings;


- **Public Health Sites** D-G Power Lines and Cancer FAQs: EMF guru;

- **Public Health Sites** M-N Tribal-State Relations - Promising Practices in Child Welfare; Working with American Indian Families; Goldberg's Mania Quiz; New section under Mental Health - Depression: Self-assessment tools, resources - 16 links; Clinical Depressive Disorder - Clinical Performance Measures; Healthfinder.gov - American Indians, Pacific Islanders, Asian Americans;


- **Public Health Software MIX** Meta-analysis with Interactive eXplanations; AHRQ's Comorbidity Software, Version 3.1; Clinical Classifications Software for CPT (CCS-CPT - Beta Version); H-CUP Tools and Software Page; Teaching/Training Modules on Trends in Health and Aging;

- **Research Resources** on the Net The Promoting Healthy Development Survey (PHDS)-PLUS: Implementation Guidelines;
- **Search Engines - H - Z Resource Shelf**
- **Search Engines - Health** Grey Literature Report; NOAH Consumer Health Information; Healthfinder; Healthfinder en espanol;
- **Senior Health** Understanding Alzheimer’s Disease; Understanding Memory Loss;
- **Statistical Functions MIX - Meta-analysis with Interactive eXplanations; Choosing the Right Statistical Test; Testing for Differences Between Two Groups: t test; Cochran Test; Applying Regression Blog;
- **Statistical Programs** Microsoft Excel Tutorials; MIX - Meta-analysis with Interactive eXplanations; Correlation Coefficient Power Calculations Correlation Coefficient 1-Sample online calculator; SAS: Analyzing Complex Sample Survey Data: A New Beginning, Analysis of Sample Survey Data, Proc SurveyMeans; Gjalt-Jorn Peters Excel Page;
- **Temperament** Using Keirsey Test Data; Type A Personality Increases Susceptibility to Heart Disease; Four Basic Temperaments; Non-expression of Negative Emotions as a Personality Feature in Coronary Patients; Type D personality: the heart, stress, and cortisol; Personality types A, B and C and Disease; Type T Personality; Personality Types and Health Risks; DiSC System; DiSC Classic and Models of Personality; Personality types - mutual perceptions matrix; Personality Types, Theories, and Tests;
- **US Government Statistics Sites** New section - Education statistics - 5 links; Federal Depository Library Locator; Statemaster.com; Nationmaster.com; Foster Care ; Numbers and Trends;
- **Useful Sites for Every Day Living** Breakthechain.org; Mobileseatguru.com;
- **Web Development Resources** Mysmiley.Net; Boutell.com's WWW FAQs;
- **Web Resources** Finding Free Wi-Fi Sites
- **Women's Health - General Resources** NIH's Office of Research on Women's Health;
- **Writing Resources** Ten Simple Rules to Getting Grants; Ten Simple Rules to Getting Published;

### July - September 2006

#### New Pages

- **Brief Resume** 3-pages long
- **PHENOM Logic Models & Annual Reports**

#### Updated Pages

All statistics to be updated can be found on all the Site Map Pages, the Web Site Statistics Page, and the Web Polls Stats Page. This is done monthly, usually near the beginning of each month.

- **Annotated Academe Bibliography** Frank McCourt's Teacher Man;
- **Annotated Great Books Bibliography** Lynne Truss - Talk to the Hand #?*! The Utter Bloody Rudeness of the World Today, or Six Good Reasons to Stay Home and Bolt the Door; James Surowiecki - The Wisdom of Crowds; Dan Brown - Deception Point; Joan Didion - The Year of Magical Thinking; Seckel - Incredible Visual Illusions; Petroski - Small Things Considered - Why There is No Perfect Design; Simon Winchester's A Creack at the Edge of the World. America and the Great California Earthquake of the 1906; Al Gore's An Inconvenient Truth; Frank McCourt's Teacher Man; Dan Brown's Digital Fortress;
- **Annotated Internet Bibliography** HTML Top 100 Simplified Tips & Tricks;
- **Annotated Public Health Practice Bibliography** Simon Winchester's A Creack at the Edge of the World. America and the Great California Earthquake of the 1906;
- **Brief Intro to Epi Lectures** XIV: Critiquing Internet Information
- **Cardiovascular Disease Index Page** Improving Chronic Care.org;
- **Cardiovascular Disease - General** Dietary Therapy for Preventing and Treating Coronary Artery Disease; Good Nutrition Can Prevent and Treat Coronary Artery Disease; Trends in Mean Total Cholesterol Among Adults Aged 20–74 Years, by Age Group --- United States, 1960–1962 to 1999–2002;
- **Cardiovascular Disease - Specific** HeartDecision.org's online CHD Risk Assessment; Recommendations for the Establishment of Stroke Systems of Care;
- **Consumer Health Information - General** Pollen Counter;
- **Cool Sites** A - L Safecar.gov - car ratings; Take Me Fishing.org;
• **Cool Sites M - Z** 7 links to determining the value of donated goods;

• **Connecticut Public Health Resources** Calling 9-1-1: From AHRQ's 2005 Snapshots: Overall Health Care Quality Performance, Connecticut Strongest & Weakest Measures, Acute Health Care Quality Performance, Acute Health Care: Specific Quality Measures and Metrics that constitute the Summary Measure of Acute Health Care for Connecticut, Compared to All States, Ambulatory Care Quality Performance, Ambulatory Care: Specific Quality Measures and Metrics that constitute the Summary Measure of Ambulatory Care for Connecticut, Compared to All States, Chronic Health Care Quality Performance, Chronic Health Care: Specific Quality Measures and Metrics that constitute the Summary Measure of Chronic Health Care for Connecticut, Compared to All States, Home Health Care Quality Performance, Home Health Care: Specific Quality Measures and Metrics that constitute the Summary Measure of Home Health Care for Connecticut, Compared to All States, Hospital Care Quality Performance, Hospital Care: Specific Quality Measures and Metrics that constitute the Summary Measure of Hospital Care for Connecticut, Compared to All States, Nursing Home Care Quality Performance, Nursing Home Care: Specific Quality Measures and Metrics that constitute the Summary Measure of Nursing Home Care for Connecticut, Compared to All States, Preventive Health Care Quality Performance, Preventive Health Care: Specific Quality Measures and Metrics that constitute the Summary Measure of Preventive Health Care for Connecticut, Compared to All States; Department of Education's Data Bulletins, State Education Data, Local & District Education Data; Some revamping of the page to consolidate data links; OCHA's Preventable Hospitalizations in CT, Assessing Access to Community Health Services FYs 2000 - 2004; Air Quality Index, Local Air Quality; Cancer statistics; Studying Health Care Utilization in Connecticut, primarily examines recent utilization trends of acute care hospital inpatient services; Census Data Contacts; Connecticut Map Stats; Connecticut Quick Facts; Connecticut Census Quick Links Page; Completion of Bachelor's Degree; Connecticut Disability Data; County Business Patterns for Connecticut; Economic Census: Summary Statistics for Connecticut 1997 NAICS Basis; Economic Census: Comparative Statistics for Connecticut 1987 SIC Basis; Per Capita and Median Household Income; Household Income Data; Real Median Household Income;

• **Diabetes Resources on the Net** eDiabetesCure.com; Data Resources, References and Methods; Prevalence of Diabetes; Adult Diabetes Performance Measures National Diabetes Alliance 2005; Diabetes Care Quality Improvement: A Resource Guide for State Action; Number of Persons with Diagnosed Diabetes* and Number of Ambulatory Care Visits† Related to Diabetes --- United States, 1997–2004; Diabetes Death Rate* for Hispanics† Compared with Non-Hispanic Whites --- United States Versus Counties Along the U.S.-Mexico Border,§ 2000–2002; Evaluation Resources Deaths per 100,000 population, by state; Total Gross State Product, by state; Additions to Logic Models sections: Instructional Product Evaluation; Creating Program Logic Models; 4H Logic Model: Developing a Logic Model; Developing Logic Models; Logic Model Workbook; EPA's Measuring Environmental Results; USDA's Program Logic Model Overview; Re-inventing Government; New section - Logic Model Templates; Draft Logic Model Template; Logic Model Examples; Logic Model Template; Logic Model Templates from 4 organizations; Logic Model Template - Explanation of Terms; Outcomes Logic Model Template; Program Logic Model; United Way Template; CDC 2006 Summer Evaluation Institute; Making the Grade on Women's Health: A National and State-by-State Report Card 2004; Councils of Florida's Local Health Planning;

• **Everything You Ever Wanted to Know... Are you a rebel or a yankee?**

• **Favorite Movie Sites** Miami Vice: The Break-up; The Devil Wears Prada; The Pirates of the Caribbean: Curse of the Black Pearl; Pirates of the Caribbean: Dead Man's Chest; My Super Ex-Girlfriend; Age Gauge -Movies;

• **Favorite Music Sites** New section: Cool Music Videos: Bouncing Souls, "The Pizza Song";

• **Free Software** Kim Kommando's Download page; Bysoft.com; Free Medical Palmware; Dafont.com;

• **Healthcare Quality** The State of Health Care Quality 2005; Databases and Related Tools From the Healthcare Cost and Utilization Project (HCUP) – Update; Quality Check.org; Health Care Quality Measures; Collecting Data to Drive Health Efforts; Consistently Evaluating Outcomes; Center for Quality Assessment and Improvement in Mental Health (CQAIMH);

• **Healthcare Quality Issues** The Quality of Health Care Delivered to Adults in the United States; 12 new links under Health Literacy: eHealth Literacy: Essential Skills for Consumer Health in a Networked World, JAMA's Health Literacy, health.gov's Health Literacy and Health Outcomes, Health Literacy Resources from Mlanet.org, Literacy and Health Outcomes, REALM Instructions & Wordlist, AMF's Health Literacy: The Gap Between Physicians and Patients, also in PDF format, Tools to Evaluate Patient Education, Pfizer's What is Health Literacy?; IOM's The Future of Emergency Care Fact Sheet; Eliminating Error-prone Abbreviations, Symbols and Dose Designations; Error-prone Abbreviations Medication Errors; Medication Safety Tools and Resources;

• **Healthcare Resources on the Net** Consumer's Guide to Diagnostic Imaging; Self-care Essentials;

• **Health Education Resources** NIH Curriculum Supplement Series; National Board for Professional Teaching Standards;

• **Healthy People 2020** Healthy Vision Community-Based Programs Database; Healthy Vision 2010 Special Programs and Events;

• **Kids' Health and Science Page** Media-Smart Youth: Eat, Think and Be Active!; What We Can!??;

• **Kids' Fun Sites** Find the Celebrity in You; Penguin Fun; Honda Accord Ad - great domino effect; Outbreak at Water's Edge - a Public Health game; Monday Morning Test; Place the State - test your knowledge of U.S. geography; Age gauge - TV, Movies; Geography Test (yes, another one!);

• **Maternal Child Health Child Welfare Information Gateway;**

• **Maternal Child Health Resources** Child Welfare Information Gateway; Child Welfare Monitoring; National Data
Analysis System;
- Public Health Continuing Education Opportunities Genetics and Your Practice; Six Weeks to Genomics Awareness;
  CDC's NHANES Tutorial;
  Cigarette Use Among High School Students United States, 1991--2005; Centers for Medicare and Medicaid Services -
  Research, Statistics, Data & Systems; Medicaid Data; Medicare Data; SCHIP Data; Procedures in US Hospitals, 2003;
  Quality and Patient Safety;
- Public Health Data America's Children in Brief: Key National Indicators of Well-Being, 2006; Adolescent* Death Rates,†
  by Race/Ethnicity and Sex --- United States, 2001--2003;
- Public Health Documents State Official's Guide to Wellness;
- Public Health Fact Sheets - Developed by my Introduction to Public Health and Wellness students, worth checking out. I just
  added 19 new fact sheets from earlier years (since 1992!)
- Public Health Practice Taking Care of Business - A Collaboration to Define Local Health Department Business Processes;
  Choosing Appropriate Interventions; Crafting an Operating Plan; Creating a Supportive Environment;
- Public Health Sites A-C Boot camps for troubled teens;
- Public Health Sites D-G Teendrugabuse.us; Protect yourself from mold; New section - Hurricane information - 3 links,
  under Emergency and Disaster Preparedness;
- Public Health Sites H-L Pandemicflu.gov; Highly Pathogenic Avian Influenza Early Detection Data system (HEDDS);
  National Avian Influenza Surveillance Information; National Wildlife Disease Information Node;
- Public Health Sites M-N National Cancer Institute's A Guide to Clinical Cancer Studies, info for African Americans;
  Men's Health Awareness Kit; Center for Quality Assessment and Improvement in Mental Health (CQAIMH); Letting Go
  of Stress;
- Public Health Sites O-Z Useful Resources to Quit Smoking; Evidence Report on Tobacco Use: Prevention, Cessation, and
  Control; New section: Wellness - Seven Benchmarks of Success; Welcoa Free Reports; Welcoa Helpful Sites; Sexually
  Transmitted Diseases Treatment Guidelines, 2006; Human Immunodeficiency Virus (HIV) Risk, Prevention, and Testing
  Behaviors --- United States, National HIV Behavioral Surveillance System: Men Who Have Sex with Men, November
  2003--April 2005; Healthcare Disconnect: Gaps in Coverage and Care for Minority Adults; Racial and Ethnic Disparities
  in Potentially Preventable Hospitalizations, 2003;
- Research Resources on the Net The Culprit and the Cure. Let Science Be Your Guide; New section: Qualitative Research
  Resources: Audience Research Basics, Prevention Communication Research Database, Prevention Communication
  Research Database - Search by Methodology;
- Statistical Functions MetaAnalysis: Overview; Meta-Analysis Notes; Quantitative Synthesis in Systematic Reviews;
  Systematic Reviews: Method-analysis and its problems; Systematic Reviews: Identifying relevant studies for systematic
  reviews; Systematic Review: Why sources of heterogeneity in metaanalysis should be investigated; Misleading meta-
  analysis: Growing pains of meta-analysis; The relation between treatment benefit and underlying risk in meta-analysis;
  Bias in meta-analysis detected by a simple, graphical test; Meta-analysis: Potentials and promise; Meta-analysis:
  Principles and procedures; Meta-analysis: Beyond the grand mean?; Bias in location and selection of studies; Meta-
  analysis Spurious precision? Meta-analysis of observational; Meta-analysis: Unresolved issues and future developments;
  Meta-analysis:Meta-Analysis Software; Empirical assessment of effect of publication bias on meta-analyses; Systematic
  reviews in health care:Investigating and dealing with publication and other biases in meta-analysis; Measuring
  inconsistency in meta-analyses; Survival probabilities (the Kaplan-Meier method);
- Statistical Programs SPSS Wiki; Analyzing Complex Sample Survey Data Using SAS, SPSS, STATA and SUDAAN;
  Comparison of SAS Survey Procedures and SUDAAN Procedures; U.S. Health and Nutrition SAS Survey Procedures
  and NHANES;
- US Government Statistics Sites The Condition of Education; AgingStats.gov;
- Useful Sites for Every Day Living Air Quality Index; Local air quality; Air Travel and Cruise Ships; Gethuman Database;
- Web Resources Finding Free Wi-Fi Sites; Protect Your Personal Information;
- Web site Medical Search Engines MDJunction.com;
- Useful Sites for Everyday Living Incidentlog.com; Babynamewizard.com; Fuel Cost Calculator from AAA.com; Age
  Calculator;
- Web site Medical Search Engines Healia;
- Women's Health - Life Cycles Useful Resources to Quit Smoking:Independence from Smoking;
- Women's Health - Cervical Cancer Human Papillomavirus (HPV) Vaccines for Cervical Cancer;

October - December 2006

New Pages

- Pch 201 Fall Syllabus
- Pch 201 Updates

### Deleted/Changed Pages

### Updated Pages

All statistics to be updated can be found on all the **Site Map Pages**, the **Web Site Statistics Page**, and the **Web Polls Stats Page**. This is done monthly, usually near the beginning of each month.

- **Annotated Biostatistics Bibliography** J.S. Rosenthal's Struck by Lightning. The Curious World of Probabilities;
- **Annotated Statistics Bibliography** J.S. Rosenthal's Struck by Lightning. The Curious World of Probabilities;
- **Biostatistics/Statistics Sites** OpenEpi.com; Interactivate;
- **Cardiovascular Disease - General** CDC's Successful Business Strategies to Prevent Heart Disease and Stroke Toolkit; High Blood Cholesterol - What You Need to Know; Your Guide to Lowering Cholesterol with TLC; Heart Disease and Stroke Prevention Legislative Database -Search for Bills;
- **Cardiovascular Disease - Specific** How drug-eluting stents work; Risk Assessment Tool for Estimating Your 10-year Risk of Having a Heart Attack;

- **Chinese Culture** Two Reasons I Find Time to Prevent Diabetes: My Future and Theirs Tip Sheet In Chinese; Glycemic Index FAQ in Chinese; Chinese Surnames; China Family Research;
- **Connecticut Public Health Resources** Board of Examiners for Nursing; Connecticut Medical Examining Board; Comparing Nursing Homes; Health Care Facility Regulatory Action; Regulatory Action Reports; A Comparison of Managed Care Organizations In Connecticut - October 2006; Diabetes in CT; Hazardous Waste Sites and Soil Contamination; CT Medical Board; Grading Connecticut for Serious Mental Illness; Cthealthpolicy.org's Information for Consumers; New section for community health centers: 2006 Access to Community Health Databook - Connecticut; Health Center Fact Sheet - Connecticut Profile, National Association of Community Health Centers, Inc - Connecticut Page, Map of Community Health Centers Sites in CT, Community Health Center Fact Sheet - National Profile; Flu Information; State of Connecticut Local Health Departments and Districts, July 2006; Hospital Compare; Hospital Performance Reporting; Connecticut State University Library Information System (CONSULS) Search; Connecticut Licensing Search;
- **Consumer Health Information - General** FIMDM Health News Review; Burning Calories Calculator; Waist-to-Hip Ratio Calculator; Target Heart Rate Calculator; Walking & Calories Calculator; Medical History Form;
- **Cool Sites A - L** Fantastic Photographs;Genealogy - Castlegarden.org;
- **Cool Sites M - Z** Ideal Budget - online calculator; When Life was in Black and White;
- **Diabetes Resources on the Net** Improving the Quality of Diabetes Care; Idaho Plate Method; Diabetes in America, 2nd Edition -NIDDK.NIH.gov; Screening for Type 2 Diabetes - Diabetes Care 2004; Diabetes Toolkit from Texas Health Department; Feet Can Last a Lifetime; Screening for Type 2 Diabetes; Clinical Practice Tools for Health Professionals; Diabetes and Cardiovascular Toolkit; Campaigns for High-risk Minority Audiences; CDC's Diabetes Program; Diabetes Prevention; Diabetes Prevention Program Curriculum; FTC and FDA Act Against Internet Vendors of Fraudulent Diabetes Cures and Treatments Measures are Part of Coordinated Effort by United States, Mexico and Canada; Health Education Materials for School Personnel; Diabetes Resources for Business and Managed Care; Diabetes Personal Health Decisions; National Diabetes Education Program; National Diabetes Information Clearinghouse; Type 1 Diabetes Research; Directory of Diabetes Resources; Eagle Book: A Guide for Educators and Communities; Low–Glycemic Index Diets in the Management of Diabetes; Glycemic index and heart disease; Carbs, Glycemic Index & Glycemic Load; Glycemic Index Newsletter;The Glycemic Index debate: Does the type of carbohydrate really matter?;Correlation between dietary glycemic index and cardiovascular disease risk factors among Japanese women;Glycemic Index and Glycemic Load;
- **Epidemiology A - L** OpenEpi.com;
- **Evaluation Resources** Program Assessment Rating Tool (PART); Managing for Results - Enhancing Agency Use of Performance Information for Management Decision Making - GAO.gov; Grading the States for Serious Mental Illness; CDC's Program Design, Program Design: Evaluation Resources, Program Design: Logic Model, Planning Resources;
- **Everything You Ever Wanted to Know...** National Hurricane Center - Names;
- **Free Software** PGP 7.0.3; Snippy; ZOHO.com; Ardamax Keylogger; Actual Keylogger; Ghost Keylogger; My Financial House; Bart's Preinstalled Environment (BartPE) bootable live windows CD/DVD; DLL-downloads.com; TerabyteUnlimited.com Freeware; BooZet's Free Software; YourWare Solutions;
- **Graphing** Allan Wyatt's Excel Tips for Graphing; Creating Bar Graphs with Excel; Graphing with Standard Error Bars; How to Make a Bar Graph in Excel; Questions about graphing in Excel; Using Error Bars in your Graph; Pdphpad.com;
- **Health Care Resources on the Net** RateMDs.com; Adult Preventive Care Timeline; Social Security Disability Secrets;
Diseases Related to Travel; Seven Pains You Shouldn't Ignore; Medical History Form;

- **Healthcare Quality Data & Standards** 7 links to Wisconsin health care quality data: 2004 HMO Report Card; 2004 MEDDIC-MS Data Book Volume 1 (program-wide data); 2004 MEDDIC-MS Data Book Volume 2 (HMO specific data); 2004 iCare MEDDIC-MS SSI Data Book; 2004 CAHPS Enrollee Satisfaction Executive Summary Report; General Quality Reports page with 2004 and previous performance data links; HMO Performance improvement project report summary 1997-2004;

- **Healthcare Quality** AHRQ's Measure Index Page; The State of Health Care Quality 2006; The State of Health Care Quality 2006 Charts; The State of Health Care Quality 2006 Executive Summary;

- **Healthcare Quality Issues** The Health Literacy of America’s Adults: Results from the 2003 National Assessment of Adult Literacy from Ed.gov; HRSA's Health Literacy; Health Literacy Improvement; Consumer and Patient E-Health; Health Communication Activity; Pink Book-Making Health Communication Programs Work; Workers Who Care: A Graphical Profile of the Frontline Health and Health Care Workforce; Tools to Address Disparities in Health: Data as Building Blocks for Change;

- **Health Education Resources** Pink Book-Making Health Communication Programs Work;

- **Kids' Index Page** Awesome Library Directory

- **Kids' Health and Science Page** College-scholarships.com; Scholarshiphelp.org; Kidsource Online; Local School Directory.com;

- **Kids' Fun Sites** Flash games; Funschool; Escapa; Stackopolis; Cat Halloween Bowling; Looneytunes;


- **Nutrition Resources** The World's Healthiest Foods; FDA's Make Your Calories Count: Use the Nutrition Facts Label for Healthy Weight Management;

- **PCH 201 - Wellness Index Page** Son of Citation Machine;

- **Personality - MBTI** Type TV Show;

- **Public Health Continuing Education Opportunities** MedlinePlus - Interactive Health Tutorials; CDC Online Continuing Education Courses

- **Public Health Data** Age-Adjusted Death Rates* for the Five Leading Causes of Death --- United States, 2001--2004; 2005 BRFSS Maps;


- **Public Health E-News** July, December - 2006 July - December are now posted'

- **Public Health Practice** Tools to Conduct a Workshop on Community Resource Mapping; Essential Tools (very good);

- **Public Health Sites A-C** "Regional Coalitions for Health Care Improvement: Definitions, Lessons, and Prospects"; Pink Book-Making Health Communication Programs Work;

- **Public Health Sites A - C Alcohol Calculators; Alcohol Calorie Calculator; Blood Alcohol Content Calculator; College Drinking - Changing the Culture; Alcohol Health Effects; Concurrent alcohol and tobacco dependence: mechanisms and treatment; Harmful Effects of Alcohol and Drug Abuse; AIDS.gov; CDC HAN Website; Protocols: Interim Recommended Notification Procedures for Local and State Public Health Department Leaders in the Event of a Bioterrorist Incident

- **Public Health Sites D-G** Dusted Off - Inhalants; Asbestosnews.com;

- **Public Health Sites H-L Clinical Description and Diagnosis; Influenza Symptoms, Protection, and What to Do If You Get Sick; Pandemic Influenza Resources; The Influenza Viruses; U.S. Flu Activity; General Recommendations on Immunization Recommendations of the Advisory Committee on Immunization Practices (ACIP);

- **Public Health Sites O-Z Healthier Worksite Initiative; Cost Calculators; A Purchaser's Guide to Clinical Preventive Services: Moving Science into Coverage

- **Public Health Software** OpenEpi.com; HCUP-US Tools and Software; Hotmaps;

- **Resources for Health Professionals** Guide to Clinical Preventive Services, 2006 - Recommendations of the U.S. Preventive Services Task Force;

- **Statistical Functions** Analyzing and interpreting interactions in multiple linear regression (MLR): A practical guide; The magnificent ROC (Receiver Operating Characteristic curve);

- **Statistical Programs** OpenEpi.com; Dr Calculator;

- **Useful Sites for Day-to-Day Living** Flightstats -check your flight; Black Friday ads;

- **US Government Statistics Sites** Statistical Abstract of the United States; Quick Health Data Online from Womenshealth.gov; American Housing Survey; The White House's Economics Briefing Room links: Economics Briefing
Room (EBR) Main Page, Employment, Income, International, Money, Output, Prices, Production, Transportation; The White House's Social Statistics Briefing Room links: Crime, Demography, Education, Health; Health Data for All Ages from NCHS; CDC Wonder; CDC Wonder - Summary of Wonder data sets; CDC Wonder - What's New; Public Health Surveillance Data;

- Useful Sites for Every Day Living Milemile.com; How Much Rent Is Too Much Rent?; Replacements.com; Housing Maps; Rentometer.com;
- Website Polls Statistics Oct-Dec stats are up;
- Web site Search Engines Flightstats;
- Women's Health Issues Violence Against Women: Identifying Risk Factors November 2004; National Domestic Violence Hotline; Sex Differences in Response to Pharmaceuticals, Tobacco, Alcohol and Illicit Drugs Society for Women's Health Research;

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Jan - March 2007

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New Pages

- Daniel Page
- Stephanie Page
- 2006 Christmas Newsletter
- 2005 Christmas Newsletter
- 2004 Christmas Newsletter
- Public Health E-news - January - June 2007 Table of Contents
- Public Health E-news - July - December 2007 Table of Contents
- 2006 Web site Statistics
- Web site Information
- What Was New 2007

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Deleted/Changed Pages

- Christmas 2004
- Christmas 2005
- Computer Skills
- Consumer Health Information - Specific Diseases
- Dead Link Brigade
- Interactive Index Page
- MCH Index Page
- Reciprocal Links
- PCH 201 Fall 2006 Syllabus
- PCH 202 Index Page
- PCH 202 Papers Page
- PCH 593 Part 1 Grid
- PCH 593 Part 2 Grid
- PCH 593 Part 3 Grid
- PCH 593 Final Grid
- PCH 594 Part 4 Grid
- PCH 594 Part 5 Grid
- PCH 594 Final Grid
- PHENOM log page
Updated Pages

All statistics to be updated can be found on the Site Map Pages, the Web Site Statistics Page, and the Web Polls Stats Page. This is done monthly, usually near the beginning of each month.

- Annotated Great Books Bibliography James E. McGreevey's The Confession; Iris Chang's The Chinese in America, A Narrative History; D. Goleman's Social Intelligence; I. Caldwell & D. Thomason's The Rule of Four;
- Annotated Internet Bibliography Collin's The Way Computers & MS-DOS Works;
- Annotated Public Health Practice Bibliography A. Tsiaaras, The Inversion Guide to A Healthy Heart;
- Annotated Statistics Bibliography Bruce Frey's Statistical Hacks
- Biostatistics/Statistics Sites From Whatever!!! to Understanding and Applying Basic Statistics; Beancounter.com;
- Cardiovascular Disease Index Page Wellness in Every Stage of Life: A New Paradigm for Public Health Programs;
- Cardiovascular Disease - General Heart Disease and Stroke Statistics 2007;Prevalence of Heart Disease --- United States, 2005; CDC Cholesterol Page; CDC Heart Disease and Stroke Statistics;
- Cardiovascular Disease - Specific What is TIA?; Great Lakes Regional Stroke Network;
- Chinese Culture Chinese New Year Customs and Culture; Scarred by history: The Rape of Nanjing; Happy New Year - Year of th Pig!!!; LoveGevity; National Asian American Diabetes Project; Asian American Health Issues Reports; Chinese Text Project;
- Connecticut Public Health Resources Connecticut's Health Rankings - 2006; CT Department of Homeland Security's Weather alerts; Connecticut Association of Not-for-profit Providers For the Aging (CANFA); Connecticut Data Reports; CERC - Map of the Month Page; DiversityData's Metropolitan Area Data; Center for Population Research; Databook: Health Insurance Coverage in CT, Results of OHCA's 2006 Household Survey; Consumer Health Action Network; Connecticut: Entire Medicare Advantage Profile; Status of Reproductive Rights in CT;
- Consumer Health Information CDC's Preventing the Flu; WebMD's 13 Healthy Habits to Improve Your Life; CDC's 12 Ways to Health; Healthy Roads Media - multi-lingual health education resources; ACSM Health and Physical Activity Reference Database; Atlas of the Human Body; Consumer Health Resources; Healthy Roads Media; Alberta Center for Active Living; Life Expectancy Calculator; Online Calories burned from running;
- Cool Sites A - L Hugh's Mortgage and Financial Calculators; Stop Buying Expensive Coffee and Save Calculator;
- Cool Sites M - Z Practical Money Skills for Life;
- Diabetes Resources on the Net Diabetes Health Education Resources; New section - Genetics and Diabetes: Evaluation of the TCF7L2 gene as a predictor of type 2 diabetes; Gene Variant Increases Risk of Type 2 Diabetes But Healthy Lifestyle Changes Reduce Genetic Risk; TCF7L2 (transcription factor 7-like 2); TCF7L2 (transcription factor 7-like 2); Variant Gene for Type 2 Diabetes Risk Identified; Variant of transcription factor 7-like 2 (TCF7L2) gene confers risk of type 2 diabetes; Make the Kidney Connection Diabetes & High Blood Pressure; Guide to community Services - Diabetes; Lower Extremity Amputation Prevention Program; Diagnosed Diabetes Among American Indians and Alaska Natives Aged <35 Years --- United States, 1994--2004; Self-Rated Fair or Poor Health Among Adults with Diabetes --- United States, 1996--2005; The Healthy Diabetes Plate; Type 1 Diabetes TrailNet; Does Diabetes Run in Your Family?; National Diabetes surveillance System; Programme for the Prevention of Type 2 Diabetes in Finland 2003-2010;
- Epidemiology A - L Epidemiology and Public Health at CDC;
- Evaluation Resources AHRQ's Residential Care and Assisted Living: State Oversight Practices and State Information Available to Consumers; Ready or Not? Protecting the Public's Health From Diseases, Disasters and Bioterrorism; America's Health Rankings, 2006; State Program Evaluation Guides; Developing and Using a Logic Model; New section - Evaluation templates: Academic Evaluation Forms; Education Program Evaluation Form; Education Program Evaluation Forms; Evaluation Forms; Evaluation Forms; Media Program Evaluation Form; Program Evaluation Form; Safety and Health Program Evaluation Form; Training Program Evaluation Form;
- Everything You Ever Wanted to Know... Snowflake and Snow Crystal Photographs; Unlocking the Mysteries of the Federal Budget govbudget.com;
- Favorite Movie Sites Babel; Casino Royale; Deja Vu; Little Miss Sunshine; Perfume: The Story of a Murderer; Stranger Than Fiction; The Departed; The Fountain; The Guardian; The Illusionist; The Last King of Scotland; The Prestige; The Queen; The Science of Sleep; Update Hollywood; Apocalypto; Blood Diamond; Curse of the Golden Flower; Eragon; Pan's Labyrinth; Night at the Museum; Hannibal Rising; Dreamgirls; Pursuit of Happyness; Letters from Iwo Jima; Notes on a Scandal; Children of Men; The Painted Veil; Rosswalker downloadable movie soundbites; Jim Caviezel; Helen Mirren; Cate Blanchett; Clive Owen; FilmsExposure.com; Movie Therapy: Using Movies for Mental Health; 300; Bridge to Terabithia; The Lives of Others;
- Free Software FoxitSoftware; Sony Electronic Support;
- Greetings Page Greetings from Ashland University; Christmas Light Show - wow!;
- Graphing Excel Charts: Charting in Excel;
- **Health Care Resources on the Net** [Safermedication.com](http://www.safermedication.com); NCI Office of Cancer Complementary and Alternative Medicine; Atlas of the Human Body;
- **Healthcare Quality Data & Standards** Collection and Use of Race and Ethnicity Data for Quality Improvement; Medicaid at a Glance;
- **Healthcare Quality** Managing for Quality Guide; Institute for Healthcare Improvement - Resource Topics; State of Health Care Quality; National Healthcare Quality and Disparities Reports; Measuring Healthcare Quality;
- **Healthcare Quality Issues** Improving Cultural Competency in Children's Health Care; Community Health and Health Disparities; Guidelines for Developing Easy-to-Read Health Education Materials; Health and Literacy Special Collection; Health Literacy Studies; Help Your Patients Succeed: Tips for Improving Communication With Your Patients; Readability Research; Research-Based Web Design and Usability Guidelines; Simply Put; The Newest Vital Sign: A New Health Literacy Assessment Tool for Health Care Providers; Understanding Health Literacy; Calculating Reading Level; Clear & Simple: Developing Effective Print Materials for Low-Literate Readers; Fry Readability Graphs; Readability Analysis; Readability Testing; Institute for Healthcare Improvement; Quick and Dirty Guide to Performance Measurement and Pay for Performance (P4P); Reducing Information Pollution in the Internet Age; New subsections for Health Literacy - Newest Vital Sign, Readability, REALM; Key Facts: Race, Ethnicity and Medical Care, 2007 Update; Reducing Health Disparities Among Children: Strategies And Programs;
- **Kids' Health and Science Page** Henry the Hand - Champion Handwasher; Safe Toy Checklist; Toy Safety Shopping Tips; What's your birthverse?; Directory of Education;
- **Kids' Fun Sites** Elf Snowball Fight; Lion giving a bear hug; Find Pair Memory Game; Mr. Picassohead; Online games: Blocks Game; Invaders Game; Marbles Game;
- **Maternal Child Health Resources** Genomics and Public Health at CDC; Child Abuse and Neglect Fatalities: Statistics and Interventions; Child Welfare Terms - English to Spanish, Spanish to English; Stem Cells - Q & A;
- **Nutrition Resources** Herbs and Supplements; NIH Office of Dietary Supplements; NIA Age Page on Dietary Supplements; Top 10 Trans Fat Foods Revisited; Guidelines for Confirmation of Foodborne-Disease Outbreaks; New section - sodas: Why should one avoid diet sodas?; Yikes! Diet soda drinkers most likely to be obese; Soda may increase women's blood pressure; Mindlesseating.org: Getting off colas, sodas, pop, fizz,... oh, whatever; Pop and Cavities; Cavities in a Can Dentalgentlecare.com; Soft drinks: Unsafe beverages; The health effects of drinking soda - quotes from the experts; Why is phosphoric acid in soda pop?;
- **Public Health Continuing Education Opportunities** Pharmacy Continuing Education; Pediatric Tuberculosis: An Online Presentation; SAMHSA's Addiction Counseling Competencies;
- **Public Health Data** Diversity Data;
- **Public Health Data** The Health and Well-being of Children in Rural Areas: A Portrait of the Nation 2005;
- **Public Health Documents** CDC's Peer Review Checklists; Profile of Older Americans: 2005; Essential Nursing Competencies and Curricula Guidelines for Genetics and Genomics;
- **Public Health E-News** January - June 2007 January - March tables of content are now posted'
- **Public Health Practice** CDC's Public Health Science Series: Preface: 60 Years of Public Health Science at CDC; Behavioral and Social Sciences and Public Health at CDC; Economics and Public Health at CDC; Engineering and Public Health at CDC; Epidemiology and Physical Health at CDC; Genomics and Public Health at CDC; Informatics and Public Health at CDC; Laboratory Science and Public Health at CDC; Law and Public Health at CDC; Statistics and Public Health at CDC; Urban Planning and Public Health at CDC; Veterinary Medicine and Public Health at CDC; Wellness in Every Stage of Life: A New Paradigm for Public Health Programs; WHO's Health Impact Assessment; U.S. Preventive Medicine.com; Socio-Ecological Model; Getting a Campaign Started; Assessment in Public Health;
- **Public Health Sites A - C World's AIDS Campaign; Cancer Care, Inc.; Cancer Facts; Cancer Hope Network; CancerNet for Patients & the Public (Federal Government); Cancer Page.Com; Candlelighters Childhood Cancer Foundation; Children's Hospice International; Creighton University's Hereditary Cancer Prevention Clinic; Gilda's Club; Gilda Radner's Familial Ovarian Cancer Registry; Gillette Women's Cancer Connection; Harvard Center for Cancer Prevention's Your Cancer Risk; Hospice Link; International Cancer Alliance; Kids Konnected; National Coalition for Cancer Survivorship; National Organization for Rare Disorders, Inc; University of Kansas Medical Center; University of Pennsylvania's Strength of Caring Program; Alcohol Video; Binge Drinking; Binge Drinking Stats; Alcohol FAQs;
- **Public Health Sites D-G** AHRQ's Providing Mass Medical Care withScarce Resources - A Community Planning Guide; National Clandestine Laboratory Register - DEA. Meth lab locations; Science of Drug Abuse and Addiction; Health Guide for the Public in Disaster Planning and Recovery; How to spot illicit drug abuse in your patients; Drugs are not Child's Play; Inside Dope; Cocaine Video; Crack Cocaine; Inhalants; Marijuana Video;
- **Public Health Sites H-L** Finding a Flu Clinic; Age-Adjusted Death Rates* for Leading Causes of Injury Death,*† by Year --

- United States, 1979–2004; European Organization of Family Health Research; Management of MRSA; Fever Blisters and Canker Sores;
- Public Health Sites M-N Stress: A Health and Relationship Killer; Stress from TeenHealth; Stress Management; Stress: Signs and Symptoms, Causes and Effects; Hispanics at Mid-Decade;
- Public Health Sites O-Z 2006 Fact Sheet on Mortality: Adolescents & Young Adults; American Social Health Association; Annual cost of Smoking Calculator; You Can Quit Smoking; Tobacco Video;
- Public Health Software Worldmapper.org; Worldmapper A to Z; The Public Health Disparities Geocoding Project; Healthcare Freeware; BMI Calculator;
- Research Resources on the Net Guidelines for Reporting Results of Group Quantitative Investigations;
- Resources for Health Professionals A Purchaser's Guide to Clinical Preventive Services: Moving science into Coverage; Virtual Library from U.S. Preventive Medicine.com; Metaglossary; Biomed Central;
- Search Engines - Health Canadian Institute for Health Information;
- Senior Health Eons.com; Fatalities and Injuries from Falls Among Older Adults --- United States, 1993–2003 and 2001-2005; Choosing Osteoarthritis Pain Medications; Older Americans Update 2006 - Key Indicators of Well Being; Healthy Aging: The State of Aging and Health in America 2007 Report;
- Statistical Functions What Does the Population Attributable Fraction Mean?; Choosing a Significance Test; Research Methods in Biology; Sample Size Determination; Standard Errors; Exact Binomial and Poisson Confidence Intervals; Formulas: How to Calucate Effect Sizes from Published Research: A simplified methodology; Measuring Usability; Usable Statistics; Confidence Intervals; Confidence Intervals; Confidence Interval Around a Completion Rate; Using Microsoft Excel to Calculate and Manage Grades; Restoring Confidence in Usability Results; Statistical Guide for Authors; How To Determine Sample Size, Determining Sample Size;
- Statistical Programs Excel Templates from Beanounter.com; AJP Excel Information; Free Statistical Software;
- Useful Sites for Day-to-Day Living CDC’s Extreme Cold: A Prevention Guide to Promote Your Personal Health and Safety; ASAP Utilities: Free Excel Add-ins; Excel programs; Analyzing Data Using Excel 2002 Tutorial; Beginner's Guide to Descriptive Statistics; Excel; Excel for Statistical Data Analysis; Excel Functions and Data Analysis Tools; Excel Tutorial; Using Excel for Data Analysis; Using Microsoft Excel; Working with Data: Using Excel; Free Excel Downloads and Add-ins; Free Statistics & Forecasting Software; Descriptive Sampling Statistics; Excel For Statistical Data Analysis; StatPages.Net; QuickCalc; Online calculator; Online Unit Converter;
- Web Development Resources Betterfonts.com;
- Web Resources Adware & Spyware - knowing the basics; SANS Top-20 Internet Security Attack Targets (2006 Annual Update); Firefox Web browser; An Atlas of Cyberspaces; Geobytes.com; MapoftheInternet.com; Stop Badware.org; Internet World Stats; Size of the World Wide Web; Web Server Survey;RubyonRails.org;
- Web site Search Engines Flightstats;
- Web Tools Labpixies.com

Women's Health - General Resources Women's Health Statistical Reports from HRSA; CDC's Women's Health Page; Healthywomen.org's Publications and Resources; Women's Health Videocasts; Health Quizzes;
- Women's Health - Life Cycles Online Ovulation Calculator; Hormones and Menopause: Tips from the National Institute on Aging; Due Date Calculator; Teen Health and Safety Quizzes;
- Women's Health Issues
- Women's Health - Breast Cancer Use of Mammograms Among Women Aged >40 Years --- United States, 2000–2005;
- Women's Health - Heart Disease Reynolds Risk Score for Women;

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April - June 2007

Deleted/Changed Pages

- Pch 201 Spring 2007 Syllabus

Updated Pages

All statistics to be updated can be found on all the Site Map Pages, the Web Site Statistics Page, and the Web Polls Stats Page. This is done monthly, usually near the beginning of each month.

- Annotated Great Books Bibliography: Ehrenreich's Bait and Switch;
- Biostatistics/Statistics Sites: Open Epi Version 2;
- Cardiovascular Disease Index Page: Competencies for Chronic Disease Practice; The Chronic Care Model; The Power of Prevention;
- Cardiovascular Disease - General: Heart Disease and Stroke, at a Glance; Framingham Heart Study; Your Guide to a Healthy Heart; CDC Heart Disease and Stroke Prevention - Publications; What Is High Blood Pressure?; Prevalence of Actions to Control High Blood Pressure --- 20 States, 2005;
- Cardiovascular Disease - Specific: Recovery from Stroke Resources; What Is Atherosclerosis?; Stroke Survival Guide; Pericardial Effusion - Emedicine.com; Pericardial Effusion - Mayo Clinic; Pulmonary Edema; Pulmonary Edema - Mayo Clinic; National Stroke Awareness Month --- May 2007; Prehospital and Hospital Delays After Stroke Onset --- United States, 2005--2006; Prevalence of Stroke --- United States, 2005;
- Connecticut Public Health Resources: CT Registration Reports and Hospitalization Reports; Yale's Public Health Workforce Newsletters; Quality in Health Care Program Reports; Connecticut Health Foundation Reports; Facts About Children in Foster Care in Connecticut; CERC.com - Economic development data and information; Connecticut Pandemic Influenza Summit - February 02, 2006; Public Health Foundation of Connecticut; Connecticut's Industries and Occupations Forecast 2007; Connecticut River at Middletown; Children's Health Fact Sheet; Fuel Cost Calculator; CT Heart Disease and Stroke Surveillance System; Visit Connecticut;
- Consumer Health Information: Calculate your Caloric Requirements; Calories Burned Calculator; Calorie Calculator; Calorie Counter; How many calories do I actually use during physical activities?; ShapingAmericasyouth.org; 10 Easy Ways to Make Exercise a Habit; Finding the Right Gym for You; Men: Stay Healthy at Any Age, Your Checklist for Health; Women: Stay Healthy at Any Age, Your Checklist for Health; MedlinePlus - Healthy Living; Getting Active; Physical Activity Fundamental To Preventing Disease; Smarter Than a 5th-Grader?; USATF.Org;
- Diabetes Resources on the Net: Diabetes mellitus: average HbA1c value for diabetic patients in the clinical information system; Diabetes mellitus: percent of patients with 2 HbA1c's in the last year (at least 3 months apart; Diabetes Educational Materials: German Diabetes Risk Score; SILENT TRAUMA: Diabetes, Health Status, and the Refugee Southeast Asians in the United States; State of Diabetes Complications in America; A1c Chart; Complications of Type 2 Diabetes; Cost of Diabetes Complications; Diabetes Risk Assessment; Family History of Diabetes, Awareness of Risk Factors, and Health Behaviors Among African Americans; American Association of Physicians of Indian Origin (AAPI); Diabetes Mellitus; Diet. Exercise Seen as a Key to Staying Off Diabetes;
- Epidemiology: A–L Criminal and Epidemiological Investigation Handbook;
- Epidemiology M–Z: Strengthening Disease Surveillance - House Committee on Oversight and Government Reform: Committee Reports - 109th Congress, 2006; Health Indicators: Building Blocks for Health Situation Analysis; Manual for the Surveillance of Vaccine-Preventable Diseases;
- Evaluation Resources: Rand.org's Data Collection Instruments; Foster Care Fact Sheets, by state; Data Demand and Information Use in the Health Center - Conceptual Framework; National Opinion Survey to Determine Levels of Preparedness for a Public Health Crisis; AHRQ/HCUP Injury Data, by State; Consumer Health Ratings - Cardiac, Heart Ratings - Reports that are limited to Heart Conditions or Procedures; Children's Health; Blood Sugar Levels, By State; Diabetes in Your State; The Evaluation of the Medicare Coordinated Care Demonstration: Findings for the First Two Years; Key Indicators and Health Care Indicators by Race/Ethnicity and State; Committee on Oversight and Government Reform - Investigations; House Committee on Oversight and Government Reform: Main Page; Trends in State Public Health Legislation 2006 - State Public Health Legislation Report; CIPP Evaluation Model Checklist; Contraception Evaluation Reports; Evaluation Models; The Care of Patients with Severe Chronic Illness: An Online Report on the Medicare Program by the Dartmouth Atlas Project - The Dartmouth Atlas of Health Care 2006; Evaluating Your Efforts; Evaluation Guides from the Outreach Evaluation Resource Center; Online Handbooks and Texts;
- Everything You Ever Wanted to Know... 2007 Top Brands;
- Favorite Movie Sites: Breach; Ghost Rider; Premonition; Shooter; The Host; The Reaping; Zodiac; Anthony Hopkins; Mel Gibson; Maggie Smith; Ryan Gosling; Whoopi Goldberg;
- Free Software: Giveaway of the Day;
- Graphing: New section - Dashboards: Create a Dashboard: the Manual; Dashboard of Sustainability; How to Get Started With Excel Dashboard Reporting; Dashboard Templates; The Power of Dashboard Reporting with Excel; MS Digital Dashboard Business Process Assessment Guide; Process Dashboard; Sparklines, Bullet Graphs, Minipies, and Whiskers - The Latest in Dashboard Reporting for Excel; New section - Project Timelines: How to Create a Timeline in Excel; Timelines in Excel; CX Now!; Dashboard Chart ActiveX for Excel; Gantt Chart Links; Vertex Gantt Chart Template;
- Health Care Resources on the Net: What to Ask Your Doctor at Your Next Visit; Questions are the Answer - Get More Involved with your Health Care; Buying Medicines and Medical Products Online; Health Information - Complementary and Alternative Medicine; Tai Chi; MedlinePlus - Surgery; Status of the Social Security and Medicare Programs A SUMMARY OF THE 2007 ANNUAL REPORTS; Life Stages & Specific Populations Health information for every age group and population;
- **Healthcare Quality Issues** What to Ask Your Doctor at Your Next Visit; Questions are the Answer - Get More Involved with your Health Care; What Did the Doctor Say?; Improving Health Literacy to Protect Patient Safety; CMS.gov's Physician Quality Reporting Initiative; Hospital Survey on Patient Safety Culture: 2007 Comparative Database Report; New section: Health Care Transparency - Value-Driven Health Care;
- **Health Education Resources** Assessment Models; Design Shop Lessons in Effective Teaching; NWREL Publications; Teaching Models;
- **Healthy People 2020** 2010 Midcourse Review - Maternal Child Health;
- **Information Quality** Web Interface Design Virginia Tech;
- **Kids' Health and Science Page Re-Mission:** A game and community for young people with cancer; Types of Scholarships; Scholarship Essay Help; Microbiology - Microbes Bacteria Information: Bullying Resources; National Child Traumatic Stress Network; ChemiPlus Periodic Table;
- **Kids' Fun Sites Brain Games; Starsinyou.com; Newsbreakergame.com:** Fun Stuff for Kids from Whoopi.com; Got a Minute? Then We've Got a Game for You!;
- **Maternal Child Health Resources** National Child Welfare Resource Center for Adoption (NCWRCA); Finding Permanency for Youth: Resource Handbook; Safety Intervention Resources;
- **Nutrition Resources** New sections: Portion Distortion - Do you suffer 'Portion Distortion'?; Portion Distortion 1 Quiz, Portion Distortion 2 Quiz, Visual Aids Make Portion Sense, What Are Serving Sizes?, Actual Serving Sizes, Expanding Waistlines May Be Due To "Portion Distortion" Study Reports, Portion Distortion Quiz, Portion Distortion 2 Quiz, Portion Distortion Quiz, Portion Distortion Guide, Portion Sizes for School Age Children, Put an End to Portion Distortion, Visual Aids Make Portion Sense, What Are Serving Sizes?, Idaho Plate Method. Calorie counting: Calorie Counter - Calories in Food and Calorie Counting to Lose Weight, Calories in Alcohol, Daily Needs Calculator, Free Online Calorie Counter, Idaho Plate Method; Mike's Calorie And Fat Gram Chart For 1000 Foods, Online Calorie Counter; Wok Carefully: CSPI Takes a (Second) Look at Chinese Restaurant Food; Analysis of 88 Soda Studies Links Soft Drinks to Obesity, Disease; What's the Buzz About Energy Drinks?: Caffeine Database in Drinks; Caffeine Content; Caffeine Content in Common Beverages; Caffeine Content in Decaffeinated Coffee; Evaluation of Current Caffeine Content of Coffee Beverages; Starbucks Coffee Caffeine Content; Clinical Guidelines on the Identification, Evaluation, and Treatment of Overweight and Obesity in Adults; International Obesity Task Force Links; Practical Guide to the Identification, Evaluation, and Treatment of Overweight and Obesity in Adults; Re-think Your Drink; Re-think Your Drink brochure; 'Superfoods' Everyone Needs; Which Diet is Best for You?; My Fats Translator; Understanding the Complexity of Trans Fatty Acid Reduction in the American Diet. American Heart Association Trans Fat Conference 2006; Rating Cooking Fats; Turning the Heat Down Called Anti-Inflammatory Cooking;
- **Public Health Continuing Education Opportunities** CDCynergy: University of Albany School of Public Health Broadcasts; MENTOR (Monitoring and Evaluation Network of Training Online Resources); NHANES Tutorials; On-line HCUP Overview Course;
- **Public Health Data** Respondent-Assessed Health Status® Among Persons Aged >25 Years, by Education Level --- National Health Interview Survey, United States, 2005;
- **Public Health Data** Safety-Net Hospitals: Serving the Uninsured, 2003;Prevalence of Fruit and Vegetable Consumption and Physical Activity by Race/Ethnicity --- United States, 2005; Burden of Tobacco Use; Surveillance of Certain Health Behaviors Among States and Selected Local Areas --- United States, 2005;
- **Public Health Data** Using PRAMS for Chronic Disease Prevention; Fatal Injuries Among Children by Race and Ethnicity --- United States, 1999–2002; Assisted Reproductive Technology Surveillance --- United States, 2004;
- **Public Health Documents** Mental Health, United States, 2004; Covering Health Issues 2006 - 2007;
- **Public Health E-News, January - June 2007** January - June tables of content are now posted';
- **Public Health Fact Sheets** Acupuncture: The Art of Ancient Chinese Medicine; Alcohol Poisoning: Drinking to Death; Anorexia Nervosa; Barbituates; Benzodiazepines; Cataracts; Chronic Obstructive Lung Disease; Colon Cancer; Genital Warts; Herpes Simplex Virus; High Cholesterol; Hodgkin's Disease; Human Papilloma Virus; Life on the Down Low; LSD; Osteoporosis: Sickle Cell Anemia: An Inherited Blood Disease; The Silent Thief; PCP; Trans-Fatty Acids: The Bad Fat; Women and Stroke;
- **Public Health Practice** National Public Health Performance Standards Program; CDCynergy - Your Guide to Effective Communication, CDC Heart Disease and Stroke Prevention Edition Version 2.1; Leadership Skills for Health Promotion Professionals; New section: Public Health Practice Competencies with 37 links, including 19 new links: APIC/CHICA-Canada infection control and epidemiology: Professional and practice standards; CIPHI Core Competencies Project Canadian Institute of Public Health Inspectors (CIPHI); Competencies for Chronic Disease; Competencies for Public Health; Competencies for Public Health Workers: A Collection of Competency Sets of Public Health-Related Occupations and Professions; Competency Sets University of Washington's Northwest Center for Public Health Practice; Competencies for Applied Epidemiologists in Governmental Public Health Agencies (AECs); Core Legal Competencies for Public Health Professionals; Competency Areas for Public Health physicians; Core Competencies for Public Health Professionals; Core Management Competencies for Public Health Managers; Core Public Health Worker Competencies for Emergency Preparedness and Response; Environmental Health Competency Project: Draft Recommendations for
Non-Technical Competencies at the Local Level; Essential Functions of Chronic Disease Epidemiology In State Health Departments; Genomics Workforce Competencies 2001; Competencies for Public Health Professionals; Informatics Competencies for Public Health Professionals document; MPH Core Competency Development Project; OPHA's Public Health Core Competencies Initiative (PHCCI); Psychological First Aid Competencies for Public Health Workers; Public Health Credentials; Public Health Nursing Competencies; Registered Environmental Health Specialist or Registered Sanitarian (REHS/RS) credential; Responsibilities and Competencies of Certified Health Education Specialists; Strengthening New York's Public Health System for the 21st Century; The Development of a Draft Set of Public Health Workforce Core Competencies; The Public Health Workforce; What is Public Health Practice?; Working With Epidemiologists for Heart Disease and Stroke Prevention Program Development; Health Manager's Toolkit;

- Public Health Sites D-G The Science of Addiction - Drugs, Brains and Behavior; Pollution Prevention Resource Exchange; National Report on Human Exposure to Environmental Chemicals; New section: Pandemics - Pandemic Influenza Preparedness and Response Guidance for Healthcare Workers and Healthcare Employers; Pandemic Influenza Best Practices and Model Protocols; Pandemic Influenza Benchguide: Legal Issues Concerning Quarantine and Isolation;
- Public Health Sites H-L H5N1 avian influenza: timeline of major events; Europa - Public Health - Threats to Health; Rapid Response was Crucial to Containing the 1918 Flu Pandemic - Historical Analyses Help Plan for Future Pandemics; Travel Industry Pandemic Influenza Planning Checklist; CDC - West Nile Virus - Fight the Bite; Globalhealthfacts.org; Malaria Surveillance --- United States, 2005;
- Public Health Sites M-N Asian and Pacific Islander American Health Forum; Cambodian Health Network; The American Community - Hispanics: 2004; The American Community - Blacks: 2004; The American Community - Asians: 2004; Key Facts: Race, Ethnicity and Medical Care, 2007 Update; Prostate-Specific Antigen (PSA) Test: Questions and Answers; The Dad Commandments;
- Public Health Software History and Geography of Europe; Dag Stat; Open Epi Version 2; Epidemiology Software - Virtual Health Portal;
- Research Resources on the Net Internet Sites Related To Survey Research;
- Resources for Health Professionals Migrant Clinicians Network; Migrant Clinicians Network Resource Page;
- Search Engines - Health GoPubMed;
- Search Engines - Public Health Virtual Health Portal;
- Statistical Functions Income distribution in Current NHANES; METHOD OF CALCULATING OBSERVED TO EXPECTED RATIO AS A MEASURE OF STRENGTH OF ASSOCIATION; Open Epi Version 2;
- Statistical Programs Unit Conversion: Length, Mass, Volume; SAS - Age-Adjusted Calculations; Vertex Excel Templates; JaxWorks™ Small Business Spreadsheet Factory Downloads; JaxWorks™ Small Business Spreadsheet Factory Library; Exceluser.com Tutorials; XLSStatistics; Open Epi Version 2; SAS Tutorials; REVIEW OF Statistical power analysis software;
- Temperament Page Personal DNA - great personality test
- Useful Sites for Everyday Living Babel Fish Translation; Germany Travel Guide; Fuel Cost Calculator;
- Web site Medical Search Engines GoPubMed.com
- Web Tools 3D Animation;
- Women's Health - General Resources JRSA' s Women's Health Data; Women's Health Council Projects; Women's Health Resources; Women's Health USA 2006;
- Women's Health Issues Jane Doe No more; Endocrine disruptors — tipping the hormonal scales;
- Women's Health - Heart Disease American Heart Association's Guidelines for CVD Prevention in Women Focus on Lifetime Risk Factors;

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July - September 2007

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New Pages

- Alumni Surveys Program
- Annotated Wellness Bibliography Latus's If I am Missing or Dead. A Sister's Story of Love, Murder and Liberation;
Deleted/Changed Pages

- Wellness - Environmental Information
- Wellness - Health Policy
- Wellness - Healthy Living
- Wellness - Infectious Diseases
- Wellness - Leading Causes of Death
- Wellness - Mental Health
- Wellness - Nutrition
- Wellness - Public Health Issues
- Wellness - Sexually Transmitted Diseases
- Wellness - Substance Abuse Issues
- Wellness - Social Issues
- Wellness - Women's Health - Disease Page
- Wellness - Women's Health - Health Practices Page
- Well Research and Participants

Updated Pages

All statistics to be updated can be found on all the Site Map Pages, the Web Site Statistics Page, and the Web Polls Stats Page. This is done monthly, usually near the beginning of each month.

- Academic Resources Plagiarism Sleuth Tool; Internet encyclopaedias go head to head;
- Annotated Great Books Bibliography Alfred Lubrano's Limbo, Blue-Collar Roots, White-Collar Dreams; Frank Rich's The Greatest Story Every Told; Latus's If I am Missing or Dead. A Sister's Story of Love, Murder and Liberation; Tina Brown's The Diana Chronicles; The Right Address; Goolrick's The End of the World As We Know It. Scenes from a Life; Vincent's Self-Made Man. One Woman's Year Disguised as a Man;
- Annotated Internet Bibliography Easy Webpage Design;
- Annotated Statistics Bibliography Keith Devlin's "The Math Gene";
- Cardiovascular Disease - General Healthy People 2010 Objectives—Heart Disease and Stroke; Healthy People 2010 Focus Area 12: Heart Disease and Stroke Progress Review May 21, 2007; Rate of Hospitalizations† for Coronary Atherosclerosis and Acute Myocardial Infarction (MI),§ by Year — National Hospital Discharge Survey, United States, 1996–2005; Trial Scorecards; Heart Disease Q & A; New section: Cholesterol, stanols and sterols: Diet Can Circumvent Heart Disease Studies suggest vegetable tablets, whole grains and baked or broiled fish; Effect of Plant Stanol Tablets on Low-Density Lipoprotein Cholesterol Lowering in Patients on Statin Drugs; FDA Authorizes New Coronary Heart Disease Health Claim For Plant Sterol & Plant Stanol Ester; Functional Foods Fact Sheet: Plant Stanols and Sterols; Health Claim for Foods That Could Lower Heart Disease Risk; History and development of plant sterol and stanol esters for cholesterol-lowering purposes; Plant sterol pills significantly lower LDL cholesterol; Heart-Healthy and Stroke-Free: A Social Environment Handbook; Medicare Preventive Services - To Manage Cholesterol and Your Heart; Little Walking Cuts Blood Pressure Study Shows Even Short Walks Can Improve Your Health; Very Low LDL May Mean More Cancer Risk;
- Cardiovascular Disease - Specific Outpatient Rehabilitation Among Stroke Survivors — 21 States and the District of Columbia, 2005; 2006 Summit Presentations; Preventing and Treating Stroke;
- Connecticut Public Health Resources Connecticut Hospital Association (CHIME) data: JCAHO National Patient Safety, Heart Attack, Heart Failure, Pneumonia, Surgical Infection Prevention; 2010 to 2030 Population Projections for Connecticut Towns; New London County Health Study; AHRQ's Connecticut Snapshot; Connecticut Focus on Diabetes; Connecticut - Overall Health Care Quality Measures and Metrics Compared to All States; Government Performance Project; Connecticut’s Health Care System: A network of cracks and who’s falling through; CDC's CT cancer statistics; Medicaid Benefits by State: Connecticut; Long Term Care - Services and Support; Connecticut SEER Registry; Connecticut Tumor Registry; Oral Health in CT;
- Consumer Health Information FDA's Consumer Health Information For You and Your Family; New Section: Visceral Fat: 16 links - Belly Fat Blues; Burning Subcutaneous Bodyfat: Tips for Women...and Men!; Dangerous visceral fat builds up if you don't exercise, can go down if you do; Exercise a Must for Losing Deep Belly Fat, Diabetic women can't rely on diet alone, study shows; Exercise Is Required for Visceral Fat Loss in Postmenopausal Women with Type 2
Diabetes Journal of Clinical Endocrinology & Metabolism; Exercise Fights 'Hidden' Body Fat; Study Shows Inactivity Can Lead to Buildup of Fat Deep Inside Belly; High-Fat Diet Ups Dangerous 'Hidden' Fat; Study Links Waist Circumference, Diet to Visceral Fat; Inactivity, exercise, and visceral fat. STRRIDE: a randomized, controlled study of exercise intensity and amount; More Evidence on Benefits of Exercise; One More Reason to Exercise; Physical Inactivity Rapidly Increases Visceral Fat; Exercise Can Reverse Accumulation; The Hidden Dangers of Belly Fat; Where you carry those extra pounds can affect your risk of developing certain diseases; Vanquishing Visceral Fat; Visceral Fat Build-up Is The High Cost Of Inactivity; News-Medical.net; MayMyRide.com; Its Poor Reputation Aside, Our Fat Is Doing Us a Favor; Calories Burned Estimator;

• Cool Sites A - L; Father's Day; U.S. Flag Facts; Memorial Day; The Open Library;

• Cool Sites M - Z; Abbott & Costello Show;

• Diabetes Resources on the Net; International Diabetes Federation; a consensus on Type 2 diabetes prevention (K. G. M. M. Alberti, P. Zimmet and J. Shaw); Glycemic Load List; Denver Health Plate Method; Glycemic Index, Glycemic Load, Satiety, and the Fullness Factor™; NDEP's Diabetes: The Numbers; Annual Diabetes Rate* Among Patients Discharged from Hospitals,† by Year and Age Group — National Hospital Discharge Survey, United States, 1988–2005; Diabetes Resources for Health Care Professionals; Diabetes Training Manual - Diabetes - Changing Practice, Changing Lives; Diabetes Presentations; Effectiveness of Diabetes Management; National Diabetes Education Program; Screening for Gestational Diabetes Mellitus; Tests of Glycemia in Diabetes; Working Together to Manage Diabetes; Expanded ABCs of Diabetes; Tools that Empower- Diabetes Management Program; Tests of Glycemia in Diabetes; Barriers to A1C Testing Among a Managed Care Population; Rate of Hemoglobin A1C Testing in the Medi-Cal FFS Population; Exercise Key in Control of Type 2 Diabetes; World Diabetes Day; The Genetic Landscape of Diabetes; Genetics and Diabetes; Genetics of Type II Diabetes; Comparative Effectiveness and Safety of Oral Diabetes Medications for Adults With Type 2 Diabetes; Diagnosed Diabetes Among American Indians and Alaska Natives Aged <35 Years — United States, 1994-2004; Correctable Visual Impairment Among Persons with Diabetes — United States, 1999–2004;

• Epidemiology M – Z; National Notifiable Diseases Surveillance System;

• Evaluation Resources; Government Performance Project; Grading the States - 2005 Report Cards; CERC 50-State Comparisons Database; Getting To Outcomes 2004 - Promoting Accountability Through Methods and Tools for Planning, Implementation, and Evaluation; Practical Use of Program Evaluation among Sexually Transmitted Disease (STD) Programs; Program Evaluation Resources; Program Review Template; NHQR State Snapshots; Evaluation Design Template for Increasing Physical Activity in Tucker County High School 2003-2004 CDC-HSTA Project; Evaluation Toolkit - List of Tools; Evaluation Toolkit - Test Form Templates; Evaluation Services; Impact Evaluation; Getting To Outcomes 2004, Promoting Accountability Through Methods and Tools for Planning, Implementation, and Evaluation; Youth Outcomes Measurement Tools Directory; Toolfind - Comparison of all available tools; F as in Fat: How Obesity Policies are Failing in America , 2007; Evaluation Toolkit for Community Youth Programmers; Healthy States Web sites; Cancer Rates, by Site and State; Dental Public Health Programs; State Cancer Profiles;

• Everything You Ever Wanted to Know... 6 Billion Others (hear about the lives of others who want to share); Blogs from the U.S. Government; Best Stuff in the Whole World; Optical Illusions & Visual Phenomena; America's Most Wanted Criminals; New Seven Wonders of the World; 360 Cities.net;

• Favorite Movie Sites; 1408; Disturbia; Evan Almighty; Guess Who; Hairspray; Knocked Up; Live Free, or Die Hard; Rescue Dawn; Shrek the Third; Sicko; Stardust; Star Wars; Transformers; The Bourne Ultimatum; The Invasion; The Last Legion; The Pacifier; Film Noir Catalog;

• Favorite Music Sites; New section - (Mostly) Midi Sites: (35 links): FreeByte Music Zone Free music software; Free PC Midi Software; Best Classical Rock Midi; Chris's Favorite MIDI Files; Cybermidi.com; Find Midi.com; FreeMidi.com; Free Midi and Free Karaoke Files; Free Midi Download; Free Midi File Database; Free Midi Files; Free Midi Files of Rock Music Bands; Free Midi Madness; Free Midi Music Downloads Movie themes; Free Midi Ringtones; Free Midi Songs; Free Midi Zone; Free Reggae Midi; Free Rock Midi File Database; Free Sounds; Free Stuff Music Midi Files; Jerry's Eclectic Jukebox; High Quality MIDI Songs Rock Pop Country Blues Klassik free download; mFiles; Midi Database; Midi Delight.com; MidiSite; Nizreal's MIDI Jukebox; On Classical Midi; Phil Colvin's MIDI Warehouse; Popular Music Midi Page; Royalty Free Music Partners in Rhyme.com; The Dance Midi House; Thomas Distributing Midi Collection; Todd Rundgren Midi; The Cars midis; Lisa's Nostalgia Cafe; Gary's Midi Paradise; Alternative Music Search Engines;

• Free Software; RealPlayer; FileZilla; ChromaSoftware DaVinci; MySQL Downloads; Gzip.org; O-Bible gzip; 7-zip.org; Maxmind - GeoLite Country; AM-Deadlink; Cliprex DVD Player; ArtPlus Software; Data Recovery Europe; PC Inspector;

• Graphing; New section - Concept Mapping: Concept Mapping (3 sites); Concept- or mind-mapping for Learning; Concept Mapping: A Graphical System for Understanding the Relationship between Concepts; Concept Mapping Resource Guide; Concept Mapping Resources; Concept Mapping Website; Concept Maps; Concept Map Templates; Kinds of Concept Maps; Mind Maps; IS&T’s Guide to Effective Illustration: Images for Presentation and Publication;

• Health Care Resources on the Net; Hospital Compare; Americans with Disabilities Act: July 26; Medicaid Benefits: Online Database, by State;

• Healthcare Quality Data & Standards; American National Standards Institute; Public Health Data Standards Consortium;

• Healthcare Quality; AHRQ's Registries for Evaluating Patient Outcomes: A User's Guide; Quality Improvement Activity Tools; National Healthcare Quality Report, 2006 Data Tables Appendix; State of Health Care Quality; NCQA Health

Plan Report Card; Health Care Report Care Compendium; Quality Profiles - Focus on Cardiovascular Disease, Depression, Diabetes, Care for Older Adults, Wellness and Prevention; The ratio of observed-to-expected mortality as a quality of care indicator in non-surgical VA patients; Ratios of observed to expected mortality are affected by differences in case mix and quality of care; Physician Quality Reporting Initiative;

- Healthcare Quality Issues Office of Minority Health and Health Disparities; AHRQ Resources on Pay for Performance (P4P); Using Peer Review for Self-Audits of Medical Record Documentation; What is a Health Disparity? Public Health Reports 2002; Moving Upstream: Health Inequities and How to Effectively Tackle Them; Medicare Contractor Provider Satisfaction Survey (MCPSS) Home Study; Health Care Costs - A Primer; Health Literacy Institute: Poor Health Literacy in the Elderly Predicts All-Cause and Cardiovascular Mortality; Literacy Linked to Survival in Medicare Patients; AHRQ's Emergency Preparedness Atlas - U.S. Nursing Home and Hospital Facilities; AHRQ's Health Information Technology for Improving Quality of Care in Primary Care Settings;


- Healthy People 2020 Tracking Healthy People 2010 (Revised); Advancing the Nation’s Health: A Guide for Public Health Research Needs, 2006-2015 (Research Guide);

- Information Quality Templates & Examples; New Section: Evaluating Health Information: Evaluate the Reliability of Health Information; Evaluating Web Sites, Articles, and Product Claims;

- Kids' Index Page

- Kids' Health and Science Page My Wonderful World; New section - Geography: Discovering Antarctica; HiRISE | High Resolution Imaging Science Experiment; Galaxy Zoo; Current Night Sky; Coping with Traumatic Events; Dealing with Tragedy; Dealing with Violence; Facts for Families; Kids.gov;

- Kids' Fun Sites Can you solve this mystery picture?; Plasma Pong;

- Maternal Child Health Resources Preventing Child Sexual Abuse Within Youth-serving Organizations: Getting Started on Policies and Procedures; Family Health History Toolkit; One gene makes earwax wet or dry;

- MPH Accreditation Committee 2006 - 2007 MPH Alumni Survey Response Rates; State Statute Search re: child welfare;

- Nutrition Resources Nutrition Facts Caloric Counter; 10 Things Your Grocery Store Doesn't Want You to Know; Insidious Consumption - Surprising Factors That Influence What We Eat and How Much; Trans Fat May Increase Infertility; Cheap Fructose May Exact High Metabolic Price; Surveillance for Foodborne-Disease Outbreaks; Appendix A. CDC form 52.13 Investigation of a Foodborne Outbreak; Appendix B. Guidelines for Confirmation of Foodborne-Disease Outbreaks;


- PHENOM Stats 2006 - 2007 PHENOM directory countries and continents of visitors;

- Personality - MBTI Insightgame.org;

- Public Health Alumni Chapter Statistics 2006 - 2007 statistics

- Public Health Continuing Education Opportunities ATSDR Training Online; CDC MMWR Continuing Ed for credits; Migrant Clinicians Network Continuing Education Program; Case Studies in Environmental Medicine (CSEM) Environmental Medicine Grand Rounds; Survey Documentation and Analysis (SDA) Tutorial;

- Public Health Data Chronic Disease Indicators; United States Cancer Statistics;

- Public Health Data Data Compendium;


- Public Health Documents Healthy States;

- Public Health E-News, July - December 2007 July & September tables of content are now posted;


- Public Health Sites A - C HIV Testing Resources; Normal Adolescent Development Part I; Normal Adolescent Development Part II; Positive Youth Development Resource Manual; Pire.org's Alcohol Research; Drugs, Alcohol and

HIV/AIDS – A Consumer Guide; FHI Family Health International

- Public Health Sites D-G Responding to a Violent or Traumatic Event; Pacific Institute for Research and Evaluation; Drugs Research; Cannabis Use Linked With Risk for Psychosis in Later Life; Smoking Cannabis May Impair Function of Large Airways; CDC Hurricanes page; Natural Disasters and Bad Weather; The World Health Report 2007, A Safer Future; Global Public Health Security in the 21st Century; Teen Drug Slang: Dictionary for Parents; Ready.gov - Prepare, Plan, Stay Informed;

- Public Health Sites H-I Prevention and Control of Influenza; New section - Tuberculosis: Extensively Drug-Resistant Tuberculosis (XDR TB); Tuberculosis; Cumulative Number of Confirmed Human Cases of Avian Influenza A(H5N1) Reported to WHO; New section: International Health Regulations: Revision of the International Health Regulations May 23, 2005 - full text; Global Public Health Surveillance under New International Health Regulations; Global Public Health Surveillance under New International Health Regulations - Decision Instrument; Global Public Health Surveillance under New International Health Regulations; International Health Regulations Presentation; International Health Regulations; International Health Regulations 2005; What are the International Health Regulations?; New Section - Hearing Loss: Deafness and Hearing Loss; Differential Diagnosis and Treatment of Hearing Loss; Hearing Loss pages from American Speech-Language-Hearing Association, CDC, emedicinehealth, MedlinePlus, Hearing Loss Tutorial, NIHSeniorhealth.gov, Hearing Loss and Older Adults; Noise and Hearing Loss Prevention, Noise-Induced Hearing Loss; Self-test; Type, Degree, and Configuration of Hearing Loss; What's Hearing Loss?; How to Prevent Hearing Loss; iPods and Hearing Loss; New section - Human Sexuality: Why Humans Have Sex; Safety Research; North American Plan for Avian and Pandemic Influenza; New section - Kidney Disease: Diabetes & Kidney Disease; Kidney Disease; Kidney Disease; Are You at Risk?; Kidney Disease Overview; Kidney Failure; Kidney Failure: Choosing a Treatment That’s Right for You Your Kidneys and How They Work; Your Kidneys and How They Work; TB TV; Malaria Journal;

- Public Health Sites M-N Partnership for Prevention; 8 Myths About Depression; Drugs, Alcohol and HIV/AIDS – A Consumer Guide for African Americans; Signs of a Codependent Relationship; Men's Top 5 Health Concerns;

- Public Health Sites O-Z Framework for Developing Institutional Protocols for the Acutely Distressed or Suicidal College Student; Promoting Mental Health and Preventing Suicide in College and University Settings; More Proof of Harm from Second-Hand Smoke in Bars; Prevalence of HPV* Infection† Among Sexually Active Females Aged 14–59 Years, by Age Group --- National Health and Nutrition Examination Survey, United States, 2003–2004; Percentage of Females Aged 15-44 Years Ever Treated for Pelvic Inflammatory Disease (PID), by Selected Characteristics --- National Survey of Family Growth, United States, 2002;

- Public Health Software AHRQ's Clinical Classifications Software for Services and Procedures; Clinical Classifications Software (CCS) for ICD-9-CM; Introduction to Epi Info 2000; New section: Concept mapping: Concept Mapping Software; IHMC CmapTools; IHMC Concept Mapping Tool Documentation; ALA-Reader (analysis of lexical aggregates); Suicide Prevention: National Suicide Prevention Lifeline, National Suicide Prevention Week --- September 9-15, 2007, Suicide Prevention Resource Center, Suicide Trends Among Youths and Young Adults Aged 10–24 Years --- United States, 1990–2004;

- Research Resources on the Net Guide to Good Research; Junk Science at Large; Web Center for Social Research Methods; The Basics of Scientific Research Studies; Clinical Trials Toolkit; ICH - GCP Guidelines for Clinical Trials; Researcher's Guide - Standard Operating Procedures (SOP) Templates; Standard Operating Procedures for Clinical Investigators; Study Coordinator Tools - Standard Operating Procedures (SOP); Coding Qualitative Data;

- Resources for Health Professionals Guide to Clinical Preventive Services, 3rd Ed. Recommendations; Clinician's Ultimate Reference; Guide to Medicare Clinical Preventive Services;

- Search Engines Index All-in-One List of Search Engines;
- Search Engines - A - G Erledigests.org;
- Senior Health USA.gov's Senior Citizens' Resources; Labor-Force Participation: The Population Age 55 and Older; Tax Expenditures and Employee Benefits: Estimates From the FY 2008 Budget; The National Center for Tobacco-Free Older Person; Social Security Disability; American Federation for Aging Research (AFAR); Growing Older in America: The Health & Retirement Study; Maturity Health Matters; Mourning the Death of a Spouse; Medicare Preventive Services - To Manage Cholesterol and Your Heart; USA.gov's Understanding Employer-provided Retirement and Health Benefits;

- Statistical Functions How to use the Toolkit Template to TABULATE, conduct the ITEM ANALYSIS and SCORE; Measures of Poverty; METHOD OF CALCULATING OBSERVED TO EXPECTED RATIO AS A MEASURE OF STRENGTH OF ASSOCIATION; FURTHER EXAMPLES OF RATIO OF OBSERVED TO EXPECTED JOINT FREQUENCIES TABLES; Monitoring changes in hospital standardised mortality ratios; Standardized mortality ratios;

- Temperament Page Does Birth Order Affect Intelligence? Study Suggests That Eldest Children May Score Slightly Higher on IQ Tests Than Younger Siblings; Access - Working with Forms;

- US Government Statistics Sites Health Data for All Ages (HDAA); Summary of Surveys and Data Systems, National Center of Health Statistics;

- Useful Sites for Everyday Living MileMaven.com; PointMaven.com; Travel, Transportation, and Recreation; Keep Your Family Safe at Home; HUD.gov's Buying a Home; U.S. Department of State Passport Webpage; Coastal Water Temperature Guide; National Do Not Call Registry; Free Pandia People Search Engine; Dru Sjodin National Sex Offender Public Registry; Trippish; Beachgoers Water Quality Map; Ivhacks.com - get a human on the other end;

- Web site Search Engines Sputtr.com - mega-search engine;

- Web Resources Social Browsing Services; New section - Search Engine Optimization (SEO); LinkVendor.com,
October - December 2007

Updated Pages

All statistics to be updated can be found on all the Site Map Pages, the Web Site Statistics Page, and the Web Polls Stats Page. This is done monthly, usually near the beginning of each month.

- **Academic Resources** New section: College Life: Time Management for Academic Success; Reality Check; Helpful Tips for College; Information and Study Skills; Note Taking; Strategies to use with difficult exam questions; Test Taking Tips; Time Management Strategies for Improving Academic Performance;
- **Annotated Great Books Bibliography** Tony Allan's Land of the Dragon: Chinese Myth;
- **Annotated Public Health Skills Bibliography** Gerald Jones' How to Lie with Charts, 2nd Edition;
- **Cardiovascular Disease Index Page** Chronic Care Model; Tools for Managing Chronic Diseases; Chronic Disease Indicators; Chronic Disease Tools; National Association of Chronic Disease Directors;
- **Cardiovascular Disease - General** Type D Personality and Heart Disease; Emotional Stress Alters Heart Function, Ups Heart Disease Risk;
- **Cardiovascular Disease - Specific** Preventing and Treating Stroke - Legislator Policy Brief;
- **Career Resources** Reality Check; Essential Skills for Your Excellent Career!; Gross Paycheck Calculator; Hourly Net Pay Calculator; Income Calculator; Jason's Salary Calculator; Real Hourly Wage Calculator;
- **Chinese Culture** Chinese movie stars; Asian-American Culture; Asian-American Female Celebrities; Asian-American Male Celebrities; Shadowscapes - the art of Stephanie Pui-Mun Law; Confucius Quotes (GG); I Ching Readings(GG); Chinese Proverbs (GG);
- **Connecticut Public Health Resources** Revamped!!! Connecticut Diabetes Surveillance Data; Connecticut Community Health Center Data; Income map; 2006 House sales map; CT Biglist.com; Health Status Report on African Americans in Connecticut; Dept of Consumer Protection - Home Improvement; State Legislation Tracking Center for CT Health Information Technology; Network of Care for Behavioral Health; Official Citysites - Connecticut; Physicians in Connecticut; Chronic Disease Indicators - Connecticut; The Burden of Chronic Disease in CT; Diabetes Preventive Practices; Weather Radar for CT (GG); Local Gas Prices (GG); State Drug Utilization; The Connecticut Health Workforce: Highlights from the Health Workforce Profile; State of the Workforce 2007 - The Haves, Have-Nots, and Used-to-Haves; CT Health Disparities Project; Children with Special Health Care Needs (2005);
- **Consumer Health Index Page** Health Tip of the Day (GG);
- **Consumer Health Information** Potbelly linked to heart disease; Don't Lunge for Exercise Myths; Exercise and Fitness from the American Heart Association; Physical Activity from WHO; Physical Activity and Public Health: Updated Recommendation for Adults From the American College of Sports Medicine and the American Heart Association; Physical Activity and Public Health in Older Adults Recommendation From the American College of Sports Medicine and the American Heart Association; Target Heart Rate Calculator (GG);
- **Cool Sites Index Page** Aquarium (GG);
- **Cool Sites A- L** Autoguide.com; Shadowscapes - the art of Stephanie Pui-Mun Law; Tribal Junction; Masterpiece of the Day (GG); The Last Supper in Detail;
- **Cool Sites M - Z** Finance Tip of the Day (GG); Currency Converter (GG); US Savings Bond Values;
- **Diabetes Resources on the Net** State Surveillance Data for Diabetes; Diabetes Data and Trends; Diabetes Data and Trends
FAQs; Diabetes Outcomes and Process Measures; Diabetes Resources; American College of Physicians Diabetes Portal; Diabetes and Socioeconomic Status; Diabetes Management Survey Tools; Diabetes Screening, Supplies, and Self-Management Training - Medicare Coverage; Diabetes treatment: Medications for type 2 diabetes; Why Diabetes Is Worse for Minorities - Low Drug Adherence, Emotional Distress Worsen Diabetes for Blacks, Latinos; National Association of Chronic Disease Directors Conference Calls; I Can Control My Diabetes Working with My Health Care Team; Diabetes Medications Supplement; Working Together to Manage Diabetes. A Guide for Pharmacy, Podiatry, Optometry, and Dental Professionals; Prediabetes; Prospective Study of Dietary Carbohydrates, Glycemic Index, Glycemic Load, and Incidence of Type 2 Diabetes Mellitus in Middle-aged Chinese Women; Glycemic Index, Glycemic Load, and Cereal Fiber Intake and Risk of Type 2 Diabetes in US Black Women; High Glycemic Index Diet May Boost Diabetes Risk;

- Epidemiology A - L Ten Great Public Health Achievements in the 20th Century (CDC);
- Epidemiology M - Z CDC's Framework for Program Evaluation;
- Evaluation Resources State Surveillance Data for Diabetes; Community Health Center State-by-State and US Data; Community Health Center, Data by State Search; Milken Institute State Chronic Disease Index; Burden of chronic disease; State Legislation Tracking Center for Health Information Technology; National Survey of Medicaid Guidelines for Health Literacy; New York State Regional Report Card;
- Everything You Ever Wanted to Know... Brain Gym - Cognitive Tests from Cognitive Labs; Aztec Calendar (GG); Mayan Calendar (GG); National Geographic Picture of the Century (GG); Free Rice.com

- Favorite Movie Sites Silent Era: The Silent Film Website; Movies in Theatres, by Ratings (GG); Top Five Movies At the Box Office for the current week (GG); Random Movie Quotes (GG); Convert English to Yoda-Speak (GG); 30 Days of Night - Across the Universe; American Gangster; Gone Baby Gone; Into the Wild; Michael Clayton; The Brave One;
- Favorite Music Sites Biguana Online Piano (GG); New section - Lyrics: Findmeatune.com; Song Lyrics on Yahoo! Music; Tunatic - Free music identification software;
- Free Software Repair XP; XP Backup and Recovery Center; The Free Country.com; Microsoft Systems Utilities; Malware DLLS; XP Tweaks; Zamzar.com;
- Graphing New section: Graphing the Net - An Atlas of Cyberspaces; Mapping the Web; TouchGraph Google Browser. Concept Mapping: Concept Mapping Software; IHMC CmapTools; IHMC Concept Mapping Tool Documentation; ALA-Reader (analysis of lexical aggregates); Mind Maps and Mind Mapping; Create A powerpoint Template; Customized PowerPoint Template; Create a Design Template;
- Health Care Resources on the Net The ABCs of Providing the Initial Preventive Physical Examination; MassMed Link to Health; Medicare Drug Coverage, Part D; Medicare's Extra Help; Part D Coverage Gap or “Donut Hole”; HRSA's Find Affordable Health Care - Search, by state; Questions and Answers About Health Insurance - A Consumer Guide; Quick Reference Information: Medicare Preventive Services;
- Healthcare Quality Issues Health literacy and Mortality Among Elderly Persons; American Journal of Health Behavior Special issue on Health Literacy;
- Health Education Resources National Registry of Evidence-based Programs and Practices (NREPP);
- Kids' Health and Science Page Mt. Saint Helens Volcano Cams; Mt. Washington Observatory; Tips from a Scholarship Whiz; New Scientist.com's Breaking News (GG); Astronomy Picture of the Day (GG); Kids.gov; Blue Beauty; Freerice.com;
- Kids' Fun Sites Cognitive Games from Cognitive Labs; Mighty Optical Illusions (GG); Star Wars game (GG);
- Maternal Child Health Resources dbGaP; Collection and Use of Cancer Family History in Primary Care; National Geographic's Geography Games;
- Nutrition Resources Obesity and Genetics: A Public Health Perspective; Obesity and Genetics: What We Know, What We Don't Know and What It Means; Milk Matters - Calcium Education Campaign; Consumers following questionable health and nutrition advice from the web; Can Soft Drinks Be Healthy?; Soda and Osteoporosis; Food, Nutrition, Physical Activity and the Prevention of Cancer: a Global Perspective; Food, Nutrition, Physical Activity and the Prevention of Cancer: a Global Perspective - Recommendations;
- Personality - MBTI Typecan.com;
- Public Health Data Percentage of Deaths from Malignant Neoplasms, by Sex and Type of Cancer* --- United States, 2004; National Surveillance for Asthma --- United States, 1980–2004. Revamped the Disease Data section so now links are organized by specific diseases or classes of diseases;
- Public Health Data State-Specific Prevalence of Cigarette Smoking Among Adults and Quitting Among Persons Aged 18-35 Years --- United States, 2006; Cigarette Smoking Among Adults --- United States, 2006;
- Public Health E-News, July - December 2007 July - December tables of content are now posted;
- Public Health Fact Sheets: Alcohol and Cancer; Alcohol Dependence; Anxiety Disorders; Attention Deficit/Hyperactivity Disorder; Dietary Supplements; Diet and Heart Disease; Infertility; Long Term Effects of Marijuana; Multiple Sclerosis;
- Public Health Practice Getting Started Kit: Governance Leadership “Boards on Board” How-to Guide; IHI.org's Public Health Resources; Public Speaking Website; NICE's Behaviour Change;
- Public Health Sites A - C 9-11 Health; Understanding Pancreatic Cancer;
- Public Health Sites D-G Mesothelioma & Asbestos Awareness Center; Carbon Monoxide Kills;
• Public Health Sites H-L: State Net - Legislative and Regulatory Information Service; COPD info from NIH; COPD Learn More Breathe Better Resource Kit from NIH;
• Public Health Sites M-N: Depression Self-Assessment;
• Public Health Sites O-Z: Merck Manual's Sexually Transmitted Diseases (STDs); CDC's Best Practices for Comprehensive Tobacco Control Programs—2007
• Public Health Software Epi Info Windows Training Session: Using Epi Info in an Outbreak Investigation, Advanced Analysis & Mapping; Epi Info Windows Training Materials; Database Setup and EpiData; Epi Info Windows Training Guide; Introduction to Epi Info Windows; Using Epidata and Epi Info For Windows; PQS Software Guideline; Map-Related Web Sites; Epi Info™ Community Health Assessment Tutorial;
• Resources for Health Professionals: Clinical Education: Lecture Materials - The Heart Truth; The ABCs of Providing the Initial Preventive Physical Examination; The Guide to Medicare Preventive Services;
• Search Engines - Health: New York Academy of Medicine's Library Collections; Grey Literature Search - Health services and public health research; Worldcat.org;
• Search Engines - Public Health:
• Senior Health: Complicated Grief; NIH Senior Health Toolkit for Trainers;
• Statistical Functions: ROC Analysis; Choosing the Best Statistical Test; Understanding Confidence Intervals;
• Statistical Programs: Cleveland Clinic Software Page; Getting Started with Access; Mortgage Calculators & Financial Calculators; Top Ten Excel Annoyances;
• Temperament Page: New Section: Type D Personality. A "Type D" Personality: The Impact of Stress and Loneliness on Our Health; Personality Types Made Easy A-D; Are You a Type D Personality?; Comparing symptoms of depression and anxiety as predictors of cardiac events and increased health care consumption after myocardial infarction; More Than Just Type A Personality: The ABCs Of The Personality Types; Personality Types; Reducing Emotional Distress Improves Prognosis in Coronary Heart Disease; Social inhibition modulates the effect of negative emotions on cardiac prognosis following percutaneous coronary intervention in the drug-eluting stent era; Type "D" is for Distressed Includes an assessment tool to see if you are Type D; Type D Personality Is Associated With Increased Anxiety and Depressive Symptoms in Patients With an Implantable Cardioverter Defibrillator and Their Partners; Type D personality: the heart, stress, and cortisol; New section - Personality and Health: Personality Trait Linked to Risk of Developing Alzheimer's;
• US Government Statistics Sites: Annual Capital Expenditures Survey;
• Useful Sites for Everyday Living: Translator Beta; Oodle.com; News Anywhere (GG); Instant Traffic.com (GG); Translations (GG);
• Web site Polls: Web site Polls Statistics Oct - December stats are now posted;
• Web site Search Engines: Simple Weather; World Record Search.com;
• Web Resources: Internet Slang Translator; A Chronology of Data Breaches;
• Web Tools: Debi's Wonderful World; Web Style Guide's Screen Resolution; Screen Resolution and Page Design; Screen Resolution Checker; Screen Resolution Detection; What is Your Screen Resolution; Glitter Text Generator (GG); Whois Domain Lookup (GG); ClipArt of.com;
• Wellness Index: Depression Self-Assessment; Dating Dangers: Love's a Minefield, Dating advice from the experts about how to find Mr. or Ms. Right; Online Fatal Online Dating Errors Men's; Why You Can't Overlook a Pretty Face; Sexual Health: Condom Quiz; Why Women Worry So Much; Top 10 Mysteries of the Mind; 10 Things You Didn't Know About You; Gender Difference in Grammar; Men and Women Really Do Think Differently; The Realize Movie; The Time Movie; Stress Management Techniques; Managing Test Anxiety; Test Anxiety and Relaxation; Time Management for Academic Success; Top 10 Mysteries of the Mind; 10 Things You Didn't Know About You; Depression Self-Assessment; Why Women Worry So Much Livescience.com; Why Women Worry So Much Yahoo; Dating Dangers: Love's a Minefield, Dating advice from the experts about how to find Mr. or Ms. Right; Online Fatal Online Dating Errors Men's; Women's Online Dating Errors; Gender Difference in Grammar; Men and Women Really Do Think Differently; Typecan.com; Why You Can't Overlook a Pretty Face; Sexual Health: Condom Quiz; Habit Smart; Beyond Snack Packs: 22 Healthy Munchies; The Power of Optimism; 9 Frighteningly Fattening Fall Foods; Look and Feel Great at Any Weight;
• Women's Health - General Resources: Girls Only Interactive Self-Esteem Zone; Women's Health USA 2007;
• Women's Health - Life Cycles: Contraceptive Methods; Contraceptive Methods for Teens; Contraceptive Method Effectiveness; Choosing a Contraceptive Method; Non-hormonal Contraception; Condoms; Female Condom Instructions; Instructions for Condom Use; Just Say Yes to Safe Sex; Mifeprist (mifepristone) Information; RU-486 (Mifepristone); RU-486facts.org; How can I do an abortion?: Abortion Pill; Plan B; Women Find Menstrual Suppression Attractive Idea but Question Safety; Best Freeware Utilities; Softpedia.com; Last Free Version;
• Women's Health - Breast Cancer: The Breast Cancer Site; Alcohol Amount, Not Type -- Wine, Beer, Liquor -- Triggers Breast Cancer; Alcohol and Breast Cancer; Alcohol and Risk of Breast Cancer; Alcohol and Breast Cancer Risk, Drinking as little as half a glass of wine a day may raise a woman's risk of developing breast cancer, a new study shows; Alcohol Increases Breast Cancer Risk, 30% More Breast Cancer With More Than 3 Daily Drinks of Wine, Beer, or Spirits; Study: All Alcohol Ups Breast Cancer Risk, Researchers Say A Drink Or Two A Day -- Of Beer, Wine Or Liquor -- Can Increase Risk; National Breast Cancer Awareness Month; Breast Cancer.org; National Breast Cancer Foundation; Susan G. Komen for the Cure; New section - Statistics: Breast Cancer Statistics from the CDC; Despite Awareness.
January - March 2008


New Pages

- 2007 Christmas Newsletter
- 2007 Web site Hits
- 2008 Blog
- 2008 What Was New
- Fitness Resources on the Net
- PCH 201 Spring 2008 Syllabus
- Public Health E-News January - June 2008 Tables of Contents
- Public Health E-News July - December 2008 Tables of Contents
- Quality of Life Quotes & References

Deleted/Changed Pages

- PCH 201 Fall 2007 Syllabus

Updated Pages

All statistics to be updated can be found on all the Site Map Pages, the Web Site Statistics Page, and the Web Polls Stats Page. This is done monthly, usually near the beginning of each month.

- Biostatistics/Statistics Sites Chance News available in wiki;
- Cardiovascular Disease Index Page Big Cities Health Inventory; Chronic Disease Fact Sheet; People with Multiple Chronic Conditions Account for 65 Cents of Every Health Care Dollar; Partnership to Fight Chronic Disease; Chronic Condition Indicator (CCI) for ICD-9-CM; Preventing fatal diseases increases healthcare costs: cause elimination life table approach; Lifetime Medical Costs of Obesity: Prevention No Cure for Increasing Health Expenditure; Grand challenges in chronic non-communicable diseases. The top 20 policy and research priorities for conditions such as diabetes, stroke and heart disease; America's Most Expensive Medical Conditions;
- Cardiovascular Disease - General CDC's Heart Disease Fact Sheet; 10 Tips for Good Cholesterol; 2007 NHLBI Morbidity and Mortality Chart Book; Scientific Statements and Practice Guidelines for 1991-2006; LDL Cholesterol Calculator; The Skinny on Fat: Good Fats vs. Bad Fats; Receipt of Outpatient Cardiac Rehabilitation Among Heart Attack Survivors --- United States, 2005; Dangers of Statin Drugs: What You Haven't Been Told About Popular Cholesterol-Lowering Medicines; High Blood Cholesterol; What You Must Know About Your Cholesterol; February is American Heart Month; Disparities in Adult Awareness of Heart Attack Warning Signs and Symptoms --- 14 States, 2005;
- Cardiovascular Disease - Specific & Stroke New section: Stroke Guidelines: Recommendations for the Establishment of Stroke Systems of Care; Stroke Guidelines from JointCommission.org; Stroke Guidelines and Consensus Statements
Strokecenter.org. New section: Stroke Rehabilitation: Management of Adult Stroke Rehabilitation Care - A Clinical Practice Guideline from AHA/ASA.org; Stroke Rehabilitation; What is Stroke Rehabilitation?; Stroke Rehabilitation; Hospital Stays for Circulatory Diseases, 2004; Hospitalizations for Women with Circulatory Disease, 2003; Stroke Disease Specific Care Performance Measures; Trend of Stroke Hospitalization, United States, 1988–1997; Validating Administrative Data in Stroke Research; Stroke (CVA)/Vascular Disease ICD codes; JACHO Primary Stroke Certification; Disease-Specific Care Certification Program - Stroke; National Stroke Association's Guide to Choosing Stroke Rehabilitation Services; Commission on Accreditation of Rehabilitation Facilities (CARF) Stroke Specialty Program Standards; Stroke Provision of Rehabilitation Care; Stroke Scales Overview; Stroke Scales and Clinical Assessment Tools; Functional Status; Stroke and Coma Work sheet; Standard Instruments for Post-Stroke Assessment; Public Health and Aging: Hospitalizations for Stroke Among Adults Aged >65 Years --- United States, 2000; Community Surveillance for Cerebrovascular Disease: The Framingham Cardiovascular Disease Survey; Stroke Rehabilitation Information;

- **Career Resources** Finding a Job (USA.gov); O*Net Online O*Net Related Sites;
- **Chinese Culture** Chinese Immigrant files; Asian American Health; High Glycemic Index Diet May Boost Diabetes Risk; Mental Health Brochures in Chinese; Prospective Study of Dietary Carbohydrates, Glycemic Index, Glycemic Load, and Incidence of Type 2 Diabetes Mellitus in Middle-aged Chinese Women; National Family Caregiver Support Program; Food, Nutrition, Physical Activity and the Prevention of Cancer: a Global Perspective Report - In Chinese;

- **Connecticut Public Health Resources** Children with Special Health Care Needs; Commission on Children; Connecticut General Assembly (CGA) Site Map; Connecticut General Assembly (CGA) Citizen Guide; Connecticut General Assembly (CGA) External Links Page; Report Card on Women's Health - Connecticut; Child Poverty in CT 2007; Channel 3 Pinpoint Traffic; Channel 3 Pinpoint Traffic - Hartford Area; DOT Traffic Report; Connecticut Association of Directors of Health; Local Health Department Web sites; Hospitalization Statistics; Coalition for a Safe and Healthy CT; Partnership for Strong Communities; Auditors of Public Accounts; Community Health Center Association of Connecticut; Connecticut Senior Information Site; Elected Officials Search; Diabetes Cost Calculator; Estimated Prevalence and Cost of Diabetes in Connecticut;
- **Consumer Health Information Symptom Checker**;
- **Cool Sites A-L** USA.gov's Happy Holidays; Family History and Genealogy;
- **Cool Sites M-Z** Charity Navigator.org;
- **Copyright Page** Copyright Information regarding images found on Web sites;
- **Diabetes Resources on the Net** CDC's Initiative on Diabetes and Women's Health; Diabetes and Women's Health Across the Life Stages: A Public Health Perspective; Glycemic Index, Glycemic Load, and Cereal Fiber Intake and Risk of Type 2 Diabetes in US Black Women; Diabetes and Pregnancy; Exercising With Diabetes Complications; Learning About Diabetes.org; Diabetes treatment: Medications for type 2 diabetes; Prevalence of Self-Reported Cardiovascular Disease Among Persons Aged >35 Years with Diabetes --- United States, 1997–2005; Self-Monitoring of Blood Glucose Among Adults with Diabetes --- United States, 1997–2006; Racial Disparities in Diabetes Mortality Among Persons Aged 1–19 Years --- United States, 1979–2004; Diabetes Complications; Comparing Oral Medications for Adults With Type 2 Diabetes; Pills for Type 2 Diabetes: A Guide for Adults; Economic Costs of Diabetes in 2007; Diabetes Cost Calculator; Diabetes care: 10 ways to avoid diabetes complications; Hypoglycemia and diabetes: How to treat low blood sugar; Diagnosis and Management of Hemochromatosis;

- **Evaluation Resources & Report Cards** CAHMI's Children with Special Health Care Needs, by State; School Foods Report Card 2007; Ready or Not? Protecting the Public's Health From Diseases, Disasters and Bioterrorism 2007; Project Planning and Evaluation Wizard (PEW); National Report Card On Women's Health; MEASURE Evaluation Publications; Ranking America's Mental Health: An Analysis of Depression Across the States; The Fundamental of Evaluation for Wellness Programs;
- **Everything You Ever Wanted to Know... Popular New Year's Resolutions; Take Me Back to the 60s; Patent Search; Rulesofthumb.org; Back in the Bronx**;
- **Favorite Movie Sites** Why We Love Scary Movies; New section: Midis - Close Encounters of the Third Kind; MIDI Movie Theme Songs & Movie Clips; Movie Themes Elite.Net; Movie Tunes; Music by John Williams; The Boss's Favorite Midi Songs; Aliens vs. Predator; Atonement; Awake; Beowulf; Enchanted; Hitman; I am Legend; National Treasure Book of Secrets; No Country for Old Men; The Golden Compass; The Mist; The Savages; Who Killed the Electric Car?; Sci-Fi's Top 25 of the Last 25 Years; 25 Best Musicals; Science Fiction Citations; New section: Film Preservation: Digital crisis; Motion pictures may fade to black. Fewer than half of all feature films made before 1950 have survived; Film Forever; Motion Picture Film Preservation; National Film Preservation Board Library of Congress; National Film Preservation Foundation (NFPF); Paramount Film Preservation Project; Preservation at AFI; Video Aids to Film Preservation;
- **Favorite Music Sites** Seeqpod - playable search; ABBA - Chiquitita; UVa's Music Databases;
- **Fitness** Mayo Clinic's Fitness Center; Metabolism and weight loss: How you burn calories; Active Living by Design; Mayo Clinic's Calorie Calculator; Exercise: 7 benefits of regular physical activity; Exercise: When to check with your doctor first; Fitness Programs: 5 steps to get started; Fitness on a budget: Low-cost ideas for shaping up; Fitness training: 4 elements of a rounded routine; Mental conditioning: Is your brain in the game?; Barriers to fitness: Overcoming common problems; Fitting in fitness: Finding time for physical activity; Exercise for weight loss: Calories burned in 1 hour; How fit are you? See how you measure up; Cross-training: Rev up your exercise program with variety; How to measure your
exercise intensity; Exercise and cold weather: Stay motivated, fit and safe; Make warm ing up, cooling down part of your workout; Office exercise: How to bum calories while you work; Core exercises with a fitness ball: Take the plunge with aquatic exercise; Walking for fitness: How to trim your waistline, improve your health; Strength training: Get stronger, leaner and healthier; Weight training: Improve your muscular fitness; Weight training exercises for major muscle groups; Target heart rate calculator; Interactive BMI Calculator; Weight training: Do's and don'ts of proper technique; Small Steps.gov; Body Mass Index Measurement in Schools, Childhood Overweight; Body Mass Index Measurement in Schools - Executive Summary; Weight training: Do's and don'ts of proper technique; Exercise: Rev up your routine to reduce stress; Diabetes and exercise: Take control with physical activity; Diabetes and exercise: When to monitor your blood sugar; Fat but fit: Can I still be healthy?; ACL Injury;Sprains and strains; Carbohydrate loading: Can your diet boost your athletic performance?; Memory improvement: Exercise keeps your mind sharp; Aerobic exercise: What 30 minutes a day can do; Insulin and weight gain: Keep the pounds off; Depression and anxiety: Exercise eases symptoms; Exercise takes the edge off chronic pain; Fitness programs: 6 steps to guide your selection; 7 Most Effective Exercises; Interval training: Can it boost your calorie-burning power?

- Free Software The Best Freeware Downloads on the Web; Sound Card Drivers; Programs and Info For a Newbie or Oldie v2.1; Alex King; Photo Matt; Office Online File Converters and Viewers; Open Office Portable; Rootkit Detection and Removal; Malware Removal; Resplendence Free Utility Downloads; FreeWare;
- Grants CDC Grant Funding Opportunities (FOAs); CDC Cooperative Agreement Funding Opportunities;
- Graphing Templateswise.com; Grafprog;
- Health Care Resources on the Net Vitalits.com - read reviews and find top doctors; Partnership for Prescription Assistance; Herbal supplements: What to know before you buy; Adult Preventive Care Flow Sheet; Physical Exam Frequency; Health screening guidelines customized for you; Alternative medicine: Evaluate claims of treatment success; Medicare Preventive Care Services;
- New section: Caregiving (11 links): A Practical Guide to Caring for Caregivers; Caregiver Health; Elder Care; End-of-Life Care Findings From a National Survey of Informal Caregivers; Family Caregivers:Our Heroes on the Frontlines of Long-Term Care; Frequently Asked Questions about Caregiving; Hardship into Hope: The Rewards of Caregiving; National Family Caregivers Association; National Family Caregiver Support Program; National Family Caregiver Support Program Information; National Family Caregiver Support Program; Caregivers;
- Healthcare Quality Clinical Performance Measures - Preventive Care and Screening; New section: Cost-benefit analysis: Benefit Cost Calculator; NECA West Benefits Cost Calculator; NECA Services Benefit Cost Calculator; Simplified Benefit- A Simplified Benefit- Cost Calculator to Foster Research Evaluation and Monitoring; Total Labor and Benefit Cost; LCCA Calculator;
- Healthcare Quality Issues Is Our Pharmacy Meeting Patients' Needs? Pharmacy Health Literacy Assessment Tool User's Guide; Transforming Hospitals; HRSA Health Literacy Free On-Line Training; Patient Safety Tools: Improving Safety at the Point of Care; The Newest Vital Sign; REALM Assessment; Alternate Word Lists; Clear Communication Checklist; Plain Language G.R.I.D.; General Checklist for Creating Easy-to-Read Written Materials; Teach-Back/Show-Me Method; Key Facts: Race, Ethnicity and Medical Care, 2007; Older Adults and the World Wide Web; Plain Language.gov; Health Literacy Fact Sheets;
- Health Education Resources Worksheetlibrary.com; Graphics from Food, Nutrition, Physical Activity and Prevention of Cancer Expert Report; Twelve Ways to Health Holiday Song; Making Your Printed Health Materials Senior Friendly;
- Information Quality The Internet & Healthcare; Usability.gov; Usability.gov's Updates and Newsletters Page;
- Nutrition Resources Sensible Eating Over the Holidays; Food Safety Education: Is it done yet?; Feast on Food Safety; 10 Ways to Lose Weight Without Dieting; Healthy Eating Active Living Toolkit; Public Health Nutrition Directors Resource Page; Danger: Diet Disaster Area Ahead!; Second Expert Report: Food, Nutrition, Physical Activity and the Prevention of Cancer: a Global Perspective; A Prospective Study of Red and Processed Meat Intake in Relation to Cancer Risk; School Food Guide; 90 Seconds to Amazing Health; Keep Me Healthy 521 Power Up; How Can I Stop Drinking So Much Soda?; Apple Cider Vinegar; Basics of Nutrition; Triglycerides: Why do they matter?; Folate; Folic Acid; Vitamin E; Vitamins; FDA's Acrylamide Questions & Answers;
- Personality - MBTI 16types.com; Know Your Type series;
- Publications People who Enroll in Diabetes Self Management Education Classes; Sleep
- Public Health Continuing Education Opportunities Diabetes and Depression; National Diabetes Education Program; Public Health Grand Rounds Archived Webcasts; Plain Language Training;
- Public Health Data Abortion Surveillance — United States, 2004; Preconception and Interconception Health Status of Women Who Recently Gave Birth to a Live-Born Infant — Pregnancy Risk Assessment Monitoring System (PRAMS),
United States, 26 Reporting Areas, 2004; Percentage of Women* Who Gained >40 Pounds During Pregnancy, by Race/Ethnicity† of Mother --- United States, 1990, 2000, and 2005§

- Public Health E-News, July - December 2007 July - December tables of content are now posted;
- Public Health Fact Sheets: Acrylamide; Alcohol and Native Americans; Allergies; Bicycle Accidents; Bisphenol A; Broken Heart Syndrome; Bulimia Nervosa; Burning; Carbon Monoxide Poisoning; Diabetes in Hispanic/Latin Americans; Deliberate Self-Harm; Gene Therapy; Glaucoma; Health Benefits of Exercise; Health Effects of Visceral Fat; High Blood Pressure in African Americans; Human Papilloma Virus; Human Trafficking; Indoor Air; Inhalants; Lead Poisoning in Children; Skin Cancer; Stroke; Tuberculosis;
- **Public Health Practice** Washington Watch - Public Health; Washington Watch - Health Policy; National Association of County and City Health Officials;
- Public Health Sites A - C Introduction to HIV types, groups and subtypes; Alcohol Consumption;
- Public Health Sites D-G Consumer Health Information; Consumer Health Information Programs; Consumer Health Information Resources; Consumer Health Information Sites; Consumer Health Information Sites Index; Consumer Health Information Resources Index; Consumer Health Information Programs Index; Consumer Health Information Programs Resources Index; Consumer Health Information Sites Resources Index; Consumer Health Information Sites Programs Index; Consumer Health Information Sites Programs Resources Index; Consumer Health Information Sites Resources Programs Index;
- Public Health Sites H-L FCIC's The Flu; New section: MRSA: Information about MRSA; MRSA: Experts Answer Your Questions; MRSA Facts and Information; MRSA Prevention; MRSA: Understand your risk and how to prevent infection;
- Public Health Sites M-N WashingtonWatch.com; A Guide To Evidence-Based Practices (EBP) on The Web; Public Health Resources for various minority populations; PEW Hispanic Center Reports Index; PEW Hispanic Center Datasets; Routine Tests for Men; Health Characteristics of the Asian Adult Population: United States, 2004-2006;
- Public Health Sites O-Z Chewing tobacco: Not a risk-free alternative to cigarettes; Quit Smoking Center; Quit Smoking: Practical strategies for success; Stop-smoking products to help you quit; Teen smoking: How to help your teen quit smoking; Safe Shops Tool Kit; Center for Construction Research and Training;
- Public Health Software Gapminder.org World 2006; Graphic Maps Clipart; Maps and Graphics;
- Research Resources on the Net Equator Network.org; Improving Population Health: The Uses of Systematic Reviews;
- Resources for Health Professionals Summary of recommendations for clinical preventive services from National Guideline Clearinghouse;
- Search Engines Index Life Beyond Google: Eight Great Alternative Search Engines Webworker Daily;
- Senior Health Pat and Sue's Home Page; Senior Care Resource Directory; Shingles information from NIA and MedlinePlus; Dizziness and Vertigo;
- Site Information Page Strength;
- Statistical Functions Basic Statistical Procedures; Medpage's Guide to Biostatistics; Introduction to Statistical Analyses; Some Statistical Procedures; Standard Errors - An Explanation; How to Calculate Standard Errors; Linear Correlation;
- Statistical Programs Stat tutorials.com; How Use Excel movies; new Excel section - Pivot Tables: Create a Pivot Table in Excel; Introduction to Pivot Tables; What is a Pivot Table; Pivot Tables and Pivot Charts; Pivot Tables Add-in; Access Free Tips; Access Technical Papers; Manipulating and Massaging Data in Excel; Excel Financial Calculators; Aubrey Blumsohn Site; Bill Graham's Math Pages; Free Statistical Software from Psicopolis.com; Essentials of Business Statistics; Excel Templates from Complete Business Statistics; Excel Worksheet Templates from Latech.edu; Marley Watkins Software;
- Temperament Page Love Quiz;
- Useful Sites for Everyday Living FTC's Charitable Donations: Give or Take?; Managing Household Records; Travel information from the U.S. Government; Neighborhoods and the Homeownership Preservation Foundation foreclosure help; interactive How Old R U calculator; Interactive Temperature Calculator; Forms from the Feds; Removing your name off lists;
- Web Resources New section: Document Converters: Zamzar.com; New section: Fixing the Computer: Repair XP; Hard Disk Restore; How to Use Automated System Recovery in XP; System Recovery; Microsoft XP; Free Antivirus Ready for Prime Time; How to Remove Viruses; Stinger Virus Remover; Trojanscan;
- Web site Polls Statistics Archives 2007 results have been archived;
- Web Resources Intel Downloads; AC '97 Audio Codecs; Drivers; Programs and Info for a Newbie or Oldie V2.1;
- Web Tools 10 Places to Find Free Images Online and Make Your Content More Linkable; The Most Useful Web Tools; New section: Windows Registry; Customizing Your PC with the Windows XP Registry; Demystifying the Windows Registry; Microsoft Windows Registry; Working with the Registry; Virus Cleaner - General Steps; Viruses/Spyware/Malware, preliminary removal instructions; New section: Map Graphics: Maps and Graphics; Map Graphics; Map Clip Art;
- Wellness Index Tai Chi; 10 Tips to Get Better Sleep; Yoga for stress management; Chen Shi Tong Tai Chi; Yang Style Tai Chi; Bad Foods That Are Actually Great for Your Waist; Good for You? Bad for You?; Meditation Timer you can set to music!; 10 Secrets to a Stress-Free Life; Forgiveness: How to let go of grudges and bitterness; Avoid Diet Roadblocks; Seven Foods to Keep You Young; College Students Face Multiple Health Risks; Seven Diet Mistakes and Fast Fixes; Tai chi: Improved stress reduction, balance, agility for all; Update to Label on Birth Control Patch; 9 Best Diet Tips Ever; 15 Best Diet Tips Ever; 10 Foods That are Health Horrors; How to Fight Depression and Anxiety; Secret Shame; Stress causes whole body deterioration; A Toxic Brew; Birth Control Guide; Melanoma Pictures to Identify Skin Cancer; How to Fight...
Depression and Anxiety; Yoga: Improve your stress management and relaxation skills; Coulda, Woulda, Shoulda; Dietitians' Top 10 Diet Tips; Resilience: Build skills to endure hardship; How We Love Now; 16 Secrets the Restaurant Industry Doesn't Want You to Know; 8 Tips for Winning The Food Fight; 8 Entirely New Ideas About Love; 7 Common Medical Myths Debunked; 13 Healthy Habits to Improve Your Life;

- **Women's Health - General Resources** Campaign for Safe Cosmetics Not Just a Pretty Face; Women's Health Risks;
- **Women's Health Issues** Check up on your bones from NIH.gov; Women's Health Initiative (WHI) Hip Fracture Risk Calculator; Comparative Effectiveness of Treatments To Prevent Fractures in Men and Women With Low Bone Density or Osteoporosis; Comparative Effectiveness of Treatments To Prevent Fractures in Men and Women With Low Bone Density or Osteoporosis; Domestic violence toward women: Recognize the patterns and seek help; National Stalking Awareness Month --- January 2008; New section: Mental Health: Surgeon General's Workshop on Women's Mental Health, November 30 – December 1, 2005; Workshop Report Webpage; Adverse Health Conditions and Health Risk Behaviors Associated with Intimate Partner Violence --- United States, 2005;
- **Women's Health - Breast Cancer** Breast cancer prevention: Lifestyle choices and more;
- **Women's Health - Heart Disease** NIH's Healthy Heart Handbook for Women; Heart disease in women: A Mayo Clinic specialist answers questions;
- **Writing Resources** Web Sites for Writers; Plain English Campaign;

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**April - June 2008**

**New Pages**

- **Job Hunting Tips**

**Updated Pages**

All statistics to be updated can be found on all the [Site Map Pages](#), the [Web Site Statistics Page](#), and the [Web Polls Stats Page](#). This is done monthly, usually near the beginning of each month.

- **Annotated Great Books Bibliography** Pattie Boyd's Wonderful Tonight; Eric Clapton's Clapton: The Autobiography; Preston Douglas's Blasphemy; David Sheff's Beautiful Boy;
- **Annotated Wellness Bibliography** David Sheff's Beautiful Boy;
- **Biostatistics/Statistics Sites** Statlink;
- **Cardiovascular Disease Index Page** ROI Calculator; Canadian Chronic Disease Infobase; Canadian Disease Surveillance On-Line; Designing and Implementing Medicaid Disease and Care Management Programs, A User's Guide; Monitoring and Evaluating Medicaid Fee-for-Service Care Management Programs User's Guide; Patient Self-Management Support Programs An Evaluation; Chronic Care; Toolkit for Implementing the Chronic Care Model in an Academic Environment;
- **Cardiovascular Disease - General** High Blood Cholesterol; Daily aspirin therapy: Understand the benefits and risks; Heart and Stroke Statistics; Resistant Hypertension: Diagnosis, Evaluation, and Treatment; Top Ten Things To Know -- Cocaine-Induced Chest Pain and Myocardial Infarction; Hands-Only (Compression-Only) Cardiopulmonary Resuscitation: A Call to Action for Bystander Response to Adults Who Experience Out-of-Hospital Sudden Cardiac Arrest; Niacin to boost your HDL 'good' cholesterol; Essential Features of Designating Out-of-Hospital Cardiac Arrest as a Reportable Event; Heart Disease and Stroke Maps;
- **Cardiovascular Disease - Specific & Stroke** ASA: Rising Stroke Rates in Women Ages 35 to 54 Tied to Obesity; Update to the AHA/ASA Recommendations for the Prevention of Stroke in Patients with Stroke and Transient Ischemic Attack; Heart Disease Risk Calculator; Prevention of Heart Failure; Massachusetts Heart Disease and Stroke Prevention - Stroke Educational Materials; Awareness of Stroke Warning Symptoms --- 13 States and the District of Columbia, 2005; Few Aware of Stroke Warning Symptoms; Hospital Stays for Stroke and Other Cerebrovascular Diseases, 2005;
- **Children with Special Health Care Needs** NS-CSHCN Chartbook 2005-2006 Web Site;
- **Chinese Culture** Panda Land; Gestational Diabetes Treatment; Chinese Characters and Pinyin Dictionary; Learn Mandarin; Quake Further Endangers China's Giant Pandas; Percentage of Asian Adults* Who Reported Moderate or Heavier Drinking,† by Asian Subpopulation --- National Health Interview Survey, United States, 2004–2006; Diabetes Health Record Card - In Chinese; Rising Tide of Diabetes Among Asian Americans; American Citizens for Justice; Asian American Village; Asian-Nation; Asia Society; Asian American History; The Chinese in California, 1850-1925; Vincent Who?;

- Connecticut Health Reports
- CT Maps from World Atlas.com; Connecticut Society of Genealogists Map; Community Health Centers; CT mortgage loans, CT gas prices; FuelMeUp.com; Connecticut - Dashboard on Health Care Quality Compared to All States; Connecticut Partnership For Long-Term Care Insurance; Unfair Insurance Practices; Connecticut Health Scorecard from the Business Council of Fairfield County; Scorecard Summary; Heart Disease and Stroke Maps for CT; The Daily Green - Environmental newsfeed; Connecticut School Health Survey; 2007 Youth Risk Behavior Results; Community Health Data Scan for Connecticut Connecticut Health Foundation; Connecticut Towns and Cities; Connecticut Towns and Counties List; ConnQuest: Connecticut Directory; Rating the Small Towns: 2007; CT Rural Health Report; Gas Prices by Zip Code;

- New Section: Local Health - Connecticut Local Health, Principle Communities in the State of Connecticut;

- Consumer Health Information
- Organ Donation: Organ Donation from MedlinePlus; Organ Donation from National Kidney Foundation; Organ Donor.gov; Organ donation: Don't let these 10 myths confuse you; Types of Donation; Bad Bugs: Identifying Bugs and Their Bites;

- Diabetes Resources
- on the Net
- Power to Prevent; What is Gestational Diabetes?; Screening for Gestational Diabetes Mellitus: A Systematic Review for the U.S. Preventive Services Task Force; Screening for Gestational Diabetes Mellitus: U.S. Preventive Services Task Force Recommendation Statement; Screening for Gestational Diabetes Mellitus, U.S. Preventive Services Task Force (USPSTF); Gestational Diabetes: Therapeutic Management, Delivery, and Postpartum Risk Assessment and Screening in Gestational Diabetes; Economic and Health Costs of Diabetes PDF. AHRQ/HCUP; Economic and Health Costs of Diabetes; Diabetes Care; Diabetes in Canadian Women; Why Health Care Renewal Matters: Lessons from Diabetes; Am I At Risk for Gestational Diabetes?; Gestational Diabetes; What I Need to Know About Gestational Diabetes; What I Need to Know About Gestational Diabetes, in Spanish; Diabetes Health Record Card; Hispanic Diabetes Disparities Learning Network in Community Health Centers; What is Gestational Diabetes?;

- Epidemiology
- A-Z
- The Great Pandemic: The United States in 1918-1919; Office of Public Health Service Historian;

- Epidemiology
- M - Z
- Integrated Disease Surveillance and Response; Strategies to Improve External Cause-of-Injury Coding in State-Based Hospital Discharge and Emergency Department Data Systems;

- Evaluation Resources & Report Cards

- Everything You Ever Wanted to Know...
- Infoplease's Year by Year: 1900 - 2008; Global Incident Map; Why the U.S. Economy Is Not Depression-Proof;

- Favorite Movie Sites

- Favorite Music Sites
- The 25 Best "Best of" Albums;

- Fitness
- Couch Potato? Mini-Workouts; 9 Least Effective Exercises; Blast Fat in 20 Minutes; Whole Grains Fight Belly Fat; Meet the 5 Flat Belly Foods; Fitness programs: 5 steps to getting started; Rise and Shine; Walking for fitness: How to trim your waistline, improve your health; Gmaps Pedometer; At-Home Workouts: 5 Essential Items for a Home Gym; Belly Fat Booms When Activity Stops; Cardio vs. Weights: Which Workout Works for You?; How to Look Thinner Instantly;

- Free Software
- LaTeX – A document preparation system;

- Graphing
- Powerpoint Guides, Tips and Help; Tips for Powerpoint Presentations; Presenting Data: Tabular and graphic display of social indicators;

- Health Care Resources
- on the Net
- How to Create a Pill Card;

- Healthcare Quality
- Hospital Quality Initiative; Measuring Quality of Care; 2007 National Healthcare Quality & Disparities Reports;

- Healthcare Quality Issues
- Health Research and Educational Trust Disparities Toolkit; Sue Sheridan; Patient Safety and Quality, An Evidence-Based Handbook for Nurses;

- Health Education Resources
- Wellsteps.com;

- Healthy People 2020
- Healthystates.csg.org; Healthy People 2020 Planning; Healthy Vision 2010;

- Information Quality
- Finding Information on the Internet;

- Kids' Health and Science Page
- NASA pictures; Eyes on Bullying; Eyes on Bullying Toolkit - What Can You Do?; Reality Check;

- Maternal Child Health Resources
- Office of Population Affairs; Children's Growth Charts; Child Welfare Trauma Training Toolkit;

- Nutrition Resources
- MyPyramid.gov for Professionals; Sugar: What Kinds to Eat and When; 4 Warning Signs Your Diet May Lack Fiber; Learn to Love the Veggies You Hate WebMD; Mayo Clinic Healthy Weight Pyramid tool; Best Diet Tips Ever; Vitamins and Minerals: Good Food Sources; Cooking with Healthy Oils;

- Public Health Continuing Education Opportunities
- Ohio's KePRO Medical-related Conference Calls; New section: Emergency Preparedness Programs; Emergency Preparedness Programs from Alabama Department of Public Health; FEMA Independent Study Program (ISP); Johns Hopkins Center for Public Health Preparedness; National Center for
Disaster Preparedness Training Center, Columbia University Mailman School of Public Health;  
- **Public Health Documents** Commonweathfund.org's Publications Page;  
- **Public Health E-News**, January - June 2008 January - May tables of content have been posted;  
- **Public Health Practice** Community Health Resources; Public Health Information Network (PHIN); A Communication Guide for Policy and Environmental Change; Sustainability Planning;  
- **Public Health Sites** A-C Piercings: Proper care can help prevent complications; Helping Patients Who Drink Too Much: A Clinician's Guide and Related Professional Support Resources; Colon Cancer Guide; Adjuvant therapy: Extra treatment to keep cancer from returning; CDC Support for the Emergency Management Assistance Compact (EMAC); Alcohol and Drug Treatment: How it Works, And How It Can Help You;  
- **Public Health Sites** D-G Surge Standards and Guidelines for Healthcare Providers; Truth About Inhalants; Environmental Health Services Program; CDC Support for the Emergency Management Assistance Compact (EMAC); CDC Shelter Assessment Tool;  
- **Public Health Sites** H-I Prevention of Herpes Zoster; Malaria Glossary; Surveillance for Acute Viral Hepatitis --- United States, 2006; Public Health Agency of Canada Reports and Publications;  
- **Public Health Sites** M-N Health Coverage and Access to Care Among Asian Americans, Native Hawaiians and Pacific Islanders; 5 Things You Can Stop Worrying About (and 5 Others that Should Trouble You Deeply)  
- **Public Health Sites** O-Z Campaign for Tobacco-Free Kids Reports (many); Cigarette Costs Calculator; Secondhand smoke: Avoid dangers in the air you breathe; Suicide: What to do when someone is suicidal; Drug-Free Workplace Kit; Tobacco Cessation—You Can Quit Smoking Now!;  
- **Public Health Software** AHQ Preventable Hospitalization Costs, a county level mapping tool;  
- **Research Resources on the Net** I Don't Know What to Believe... Making Sense of Science Stories; Critical Evaluation of Resources; How to Conduct an Online Survey; Measurement Error in Clinical Trials: Some Problems Randomizations Can't Fix;  
- New Section: Survey Response Rates: Alumni Surveys Response Rates; Alumni Surveys; Classifying Response Behaviors in Web-based Surveys; Comparative Response to a Survey Executed by Post, E-mail, & Web Form; Frequently Asked Questions about an Online Survey; Improving the Quality of Web Surveys: The Checklist for Reporting Results of Internet E-Surveys (CHERRIES); Influence of Plain vs. Fancy Design on Response Rates for Web Surveys; Online Survey Response Rates and Times. Background and Guidance for Industry; Polls Face Growing Resistance, But Still Representative; Response Rates for Mail Surveys of Nonprofit Organizations: A Review and Empirical Test; Response rates to mail surveys published in medical journals; Survey Response Rates; The Power and Perils of Internet Surveys; Typical Response Rates;  
- **Resources for Health Professionals** FDA's National Drug Code Query; ARUP Consult: The Physician's Guide to Laboratory Test Selection and Interpretation;  
- **Search Engines Index** SearchEnginelist.com;  
- **Senior Health** New section - Retirement Resources: Choose a Benefit Calculator; How Much Do You Need to Retire? from AXAonline.com, Moneycentral.msn, Finance.yahoo.com, CNNmoney.com, The Oxford Club; Near Retirement?; Simple Retirement Calculator; Sources of Retirement Income; The Big Question: How much do I need to retire on?; End of Life: Helping with Comfort and Care; Providing Comfort at the End of Life; Age-related Macular Degeneration Support; Aging parents: 10 things to know for an emergency; Eating Well As You Get Older;  
- **Statistical Programs** MS Excel 2007 online course;  
- **US Government Statistics Sites** Economic Indicators.gov; Quick Health Data Online; Older Americans Current Edition;  
- **Useful Sites for Everyday Living** Financial Calculators;  
- **Web site Development Resources** Free Images;  
- **Web site Medical Search Engines** Intute: Health & Life Sciences;  
- **Web Resources** CPU Benchmarks; Free Computer Tutorials;  
- **Wellness Index** 17 Best Foods for Dieters; 15 Foods That Can Save Your Heart; Heart-healthy Diet: 7 steps to prevent heart disease; How to Fight Depression and Anxiety; Eating Breakfast May Beat Teen Obesity; Could You Have an STD — And Not Know It?; The New Disease-Fighting Foods; The Happiness Factor; STD symptoms: 7 STDs and common symptoms; 20 Worst Foods in America; The Time Movie; The Realize Movie; The Love Movie; The Potential Movie; Life Expectancy Calculator; The Fit Inside Movie; The Choice Movie; Simple Tips to Cut Calories; Modern Dating. Looking for love in all the wrong places? Online dating is popular, but it's not your only option; 5 Things You Didn't Know About Your Period; Body Language Basics; Stop the Decline, Dogging Dementia; Cigarette Costs Calculator; Bring vs. Buy Lunch Calculator; Coffee Costs Calculator; Food Facts That Restaurants Hide From You; 13 Healthy Habits to Improve
Your Life; The Truth About Fiber; Are You Too Sensitive; The Truth About Tattoos; How and When to Wash Your Hands; Stress: Busted; Conception: The Amazing Journey From Egg to Embryo; Five Things Happy People Do; How to Be Happy; What Do Your Dreams Tell About Your Health; Skin Cancer slide show;

- Women's Health - General Resources Women's Health Surveillance Report; Women's Health Resources; Office of Research on Women's Health; Bright Futures for Women's Health and Wellness; State of the World's Mothers 2008;
- Women's Health Life Cycle Issues Evidence-Based Prenatal Care: Part I. General Prenatal Care and Counseling Issues; Apgar Score; Prenatal Care Measures; New section: Breastfeeding: Breast-feeding: What every mom needs to know; Conception: The Amazing Journey From Egg to Embryo; Ovulation Calculator;
- Women's Health - Breast Cancer Inflammatory Breast Cancer video;
- Women's Health - Cervical Cancer Pap smear: Screening test for cervical cancer;
- Women's Health - Heart Disease How Heart Disease is Different in Women; Women and Heart Disease: Risk Factors;
- Writing Resources How to Avoid Plagiarism; Elements of Style;

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July - September 2008

New Pages

- Excerpts from SCSU's 2008 CEPH Self-Study
- PHENOM Blog

Updated Pages

All statistics to be updated can be found on all the Site Map Pages, the Web Site Statistics Page, and the Web Polls Stats Page. This is done monthly, usually near the beginning of each month.

- Academic Resources New section - Learning Styles & Preferences: Applying What We Know Student Learning Styles; Learning Styles; Learning Styles from Learnativity.com; Learning Styles from Mindtools.com; Learning Styles (Notes); Learning Styles & Preferences; Learning Styles and Strategies; Learning Styles on the Web; Let's Learn About Learning Styles!; The Four Learning Styles; The Seven Learning Styles;
- Annotated Epidemiology Bibliography
- Annotated Great Books Bibliography
- Cardiovascular Disease Index & Chronic Disease Page Percentage of Adults Aged >25 Years with Limitation of Activity Caused by One or More Chronic Conditions,* by Education Level and Sex --- National Health Interview Survey, United States, 2006; New section - Burden of Chronic Disease: Prevention for a Healthier America; Alcohol Cost Calculator; Prevention Saves Money and Lives; Reducing Health Care Costs Through Prevention; Blueprint for Health: A Framework for Total Cost Impact Health As Human Capital Foundation; Rising Rates of Chronic Health Conditions: What Can Be Done? Conference Transcript July 31, 2008 Good presentation slides about Chronic Disease;
- Cardiovascular Disease - General Top 5 lifestyle changes to reduce cholesterol; Heart Patients Get Failing Grade? Study Shows Heart Patients Not Up to Speed on Symptoms and Risk; 15 Foods That Can Save Your Heart; Cholesterol Management 101; High Blood Cholesterol - What You Need to Know; The Community Health Worker's Sourcebook A Training Manual for Preventing Heart Disease and Stroke; Heart Attack Overview; Age-Adjusted Rates* of Death from Heart Disease, by Race and Sex --- United States, 1979–2006; Diabetes and Cardiovascular Disease Fact Sheet; HDL cholesterol: How to boost your 'good' cholesterol; Community Health Worker's Heart Disease and Stroke Prevention Sourcebook; Your Heart, Your Life; Honoring the Gift of Heart Health: A Heart Health Educator's Manual for American Indians; A Systematic Approach to State Heart Disease and Stroke Prevention Programs; Your Heart, Your Life; Many Patients Can Reach LDL Cholesterol Goal Through Dietary Changes Alone, Study Shows;
- Cardiovascular Disease - Specific & Stroke Few Aware of Stroke Warning Symptoms Can You Name 5 Stroke Warning Symptoms? A New Survey Shows Most People Can't; National Stroke Association Resource Directory; Age-Specific Excess Deaths Associated With Stroke Among Racial/Ethnic Minority Populations United States, 1997; Percutaneous
Coronary Interventions; 2008 Atlas of Stroke Hospitalizations Among Medicare Beneficiaries;

- **Career Resources** Salary Calculator; Cost of Living Calculator; Manta.com; New section - Job Interviews: 10 Killer Job Interview questions and Answers; Ten Tough Interview Questions and Ten Great Answers; 50 Common Interview Q&As; Interview Questions and Answers; Cost of Living Calculator; The 7 Types Of Bad Bosses According To Star Trek (And How To Survive Them); Value of Volunteer Time; New section - Personality Aspects: Are You a Right- or Left-Brain Thinker?; Can Your Favorite Color Determine Your Perfect Job? The 'Dewey Color System' Looks at Color Instead of Questions for Its Personality Assessment; What Your Desk Says About You; What can't employers ask in interviews Michigan.gov; What Questions Can Employers Ask During the Interview Process; Careeretoolkits.com;

New section - Job Applications: Ask the Experts: Employers Can Legally Discriminate; Ask the Experts: Providing Prospective Employers With a Salary History or Salary Requirement; Legal and ethical issues when employers check applicants' social networking sites; Resume Trend: Removing Your Graduation Date; Salary History; What Can Former Employers Legally Say About Me?; When employers ask for salary history; When Can Employers Investigate Your Criminal Record?

- **Chinese Culture** Asian American Pacific Islander Health Resources; China 2001 - a couple's travelogue of their trip to China; New section - Beijing Olympics: 2008 Beijing Olympics song"Welcome to Beijing" YouTube; Official Site of the 2008 Beijing Olympics; Gold Medal Travel Health Tips for the 2008 Beijing Olympic Games (CDC); International Olympic Committee; Official Team GB Website for Beijing 2008 Olympic Games;

- **Connecticut Public Health Resources** State Technology and Science Index for Connecticut; Connecticut HomeTown Locator; Connecticut Map; Connecticut Maps by Zip Code; Connecticut State Map; Connecticut National Historic Landmarks; Physical Features of Connecticut; Map of connecticut Acute Care Hospitals and Medical Centers; Mental Health Services in Connecticut Listing; Assisted Living Facilities in Connecticut; Connecticut Census Data; Connecticut City Population Estimates; Connecticut County Population Estimates; Connecticut County Quick Census Facts; Connecticut Hotels; CT Tumor Registry; Maps-Cancer Incidence and Mortality in Connecticut; Connecticut Hospitals & Their American College of Surgeons Cancer Accreditation; 1895 Connecticut Atlas; Town profiles from DECD, CERC.com; Connecticut Medicaid Resources; Connecticut Medicare Resources; Utilization Rates for Selected Diabetic and Mammography Services in Connecticut; Connecticut Health Service Areas; The Connecticut Vital Statistics Access Database for 1993-1997; Connecticut Search Engine for Municipal Officials; Connecticut Business Journal News; Connecticut Genealogy Data and Links; MAGIC Geospatial Data Resources for Connecticut; Nature Conservancy's Connecticut Maps and Data; Connecticut Municipal Government; Connecticut State Library; Connecticut Public Schools, by Town; Connecticut Free Records Search; Connecticut Locations with Latitude and Longitude Data; Connecticut Spatial Data Sets from the U.S. Fish and Wildlife Service; Where to Write for Vital Records - Connecticut; Getting Started in Genealogy; Localcensus.com; Town profiles from Localcensus.com; Connecticut Cancer Profiles; Connecticut Tumor Registry Cancer Inquiry System; Trauma Centers in Connecticut; Weather.com's Connecticut Map; Restaurant Health Inspections; Animated Doppler Weather Map; Interactive Map in Motion; Connecticut Doppler Weather; Weather.gov - Radar; Connecticut Air Quality Index; County Level Estimates of Diagnosed Diabetes 15-74 Year Percentage of Adults in Connecticut by Natural Breaks, 2005; County Level Estimates of Diagnosed Diabetes — Percentage of Adults in Connecticut by Natural Breaks, 2005; DEA Brief on Drug and Drug Abuse in Connecticut; Assisted Living Directory; Connecticut Bigger Cities;

- **Consumer Health Information** Medical Dictionary; Parents of Teens;

- **Cool Sites Index Page** Christian the Lion - the full story (in HQ);

- **Cool Sites A- L** Troublecodes.Net; BAT Auto Resource Center; 9/11 Commemorations and Information;

- **Cool Sites M - Z** TV's 50 Best Comedies of All Time; New section Money/US Savings Bonds - Treasury Securities that have Stopped Earning Interest; Genealogy Resources, by State; Immigration Records (Ship Passenger Arrival Records); Nationwide Gravesite Locator for veterans; Finding Ancestors In The Census; Currency Converter;

- **Diabetes Resources** on the Net Age-Adjusted Percentage of Adults Aged >40 Years with Diagnosed Diabetes Who Have Glycosylated Hemoglobin (HbA1c), Total Blood Cholesterol, and Blood Pressure Under Control, by Race/Ethnicity --- National Health and Nutrition Examination Survey, United States, 2003--2006; Diabetes Cost Calculator; Economic Costs of Diabetes in the U.S. in 2007; National Standards for Diabetes Self-Management Education; Diabetes Self-Management Education (DSME); Diagnosis and Classification of Diabetes Mellitus; Standards of Medical Care in Diabetes; \%2008; New section - Psychosocial Factors: Diabetes at Work: What's Depression Got to Do with It?; Diabetes Risk Self-Assessment; For Women with Diabetes: Your Guide to Pregnancy; Diabetes A to Z; Age-Adjusted Death Rates for Diabetes, by Race and Sex --- United States, 1979--2006; Diabetes Video; Diabetes Experts Recommend One-Two Punch for Treating Patients with Pre-Diabetes; For Women with Diabetes: Your Guide to Pregnancy;

- **Epidemiology M - Z** Do Fear the Reaper: Readers Visualize Death Data; New section: Years of Potential Life Lost - Measuring Premature Mortality Using Years of Potential Life Lost (YPLL); Premature Mortality in the United States: Public Health Issues in the Use of Years of Potential Life Lost; Progress in Chronic Disease Prevention Years of Potential Life Lost due to Cancer -- United States, 1968-1985; YPLL: A Summary Measure of Premature Mortality Used in Measuring the Health of Communities;

- **Evaluation Resources & Report Cards** Introduction to Program Evaluation for Comprehensive Tobacco Control Programs; State Technology and Science Index; Key Outcome Indicators For Evaluating Comprehensive Tobacco Control Programs; Fifth Annual HealthGrades Women's Health Outcomes in American Hospitals Study; Health Expenditures by State; Healthyamericans.org's Your State's Health; What's the State of Your Air?;State, Regional, and

- Everything You Ever Wanted to Know... Famous Hookups.com; Celebrity Birthdays; Famous Birthdays: This Week in Pop Culture; 30 Things We Wish Could Make a Comeback; Top 25 Things Vanishing From America; Popular Baby Names; Who's Alive and Who's Dead; Famous People, Famous Regions; What Time is It?; Brainy History; Today in History:

- Favorite Movie Sites Comedy Movie Bloopers; Indiana Jones; Iron Man; Mongol; The Incredible Hulk; The Mummy: Tomb of the Dragon Emperor; Movie Trailers - new section; Trailers (GG); Action Movie Posters; IMDB Search Box;

- Favorite Music Sites Lyrics Search; What's That Song Blog; Microseer;

- Fitness 5 Surprising Reasons You're Gaining Weight; 7 Most Effective Exercises; 9 Least Effective Exercises; Community-based Physical Activity Interventions;

- Free Software CD/DVD Burners; Office Cat; Photo-Notes.net; Express Burn;

- Graphing new section: Timelines - How to Create a Timeline in Excel; Timelines in Excel; Timeline Templates from Microsoft: Use a Fishbone Diagram to attack complex problems; Fishbone/Ishikawa Diagram - Problem Resolution Tool;

- Health Care Resources on the Net How to Find a Cancer Treatment Trial: A 10-Step Guide; Participating in a Trial: Questions to Ask Your Doctor; Search for Clinical Trials; Summary Guides from AHRQ; America's Best Hospitals; New section - Software: Dia;

- Healthcare Quality Data & Standards Online ICD-9 codes;


- Healthcare Quality Issues Think Cultural Health.org; National Standards for Culturally and Linguistically Appropriate Services (CLAS) in Health Care;

- Health Education Resources National Health Observances;

- Kids' Health and Science Page Kids.gov; Powerful Girls Have Powerful Bones - Fun stuff; Powerful Bones, Powerful Girls; Mathway.com; New section - Physical Activity: Small Steps for Kids; Food Ads; Small Steps Games; Tox Town;

- Kids' Fun Sites Sheep Dash; Wordduck.com's Hangman; Ben's Guide to Games and Activities; GamesBob.com;

- Maternal Child Health Resources Parenting Resources from USA.gov; Keeping Pace with the Times i½ The Genetic Information Nondiscrimination Act of 2008;

- Nutrition Resources Most Fattening Foods of Summer; Calcium Calculator; Herbal supplements: What to know before you buy; Menulabeling.org; The Nutrition Source Healthy Eating Pyramid; Weight-loss options: 6 common diet plans; Osteoporosis Diet Dangers: Foods to Avoid; New section - Childhood Obesity and Overweight - Pediatric Obesity - Assessment, Prevention & Treatment Guide for Clinicians; Health Care Programs and Tools for Childhood Obesity; Pediatric Obesity Tools; Belly fat in women: How to keep it off; Avoid Weight Gain: Watch What You Drink; Calorie Counter, Calorie Lab; Eating Disorders; The Truth About 7 Common Food Additives;

- Public Health Continuing Education Opportunities CDC GIS Training; Medical Spanish for Healthcare Providers;

- Public Health Data Search Engines BRFSS WEAT: Web Enabled Analysis Tool; Customized Data Sheets; HealthMap.org; Age-Adjusted Death Rates* for the Five Leading Causes of Death --- United States, 2001--2006; Age-Adjusted Death Rates* for Cancer, by Race and Sex --- United States, 1979--2006; SMART: BRFSS City and County Data; BRFSS Maps; Trends in Health And Aging; NCHS Health & Stats;


- Public Health Data America's Children in Brief: Key National Indicators of Well-Being, 2008; Childstats.gov - Past Reports; Age-Adjusted Death Rates* by Race and Sex --- United States, 2006a€ ;

- Public Health E-News, July - December 2008 July - September Tables of Content;

- Public Health Fact Sheets: Arrhythmias of the Heart; Bicycle Accidents; Body Piercing and Tattoos; Caffeine; Carpal Tunnel Syndrome; Congestive Heart Failure; Cystic Fibrosis; E. Coli; Environmental Pollution; Genetic Testing; Herbal Supplements; High Triglycerides; Lead Poisoning in Children; Mercury Poisoning; Premenstrual Syndrome; Pulmonary Heart Disease; Sexual Assault;

- Public Health Practice National Public Health Performance Standards Program - User Guide; Acronyms, Glossary, and...
Reference Terms; Ten Simple Rules for Organizing a Scientific Meeting; APHA Media Advocacy Manual; Action Guides; The Community Health Promotion Handbook; Public Service Announcements: How Can We Make Them Effective?; Public Health Sites A - C Underage Alcohol Use: Findings from the 2002-2006, National Surveys on Drug Use and Health; Teen Resources; Blood Alcohol Concentration Tables; Public Health Sites D-G New section - Floods: Floods, Key Facts About Hurricane and Flood Recovery: Protect Your Health and Safety After a Hurricane or Flood; Coping With a Disaster or Traumatic Event: Information for Responders; Coping With a Disaster or Traumatic Event: Information for Health Professionals; EPA: Global Warming a Health Risk; Own Your Air; MNew section - Earthquakes: The Advanced National Seismic System catalog; Basic Facts about Drugs; Drugs and Their Effects; Psychoactive Drug Links; Drug Facts; Drugs and Human Performance Fact Sheets; Street Terms; Disasters and Emergencies; Public Health Sites M-N Male Menopause: Myth or reality?; Men's top 10 health threats: Mostly preventable; Prostate cancer prevention: What you can do; Toolkit for Faith-Based and Community Organizations; American Association for the Advancement of Science; Mental Health Court Guidance Document; Relation Between Racial Discrimination, Social Class, and Health Among Ethnic Minority Groups; Diversity Atlas & Almanac; Public Health Sites O-Z Making a Business Case for Smoking Cessation; Working with Healthcare Delivery Systems to Improve the Delivery of Tobacco-Use Treatment to Patients An Action Guide; Quit Smoking; Public Health Software Health Map; WHO's Healthmapper; FEMA Mapping and Analysis Center; GIS and Public Health Day; WISE UCLA's Health Project Calculators; Environmental Health Webmaps; Beyond 20/20 Browser Download; WHO's Public Health Mapping and GIS Map Library; Research Resources on the Net UCLA's Health Data Online Resources; Clinical Trials; Introduction to Clinical Trials; Clinical Trials: Questions and Answers; How to Find a Cancer Treatment Trial: A 10-Step Guide; Participating in a Trial: Questions to Ask Your Doctor; Should I Take Part in a Clinical Trial?; Search for Clinical Trials; Search Engines - Health Scirus.com Science search engine; Search Engines - Public Health U.S. Health and Human Services; Senior Health Men: Stay Healthy at 50+ Checklists for Your Health; Women: Stay Healthy at 50+ Checklists for Your Health; Staying Healthy at 50+; Staying Healthy at 50+ Timeline; Aging Well: Eating Right for Longevity; Randy Pausch Last Lecture: Achieving Your Childhood Dreams; PEARLS - Programs to Encourage Active Rewarding Lives for Seniors; Can We Prevent Aging?; Hyperthermia: Too Hot for Your Health; State Disability Information; Assisted Living Directory; Site Information Web site value calculators (17 new links); Statistical Functions Compare Effect Sizes not P values; How To Use CSV Files; The Comma Separated Value (CSV) File Format; CSV to Excel Converter; Statistical Programs ImportXYZ; Microsoft Excel 2007 Courses; US Government Statistics Health Statistics and Public Health Statistics links have been moved to the Public Health Data Page, but you can still get to that page via links; County Level Estimates of Diagnosed Diabetes — U.S. Maps; Population Estimates Data Sets (State, Metropolitan, County); Useful Sites for Everyday Living Public Health E-cards; SafeManuals.com; Campfire Safety; FSI Language Courses - free!; Current Postage Rates;flowers2mail.com; People Search Engines; How to Call Abroad; CVgadget; 10 Documents You'll Need if Disaster Strikes; Web site Development Resources Your Own Word Painting (GG); New section - Internet Security: Survival of the Fittest; Survival Time; Google Webmaster Central; Registry Edits for Windows XP; Online Image Map Tool; Web Resources_Ars Technica; Smashing Magazine.com; Lifehacker.com; Webmastering Tools Watermarktool.com; Clipart Help; Edit Clip Art Images inside PowerPoint Presentations; How to Edit Clip Art in Word; Wellness Index 5 Surprising Reasons You're Gaining Weight; Flatten Your Belly - 41 super secrets to trim your tummy; 6 Myths About Organic Food; Ch 1 - CDC-TV Health Matters Ch 3 - Depression and Genetics; SAD; Self-mutilation; Tips for coping with stress; Stress management: Understand your sources of stress; Ch 4 - How Emotions Play Out Differently on Men's and Women's Faces; For Happiness, Seek Family, Not Fortune; 10 Ways to Catch a Liar; The Male Brain, Explained; Ch 5 - Folic Acid; Menstrual Cycle Math; Postpartum Depression; Ch 8 - College Drinking Study; Drug Therapy for Alcohol Addiction; Truth About Alcohol; Truth about Alcohol (Pros/Cons); College Smoking; Interactive Quit-Smoking Computer Program; Smoking Aids; Nicotine and Alcohol Connection; Blood Alcohol Concentration; Blood Alcohol Concentration Estimates; Ch 9 - Portion Control; Healthy Eating: What to Put on Your Plate; Healthy Meat Choices; Healthy Grilling; New Food Labels; Truth about Trans Fats; Fridge Makeover; Pantry Makeover; Following Food Pyramid; Eating by the Numbers; Grilling Beef? Keep Meat Safe; Calcium 101; Separating Food Facts From Fiction; Ch 10 - Exercise Addicts; Type 2 Diabetes Study; Diet and Exercise in Reducing Obesity; Exercise at your desk - Overview; Exercises for Daily Living; Awesome Abs; Cholesterol and Exercise; What to Eat When You Workout; Exercising and Your Brain; Good workout plan; Assess Your Fitness Level; Cardio and Weight Lifting; Core Strengthening Tips;
Ch 11 - Gender Differences and Nutrition; Portion vs. Serving; Snacking into Obesity; Take-out Food Tips Take-out Foods; Healthy Fast Foods; Healthy Snacking; Resting Metabolic Rate; Genes and Weight Loss; TV Dinners; Avoid Winter Weight Gain; Calorie Restriction; Can You Be Healthy if You're Not Thin?; Lemon in Your Drink Study; Ch 12 - Women and Heart Disease: Risk Factors; Teens and Strokes; Preventing Heart Disease; Detecting Women's Heart Disease; Adult Diabetes in Kids on the Rise; Kids and High Cholesterol; Cholesterol Guidelines; Cholesterol and African American Women; African Women & Surviving Stroke; Stroke Risk Factors and Race; TIAs; Speedy Stroke Treatment; Cancer Prevention Foods; Breast Cancer and African American Women; Lung Cancer: Why is it different for Women?; Melanoma Warning; Ovarian Cancer; Prostate Cancer; Testicular Cancer; Tracking Nutrition Trends; Cancer and Exercise; Ch 13 - Boost Your Immune System; Foods that Heal; The Truth About Allergies; Teens and STDs; Chlamydia Marvelyn Brown: Young, Beautiful, and HIV Positive; Ch 14 - Growing Old Gracefully; Aging Brain Study; Age-related Vision Loss; Arthritis; Elderly Care Crisis; Senior Safety at Home; Ch 15 - Medicine Cabinet Makeover; Non-prescription Drug Dangers; Clinical Trials; Doctor Check-up Check List; Healthy Advice About Health Studies; Low Health Literacy; Family Medical Records; Staying Safe in the Hospital; End of Life Decisions; Ch 16 - School Bullying Survivor; Gun Safety; Traumatic Brain Injury; Ch 17 - Indoor Mold; • Women's Health - General Resources Women's health risks; Women: Stay Healthy at 50+ Checklists for Your Health; Economic Status of Women of Color in the United States: Key Data Points; • Writing Resources One Word; Double-Tongued Dictionary; Word Wise; Word Wise Blog; Confusing Words Search;

October - December 2008

New Pages

• 2008 Christmas Newsletter
• Excerpts from SCSU's 2008 CEPH Self-Study
• Job Hunting Tips
• PHENOM Blog

Updated Pages

All statistics to be updated can be found on all the Site Map Pages, the Web Site Statistics Page, and the Web Polls Stats Page. This is done monthly, usually near the beginning of each month.

• Awards Index Page Graphs for Total Awards, Awards by Levels, Total Ratings;
• Brief Intro to Epi Lectures
• Cardiovascular Disease Index & Chronic Disease Page The Power of Prevention - Reducing the Health and Economic Burden of Chronic Disease; The Impact of Prevention on Reducing the Burden of Cardiovascular Disease; Diet and Nutrition Surveillance for Chronic Disease: A White Paper on the National Report on Biochemical Indicators of Diet and Nutrition in the U.S. Population – 1999-2002; Integrating Chronic Care and Business Strategies in the Safety Net; Prevalence of Selected Risk Behaviors and Chronic Diseases — Behavioral Risk Factor Surveillance System (BRFSS), 39 Steps Communities, United States, 2005; Chronic Disease Prevention Assessment; Chronic Disease Cost Calculator; Download the Chronic Disease Cost Calculator;
• Cardiovascular Disease - General Cardiopulmonary Resuscitation (CPR); CDC Addresses Heart Disease; Heart Disease; Heart Disease Resources; Heart Disease Facts and Statistics; High Cholesterol: Cholesterol-Lowering Medication; High Good Cholesterol Trumps Low Bad Cholesterol For Heart Protection; Lowering Cholesterol: 15 Tips for Avoiding Heart Disease; National Heart Disease and Stroke Prevention Program Meeting Archives;
• Cardiovascular Disease - Specific & Stroke Guidelines Highlight Key Differences Between Child And Adult Stroke;
• Career Resources Pathways to Public Health; Graph Your Salary; One in five bosses screen applicants' Web lives: poll;
Negative comments can curtail your career;

- Map of the Month Archives; Connecticut Mosquito Program; Unrealized Health Potential: A Snapshot of Connecticut; Education and Health Calculator; CT SHADAC State Health Access Profile; Health Statistics; State Mental Health Resources for Connecticut; CT Suicide & Crisis Hotlines;
- Consumer Health Information New section - Safety: Fire Safety, Automobile Safety;
- Cool Sites A - L Vehicles and Equipment; Electronic Stability Control;
- Epidemiology M - Z NYC.gov's Improving Cause of Death Reporting;
- Evaluation Resources & Report Cards America's Health Starts With Healthy Children: How Do States Compare?; Education and Health Calculator; State Health Access Profile; State Health Access Profile summary; Leading Causes of Death, by State; Expectmore.gov; Premature Births Report Cards;
- Everything You Ever Wanted to Know... History of Dow Jones Industrial Average; The United States Misery Index by Month; Pixcetera.com;
- Favorite Movie Sites Mamma Mia!; Traitor; Tropic Thunder; Movie Room Reviews; Ashes of Time Redux; Body of Lies; Burn After Reading; Changeling; Eagle Eye; Man on Wire; Max Payne; Quantum of Solace; Quarantine; Righteous Kill; Wall-E;
- Favorite Music Sites Imeem - music social network;
- Fitness The 30-Minute Workout Routine; Adult Physical Activity Information; Nine Tips for Flat Abs; Live the Fat Burning Life; Ten Workout Secrets: Expert Exercise Tips; 2008 Physical Activity Guidelines for Americans; Physical Activity Guidelines for Americans; Get Active - Quick Guide to Healthy Living; Most Effective Exercises Pictures Slideshow: Squats, Lunges, and More; Cholesterol and Exercise; Metabolism Calculator;
- Free Software 15 Great, Free Privacy Downloads; Uniblue Process Library;
- Graphing Create Your Own Design Template; Many Eyes online graphing;
- Health Care Information ealthfinder.gov's Get Screened; US News and World Report Best Hospitals; Mental Health Services Locator;
- Healthcare Quality Data & Standards ICD-10 Clinical Modification/Procedure Coding System;
- Healthcare Quality Health Care Quality; Quality of Care; Robert Wood Johnson Foundation; U.S. Department of Health & Human Services (HHS) Measure Inventory;
- Healthcare Quality Issues Value-Driven Health Care; New section - Health Care Reform: Taking The Measure Of Health Care In America; New section - Health Care Reform - International Systems: Factsheets on Health Care: Health At a Glance; Health Systems in Transition (HiT) profiles and HiT summaries; Health Systems Profiles; International Health Systems Kaiser Family Foundation; Mutual Information System on Social Protection (MISSOC); OECD Health Data 2008: Statistics and Indicators for 30 Countries; Snapshots of health systems; The Grass Is Not Always Greener A Look at National Health Care Systems Around the World; World Health Care Data; Striking Jump in Consumers Seeking Health Care Information; National Patient Safety Foundation; What is Health Literacy?: Health Literacy Resources; Health Coverage in Communities of Color: Talking about the New Census Numbers; Closing the gap in a generation - Health equity through action on the social determinants of health; National Health Plan Collaborative Toolkit to Reduce Racial & Ethnic Disparities in Health Care; Robert Wood Johnson Foundation Publications & Research;
- Information Quality Trusted Online Sources of Health Information: Differences in Demographics, Health Beliefs, and Health-Information Orientation;
- Woogiworld.com; Create a New Climate for Action - Climate Change and Children's Health; US News and World Report Best Colleges;
- Maternal Child Health EPA's Children's Environmental Health; What does GINA Mean? A Guide to the Genetic Information Nondiscrimination Act;
- MPH Accreditation Committee Respondent Statistics;
- Nutrition Resources Body Mass Index; Obesity and Genetics: A Public Health Perspective; Calcium: Gotta Have It for Healthy Bones; Metabolism Calculator;
- Public Health Continuing Education Opportunities Emergency Preparedness; Public Health Emergency Law & Forensic Epidemiology Training; Public Health Emergency Legal Preparedness; Center of Excellence for Training and Research Translation;
- Public Health Data Search Engines Age-Adjusted Death Rates* by Race and Sex --- United States, 2006†; Deaths from Chronic Obstructive Pulmonary Disease United States, 2000--2005;
Smoking-Attributable Mortality, Years of Potential Life Lost, and Productivity Losses United States, 2000–2004; Percentage of Deaths from Leading Causes among Teens Aged 15–19 Years;

- **Public Health Data** Abortion Surveillance — United States, 2005;
- **Public Health E-News**, July - December 2008 July - December tables of Content;
- **Public Health Practice** Sustaining Grassroots Community-Based Programs: A Toolkit for Community- and Faith-Based Service Providers; New section - Social Determinants of Health; Commission on Social Determinants of Health; Determinants of Health from Healthypeople.gov Health Disparities Resources; Reducing Health Disparities Faster: Addressing Social Determinants of Health; Restructuring Government to Address Social Determinants of Health; CDC Social Determinants of Health; Commission on the Social Determinants of Health; Social Determinants of Health presentation by Gail Brandt; Social Determinants of Health; Social Determinants of Health: What, How, Why, and Now; Social Determinants of Health: The Solid Facts; The Commission on Social Determinants of Health: Tackling the Social Roots of Health Inequities; The Commission to Build A Healthier America; Resources from Commissionhealth.org; Unnatural Causes; Prevention Research Centers (PRC);
- **Public Health Sites A - C** State HIV Testing Law Compendium 2008;
- **Public Health Sites D-G** National Emergency Family Registry and Locator System (NEFRLS); Donate and Volunteer; What is DMX?; Robo-tripping; Partnership for Drug-free America; Streetdrugs.org; Country Profiles;
- **Public Health Sites H-L** Recommendations for Identification and Public Health Management of Persons with Chronic Hepatitis B Virus Infection; Tuberculosis and Air Travel;
- **Public Health Sites M-N** Screening for Mental Health; 6 Top Health Threats to Men; Why Men's Lives Are Shorter Than Women's; State Tobacco Settlement;
- **Public Health Sites O-Z** How to Develop A Worksite Wellness Program; NIOSH Science Blog; National Suicide Prevention Hotline 1-800-SUICIDE (1-800-784-2433); National Suicide Prevention Lifeline 1-800-273-TALK; Suicide Hotlines; Teen & Parent Crisis Hotline 1-800-448-3000; Telephone Hotlines Operated by Suicide Prevention Services; USA National Suicide & Crisis Hotlines; Suicide Crisis Center; The Trevor Project; Suicide Prevention; Summary of Recommendations for Partner Services Programs for HIV Infection, Syphilis, Gonorrhea, and Chlamydial Infection; Recommendations for Partner Services Programs for HIV Infection, Syphilis, Gonorrhea, and Chlamydial Infection; Appendix A - Summary of Recommendations for Partner Services Programs for HIV Infection, Syphilis, Gonorrhea, and Chlamydial Infection; Appendix B - Glossary; Appendix D - Guiding Principles and Standards for Record Keeping and Data Collection, Management, and Security for Partner Services Programs for HIV Infection, Syphilis, Gonorrhea, and Chlamydial Infection; Recommendations for Postexposure Interventions to Prevent Infection with Hepatitis B Virus, Hepatitis C Virus, or Human Immunodeficiency Virus, and Tetanus in Persons Wounded During Bombings and Other Mass-Casualty Events - Recommendations of the Centers for Disease Control and Prevention (CDC) United States, 2008; **Public Health Software** Understanding State Public Health; Many Eyes Visualization; Chronic Disease Cost Calculator; Download the Chronic Disease Cost Calculator; Cartography: Maps; EpiSurveyor for PDA;
- **Resources for Health Professionals** U.S. Preventive Services Task Force (USPSTF);
- **SCSU Page** Academic and Career Resources;
- **Search Engines - Health** AcademicInfo.net;
- **Senior Health** Grief: Coping with reminders after a loss; New section: Medicare Resources - Dialysis Facility Compare; Helpful Contacts; Home Health Compare; Hospital Compare; Medicare Options Compare; Medicare Prescription Drug Plan Finder; Medicare Supplier Directory; Nursing Home Compare; Physician and Other Healthcare Professional Directory Help Glossary; Medical Fitness to Drive and a Voluntary State Reporting Law; 3 retirement calculators;
- **Statistical ProgrammeCalc.com**;
- **Temperament Page** Could there be a relationship between sleep position and your personality?; Can Birth Order Determine Your Career?
- **US Government Statistics Sites** New section - Economic Statistics: Income & Retirement: Center for Retirement Research; Center for Retirement Research Dataset Links; Consumer Expenditure Survey; Current Population Survey; Panel Study of Income Dynamics; State and Local Pension Data; Survey of Consumer Finances; Survey of Income and Program Participation; The Health and Retirement Study - A Longitudinal Study of Health, Retirement, and Aging; CHSI - Community Health Status Indicators;
- **Useful Sites for Everyday Living** Hoaxbusters.org; Sophos Hoaxes; Cell Phone Use and Cancer Risk; Voting and Elections; Federal Voter Registration Assistance Program; Daylight Time; Cost to Drive;
- **Web Resources** Online Security and Safety; Federal Trade Commission - Complaint Page;
- **Web Resources** The Red Ferret Journal;
- **Wellness Index** Metabolism Calculator; Float Above the Fray; Fast Food Breakfast - Worst and Best; 9 Myths About Your Hangover; Metabolism Calculator; Low Sperm Count Myths;
- **Women's Health Issues** Domestic Abuse;
- **Women's Health - Breast Cancer** National Cancer Insitute's Breast Cancer site;
January - March 2009

- **2008 Christmas Newsletter**
- **2009 Blog**
- **2008 Hits**
- Public Health E-News January - June 2009
- Public Health E-News July - December 2009
- PCH 201 Spring 2009 Syllabus
- PCH 201 Selected Web site Fact Sheet Directory
- What Was New 2009

## Updated Pages

All statistics to be updated can be found on all the [Site Map Pages](http://www.bettycjung.net/Wn2005­2009.htm), the [Web Site Statistics Page](http://www.bettycjung.net/Wn2005­2009.htm), and the [Web Polls Stats Page](http://www.bettycjung.net/Wn2005­2009.htm). This is done monthly, usually near the beginning of each month.

- **Academic Resources** Effective Study Skills; How-to-Study.com; Study Guides & Strategies;
- **Annotated Great Books Bibliography** Douglas Preston's Tyrannosaur Canyon; J. Hammerslough's Dematerilizing; C. McCarthy's The Road;
- **Cardiovascular Disease Index & Chronic Disease Page** Chronic Disease and the Environment;
- **Cardiovascular Disease - General** USA.gov's Heart Disease; Cardiovascular Disease Information for Health Professionals; Spreadsheet-based 10-year Risk Assessment Tool; National Heart Attack Program; Cholesterol: The top 5 foods to lower your numbers; Cholesterol medications: Consider the options; Cholesterol and Exercise;
- **Cardiovascular Disease - Specific & Stroke** Give Me 5: Five Signs You're Having a Stroke; The Stroke Collaborative - Resources Page; Lost Chances for Survival, Before and After Stroke; Crucial Facts About Stroke; Northwest Regional Stroke Network;
- **Career Resources** ADP Employment Report; Economy, Employment Resources; Bureau of Labor and Statistics; Occupational Outlook Handbook' Job description for Medical Scientists/Epidemiologists' Current Wages for Epidemiologists; How a Desk Job Wears Your Body Down, Payscale.com, Glassdoor.com;
- **Chinese Culture** The Diabetes Epidemic Among Asian Americans and Pacific Islanders; Asian Reading Room; Asian American Yearbook;
- [CONNECTICUT PUBLIC HEALTH RESOURCES](http://www.bettycjung.net/Wn2005­2009.htm)
- Mortality Tables 1999 - 2006; CT Counties - Kids Information; CT School Districts - Kids Information; CT County Subdivisions - Kids Information; Emergency Preparedness and Response - Connecticut; Health Insurance Status;
- **Consumer Health Information** Fire Prevention; New York City's Health Bulletin; Are You Ready? A Preparedness Guide for Winter Storms;
- **Cool Sites A - L** Bookglutton.com; smARThistory;
- **Cool Sites M - Z** AntennaWeb.org; The Simple Dollar;
- **Diabetes Resources on the Net** State Laws Mandating Diabetes Health Coverage; Diabetes diet: Guidelines for healthy eating with diabetes; Most Who Have Prediabetes Don’t Know It; What Is Prediabetes or Borderline Diabetes?; "Effectiveness of Care: Diabetes" from the "National Healthcare Quality Report, 2006"; Estimating the Cost of Illness: The Case of Diabetes; USA.gov's Diabetes Page;
- **Evaluation Resources & Report Cards** Ready or Not? Protecting the Public's Health From Diseases, Disasters and Bioterrorism 2008; Unsettling Scores: A Ranking of State Medicaid Programs (2007); SNAPS - Snapshots of State Population Data; State Cancer Facts; US Divorce Rates, by State; Medicaid Value Program Logic Models;
- **Everyday You Ever Wanted to Know...The Seasons** Spring, Summer, Fall and Winter; World Fact Book; National Archives Experience; 6 Not-So-Secret Secret Societies; Weather Calculator; Newseum.org; Lincoln Bicenntenial 1809-2009; Geography of Recession;
- **Favorite Movie Sites** Free Full Length Movies; Australia; Changeling; Slumdog Millionaire; Twilight; Movie Blooper Resources; 5 Famous Actors & The Roles They Turned Down; Romantic Movies Slideshow; Movies That Stir Our Emotions; Golden Raspberry Award Foundation; 25 Scariest Movies of All Time; The 100 best films from 1983 to 2008; Movies you must see before you; 25 DVD Library Musts; The Action 25: The Best Rock-'em, Sock-'em Movies of the Past 25 Years; Bedtime Stories; Doubt; I've Love You So Long; Milk; The Curious Case of Benjamin Button; Tell No One; The Reader; The Tale of Desperaux; Portable Film Festival;
- **Fitness** Lowering Blood Pressure Slideshow: Exercise Tips for Getting Started; Exercising with osteoporosis: Stay active the safe way; Least Effective Exercises SS; The 30-minute Exercise Blitz;

http://www.bettycjung.net/Wn2005­2009.htm
Free Software Coffee Cup Free Software; PC-Decrapifier; Kim Kommando's Top Downloads of 2008; Jingproject Screen Capture;

Graphing 280Slides.com;

Health Care Information Drug Overdose Deaths on the Rise National Safety Council Says Prescription Painkillers Lead
the Trend; Tips When Calling 911: Preplanning is Key; Epocrates Online;

Healthcare Quality Data & Standards Modeling Electronic Reporting Project (NPCR–MERP);

Healthcare Quality Issues The National Health Plan Collaborative Toolkit; Racial/Ethnic Disparities in Self-Rated Health
Status Among Adults With and Without Disabilities -- United States, 2004 -- 2006; Patient Safety Organization Web site;
Patient Safety Culture Surveys; 2008 Update on Consumers’ Views of Patient Safety and Quality Information;

Kids Health

Geography IQ: MyPyramid for Preschoolers;

Kids' Fun Sites Kongregate.com - play games online; Online Coloring; Launchball; Hooda Math; Pogo.com;

Maternal Child Health Recommended Immunization Schedules for Persons Aged 0 Through 18 Years --- United States,
2009; November is National Adoption Month; Adopting a Child: Adoptive Parents Resource Page;

Nutrition Resources High Sodium Surprises; Salt Lurks in Unsuspected Foods; Skinny Sipping Slideshow: The Best and
Worst Beverages for Weight Loss; Energy Drinks: Hazardous to Your Health; Know How Many Calories You Should
Eat; 8 Things You Always Wanted to Know About Dieting (But Never Knew Who to Ask); Sneaky Sugars Can Wreck
Your Diet: The Importance of Fiber in Your Diet; Food Yields and Equivalents; How Carbohydrates, Fats, Proteins,
& Hormones Work to Cause Weight-Loss or Weight-Gain; Calorie Calculator & Nutrition Guide; Food Safety Resources;
Fast; Full Eaters May Weigh More; Portion Control Tips; High Protein SS; Some Good Things to Say About Free
Radicals; Omega-3 in fish: How eating fish helps your heart; Dark Chocolate: Heart-Healthy Benefits;

Public Health Continuing Education Opportunities Legal Nuts and Bolts of Isolation and Quarantine Training Program,
Online Version; Public Health Law 101;

Public Health Data Search Engines National Program of Cancer Registries (NPCR); Vital Statistics Data Available
Online; Vital Statistics of the United States (VSUS); CHSI - Community Health Status Indicators;

Public Health Data Percentage of Adults* Who Are Obese,† by Type of Difficulty or Limitation§ --- National Health
Interview Survey, United States, 2001--2005; Percentage of Adults Aged >18 Years Who Consumed Five or More
Alcoholic Drinks in 1 Day at Least Once in the Preceding Year,* by Sex and Age Group --- National Health Interview
Survey, United States, 2007‡; Mean Percentage Body Fat,* by Age Group and Sex --- National Health and Nutrition
Examination Survey, United States, 1999--2004‡; State-Specific Smoking-Attributable Mortality and Years of Potential
Life Lost --- United States, 2000--2004; Percentage of Adults Aged >20 Years Who Said They Tried to Lose Weight
During the Preceding 12 Months,* by Age Group and Sex --- National Health and Nutrition Examination Survey, United
States, 2005--2006‡; Health Insurance Coverage Status by Age, Race, Hispanic Origin, Sex and Income for Counties and
States: 2005;

Public Health Data World Report on Child Injury Prevention; Women's Health USA 2008; Birth Data;


Public Health Practice Social Determinants of Health: Dimensions and Data Presentation by Marianne M. Hillemeier,
PhD, MPH; Data Set Directory of Social Determinants of Health at the Local Level; Community Health and Program
Services (CHAPS); Promoting Health Equity: A Resource to Help Communities Address Social Determinants of Health;

Public Health Sites A - C Precancerous Skin Lesions and Skin Cancer Picture Slideshow; Sun Damage Pictures
Slideshow: Sunburn, Melanoma, Carcinoma, and More; Drinking Age Laws and Driving Report; Percentage of Adults
Aged >18 Years Who Had Ever Been Tested for Human Immunodeficiency Virus (HIV),* by Age Group and Sex ---
National Health Interview Survey, United States, 2007‡; The Truth About Tattoos;

Public Health Sites D-G Are Your Clothes Making You Sick? Disaster Law Resources; Addiction to drugs begins at home;
Emergency Preparedness Packet for Home Health Agencies; Preparedness Planning for Home Health Care Providers;
Disaster Planning Guide for Home Health Care Providers; Radon, Indoor Air Quality;


Public Health Sites M-N Diet for Stress Management Slideshow: Stress-Reducing Foods; Depression: Recognizing the
Physical Symptoms; What's Zapping Your Energy?; Percentage of Persons Aged >12 Years with Depression,* by
Race/Ethnicity and Poverty Status† -- National Health and Nutrition Examination Survey, United States, 2005 -- 2006; 6
Most Common STDs in Men; Culture and Ethnic Groups; Fancy Dreams: What Do They Mean?; Emotional Resilience:
How Strong Are You?;

Public Health Sites O-Z Recognizing the Warning Signs of Suicide; Suicide Risk High for Middle-Aged Whites;

Public Health Software Infant Mortality Rate; World Map of Infant Mortality; World Site Atlas; WinPepi; Software and
Tools for Cancer Registries and Surveillance - NPCR;

Research Resources on the Net Using the Internet to conduct surveys of health professionals: a valid alternative?;
Response Rate and Completeness of Questionnaires: A Randomized Study of Internet Versus Paper-and-Pencil Versions;
New section: Research Ethics; An Unbiased Scientific Record Should Be Everyone’s Agenda; What Should Be Done To
Tackle Ghostwriting in the Medical Literature?;

Senior Health Parkinson's Disease; Exercise & Physical Activity: Your Everyday Guide from the National Institute on
Aging; Alzheimer’s disease, age-related macular degeneration and glaucoma; Leukemia; Housing for Seniors; Remedies
for Nail Fungus;
- Site Information;
- Statistical Functions Vital Stats: Calculating Rates and Percentages;
- US Government Statistics Sites Divorce Rates; US Divorce Statistics; Marriage and Divorce; Locating a Private Individual;
- Useful Sites for Everyday Living Whozat.com; Gethuman.com; Send an E-health Card; 123 People.com Search;
- Web Resources Pandia Goal Getter Search Engine Tutorial; Internet for Image Searching Tutorial; Free Photo Collections;
- Web site Development Resources USA.gov's Health Gadgets;
- Web Resources Measurementlab.net;
- Webmastering Tools Favicon Generator and Gallery; CDC's Widgets and Gadgets Page; USA.gov Widget Page;
- Wellness Index Conception Pictures Slideshow: Pictures and Images From Egg to Embryo; Fetal Development Pictures Slideshow: Photos Month-by-Month;
- Women's Health - General Resources Below the Belt: The Gynecology Secrets You Need To Know;
- Women's Health - Breast Cancer Is it breast cancer? Procedures to evaluate breast lumps; Mastectomy: Surgery to treat or prevent breast cancer; Slide show: Stages of breast cancer; Breast Cancer Center; New section: Environment and Breast Cancer: Environment and Breast Cancer: Science Review
- Women's Health - Heart Disease Frequently Asked Questions: Heart Disease;
- Writing Resources Preparing a Policy Issue Brief;

April - June 2009

New Pages

- Family Health Portrait
- PHENOM Certificates of Appreciation Migrated from Geocities

Updated Pages

All statistics to be updated can be found on all the Site Map Pages, the Web Site Statistics Page, and the Web Polls Stats Page. This is done monthly, usually near the beginning of each month.

- Annotated Great Books Bibliography S. Finstad's Natasha. The Biography of Natalie Wood; Robert Wagner's Pieces of my Heart, a Life;
- Cardiovascular Disease Index & Chronic Disease Page Chronic Disease and the Environment; Chronic Disease Indicators (CDI); Helping Patients Manage Their Chronic Conditions California Healthcare Foundation; Financial and Health Burdens of Chronic Conditions Grow; Chronic Disease Cost Calculator; Chronic Disease and the Environment Using BRFSS Data in Conjunction with Supplementary Information Sources;
- Cardiovascular Disease - General 6 Ways to Reduce Inflammation—Without a Statin or a Heart Test; Five Misconceptions About Hypertension; Hypertension In African Americans; Finding the Ideal Cholesterol Ratio; Diabetes treatment: Using insulin to manage your blood sugar; How Smoking Affects Cardiovascular Risk; How Kicking Cigarettes Helps Your Heart; Inactivity Linked to Cholesterol Problems; How Hypertension Affects Cardiac Risk; What is HDL?; Diabetes and Cholesterol Risks; How to Manage Bad Cholesterol; Why Does Heart Disease Kill So Many?; Why is Excess Weight Bad?: Heart Disease and Stroke Statistics - 2009 Update; NIH's Cholesterol Page; Focus: Heart Disease;
- Cardiovascular Disease - Specific & Stroke Common Types of Congenital Heart Defects;
- Connecticut Public Health Resources State Cancer Data; 2007 Connecticut State Snapshot; AHRQ's State Snapshots; Connecticut Consumer Health Ratings; Census 2000 Data for the State of Connecticut; Profile of General
Demographic Characteristics of Connecticut;

- Consumer Health Information How to Use Insect Repellents Safely; Healthy Fingernails: Clues About Your Health; 8 Ways You're Damaging Your Hair;
- Cool Sites A - L Malcolm Gladwell blog; Truecar.com;
- Cool Sites M - Z Money Matters From the Federal Trade Commission;
- Diabetes Resources on the Net Diabetes and Alzheimer's linked; Diabetes nutrition: Eating out when you have diabetes; American Indians, Alaska Natives, and Diabetes; Diabetes treatment: Using insulin to manage your blood sugar; Learning About Diabetes; Diabetes Education in Tribal Schools; New section: Blood Tests. Estimated Average Blood Glucose: estimated Average Glucose; eAG/HbA1c Calculator; Estimated Average Glucose (eAG); eAG Fact Sheet. HbA1c: A1c and eAG; For People of African, Mediterranean, or Southeast Asian Heritage: Important Information about Diabetes Blood Tests; Hemoglobin A1c Test; The New York City A1C Registry; Women with Diabetes: Quality of Health Care: 2004 - 2005; Premixed Insulin for Type 2 Diabetes a guide for adults; Premixed Insulin Analogues: A Comparison with Other Treatments for Type 2 Diabetes - The Clinician Guide;
- Everything You Ever Wanted to Know... We Didn't Start the Fire, in pictures; Great Images in NASA library of images; HowStuffWorks.com;
- Favorite Movie Sites IMDb's Top 250 movies; Duplicity; Knowing; Monsters vs. Aliens; Race to Witch Mountain; Taken; The International; 20 All-Time Vildest Villains in Pop Culture; Jinni.com; X-Men Origins: Wolverine; Star Trek; State of Play;
- Favorite Music Sites Cool Music Videos: Arcturus-Ad Astra; The Buggles, Video Killed the Radio Star; Everclear Videos; MTV Videos; NME.com First for music news; Robbie Williams, Rock DJ; Robbie Williams Videos; Interscope Records; All American Rejects; Lyrics for All American Rejects - When the World Comes Down CD;
- Fitness Physical Activity Resources for Health Professionals; CDC's Physical Activity site; Extra Pounds Can Sneak Up on You; Rheumatoid Arthritis (RA) Exercises Slideshow: Joint-Friendly Fitness Routines; How Sleeping Boosts Weight Loss; Flat Abs Pictures Slideshow: 9 Tips for Flat Abs; The Truth About Belly Fat;
- Grants;
- Graphing Excel 2000 Line Graph Tutorial; How to Make a Line Graph in Excel; Basic Graphing in Excel; Powerpoint Masters; A Guide to Good Graphics; A Guide to Good Tables; Graphical Data Presentation; Informative Presentation of Tables, Graphs and Statistics;
- Health Care Information Postmarket Drug Safety Information for Patients & Providers;
- Healthcare Quality Standards Quality of Life Index 2009; The Economist Intelligence Unit’s quality-of-life index; Ferrans and Powers Quality of Life Index (QLI); Quality of Life Index;
- Healthcare Quality Issues 5 Truths About Health Care in America;
- Health Education Resources The Coalition of National Health Education Organizations; Marketing the Health Education Profession: Knowledge, Attitudes and Hiring Practices of Employers; Employer's Guide; What is Health Education?;
- Kids Health Math Help Reference Sheets; Windows to the Universe;
- Maternal Child Health 2000 CDC Growth Charts; Child Abuse; CDC's Family Health Page;
- Nutrition Resources Healthy Breakfast Choices; Why Some People Don't Put on Weight; Herbal Supplement Diets; Calcium, Vitamin D and Your Health; Energy Foods Slideshow: A Diet to Boost Your Mood & Energy Level; Foods That Help or Harm Your Sleep Slideshow; Kitchen Germs: How to Avoid Bacteria When Cooking; Overlooked Fat Loss Factors; Top 10 Foods for Healthy Hair; Tainted Weight Loss Products March 2009 and December 2008; Pots, Pans, and Plastics: A Shopper's Guide to Food Safety; Safer Food For a Healthier You; An Introduction to Probiotics; The Nutrition Source from Harvard School of Public Health; Drinking Calories May Matter More Than Eating Cutting Soda Can Cut Pounds, Doctors Say; Stilltasty.com - Shelf Life guide; WebMD Portion Size Guide; WebMD Portion Size Guide-Wallet size; WebMD Portion Size Plate; Weight Loss Slideshow: Bad Foods that Are Good for Weight Loss; Why That Big Meal You Just Ate Made You Hungry; The Vitamin D Pandemic and its Health Consequences; Too Much Cola Can Cause Muscle Problems; The 20 Unhealthiest Drink in America; The Truth About Diet Soda; Trans Fattiest Foods in America;
- Public Health Continuing Education Opportunities New York New Jersey Public Health Training Center;
- Public Health Data Search Engines Health Status* Among Persons Aged >25 Years, by Education Level --- National Health Interview Survey, United States, 2007?; Rates for New Cancer Cases and Deaths by Race and Ethnicity and Sex;
- Public Health Data Youth Risk Behavior Surveillance --- Selected Steps Communities, United States, 2007; Youth Risk Behavior Surveillance --- Pacific Island United States Territories, 2007;Prevalence of Self-Reported Physically Active Adults --- United States, 2007;
- Public Health Documents Basics of Health Policy; National Agricultural Library; Health, United States; Health Insurance Costs;


Public Health Practice Life and Death from Unnatural Causes: Health and Social Inequity in Alameda County; Life and Death from Unnatural Causes: Health and Social Inequity in Alameda County - Executive Summary; Poverty Definitions; Poverty Statistics;

Public Health Sites A - C DUI Foundation; Revised Surveillance Case Definitions for HIV Infection Among Adults, Adolescents, and Children Aged <18 Months and for HIV Infection and AIDS Among Children Aged 18 Months to <13 Years --- United States, 2008; Comparison of the Revised World Health Organization and CDC Surveillance Case Definitions and Staging Systems for HIV Infection; AIDS-Defining Conditions; Prom Health and Safety Tips;

Public Health Sites D-G After The Flood: Clean Up And Stay Safe; Quake Quiz;

Public Health Sites H-L Google Flu Trends; Explaining GFR (Glomerular Filtration Rate); Emerging infections: a perpetual challenge; WHO - Previous World Health Days; WHO World Health Day 2009;

Public Health Sites M-N NCCP.org; Health of American Indian or Alaska Native Population; Native American Health; Do Men and Women Handle Stress Differently?; Recognizing the Symptoms of Depression; Depression: Helping a Depressed Loved One; American Indian and Alaska Native Tribes for the United States, Regions, Divisions, and States (PHC-T-18); CDC's Men's Health Page;

Public Health Sites O-Z Become an Ex - Relearn Life with Cigarettes; Well Workplace Checklist; Who's At Risk for Suicide?; What Causes Depression?; Types of Depression; Link Between Stress and Depression; Stigma and Mental Conditions; Immune to Depression?; Effects of Depression on Your Immune System; When Depression is in Your Family; New York City Department of Health's Tobacco Control Program; DHHS Clinical Practice Guidelines - Treating Tobacco Use and Dependence; Bringing Everyone Along Reference Guide; Key Outcome Indicators For Evaluating Comprehensive Tobacco Control Programs; new category: Sleep - 5 Sleep Myths Busted;

Search Engines - Health NIH's Health Topics;

Senior Health Alzheimer's Disease: Unraveling the Mystery; Health for Seniors; Older Americans Month;

Statistical Functions Confidence Intervals of Odds Ratio; CIMT math courses;

Statistical Programs CEPR Online Calculators; eCalc's online calculator gadget;

Temperament Page Birth Order and Personality in the Workplace; Personality Traits Linked To Birth Order; Sleep Personalities;

US Government Statistics Sites Epi.org's Economic Snapshots; CEPR Data Bytes; CEPR Uniform Data Extracts;

Useful Sites for Everyday Living Poison Prevention; Safecar.gov's Defects and Recalls; Blogs from the US government. New section - Online services: Invitations for your events; Tip Jar; Current Postage Rates; Nondenominated Postage - their current value; Vampire Power Costs;

Web site Development Resources Web Style Guide 3rd edition; Logoinstant.com; PageRank Checker;

Web Resources 25 computer products that refuse to die; Gone but not forgotten: 10 operating systems the world left behind; Phishing Scams, Frivolous Arguments Top the 2008 "Dirty Dozen" Tax Scams; Oldversion.com;

Webmastering Tools TinEye's Reverse Image Search; New section: Speed Testing: Online Speed Test CNET.com; Speakeasy.net; SpeedTest.Net; Verizon Online Speed Test; Website Optimizer; Site Link Analyzer;

Wellness Index 10 Lifestyle Tips for Cancer Prevention; Healthy Restaurant Choices; 30-minute Workout Routine; Deaths of the Smoking and Famous; Tobacco-free Ads; Top 6 Myths: About Bottled Water; 7 Rules for Eating; Drinking Calories May Matter More Than Eating Cutting Soda Can Cut Pounds, Doctors Say; 12 Myths About Your Hangover Slideshow; Timeline of a Love Affair; Compulsive Shoppers; 12 Hangover Myths; Why Is Excess Weight Bad?; 8 Toxic personalities to avoid;

Women's Health - General Resources Health Mistakes Women Make; GenderSpecific Care; Gender-Specific Treatment; How Brain Function Differs in Men and Women; How Women Respond to Drugs; Emotional Stress in Women That Can Kill; Emotional Stress Can Cause Illness; How Gender Difference Affect Relationships; The Million Women Study; Shabby Apple.com;

Women's Health Life Cycle Issues Managing Contraception; Quickbabynames.com;

Women's Health Issues Sexual Assault; Sexual Violence; Intimate Partner Violence in Immigrant and Refugee Communities: Challenges, Promising Practices and Recommendations;

Women's Health - Heart Disease How Heart Disease is Different in Women; How Heart Attacks are Different in Women; Women Know Your Numbers;

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July - September 2009

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New Pages

Public Health Consultant Resume
Deleted/Changed Pages

- PCH 201 Lecture Outline
- PCH 201 Spring 2009 Syllabus
- PCH 201 Web site Grids Page

Updated Pages

All statistics to be updated can be found on all the Site Map Pages, the Web Site Statistics Page, and the Web Polls Stats Page. This is done monthly, usually near the beginning of each month.

- Annotated Wellness Bibliography Sharon Moalem and Jonathan Prince's Survival of the Sickest; Condon and Condon's Beyond the Grave: The Right Way and the Wrong Way of Leaving Money to Your Children;
- Cardiovascular Disease Index & Chronic Disease Page Percentage of Young Adults Aged 18–29 Years* with Selected Chronic Conditions,† by Sex --- National Health Interview Survey, United States, 2005–2007; Percentage of Adults* Reporting Joint Pain or Stiffness,† --- National Health Interview Survey,§ United States, 2006;
- Cardiovascular Disease - General Heart-Healthy and Stroke-Free: A Social Environment Handbook; Application of Lower Sodium Intake Recommendations to Adults --- United States, 1999–2006; Talk With Your Health Care Provider About Taking Aspirin to Prevent Heart Attacks; Cardiology Explained; Guide to Peripheral and Cerebrovascular Intervention; 5 Ways to Lower Your Risk for Heart Disease; Framingham Heart Study;
- Cardiovascular Disease - Specific & Stroke Heart Disease Health Channel; NIH's Stroke; Stroke Statistics;
- Career Resources Salarylist.com; Career Outlook: Health Educators; IT Layoff Tracker; New section: Unemployment - Tips for Coping with Being Laid Off;
- Chinese Culture California Apologizes to Chinese Americans; Mysterious China Blog; Learn Chinese Web site;
- Connecticut Public Health Resources Uninsured hospitalizations, FY's 2006-2008; Citytowninfo.com; Connecticut Nonprofit Information Network and its Fundraising and Grantwriting Page; CT News Junkie; Healthcare Associated Infections Program; Health Workforce Information Center; State Budget Searchable Database;
- Consumer Health Information Index CDC Flu Updates, CDC Emergency Text Messages; Five Minutes or Less for Health; National Environmental Public Health Tracking Program;
- Consumer Health Information Lightning Safety; Safety Tips: Fireworks; UpToDate.com for Patients; Rip Currents; BMI Plus Calculator; Recommended Adult Immunization Schedule --- United States, 2009; 6 Serious Medical Symptoms; Hypothermia: A Cold Weather Hazard; Stay Safe in Cold Weather; Secrets of Super-Healthy People. Some people never seem to get sick. What are they doing that the rest of us aren't to keep illness at bay?: 5 minutes or less for health widget; New York City Health Department Health Bulletins;
- Cool Sites A-L The National Archives - Resources for Genealogists and Family Historians; Frugal Mechanic; USgenweb.org; Feedbooks.com; Cookstr; Could You Pass a Driving Test?: Driver Side; MyPlantID.com;
- Cool Sites M-Z Viewing distances for HDTV; Viewing Distance Calculator; Keeping Family/Household Records; Dow Jones Chart -Basic; Dow Jones Chart - Historical;
- Diabetes Resources on the Net Arthritis as a Potential Barrier to Physical Activity Among Adults with Diabetes --- United States, 2005 and 2007; Diabetes and Pregnancy; Blood Sugar Testing / Management; Blood Sugar is Stable; Levels of Diabetes-Related Preventive-Care Practices --- United States, 1997–1999; How to Lower Your Risk of Diabetes; Glycemic Index Diet; Gestational Diabetes - Caring for Women During and After Pregnancy; Clinician's Guide; Gestational Diabetes - A Guide for Pregnant Women; Colorado Gestational Diabetes Guidelines;
- Epidemiology A-L History of Public Health; Epidemiolog.Net; Principles of Epidemiology in Public Health Practice - Third Edition; A Brief Introduction to Epidemiology;
- Evaluation Resources & Report Cards F as in Fat: How Obesity Policies are Failing in America , 2009; F as in Fat: How Obesity Policies are Failing in America , 2008; 2008 State Snapshots; Elements of Effective Practice; How to Build A Successful Mentoring Program Using the Elements of Effective Practice TM; Volunteer Program Evaluation and Assessment; State Tobacco Control Report 2008; State Rankings for Stroke Mortality; Breastfeeding Report Card — United States, 2009;
- Everything You Ever Wanted to Know... Retro-Life; Survival of the Sickest Blog; CIA's The World Fact Book; 20 All-
Time Coolest Heroes in Pop Culture; 20 All-Time Vilest Villains in Pop Culture; Where does your last name rank?;
Everyday Mysteries: Fun Facts from the Library of Congress; Take Me Back to the Sixties; Weird Body Quirks: From Brain Freeze to Hiccupping; Sun or Moon Rise/Set Table for One Year; Sunrise, Sunset Calendars and Local Time; Sunrise, Sunset; Footnote.com;
• Favorite Movie Sites Top 100 Greatest Summer Songs; August Rush; I Am David; Night at the Museum: Battle of the Smithsonian; Terminator Salvation; The Proposal; The Taking Pehlam 1 2 3; Transformers: Revenge of the Fallen; Up; American Film Institute Videos; Hellomovies.com; 50 Best Biopics Ever (Part 1); John Hughes: 20 Key Movies; 50 Best Websites for Moviemakers 2009; Ink Tip; 17 Characters Who Are Charming -- But Deadly; 25 Manliest Movies Ever Made; Addicted to Films; 15 Movie Scenes that Haunt You; The numbers.com; Movie Records;
• Favorite Music Sites Free Online Piano Lessons; Babelgum.com; Last.FM; Ambitions - Donkeyboy music video; Gifted - NASA music video;
• Fitness Healthfinder's Be Active Your Way; Detraining, Deconditioning and Losing Fitness; What Works for Weight Loss; Are You Too Busy to Exercise?; Can I Reverse Years of Neglecting My Health; Exercising When You Have Health Problems; Do You Hate Working Out?; Too Many Responsibilities to Work Out?; Exercises for Osteoporosis; PEP Program; PEP Exercises; NIH's Exercise/Fitness; 10 Ways to Boost Your Metabolism;
• Free Software Kim Komando's Security Center; RAM memory upgrades; FastStone Photo Resizer; Softonic;
• Grants Recovery Act Grants for Medical Informatics; File Converters; TrueCrypt; Fileguru.com; GMER Antivirus; Malwarebytes Anti-Malware;
• Health Care Information Acetaminophen and Liver Injury: Q & A for Consumers; US Hospital Finder; Defective Drugs;
• Healthcare Quality Data & Standards HCPSC Release and Code Sets; Hospital-Acquired Conditions;
• Healthcare Quality Standards Designing and Implementing Medicaid Disease and Care Management Programs - A User's Guide; Monitoring and Evaluating Medicaid Fee-for-Service Care Management Programs - User's Guide; Patient Self-Management Support Programs - An Evaluation;
• Healthcare Quality Issues CEPR HealthCare Cost-Adjusted IOUSA Deficit Calculator; Autopsy;
• Health Education Resources Free Stuff for Teachers; Doing what works - How to organize your teaching;
• Healthy People 2020 Developing Healthy People 2020;
• Kids Health Brain Track Directory - US Colleges and Universities; Career and College Search: Brain Track College and University Directory; Einstein's Big Idea; The Paleontology Portal; Global Climate Change: Research Explorer; Energy Timelines - Milestones in the History of Energy & Its Uses; Microsoft Worldwide Telescope; Sky Chart; RWM.org - Trade School Database; New section: Health Issue - Disaster Preparedness: FEMA for Kids; New You Can Use; Ready Kids; What's Happening Now in any US State; Squeeze Play: How Parents and the Public Look at Higher Education Today; Squeeze Play 2009: The Public's Views on College Costs Today;
• Kids' Fun Sites Kim Komando's Game Downloads; Free Printable Cards, Calendars, Games, Puzzles, & mor...; Drums!; Candystand.com;
• Maternal Child Health Genome Biology; A Parent's Guide to Kids' Vaccines;
• Nutrition Resources New Facts on Fish; Action Strategies Toolkit - A Guide for Local and State Leaders Working to Create Healthy Communities and Prevent Childhood Obesity; Healthy Habits: Cut Back on Soft Drinks, Even Sugarless; Weight Loss Treatments; Vaccinations and Immunizations; Recommended Community Strategies and Measurements to Prevent Obesity in the United States; MedlinePlus - Diets; 11 Easy Ways to Load Up on Healthy Omega-3 Fats; Metabolism and weight loss: How you burn calories; New section - Vitamin D: Vitamin D and Calcium: A Systematic Review of Health Outcomes; Brain Foods Pictures Slideshow: What to Eat for Better Concentration; Is tap water safer than bottled?; Healthy Eating at Restaurants; Simple Secrets to Portion Control and Healthy Eating; Healthy Oils, Healthy Fats; NIH's Weight Loss/Dieting; Sugar Shockers: Foods Surprisingly High in Sugar;
• PHENOM Reports 2008-2009 Annual Report, and 2009-2010 Logic Model;
• Public Health Continuing Education Opportunities Open Courseware Finder;
• Public Health Data Search Engines Life Expectancy at Age 65 Years, by Sex and Race --- United States, 2000---2006*; Age-Adjusted Death Rates* for Cancer, by Race and Sex --- United States, 1979---2006*; 18 Years Who Had Ever Been Tested for Human Immunodeficiency Virus (HIV),* by Age Group and Sex --- National Health Interview Survey, United States, 2007*; Ten Leading Causes of Death and Injury (Charts);
• Public Health Data Age-Adjusted Death Rates Per 100,000 Population* for the Three Leading Causes of Injury† Death --- United States, 1979---2006; Sociodemographic Differences in Binge Drinking Among Adults --- 14 States, 2004; Assisted

- Public Health E-News, July - December of Contents for July - September;
- Public Health Practice Social Determinants of Health Maps; WHO's Commission on Social Determinants of Health - Final Report; Tools from CDC's LeanWorks Site; Core Competencies for Public Health Professionals; Linking Clinical Practices and the Community for Health Promotion; CDC/CSTE Development of Applied Epidemiology Competencies; Competencies for Applied Epidemiologists in Governmental Public Health Agencies (AECs); Health Workforce Information Center; 2008 National Profile of Local Health Departments; Revenue Calculator for Soft Drink Taxes;

- Public Health Sites A - C Death Rates* for Human Immunodeficiency Virus (HIV) Disease Among Women, by Race and Age Group --- United States, 1987--2005; Recommendations to Help Patients Avoid Exposure to or Infection from Opportunistic Pathogens*; Guidelines for Prevention and Treatment of Opportunistic Infections in HIV-Infected Adults and Adolescents; HIV/AIDS information; Get tested for HIV; Understanding Alcohol; Cancer Biology: Inside Cancer; New section: Arthritis - Practical Tips for Osteoarthritis of the Knee; Stages of Osteoarthritis (OA); 12 Myths About Your Hangover Slideshow; How to Talk to Your Teen Son About Sex; Talking to Teen Girls About Sex; Guidelines for the Prevention and Treatment of Opportunistic Infections Among HIV-Exposed and HIV-Infected Children;

- Public Health Sites D-G Mass Evacuation Transportation Planning Model; Hurricanes Plus Cyclones, Typhoons, & Other Tropical Storms; Hurricane-Related Information for Health Care Professionals; Hurricane Information for Response and Cleanup Workers; General Tornadoes Page; Since You Asked - Bisphenol A; Guidelines for Field Triage of Injured Patients Recommendations of the National Expert Panel on Field Triage;

- Public Health Sites H-L Progress Toward the 2012 Measles Elimination Goal --- Western Pacific Region, 1990--2008; Recommended Adult Immunization Schedule --- United States, 2009; CDC flu widget; Distorted Tunes Test; Prevention and Control of Seasonal Influenza with Vaccines Recommendations of the Advisory Committee on Immunization Practices (ACIP), 2009; Self-injury/cutting; Hearingcenteronline.com; Name That Sound;

- Public Health Sites M-N CDC Spanish health info widget; Understanding Stress Levels; En Espanol; 8 Myths About Bipolar Disorder; NIH's Depression; Detoxification and Substance Abuse Treatment Training Manual; Laughter Improving Health; Depression Toolkit; Assertive Community Treatment Toolkit;

- Public Health Sites O-Z A Good Night's Sleep Associated With Reduced Blood Pressure; Federal and State Cigarette Excise Taxes --- United States, 1995--2009; Health Warnings on Tobacco Products --- Worldwide, 2007; Cigarette Brand Preference Among Middle and High School Students Who Are Established Smokers --- United States, 2004 and 2006; CDC Tobacco widget; NIH's Sexually Transmitted Diseases; Phenotypes and Endophenotypes; Foundations for Genetic Studies of Nicotine Use and Dependence;

- Public Health Software AHRQ's Quality Indicators Software; Documents - Manuals, Books & Guides; Resources for Creating Public Health Maps; The National Map; Geography is Destiny; Mapping and Cartographic Resources;

- Research Resources on the Net Free Survey Tools.com; Industry Information Resources;


- Search Engines Index 7 Search Tools You May Not Know … But Should;

- Search Engines - Health National Institute of Allergy and Infectious Diseases (NIAID)'s Health & Research Topics;

- Search Engines - Public Health

- Senior Health NIH Senior Health videos; Social Security Online; Healthy Aging: Lessons from the Baltimore Longitudinal Study of Aging;


- Temperament Page Careers Advice - Career Values Tool;

- Useful Sites for Everyday Living CDC's Traveler's Health, by Country; Howmanyhours.com; Free Printable Cards, Calendars, Games, Puzzles, & more...; USA.gov Tutorials – Help Finding Government Information Online; User Manuals Online; Home Buyer's and Seller's Guide to Radon; Wink.com; Pip.com; Criminalsearches.com; Peekyou.com; National Missing and Unidentified Persons System (NamUs);

- Webmastering Tools Goanimate.com; Webtreats.com; Online Banner Generator; HScripts.com;

- Web Resources Eset Virus Removers; Eset SysInspector; Social Networks - Namechk.com; Startpage Metasearch; Google Image Ripper; Social Media Tools for Consumers and Partners;

- Web site Medical Search Engines Scirus Science Search Engine;

- Wellness Index Performance-enhancing drugs: Are they a risk to your health?; 10 Everyday Super Foods; The Right Way to Rock the Boat; Surprising Reasons You're Gaining Weight; That's a 'Binge Belly,' Not a Beer Belly;

- Women's Health - General Resources 5 Things Women Can Do for Their Health;

- Women's Health Life Cycle Issues Popular Baby Names; Preconception - Resources for Health Care Providers;

- Women's Health Issues Am I In An Unhealthy or Abusive Relationship?;

October - December 2009

New Pages

- Public Health Consultant Resume

Updated Pages

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- Academic Resources Websites and Resources to use with College and Career Success!%; Learning Styles Test;
- Annotated Great Books Bibliography John Stossel's Myths, Lies, and Downright Stupidity: Get Out the Shovel -- Why Everything You Know is Wrong; Klaidman's Coronary: A True Story of Medicine Gone Awry; M & E Kaplan's Chances Are...Adventures in Probability;
- Annotated Statistics Bibliography M & E Kaplan's Chances Are...Adventures in Probability;
- Annotated Wellness Bibliography John Stossel's Myths, Lies, and Downright Stupidity: Get Out the Shovel -- Why Everything You Know is Wrong; Klaidman's Coronary: A True Story of Medicine Gone Awry;
- Cardiovascular Disease Index & Chronic Disease Page Tracking the Care of Patients with Severe Chronic Illness - The Dartmouth Atlas of Health Care 2008; The Care of Patients with Severe Chronic Illness: A Report on the Medicare Program;
- Cardiovascular Disease - General Comparative Effectiveness of Lipid-Modifying Agents; Cholesterol levels: What numbers should you aim for?; Heart Disease and Stroke Prevention Programs: Your Road to Success; 11 Tips to Cut Your Cholesterol Fast; Understanding Cholesterol Numbers; Cholesterol Levels Getting Better in U.S.; Secondhand Smoke Causes Heart Disease; Smoking and Tobacco Use - Heart Disease and Stroke; Secondhand Smoke Exposure and Cardiovascular Effects;
- Cardiovascular Disease - Specific & Stroke Women and blacks are less likely to receive preventive care to prevent further strokes; Coronary angiogram; Paul Coverdell National Acute Stroke Registry Surveillance --- Four States, 2005--2007; Increased incidence of stroke in women with breast cancer; Stroke Risk and Tamoxifen Therapy for Breast Cancer
- Career Resources New section: College Education. Council for Higher Education Accreditation; How To Check Any Online School's Accreditation Status in One Minute or Less; Database of Institutions and Programs Accredited by Recognized United States Accrediting Organizations; Important Questions About Accreditation, Degree Mills And Accreditation Mills Recognized Accrediting Organizations; State Information on Institutions Licensed or Authorized to Operate; U.S. Department of Education’s Database of Accredited PostSecondary Institutions and Programs; Geteducated.com; Salary Search; Career Profiles; 10 Things Not to Say When Firing an Employee;
- Chinese Culture Diabetes Tools Downloadable Chinese language materials;
- Connecticut Public Health Resources Connecticut Institutions of Higher Education; Heart Disease & Stroke Prevention in CT: Surveillance and Overview of Prevention Programs at the Connecticut Department of Public Health; Connecticut Maps; CT Stats Archive; Consumer Report Card on Health Insurance Carriers in Connecticut; Flu.gov's CT page; Insurance Department Online Complaint Form; The CT Biglist; New Section: News You Can Use: CT Biglist; Watch out for Fraudulent Health Plans;
- Consumer Health Information FireSafety.gov; Smoking and Home Fires; US Fire Administration; Campfire Safety; Home Fire Safety Checklist; FCIC Health News Widget; NHLBI & NIH's Disease and Conditions Index Search Tool;
- Cool Sites A - Z 20 Greatest Sci-Fi TV Shows; Stop paying for things you don't need; 17 All-Time Great Cult TV Shows You Say We Missed; FCIC Money News Widget; Clicker.com - TV online;
- Diabetes Resources on the Net Fetus At Risk At Lower Levels Of Maternal Blood Glucose Than Thought; Gestational Diabetes Mellitus; Gestational Diabetes Nutrition Guidelines; Hyperglycemia and Adverse Pregnancy Outcomes; Pregnancy, Diabetes, and Women's Health; What I need to know about Gestational Diabetes; Diabetes At a Glance; Diabetes Data and Trends; Type 2 Diabetes in Children and Adolescents; Frequently Asked Questions about Diabetes - Basics; Frequently Asked Questions about Diabetes - Population Issues; The Economics of Diabetes Mellitus: An Annotated Bibliography; The Economics of Diabetes Mellitus: An Annotated Bibliography TYPES OF INTERVENTION Diabetes in Pregnancy Gestational Diabetes; Eliminate Disparities in Diabetes; Are You At Risk for Gestational
Diabetes?; Diabetes and Pregnancy; Diabetes and Pregnancy Frequently Asked Questions; Federal Motor Carrier Safety Administration; Frequently Asked Questions About Commercial Driver's Licenses; 6 Common Myths and Misconceptions About Diabetes; Preventing and Treating Diabetes; Health Insurance Reform and Diabetes in America; Diabetes & Your Health; Estimated County-Level Prevalence of Diabetes and Obesity --- United States, 2007; Journey for Control.com; Diabetes Tools; Diabetes in Children and Adolescents Knowledge Path; Glycemic index diet: Losing weight with blood sugar control; Diabetes Management: Tests and Treatments among the Adult U.S. Civilian Noninstitutionalized Population, 2007;


- Everything You Ever Wanted to Know... 8 Mind-Boggling Optical Illusions; Time; Weather FAQs; The Great Depression; Encyclopedia of Life;

- Favorite Movie Sites Love Hurts: 40 Bad Romantic Comedies (Part 1); Power of Film: Top Rated Films of the New Millennium; Amazon's Free MP3s; 20 Kids' Flicks That Make Grown Men and Women Cry; 20 All-Time Coolest Heroes in Pop Culture; 2012;

- Favorite Music Sites Soundjay.com; YouTube videos for Saturday Night Fever mix; Party Mix - Grease, Abba, Queen; Mamma Mia Mix; Does Your Mother Know; Bitte-Downloaden - Mercedes Benz MP3 MixTapes; 4 songs from Everclear; 14 Beatles Studio Albums: We Rank 'Em!; Beatles CD and Album List; The Beatles Discography; Trio; Boom Boom video; Da Da Da video; Wolfgang's Vault - Concert Vault; Eternal Trance; 2009 Top 100 Music Videos;

- Fitness Nutrition and Fitness; The 30-Minute Workout Routine Slideshow; Metabolism Hacks: Tap into Your Calorie-Burning Power; Food and Fitness Planner; How Many Calories Do You Really Need?; 10 ways to get moving and shed pounds!; Exercise Information: CDC’s BMI meter; Quick Facts About Cankles; Target Heart Rate Calculator; Aerobic Fitness; The Truth About Heart Rate and Exercise; Exercise and deep belly fat; Get Moving Calculator -- Check Calories Burned; Journey for Control's Weekly Activity Tracker; How Much Sweating Is Too Much?;

- Free Software Alternatives to Microsoft Office; VLC Media Player; New section: Portable Applications - PortableApps.com; SSuite Office - The Fifth Element: Truecrypt.org; CDBurnerXP; Mediamonkey.com;

- Grants Consulting Fees for Grant Proposal Writing; Positioning Grant Writers For Success; How To Write a Winning Grant Proposal;

- Graphing New section: Management Charting: Progress Decision Program Chart (PDPC); Tree Diagram;

- Health Care Information End of life: Caring for your dying loved one; Drugwatch.com; PDR Health; Coping with Grief When a Loved One Dies;

- Healthcare Quality Data HCUPnet; The CAHPS Benchmarking Database Comparative Data; The CAHPS Improvement Guide;

- Healthcare Quality Standards Update on the Methods of the U.S. Preventive Services Task Force: Insufficient Evidence; Consumer Assessment of Healthcare Providers and Systems (CAHPS); About the CAHPS® Item Set for Addressing Health Literacy; Quality in Healthcare Tools and Links;

- Healthcare Quality Issues AHRO's Health Care-Associated Infections; New section: Health Care Reform: KFF's Health Reform site; Health Care Reform Proposals; Health Reform Subsidy Calculator -- Premium Assistance for Coverage in Exchanges/Gateways; RWRJ's Talking About Quality; Glossary of Health Care Quality Terms; Health literacy is linked to personal happiness; Health Literacy and Cultural Competency; Project RED: Re-Engineered Discharge (RED); A History of Health Care Reform; Changes in Health Care Financing and Organization Publications;


- Kids' Index Page Kids.gov Site of Month Widget;

- Kids Health Study Skills Guide for Students; NASA's Earth Observatory's Image of the Day; US Fire Administration's Kids Page; SnowCrystals.com;

- Kids' Fun Sites Puzzles and Games to Play at Background by Marie; Case of the Cyber Criminal; Sporcle.com; Can you name the most commonly used words in the English language?; JacksonPollack.org;

- Maternal Child Health Family History and Improving Health; Talking Glossary of Genetic Terms;

- Nutrition Resources Food Nutrition Comparisons; Food Safety.gov; Food Safety widget; Fruitsandveggiesmatter.gov; Nutrition and Fitness; Sensible Approach to Low-Carb Foods; Trans fat: Avoid this cholesterol double whammy; Dietary fats: Know which types to choose; Diets A to Z; Understanding Food Nutrition Labels; Fiber-o-Meter; 5 Fat-Burning Strategies; How Sleeping Boosts Weight Loss; Spring Clean Your Refrigerator and Freezer; Foods That Cause High Triglycerides; How to Lower Triglycerides With Food; Lower Triglycerides Level; What Foods Should You Eat to Lower Triglycerides?; What Raises Triglyceride Levels?; Experts set sugar guidelines to fight obesity; Dietary Supplement Fact Sheet: Vitamin D; Sunshine Vitamin.org; Vitamin D; Vitamin D Sources; Bones, Vitamin D and Calcium; Calcium and Vitamin D combination Added sugar: Don't get sabotaged by sweeteners; NIH.gov's Weight Loss/Dieting; Understanding Trans Fats; FDA to Examine the Safety of Caffeinated Alcoholic Beverages; National Institutes of Health Nutrition Page; Calorie Control Council; Diet Assessment; Healthy Weight Tool Kit; We Can!™ is a national childhood obesity prevention program; Vitamin D Shows Heart Benefits in Study; The Negative Impact of Sugar-Sweetened Beverages on Children's Health; Energy density and weight loss: Feel full on fewer calories; 15 Immune Boosting Foods; Can Bacon Be
Part of a Healthy Diet;

- Personality - MBTI 16-PersonalityTypes; Mypersonality.info;

- Public Health Data Search Engines Average Life Expectancy at Birth, by Race and Sex — United States, 2000, 2006, and 2007*; Percentage of Children Aged <18 Years Who Had Excellent or Very Good Health,* by Race† — National Health Interview Survey, United States, 2008§; Percentage of Adults Aged ≥18 Years Reported to Have Excellent or Very Good Health,* by Race† — National Health Interview Survey, United States, 2008§; Age-Adjusted Death Rates* for the 10 Leading Causes of Death — National Vital Statistics System, United States, 2006 and 2007;


- Public Health Fact Sheets: Autism; Calcium Supplementation; Distractions & Driving; Environmental Tobacco Smoke; Farm-raised Fish; Food-borne Illness; Low Birthweight Babies; Organic Foods; Ovarian Cancer; Sodium Intake; Tea; Wernicke-Korsakoff Syndrome;

- Public Health Practice Education Matters for Health; The Community Guide; Assessment of Epidemiology Capacity in State Health Departments — United States, 2009;

- Public Health Sites A - C FEMA's Flood Maps, Insurance, and Information; Cancer.gov's Types of Cancer;

- Public Health Sites D-G How Healthy is Your Home?; How Healthy Is Your Garage?; Environmental Risk Factors and Cancer Fact Sheets; Flood Maps, Insurance, and Information; In 16 states, drug deaths overtake traffic fatalities; Young and Suburban, and Falling for Heroin; Increase in Fatal Poisonings Involving Opioid Analgesics in the United States, 1999–2006; Safe Drinking Water Act (SDWA); USA.gov's Substance Abuse Page; Performance Enhancing Substances Can Ruin Your Life; Medication-Assisted Treatment for Opioid Addiction - Facts for Families and Friends; New section: Family Health History: Family Health History; Family Health History Is Important to Your Health; My Family Health Portrait; Instructions on how to use "My Family Health Portrait";

- Public Health Sites H-L Get Smart: Know When Antibiotics; H1N1 Flu: A Guide For Community and Faith-Based Organizations; NIOSH's Body Art; NIOSH Blog's Body Art; Safety and Health for Tattooists and Piercers; Noise Meter; Breathing Problems? Learn to Recognize the Symptoms of COPD; New section: Body Art, Piercing, Tattooing: Before You Tattoo Slideshow: Tattoo Types, Safety, Removal; Removing Tattoos: Who Does It and Why; Chronic Obstructive Pulmonary Disease (COPD); Global Measles Mortality, 2000–2008;


- Public Health Sites O-Z National Council for Occupational Safety and Health; Brain Basics: Understanding Sleep; How Sleep Works How; National Sleep Foundation; Sleep May Be Nature’s Time Management Tool; SLEEP Journal of Sleep; Sleep Data; Sleep Disorders Eatlch Center; What is Sleep?; Your Guide to Healthy Sleep; 2003 National Sleep Disorders Research Plan; CDC’s Vision Health Initiative (VHI); CDC’s Violence Prevention; A Decade of Broken Promises. The 1998 State Tobacco Settlement Ten Years Later;

- Public Health Software NASA's Global Maps;

- Research Resources on the Net The AHRRQ Informed Consent and Authorization Toolkit for Minimal Risk Research;

- Resources for Health Professionals POSTPARTUM COUNSELING A Quick Reference Guide for Clinicians®; Medicare


- **Senior Health** What You Need to Know About Social Security; Older Adults and Alcohol: A New Easy-to-Read Resource;
- **FDA's Hearing Aids Information** Quick Reference Information: Medicare Preventive Services;
- **Temperament Page** Understanding Your Own Locus of Control;
- **Useful Sites for Everyday Living** Google Fast Flip; Backgrounds by Marie Free Greeting Cards; Nature Event Finder; 10 Ways to Reuse Plastic Soda Bottles and Save Up to $3,000+; FCIC Current News Widget; FCIC Consumer Focus Widget; FCIC Popular Government Questions Widget; FCIC Publication of the Week Widget;
- **Webmastering Tools** TxtNinja.com; Five Principles to Design By - Guidance for creating designs that work;
- **Web Resources** Google Blog Search; Google Freebies; Free Animated Screensavers with Music by Marie; OnGuard Online; Information Technology: Broadband; Lifehacker's Complete Guide to Windows 7; Technology Fails: 8 Extreme Electronic Disasters; Windows Virtual PC; Microsoft Security Essentials; Unhid; Bootdisk.com; Re-installing Windows XP;
- **Web site Medical Search Engines** NHLBI & NIH's Disease and Conditions Index Search Tool;
- **Wellness Index** Out of Energy? See nine things that zap your vitality and how to get it back; Sugar Content, as measured with Sugar Cubes; 5 Behaviors of Manipulative People;
- **Women's Health - General Resources** NIH.gov's Women's Health Resources; Healthy Women Indicator Maps; Women's Health State Profiles; Women's eNews.org;
- **Women's Health Life Cycle Issues** Pregnancy Complications; Pregnant? Don't Smoke! Learn How and Why to Quit for Good; Thinking About Inducing Your Labor: A Guide for Pregnant Women;
- **Women's Health Issues** Directory of Crime Victim Services; USA.gov's Domestic Abuse; Help for Victims of Domestic Violence; Office for Victims of Crime; Bone and Joint Health for Women Today;
- **Women's Health - Breast Cancer** Microcalcifications, Fibrocystic Breasts, Cysts, and Other Breast Conditions; Comparative Effectiveness of Medications To Reduce Risk of Primary Breast Cancer in Women; Breast Cancer and Phyloestrogens; Basics of Breast Cancer Fact Sheets; Cancer databases; Diagnosis and Management of Ductal Carcinoma in Situ (DCIS); Cancer.gov's What You Need to Know About Breast Cancer; Cancer.gov's Breast Cancer; CDC's Breast Cancer Awareness; October Is National Breast Cancer Awareness Month;

What Used to Be New.....

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**Links**

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Comments, suggestions, dead link reports:

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