

Kayla Norton
PCH 201
Professor Jung
October 13, 2016

Summary For Alcohol Use Disorder:

Introduction:

I chose to research this topic because alcohol use disorder is a major problem I believe in America. When I was five years old I lost my big brother who was, at the time 12, to a drunk driver who hit him and took off. This really took a toll on me as a little girl and even as a freshman in college.

Section 1:

As you drink, you increase your blood alcohol concentration (BAC) level, which is the amount of alcohol present in your bloodstream. The higher your BAC, the more impaired you become by alcohol's effects.

Section 2:

A team of researchers conducted 36,000 face to face interviews of U.S adults as part of the largest continuous study ever conducted on the cooccurrence on alcohol use. They found that "13.9 percent of adults met DSM-5 AUD criteria for the previous year, while 29.1 percent met AUD criteria at some time in their life," said Dr. Grant.

Section 3:

In adults ages 18+ it is reported that 16.3 million adults has had an AUD at one point in their life. This was concluded for the year 2014. Also in 2014 it was reported that peoples between the ages 12 and 17, 679,000 adolescents had an AUD. This group was 367,000 females and 311,000 males.

Section 4:

Health risks that come along with the abuse of substances such as alcohol and/or tobacco are anxiety, depression, cardiovascular disease, coma, chronic lung disease, fatal overdose, hepatitis, and hyperthermia.

Section 5:

One type of treatment is called behavioral treatment that aim to treat addiction by counseling. The second mechanism is being prescribed medication to help with the sobering up process. A drug called disulfiram (Antabuse) may help to prevent you from drinking, although it won't cure alcohol use disorder or remove the compulsion to drink.

Conclusions:

I had no idea how many people around the world actually suffer from this disorder. I was surprised at how many children ages 12-17 are affected by alcohol. One in ten children live at home with a parent that suffers alcohol addiction. This can be very dangerous for the child's life as he or she grows older.