

Bullying

Introduction

My topic that I chose was bullying. This is an important topic because anyone can be a victim or the bullying and not even be aware of it. There are many signs of bullying that people may experience every day and not even know it. 25% of 8th graders said they have received mean or threatening e-mails, in a 2004 i-safe survey of 1,500 students grades 4-8. This survey shows that since technology has increased it is just another way for people to be bullied. It also makes it easier for the bully because they do not have to see the person face to face making it a gateway of not feeling so bad for their actions. This is a huge problem all over the world and is causing emotional problems in children at a very young age that could potentially be with them for the rest of their lives. If more people were aware of this huge issue it could maybe be slowed down or potentially stopped forever.

Section 1: Background and Problem Statement

Web site #1: Stop bullying Now Score: 30

Web address: <http://stopbullyingnow.hrsa.gov/kids/>

I could not find bullying in healthy people 2010 so this is the Web site I used to replace it. This is an awesome Web site and source for all ages of people who are being bullied. This information provides advice on what you should do if you or someone you know is a victim of bullying. Also another great aspect of this site is it recommends help to those who are the bullies. Adults can even log on this site if they are unsure what makes someone a bully. It has great games for the younger crowd and it is a great place to learn how to stop bullying. If you need to talk to someone for advice there is an email address for you to go to. This is a tremendous source of information for my topic.

Web site #2: Kid Power Score: 30

Web address: <http://www.kidpower.org/SERVICES/Children.html>

This is a site for all ages; it is a good source to find where you can get help for self-defense and confidence classes. Many people could benefit from it because even if they have not been a victim of bullying they can build ways to keep themselves protected, and believe in themselves. If someone has been bullied and is very upset about it they can come here and with these classes it will help them work towards gaining their life back. It provides you with locations and contacts that you can get a hold of to start classes. It is a non-profit organization and anyone can go.

Web site #3: Kids against bullying Score: 30

Web address:

<http://www.pacerkidsagainstbullying.org/?gclid=CNPIhdPPjJoCFQKJxgodnmQf-Q>

When I first looked at the pacer kids against bullying Web site it was very interesting. If I was a kid trying to get away to a place that would make me feel good about myself, teach me about bullying, and entertain me, this is the Web site to be at. This Web site

provides fun facts about how to prevent bullying and the statistics of how many kids are bullying so the person looking at the Web site feels like they are not alone when it comes to this issue. I highly recommend this Web site for anyone who wants to be involved with the stopping of bullying.

Web site #4: Dealing with bullying

Score: 30

Web address: http://kidshealth.org/teen/your_mind/problems/bullies.html#

The title of this Web site speaks for itself. It is helping kids cope with the effects of bullying. It has subjects throughout the Web site such as how does bullying make people feel, why bullying is a big problem, who are bullies, how can you deal with bullies, and if you are the bully how can you deal with it and stop it. It has an easy contact service for people who feel they need help. This is a good site for advice on bullying.

Section 2: Research

Web site #1: Approach to bullying and victimization

Score: 28

Web address:

http://www.ncbi.nlm.nih.gov/pubmed/19366941?ordinalpos=3&itool=EntrezSystem2.PEntrez.Pubmed.Pubmed_ResultsPanel.Pubmed_DefaultReportPanel.Pubmed_RVDocSum

Objective: This article was written to look at why bullying takes place in the world, and how to keep it to a minimum. The main victims in this study are children. They are trying to make physicians aware of the issue of bullying and the negative effects it has on children.

Conclusion: Bullying is a big problem especially in the areas of Canadian children. If physicians increase their knowledge of this issue more kids will be healthier and happier because there will be less bullies taking actions. With support and care the bullies and victims will be able to develop healthy relationships. This is a good Web site to use because many people will now know they can go to their family physician for help with bullying.

Web site #2: The behavioral ecological model as a framework for school based anti bullying health promotion intervention.

Score: 29

Web address:

http://www.ncbi.nlm.nih.gov/pubmed/19363105?ordinalpos=5&itool=EntrezSystem2.PEntrez.Pubmed.Pubmed_ResultsPanel.Pubmed_DefaultReportPanel.Pubmed_RVDocSum

This Web site is useful for nurses being trained in counseling bullies. This is an anti-bullying article for nurses specializing in the field. I did not find this article very helpful when it came time to do research for my project. I would not recommend this article. I do not think this article is helpful to an average person looking for information about bullying.

was one the Web sites that I did not find too helpful when it came to graphs and statistics or providing information on bullying.

Web site #3: i-SAFE

Score: 29

Web address:

http://www.isafe.org/channels/sub.php?ch=op&sub_id=media_cyber_bullying

This was an interesting Web site. There are a lot of statistics and facts on bullying. I learned through this site that there are a lot more forms of cyber bullying for example, 58% of kids admit someone has said mean or hurtful things to them online. More the 4 out of 10 say it has happened more than once. This site is very organized with bullets for the change in statistics and graphs to represent the data.

Web site #4: Ground spark

Score: 22

Web address: http://groundspark.org/our-films-and-campaigns/lets-get-real/lgr_stats

This was a good Web site in the since that it had good statistics like, Six out of 10 American teens witness bullying at least once a day, that could bring attention to a lot of people who read it. The only draw back from this Web site is there are no visuals such as graphs or tables that people can compare data with. But overall this Web site provided a lot of information.

Section 4: Consumer Information

Web site #1: Family first aid help for troubled teens

Score: 28

Web address: <http://www.familyfirstaid.org/bullying.html>

Many people would benefit from reading this Web site. It provides facts about why people bully, people who bully in schools, and what are the long-term consequences of teen bullying behavior. If anyone had any questions on anything about bullying this is definitely the Web site to go to.

Web site #2: PTA every child- one voice

Score: 30

Web address:

<http://www.pta.org/bullying.asp?gclid=CMaPu9jtjJoCFWNM5QodSHYhFw>

This is a Web site good for parents wanting to find out more information if their children are being bullied. Many parents have to deal with the aftermath of seeing their child being sad or emotionally distraught from being a victim of bullying. Most of the time parents do not know where to go for help with this so if there were more resources like the PTA Web sites it would be very helpful.

Web site #3: Medline plus (bullying)

Score: 30

Web address: <http://www.nlm.nih.gov/medlineplus/bullying.html>

Right off the bat the Web site provides a straightforward definition then provides links for all aspects of bullying such as basics, learn more, multimedia and cool tools. The site also provides other articles that help kids deal with bullies. Numbers and

emails are also provided so you can contact someone about this issue. I highly recommend this to someone who needs to learn about bullying.

Web site #4: American academy of child and adolescence psychiatry

Score: 30

Web address: http://www.aacap.org/cs/root/facts_for_families/bullying

This Web site has it all, statistics, facts, contacts, and advice for what you or your child should do if you are a victim of bullying. If you don't know anything about bullying this is the site. It is user friendly and will help you with any questions you have about bullying. After reading all of the other Web sites this is by far the best one with the most information.

Conclusions

Section 1: Background and Statement

The best Web site

http://www.aacap.org/cs/root/facts_for_families/bullying

I thought this was the best Web site because it was easy to use anyone could use it, the labeling was clear and it provided the most information on bullying. It has everything from statistics to how to contact someone for help with dealing with being a victim of bullying.

The worst Web site

<http://pbskids.org/itsmylife/friends/bullies/article3.html>

Every Web site that I looked at was very helpful, but if I had to chose this would def be the on with the least information on bullying. It did not provide me with many statistics that I needed, and the Web site was not organized to my liking.

Section 2: Research

After reading all of the information on each of the Web sites I learned many new things about bullying. Bullying affects the lives of millions of students nation wide, many people don't even know they are being bullied, and it also makes it very hard for the parents or teachers to see that someone is being bullied. There are all types of bullying, people could be picked on over and over again by one person or group of people because they dress different or have a chronic disease. Some forms of bullying are anything from shoving, tripping, punching, or even sexual assault. People who are often in the "popular" groups in school bully people by excluded them from groups they are referred to as the "psychological bullies". Bullying can also be done through the Internet by instant messaging and email this is known as a "cyber bully". This is a huge issue, because millions of kids are suffering from being the victim of bullying and it needs to be stopped.

Section 3: Statistics

Almost 30%(5.7 million) of the youth in the United States are estimated o be involved in bullying. That is a huge chunk of population that is involved in bullying. Another huge statistic of bullying is reported on

<http://www.safeyouth.org/scripts/faq/bullying.asp> saying, “In a recent national survey of students in grades 6-10, 13% reported bullying others, 11% reported being the target of bullies, and another 6% said that they bullied others and were bullied themselves.” In 2003-2004, i-SAFE America surveyed students on the topic of cyber bullying, and from that survey they found out 42% of kids have been bullied while online. 1 and 4 have said it has happened to them more than one occasion. Cyber bullying is one of the many forms of bullying and is expanding quickly across the United States.

Section 4: Consumer Information

The best Web site

http://www.aacap.org/cs/root/facts_for_families/bullying

I think this was the best Web site for consumer information because there was a great deal of information on bullying. If anyone had any questions on anything about bullying this is definitely the Web site to go to, and it is user friendly. After reading all of the other Web sites this is by far the best one with the most information.

The worst Web site

<http://www.familyfirstaid.org/bullying.html>

I cant really say that this Web site was “the worst” because it did have plenty of information on my health topic, but the only thing I can say that was wrong with it was it did not provide a way for the readers to contact them with questions through email and all the other Web sites did.

Back to Betty C. Jung’s Web site	http://www.bettyjung.net/
Back to Web site Critique Reports	http://www.bettyjung.net/Pch201wsreports.htm
Directory	

Presentation Outline

Bullying

Background/Problem Statement

- **My topic is a public health issue because it is affecting every body from children and teens in school, to adults in the working environment. If bullying is taken far enough it can lead to severe psychological issues. Many people need to realized this is a serious thing can be happening as we speak and they could not even be aware.**
- **Definition: Bullying comes in many shapes and forms and usually targets people who are “different” from the rest. This could be someone who dresses differently, someone who has a chronic condition, people can even be bullied for their religious beliefs, and the list is endless for why someone could be bullied. There are a few major types of bullying, you have physical bullying which means hitting, pushing, stealing, forcing someone into doing something that they didn’t want to do, like sexual assault. There is verbal bullying, this includes name-calling, teasing, and insulting people. There is also relationship bullying, which is refusing to talk to someone or spreading rumors. A popular form of bullying these days is “cyber bullying” which is when people send hurtful messages through the Internet via email or instant messenger.**
- **Research**
 - **My most interesting finding on bullying is the amount of it that takes place through the Internet.**
 - **This is interesting because when you think of bullying you picture all of the common things like the nerd getting picked on in the school halls. But now there is an easier way to put someone down just by typing and clicking buttons. This is a “gateway” form of bullying because they the bully doesn’t have to see the victims face so there is no emotional connection, so the bully has no guilt for what they are doing.**

- **Statistics**
 - **Most interesting finding was 30% (5.7 million) of youth in the United States are estimated to be involved in bullying as a bully, a target of bullying or both.**
 - **This is interesting to me because, that is a huge chunk of population that is involved in bullying. It brought to my attention that this an issue that is spreading fast, and should not be taken lightly; people need to be more aware of how they treat people.**

- **Consumer Information**
 - **Most Interesting information was the symptoms for parents to look for if their child is being bullied. If they become withdrawn, depressed, if they don't want to go to school and their grades are falling, they should get immediate counseling to help them with their emotional state from being a victim of bullying.**
 - **This was interesting because now I know what to look for when I have children of my own. This is such a common thing and many kids have problems in school and fake sick and being a victim of a bully could be one of the reasons why.**