

## Sign Up Sheets

**For reference - these are the topics we will be covering in class.**

Chapter	Topic
1	Taking Charge of Health
2	Stress
3	Psychological Health
4	Relationships
5	Sexuality, Pregnancy, childbirth
6	Contraception, Abortion
7	Drugs
8	Alcohol/Tobacco
9	Nutrition
10	Exercise
11	Wt mgmt
12	CVD, CA
13	Immunity and Infection
14	Environmental Health
15	Medicine
16	Safety
17	Aging

**Choose One for Each Assignment  
First Come, First Serve**

**I will finalize all assignments on the Assignments Webpage**

## #1 Fact Sheet Research Topics

Date listed is when the Fact Sheet and presentation (2-minute Twitter Brief) will be due. Presentation # is on the syllabus.

FS Number	Due Date	Topic	Student (Print Name)
1	9/28/2009	Autism	
2	9/28/2009	Coffee	
3	9/28/2009	Electronic Cigarettes	
4	9/28/2009	Post-traumatic Stress Disorder	
5	9/28/2009	Sleep	
6	9/28/2009	Violence and gender	
7	10/12/2009	HPV Vaccine	
8	10/12/2009	Hepatitis	
9	10/12/2009	Influenza	
10	10/12/2009	Lymphomas	
11	10/12/2009	No period pill	
12	10/12/2009	Ovarian Cancer	
13	10/19/2009	Dark chocolate	
14	10/19/2009	Insulin Resistance	
15	10/19/2009	Nitrosamines and Cancer	
16	10/19/2009	Osteoporosis	
17	10/19/2009	Tea	
18	10/19/2009	Wernicke-Korsakoff Syndrome	
19	10/26/2009	Calcium supplements	
20	10/26/2009	Cholesterol	
21	10/26/2009	Omega-3 fatty acids (fish oils)	
22	10/26/2009	Sodium intake	
23	10/26/2009	Vitamin D	
24	11/2/2009	Fish contamination	
25	11/2/2009	Food-borne illness	
26	11/2/2009	Genetically Modified Foods	
27	11/2/2009	High-fructose Corn Syrup	
28	11/2/2009	Organic Foods	
29	11/16/2009	Cellphones	
30	11/16/2009	Chlamydia	
31	11/16/2009	Cyberstalking	
32	11/16/2009	Low Birth Weight Babies	
33	11/16/2009	Pelvic Inflammatory Disease	
34	11/23/2009	Acrylamide and coffee	
35	11/23/2009	Alzheimer's Disease	
36	11/23/2009	Environmental Tobacco Smoke	
37	11/23/2009	Farmed-raised fish	
38	11/23/2009	Stem cells	
39	11/23/2009	Cataracts	
40	11/23/2009	Distractions and Driving	
41	11/23/2009	Emergency Preparedness	
42	11/23/2009	Falls	

## #2 Group Presentation Activity Topic

Group Activity Topic	Group Member	Student (Print Name)
<b>C10 Exercise for Health &amp; Fitness</b>	1	
<b>(Presentation: November 2, 2009)</b>	2	
	3	
	4	
	5	
	6	
<b>C10 Weight Management</b>	1	
<b>(Presentation: November 2, 2009)</b>	2	
	3	
	4	
	5	
	6	
<b>C14 Environmental Health</b>	1	
<b>(Presentation: November 23, 2009)</b>	2	
	3	
	4	
	5	
	6	
<b>C15 Conventional &amp; Complementary Medicine</b>	1	
<b>(Presentation: November 23, 2009)</b>	2	
	3	
	4	
	5	
	6	
	7	
<b>C16 Personal Safety</b>	1	
<b>(Presentation: November 30, 2009)</b>	2	
	3	
	4	
	5	
	6	
<b>C17 The Challenge of Aging</b>	1	
<b>(Presentation: November 30, 2009)</b>	2	
	3	
	4	
	5	
	6	

### #3 Health Behavior Diary Due Date

Date listed is when the one-week diary will be due. Diary # is on the syllabus.

Diary Number	Due Date	Student (Print Name)
1	9/28/2009	
2	9/28/2009	
3	9/28/2009	
4	9/28/2009	
5	9/28/2009	
6	10/5/2009	
7	10/5/2009	
8	10/5/2009	
9	10/5/2009	
10	10/5/2009	
11	10/12/2009	
12	10/12/2009	
13	10/12/2009	
14	10/12/2009	
15	10/12/2009	
16	10/19/2009	
17	10/19/2009	
18	10/19/2009	
19	10/19/2009	
20	10/19/2009	
21	10/26/2009	
22	10/26/2009	
23	10/26/2009	
24	10/26/2009	
25	10/26/2009	
26	11/2/2009	
27	11/2/2009	
28	11/2/2009	
29	11/2/2009	
30	11/2/2009	
31	11/9/2009	
32	11/9/2009	
33	11/9/2009	
34	11/9/2009	
35	11/9/2009	
36	11/16/2009	
37	11/16/2009	
38	11/16/2009	
39	11/16/2009	
40	11/16/2009	
41	11/16/2009	

## #4 - Extra Credit Film Review Signup Sheet

Date listed is when the film review and presentation will be due. Chapter is the related topic (e.g., films listed for Chapter 3 deals with psychological health). Choose a film you have not seen before.

Extra-credit Film Review	Due	Student (Print Name)
He's Just Not That Into You (2009)	9/21/2009	
I am Sam (2001)	9/21/2009	
Imaginary Heroes (2005)	9/21/2009	
I've Loved You So Long (2008)	9/21/2009	
Just Friends (2005)	9/21/2009	
Loser (2000)	9/21/2009	
Malcolm X (1992)	9/21/2009	
Mozart & the Whale (2005)	9/21/2009	
Muriel's Wedding (1994)	9/21/2009	
Mystic Pizza (1988)	9/21/2009	
Saturday Night Fever (1977)	9/21/2009	
Shine (1996)	9/21/2009	
The Break-up (2006)	9/21/2009	
The Magdalene Sisters (2002)	9/21/2009	
The Reader (2008)	9/21/2009	
The Squid & the Whale (2005)	9/21/2009	
27 Dresses (2008)	9/21/2009	
Volver (2007)	9/21/2009	
You Can Count on Me (2000)	9/21/2009	
A Home at the End of the World (2004)	9/28/2009	
Boys Don't Cry (1999)	9/28/2009	
Brokeback Mountain (2005)	9/28/2009	
In & Out (1997)	9/28/2009	
The Object of My Affection (1998)	9/28/2009	
Transamerica (2005)	9/28/2009	
Waitress (2007)	9/28/2009	
Citizen Ruth (1996)	10/5/2009	
4 Months, 3 Weeks, 2 Days (2007)	10/5/2009	
If These Walls Could Talk, Part I (1999)	10/5/2009	
Juno (2007)	10/5/2009	
Knocked Up (2007)	10/5/2009	
Lake of Fire (2006)	10/5/2009	
Riding in Cars with Boys (2001)	10/5/2009	
The Cider House Rules (1999)	10/5/2009	
Vera Drake (2004)	10/5/2009	
Bigger, Faster, Stronger (2008)	10/12/2009	
Brokedown Palace (1999)	10/12/2009	
City by the Sea (2002)	10/12/2009	
City of God (2002)	10/12/2009	
Cocaine Cowboys (2005)	10/12/2009	
Factory Girl (2007)	10/12/2009	
Gia (1998)	10/12/2009	
Half Nelson (2006)	10/12/2009	
Layer Cake (2005)	10/12/2009	

Extra-credit Film Review	Due	Student (Print Name)
Less Than Zero (1987)	10/12/2009	
Losing Isaiah (1995)	10/12/2009	
Maria Full of Grace (2004)	10/12/2009	
Midnight Express (1978)	10/12/2009	
SherryBaby (2006)	10/12/2009	
The Basketball Diaries (1995)	10/12/2009	
Veronica Guerin (2003)	10/12/2009	
28 Days [Sandra Bullock] (2001)	10/19/2009	
Georgia Rule (2007)	10/19/2009	
House of Sand and Fog (2004)	10/19/2009	
Leaving Las Vegas (1995)	10/19/2009	
Thank You for Smoking (2006)	10/19/2009	
The Insider (1992)	10/19/2009	
What Happens in Vegas (2008)	10/19/2009	
Fast Food Nation (2006)	10/26/2009	
Food Inc (2009)	10/26/2009	
Supersize Me (2004)	10/26/2009	
Run, Fat Boy, Run (2008)	11/2/2009	
Shallow Hal (2001)	11/2/2009	
The Long Run (2000)	11/2/2009	
Wall-E (2008)	11/2/2009	
Flawless [Robert DeNiro] (1999)	11/9/2009	
My Left Foot (1989)	11/9/2009	
Nothing in Common (1986)	11/9/2009	
Regarding Henry (1991)	11/9/2009	
The Diving Bell and the Butterfly (2007)	11/9/2009	
Wit (2001)	11/9/2009	
Kids (1995)	11/16/2009	
Miss Evers' Boys (1997)	11/16/2009	
Out of Africa (1985)	11/16/2009	
Outbreak (1995)	11/16/2009	
Philadelphia (1993)	11/16/2009	
Yesterday (2004)	11/16/2009	
A Civil Action (1998)	11/23/2009	
An Inconvenient Truth (2006)	11/23/2009	
Awakenings (1990)	11/23/2009	
Bringing out the Dead (1999)	11/23/2009	
Damaged Care (2002)	11/23/2009	
Gattaca (1997)	11/23/2009	
Hotel Rwanda (2004)	11/23/2009	
Michael Clayton (2007)	11/23/2009	
Million Dollar Baby (2004)	11/23/2009	
Norma Rae (1979)	11/23/2009	
North Country (2005)	11/23/2009	
Sicko (2007)	11/23/2009	
Silkwood (1983)	11/23/2009	
The China Syndrome (1979)	11/23/2009	
The Constant Gardener (2005)	11/23/2009	
The Doctor (1991)	11/23/2009	
The 11 <sup>th</sup> Hour (2007)	11/23/2009	
The Last Holiday (2006)	11/23/2009	

<b>Extra-credit Film Review</b>	<b>Due</b>	<b>Student (Print Name)</b>
<b>The Painted Veil (2006)</b>	<b>11/23/2009</b>	
<b>Who Killed the Electric Car? (2006)</b>	<b>11/23/2009</b>	
<b>A Lesson Before Dying (1999)</b>	<b>11/30/2009</b>	
<b>American History X (1998)</b>	<b>11/30/2009</b>	
<b>An American Crime (2007)</b>	<b>11/30/2009</b>	
<b>Away From Her (2007)</b>	<b>11/30/2009</b>	
<b>August Rush (2007)</b>	<b>11/30/2009</b>	
<b>Beyond Borders (2003)</b>	<b>11/30/2009</b>	
<b>Born into Brothels: Calcutta's' Red Light Kids (2004)</b>	<b>11/30/2009</b>	
<b>Catch a Fire (2006)</b>	<b>11/30/2009</b>	
<b>Changeling (2008)</b>	<b>11/30/2009</b>	
<b>Deliver Us From Evil (2006)</b>	<b>11/30/2009</b>	
<b>Domestic Disturbance (2001)</b>	<b>11/30/2009</b>	
<b>Driving Miss Daisy (1989)</b>	<b>11/30/2009</b>	
<b>Fearless [Jeff Bridges] (1993)</b>	<b>11/30/2009</b>	
<b>Gone Baby Gone (2007)</b>	<b>11/30/2009</b>	
<b>Grace is Gone (2007)</b>	<b>11/30/2009</b>	
<b>In Her Shoes (2004)</b>	<b>11/30/2009</b>	
<b>In the Valley of Elah (2007)</b>	<b>11/30/2009</b>	
<b>Iris (2001)</b>	<b>11/30/2009</b>	
<b>Manic (2001)</b>	<b>11/30/2009</b>	
<b>Monster (2003)</b>	<b>11/30/2009</b>	
<b>On Golden Pond (1981)</b>	<b>11/30/2009</b>	
<b>Ordinary People (1980)</b>	<b>11/30/2009</b>	
<b>Radio Flyer (1992)</b>	<b>11/30/2009</b>	
<b>Rails and Ties (2007)</b>	<b>11/30/2009</b>	
<b>Taken (2009)</b>	<b>11/30/2009</b>	
<b>The Accused (1988)</b>	<b>11/30/2009</b>	
<b>The Burning Bed (1984)</b>	<b>11/30/2009</b>	
<b>The Bucket List (2008)</b>	<b>11/30/2009</b>	
<b>The Curious Life of Benjamin Button (2008)</b>	<b>11/30/2009</b>	
<b>The Laramie Project (2001)</b>	<b>11/30/2009</b>	
<b>The Net (1997)</b>	<b>11/30/2009</b>	
<b>The Notebook (2005)</b>	<b>11/30/2009</b>	
<b>The Pianist (2002)</b>	<b>11/30/2009</b>	
<b>The Savages (2007)</b>	<b>11/30/2009</b>	
<b>Trade (2007)</b>	<b>11/30/2009</b>	
<b>Tuesdays with Morrie (1999)</b>	<b>11/30/2009</b>	
<b>Young@Heart (2007)</b>	<b>11/30/2009</b>	
<b>What's Love Got to Do with It? (2003)</b>	<b>11/30/2009</b>	
<b>World Trade Center (2006)</b>	<b>11/30/2009</b>	