

From the Jung to You & Yours...

Merry Christmas!

Christmas 2004

Season's Greetings from the Jung Family

## Something Different

- For this year, we thought it would be cool if we shared with you what's going on as a PowerPoint Presentation.
- This way, everyone can have their space, write less and share more in fewer words.
- So, here goes...

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## Lee, the Patriarch

- Work: The practice is doing well, staying in the black. A woman Internist has joined the group
- Good works: Volunteers once a month at Yale's Primary Care Center, teaching med students
- Pleasure: Finished the 17<sup>th</sup> marathon of his career (the 12<sup>th</sup> consecutive) in this year's 29<sup>th</sup> Marine Corps Marathon (power gels and home-made orthotics work well), and more to come (if the bod holds up)...

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## Betty, the Nomad

- | <u>Month - Place</u>  | <u>Miles Traveled</u>        |
|-----------------------|------------------------------|
| ■ May - DC            | ■ 649                        |
| ■ Jun - Seattle       | ■ 5,892                      |
| ■ Jul - DC            | ■ 649                        |
| ■ Aug - Atlanta       | ■ 1,931                      |
| ■ Sep - Las Vegas     | ■ 5,250                      |
| ■ Oct - DC            | ■ 649                        |
| ■ Nov - Denver, DC x2 | ■ 5,058                      |
|                       | ■ <u>Total: 20,078 miles</u> |

If miles were in dog years,  
Betty is now 5,016 years  
old

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## Betty, the Webmaster

- <http://www.bettyjung.net>
  - Turned 5 on August 25, 2004
  - Has 263 pages
  - Gets, on average, 1,000 hits a day
  - Got mentioned as a "Web site of interest" by a quality performance organization in November
  - Considered "Praiseworthy" by ConsumerWebWatch.Org
- Was recognized at a national meeting as "You're the Web site!"

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## Betty, the Professor

- Survived a 3<sup>rd</sup> semester of college teaching with a class of 40 undergrad students
- Made movies a learning experience
- Got them to share their research at: <http://www.bettyjung.net/Wellindex.htm>
- Gave out an alphabet of grades
- Took on two graduate students for Special Projects
- Is a glutton for punishment

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## Betty, the Epidemiologist

- Is learning more than she ever wants to know about heart disease and stroke and related risk factors
- Created an innovative surveillance system using Web-based technology
- Worked in 3 different divisions with 6 different supervisors
- Gave a poster presentation at the CDC's Atlanta Annual Conference and several other presentations across Connecticut

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## Daniel, the Engineer

- This year, Dan was reassigned within Boeing to the new 7E7 Dreamliner program after having worked the past 7 years on the 777 program. (Wow, that's a lot of 7's.)
- It's been challenging working with the new material technologies and the same old schedule challenges.
- Yep, the more things change, the more they stay the same.

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## Daniel, the Coach

- Change seems to be the theme of the year for Dan, who took over the Junior Varsity volleyball team at Shorewood High School where he was the Freshmen Team coach for the last two years. It was a successful season- despite their record. ;-)
- This winter, Dan will be helping out with Washington Volleyball Academy. It's a volunteer assistantship rather than a coaching assignment to leave more time for the job that pays the bills, but it's still a good opportunity to learn a lot from some really good coaches.

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## Stephanie, the DC Cosmopolitan

- Received an overdue promotion to a HR Generalist II for Manugistics - will get her 5 year anniversary Tiffany's gift in September '05
- Designed and delivered her first training class to Managers. Topic: Visas and Immigration
- Is still recovering from the emotional pain suffered from when the Red Sox won the World Series
- Continues to explore and enjoy all that DC has to offer - looking forward to baseball in DC next year

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## Stephanie, the Health Fiend

- Continues to pursue an active and healthy lifestyle
- Ran an 8K with her dad on Father's Day
- Tried her hand at Softball, Ultimate Frisbee, Flag Football, numerous hiking trips and camping throughout the year

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## Whiskers, the Cat



After 17 years of faithful companionship (1987 - 2004), Whiskers left us for Cat Heaven. We miss him so much, and remember him at: <http://www.bettyjung.net/Thecat.htm>

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From the "Keep-things-in-perspective file..."



*Scientists from the RAND Corporation have created this model to illustrate how a "home computer" could look like in the year 2001. However the needed technology will not be economically feasible for the average home. Also the scientists readily admit that the computer will require eye tired technology to actually work, but in years from now scientific progress is expected to solve these problems. With teletype interface and the Fortran language, the computer will be easy to use.*

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( From Popular Science 1954, Thanks, Doris)

Until next year

Have a great 2005!

Keep in touch!!

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