

# Agenda

## Type 2 Diabetes and Health Disparities in Connecticut: From research to action

Friday, June 30, 2006  
Rome Commons Ballroom  
University of Connecticut  
Storrs, CT

- 7:30 – 8:00 Registration and breakfast
- 8:00 – 8:05 Introduction to CEHDL:  
**Rafael Pérez-Escamilla, PhD** –  
Director of CEHDL
- 8:05 – 8:15 Welcome: **J. Robert Galvin, MD, MPH** - Commissioner of the CT DPH
- 8:15 - 8:55 Keynote: **Edith C. Kieffer, MPH, PhD** – University of Michigan:  
*Community-Based Participatory Research Addressing Obesity and Diabetes among Minorities*
- 9:00 – 10:00 Surveillance and Data Assessment
- 10:00-10:15 Refreshment Break
- 10:15-11:15 Peer Counseling and Cross Cultural Skills
- 11:20-12:20 Metabolic Syndrome
- 12:20 - 2:00 Lunch with facilitated discussions
- 2:00 – 3:00 Panel Discussion
- 3:00 – 3:30 Conference Wrap Up

**Register via our web-based registration**  
[www.cehdl.uconn.edu/pages/conference.html](http://www.cehdl.uconn.edu/pages/conference.html)

# Type 2 Diabetes and Health Disparities in Connecticut: From Research to Action

Friday, June 30, 2006

Rome Commons Ballroom  
University of Connecticut  
Storrs, Connecticut

Jointly sponsored by:

The Connecticut Center for Eliminating Health Disparities among Latinos (CEHDL)\*, the Connecticut Department of Public Health, University of Connecticut Schools of Medicine and Dental Medicine, Office of Continuing Education, and the Connecticut AHEC Program



\*An NIH EXPORT Center funded by the National Center on Minority Health and Health Disparities

## Session Outlines:

### **Surveillance and Data Assessment:**

*An Overview of Diabetes in Connecticut –*

**Betty C. Jung, RN, MPH, CHES** - CT Department of Public Health

*Connecticut Diabetes Prevalence Estimates – what they tell us and what they don't tell us*

- **Diane Aye, MPH, PhD** - CT Department of Public Health

Respondents: **Merrill Singer, PhD** - Hispanic Health Council; **Rafael Pérez-Escamilla, PhD**

- University of Connecticut

*Data Management Software – Kari Davis, APRN*

- Generations Family Health Center, Inc.

### **Peer Counseling and Cross Cultural Skills:**

*Peer Counseling – Grace Damio, MS, CD/N* - Hispanic Health Council

*Cross Cultural Skills – Judy Lewis, MPhil* -

University of Connecticut Health Center

Respondent: **Edith Kieffer, MPH, PhD**

### **Metabolic Syndrome:**

*Exercise Approaches – Richard Seip, PhD* -

Hartford Hospital and International Meetings and Science, Inc.

*Dietary Approaches - Mary Vernon, MD* -

University of Kansas

## Target Audience

People interested in issues of diabetes and/or health disparities, such as clinicians, community advocates, dietitians, researchers, diabetes educators, public health professionals, policy makers, students, and interested community members

## Conference Overview

### **Purpose of this conference:**

To foster the development of creative, culturally competent and effective interventions to reduce minority health disparities by

- (a) providing a forum for **interaction and discussion** about Type 2 Diabetes in Connecticut; and
- (b) increasing awareness among individuals, institutions and agencies in the state of Connecticut of the “missing links” in research opportunities, health care and access for minorities in Connecticut

### **Learning Objectives:**

Participants will be able to:

- Discuss best practices in community-based participatory research addressing obesity and diabetes among Minorities
- Describe the epidemiological patterns of diabetes in Connecticut
- Describe the key gaps for Latinos in the data available through ongoing data-collection systems
- Identify evidence for use of a peer counseling model to address diabetes among Latinos
- Describe skills and resources for effective cross cultural practice
- Discuss best practices for treating metabolic syndrome among Latinos with exercise and diet
- Identify examples of existing resources and programs on diabetes in the state of Connecticut

## For More Information,

Contact: Ana Lourdes Gómez

[ana.gomez@uconn.edu](mailto:ana.gomez@uconn.edu); (860) 486-9242

Registration Information:

Register via our web-based registration

[www.cehdl.uconn.edu/pages/conference.html](http://www.cehdl.uconn.edu/pages/conference.html)

### **Directions:**

<http://visitors.uconn.edu/maps.htm>

### **Continuing Education**

Continuing education credits will be available for physicians, nurses, dentists and dietitians.

**Medical Accreditation:** This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the University of Connecticut School of Medicine, Office of Continuing Education, CEHDL, the DPH and the Connecticut AHEC Program. The University of Connecticut School of Medicine is accredited by the ACCME to provide continuing medical education for physicians and takes responsibility for the content, quality, and scientific integrity of this CME activity.

The University of Connecticut School of Medicine designates this educational activity for a maximum of 6.0 AMA PRA Category 1 Credit(s).™ Physicians should only claim credit commensurate with the extent of their participation in the activity.

**Conflict of Interest Policy:** All faculty participating in CME activities sponsored by the University of Connecticut School of Medicine are required to disclose to the program audience any actual or apparent conflict of interest related to the content of their presentations. Program planners have an obligation to resolve any actual conflicts of interest and share with the audience any safeguards put in place to prevent commercial bias from influencing the content.

This CME activity has no commercial support associated with it.

**Dental Accreditation:** The University Of Connecticut School Of Dental Medicine is accredited by the American Dental Association Continuing Education Recognition Program to continuing dental education. The University of Connecticut School of Dental Medicine takes responsibility for the content, quality, and scientific integrity of this CDE activity.

The University of Connecticut School of Dental Medicine designates this educational activity for a maximum of 6.0 hours CE credit. Each participant should only claim those hours of credit that he/she actually spent in the educational activity.

**Nursing Accreditation:** Application has been submitted to the Connecticut Nurses' Association for approval of nursing continuing education credit (Contact Hours). CNA is accredited as an approver of nursing continuing education by the American Nurses Credentialing Center's Commission on Accreditation.